MISSIONARY
VOCABULARY & PHRASES
SAMOAN

MISSIONARY TRAINING CENTER

Missionary Vocabulary & Phrases

This Missionary Vocabulary & Phrases booklet contains essential vocabulary and phrases for teaching the lessons in chapter 3 of *Preach My Gospel* and accomplishing common missionary tasks. Refer to the "Create a Language Study Plan" section in chapter 7 of *Preach My Gospel* to help you focus on what you can do each day to improve your ability to speak your mission language.

This booklet is designed to help you become familiar with basic vocabulary and phrases in order to be functional in teaching and accomplishing common missionary tasks. It does not contain all of the vocabulary from the lessons in *Preach My Gospel* or that are necessary for every missionary task. You will need to look-up and learn additional vocabulary in order to become proficient in your mission language. Additionally, there is material in this booklet that is not found in *Preach My Gospel.* This is to aid you in being able to speak your mission language in your own words.

Using the Booklet

- Familiarize yourself with this booklet.
- Set goals for learning vocabulary and phrases.
- Find the vocabulary and phrases you wish to learn.
- Memorize the vocabulary and phrases you need.
- Use the vocabulary and phrases as you speak, teach, and perform tasks.
- Review the vocabulary and phrases in this booklet often.

December 10, 2008
Samoan
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God Is Our Loving Heavenly Father

1. **God is our Heavenly Father.**
2. **We are His children.**
3. **God sent us to earth to** *learn and grow***.**
   a. learn and grow
   b. receive a physical body
   c. gain experience
4. **God prepared a plan to help us to** *return to Him***.**
   a. return to Him
   b. progress
   c. become like Him
5. **We can return to God by** *keeping ourselves clean***.**
   a. keeping ourselves clean
   b. staying close to Him
   c. being obedient
6. **The Atonement of Jesus Christ is central to God's plan.**
7. **Through the Atonement, we can be freed from sin.**

1. **O le Atua o lo tatou Tama Fa`alelagi.**
2. **O i tatou o Ana fanau.**
3. **Na `auina mai i tatou e le Atua i le lalolagi ina ia** *a`oa`o ma tuputupu a`e***.**
   a. a`oa`o ma tuputupu a`e
   b. maua se tino fa`aletino
   c. maua le malamalama
4. **Na saunia e le Atua se fuafuaga e fesoasoani ia i tatou ina ia** *fo`i atu ai ia te Ia***.**
   a. fo`i atu ai ia te Ia
   b. alualu ai i luma
   c. `avea ai fa`apei `o Ia
5. **E mafai ona tatou fo`i atu i le Atua i le** *tausia o i tatou `ia mama***.**
   a. tausia o i tatou `ia mama
   b. fa`alatalata atu ia te Ia
   c. usiusita`i
6. **O le Togiola a Iesu Keriso o le `autu i le fuafuaga a le Atua.**
7. **O le Togiola, e mafai ai ona tatou sa`oloto mai agasala.**

Atonement	Togiola	body	tino
burden	`avega	child	tama`itiiti
children	tamaiti	choice	filifiliga
clean	mama	commandment	poloa`iga
to communicate	feso`ota`i	cross	satauro
death (common)	oti	death (po.)	maliu
to develop	ati a`e	earth	lalolagi
experience (things that have happened)	mea `ua tutupu	to face	fa`asaga
faith	fa`atuatua	flesh	`a`ano
freed	tu`usa`olotoina	garden	fa`ato`aga
Gethsemane	Ketesemane	glorified	fa`amamaluina
God	Atua	Heavenly Father	Tama Fa`alelagi
life (common)	olaga	life (po.)	soifuaga
to live (common)	ola	to live (po.)	soifua
to live (stay; dwell)	nofo	love	alofa
to love	alofa	plan	fuafuaga

prayer	tatalo	presence (common, in front of, in the presence of)	`i luma o
presence (po. Dwelling place)	afio'aga	pure	mama
to return	fo`i	sin	agasala
strength	malosi	successful	fa`amanuiaina
to suffer	tigaina	suffering	tigaina
trial	tofotofoga	understanding	malamalama
way (synonym to "`auala")	ala	way (synonym to "ala")	`auala
to weep	tagi		

The Gospel Blesses Families

1. **Families are central to God's plan.**
2. **God established families to** *bring happiness to His children***.**
   a. bring happiness to His children
   b. provide an atmosphere for learning
   c. prepare His children for eternal life
3. **A home established on gospel principles is a place of** *peace***.**
   a. peace
   b. safety
   c. learning
   d. happiness
4. **The gospel of Jesus Christ strengthens families.**

1. **O `Aiga o le totonugalemu lea o le fuafuaga a le Atua.**
2. **Na fa`avaeina e le Atua ia `aiga ina ia `** *aumaia ai le fiafia i Ana fanau***.**
   a. aumaia ai le fiafia i Ana fanau
   b. saunia ai se si`osi`omaga e a`oa`o ai
   c. saunia ai Ana fanau mo le ola fa`avavau
3. **O se `aiga e fa`avaeina i mata`upu fa`avae o le talalelei o se nofo`aga lea o le** *filemu***.**
   a. filemu
   b. saogalemu
   c. a`oa`oina
   d. fiafia
4. **O le talalelei a Iesu Keriso e fa`amalolosia ai `aiga.**

to apply	fa`atatau	to apply (to use)	fa`aaoga
to bless	fa`amanuia	blessing	fa`amanuiaga
to bring	`aumai	challenge	lu`itau
child	tama`itiiti	correct (right)	sa`o
to correct (to make correct)	fa`asa`o	to develop	ati a`e
to establish	fa`atu	eternal life	ola fa`avavau
eternity	fa`avavau	family	`aiga
gospel	talalelei	happiness	fiafia
husband	tane	important	taua
individual	tagata to`atasi	Jesus Christ	Iesu Keriso
joy	`oli`oli	to learn	a`oa`o
ordained	fa`au`uina	parent	matua
peace	filemu	place (common, anywhere)	mea
place (of dwelling, common)	nofo`aga	plan	fuafuaga
to prepare	sauni	principle	mata`upu fa`avae
prophet	perofeta	to provide (prepare s.th for s.o.)	sauniuni
relationship (between two people)	va	relationship (union, more than two)	so`otaga
restoration	toefuata`iga	safety	saogalemu
Spirit of the Lord	Agaga o le Ali`i	spiritual	fa`aleagaga
strength	malosi	strong	malosi
to teach	a`oa`o	wife (common)	ava
wife (po.)	faletua		

Heavenly Father Reveals His Gospel in Every Dispensation

1. **God shows His love for us by calling prophets.**
2. **God calls prophets to** *testify of Jesus Christ***.**
   a. testify of Jesus Christ
   b. teach His children
   c. reveal truth
3. **God gives prophets the authority to** *perform ordinances***.**
   a. perform ordinances
   b. speak for Him
   c. direct His Church
   d. lead His children
4. **The writings of the prophets are found in the scriptures.**
5. **When people reject the prophets' teachings,** *it's called an apostasy***.**
   a. it's called an apostasy
   b. God removes His priesthood
6. **When God reveals His plan anew, it's called a dispensation.**
7. **Adam was the first prophet.**
8. **God revealed to Adam** *our relationship to deity***.**
   a. our relationship to deity
   b. the mission of Jesus Christ
   c. the first principles and ordinances of the gospel
9. **Eventually, people rejected** *the word of God***.**
   a. the word of God
   b. the prophets
   c. the teachings of the Gospel
10. **God called other prophets to teach His gospel plan.**

1. **E fa`aalia e le Atua lona alofa mo i tatou e ala i le vala`auliaina o perofeta.**
2. **Na vala`auina e le Atua perofeta e** *molimau ia Iesu Keriso***.**
   a. molimau ia Iesu Keriso
   b. a`oa`o i Ana fanau
   c. fa`aali mai le `upumoni
3. **Ua tu`uina atu e le Atua le pule i perofeta e** *fai ai sauniga***.**
   a. fai ai sauniga
   b. saunoa mo Ia
   c. ta`ita`i Lana `Ekalesia
   d. ta`ita`i Ana fanau
4. **O tusitusiga a perofeta o lo`o maua i tusitusiga pa`ia.**
5. **`A te`ena e tagata ia a`oa`oga a perofeta,** *e ta`ua o le liliu`ese***.**
   a. e ta`ua o le liliu`ese
   b. e `ave`esea e le Atua Lana perisitua
6. **`A toe fa`aali mai e le Atua Lana fuafuaga, e ta`ua o se tisipenisione.**
7. **O Atamu o le perofeta muamua.**
8. **Na fa`aali mai e le Atua ia Atamu** *lo tatou so`otaga i le Atua***.**
   a. lo tatou so`otaga i le Atua
   b. o le misiona a Iesu Keriso
   c. o ulua`i mata`upu fa`avae ma sauniga o le talalelei
9. **Na i`u ina te`ena e tagata** *le afioga a le Atua***.**
   a. le afioga a le Atua
   b. perofeta
   c. a`oa`oga o le Talalelei
10. **Na vala`auina e le Atua isi perofeta e a`oa`o atu le fuafuaga o Lana talalelei.**

to accept	talia	to act (the way you behave or live)	ola
to act (to do)	fai	to act (to work)	galue
Adam	Atamu	to administer	fesoasoani
agency	filifiliga sa`oloto	apostasy	liliu`ese
Atonement	Togiola	authority	pule
baptized	papatisoina	to begin	`amata
to bless	fa`amanuia	blessing	fa`amanuiaga
to call (be called or given a calling)	tofi	to call (call out with voice)	vala`au atu

to call (name or label)	ta`ua	center (core, main theme)	`autu
center (focus attention on)	taula`i	center (physical center of place or object)	`ogatotonu
children	tamaiti	to choose	filifili
to communicate	feso`ota`i	to deny	fa`afiti
to disobey	le usita`i	dispensation	tisipenisione
to distort	fa`asese	end (synonym w/ gata'aga and fa`ai`uga)	i'uga
end (synonym w/ gata'aga and i`uga)	fa`ai`uga	end (synonym w/ i'uga and fa`ai`uga)	gata`aga
to endure	tumau	eternal life	ola fa`avavau
Eve	Eva	to exercise faith	fa`aaoga le fa`atuatua
to fail (doesn't happen)	le taunu`u	to find	maua
freedom	sa`olotoga	gift	meaalofa
to give (or present)	foa'i atu	to give (to share or give as well)	tu`uina
God	Atua	gospel	talalelei
history	talafa`asolopito	Holy Ghost	Agaga Pa`ia
to ignore	le `amana`ia	life (common)	olaga
life (po.)	soifuaga	to live (common)	ola
to live (po.)	soifua	to live (stay; dwell)	nofo
love	alofa	to obey	usita`i
Old Testament	Feagaiga Tuai	ordinance	sauniga
pattern	fa`asologa	posterity	fanau
power	mana	priesthood	perisitua
principle	mata`upu fa`avae	prophet	perofeta
to receive	maua	Redeemer	Togiola
to reject	te`ena	relationship (between two people)	va
relationship (union, more than two)	so`otaga	remission of sins	fa`amagaloga o agasala
to repent	salamo	responsibility (synonymous with matafaioi)	tiutetau`ave
responsibility (synonymous with tiutetau`ave)	matafaioi	to restore	toefuata`i
resurrection	toetu	to return	fo`i
to reveal	fa`aali	revelation	fa`aaliga
salvation	fa`aolataga	Savior	Fa`aola
scriptures	tusitusiga pa`ia	to show	fa`aali
to teach	a`oa`o	teaching	a`oa`oga
to testify	molimau atu	truth	`upumoni
to withdraw	`ave`ese		

The Savior's Earthly Ministry

1. **Jesus Christ is the Son of God.**
2. **God sent His Son to the Earth to** *atone for our sins***.**
   a. atone for our sins
   b. organize His church
3. **Jesus Christ fulfilled His Father's will by completing the Atonement.**
4. **Through His Atonement,** *we can receive eternal life***.**
   a. we can receive eternal life
   b. we can be forgiven
   c. live with Heavenly Father again
5. **He gave His apostles the authority to** *teach His gospel***.**
   a. teach His gospel
   b. establish His church
6. **Jesus Christ called apostles.**

1. **O Iesu Keriso o le Alo o le Atua.**
2. **Na auina mai e le Atua Lona Alo i le Lalolagi e** *togiola mo a tatou agasala***.**
   a. togiola mo a tatou agasala
   b. fa`atulaga Lana `ekalesia
3. **Na fa`ataunu`uina e Iesu Keriso le finagalo o Lona Tama e ala i le fa`amae`aina o le Togiola.**
4. **E ala i Lana Togiola, ua mafai ai ona** *maua e i tatou le ola fa`avavau***.**
   a. maua e i tatou le ola fa`avavau
   b. fa`amagaloina i tatou
   c. toe mau fa`atasi ma le Tama Fa`alelagi
5. **Na Ia tu`uina atu le pule i Ana `aposetolo e** *a`oa`o atu ai Lana talalelei***.**
   a. a`oa`o atu ai Lana talalelei
   b. fa`atuina ai Lana `ekalesia
6. **Na vala`auina e Iesu Keriso ia `aposetolo.**

apostasy	liliu`ese	apostle	`aposetolo
to atone	togiola	Atonement	Togiola
authority	pule	baptized	papatisoina
to begin	`amata	birth	fanau mai
to call (be called or given a calling)	tofi	to call (call out with voice)	vala`au atu
to call (name or label)	ta`ua	to call (on the phone)	vili
center (core, main theme)	`autu	center (focus attention on)	taula`i
center (physical center of place or object)	`ogatotonu	church	`ekalesia
to complete	fa`a`atoa	to crucify	fa`asatauro
death (common)	oti	death (po.)	maliu
earth	lalolagi	to endure	tumau
to enter	ulu	to establish	fa`atu
eternal life	ola fa`avavau	faith	fa`atuatua
to follow	mulimuli	forgiveness	fa`amagaloga
to fulfill	fa`ataunu`u	to give (or present)	foa'i atu
to give (to share or give as well)	tu`uina	gospel	talalelei
hand (common)	lima	hand (po.)	`a`ao
Heavenly Father	Tama Fa`alelagi	Holy Ghost	Agaga Pa`ia
Jesus Christ	Iesu Keriso	to lay (an object)	ta`atia
to lay (of hands)	fa`ae`e	to lay (of people)	ta`oto
to lead	ta`ita`i	main	`autu
man (po.)	Ali`i	mankind	tagata

ministry	galuega	miracle	vavega
ordinance	sauniga	to organize	fa`atulaga
to overcome	manumalo	path	ala
to perform	fa`ataunu`u	physical	fa`aletino
presence (common, in front of, in the presence of)	`i luma o	presence (po. Dwelling place)	afio'aga
priesthood	perisitua	prophecy	valo`aga
to receive	maua	to repent	salamo
resurrection	toetu	sacrifice	taulaga
salvation	fa`aolataga	Savior	Fa`aola
sin	agasala	Son	Alo
suffering	tigaina	to take upon	tau`ave i luga
to teach	a`oa`o	world	lalolagi

The Great Apostasy

1. **After the resurrection of Jesus Christ, the apostles** *were killed***.**
   a. were killed
   b. taught the Gospel

2. **When the apostles were killed** *the priesthood authority was lost***.**
   a. the priesthood authority was lost
   b. the gospel truths were distorted

3. **Without God's authority, people could not** *understand scriptures***.**
   a. understand scriptures
   b. direct the Church

4. **The Great Apostasy led** *to spiritual darkness***.**
   a. to spiritual darkness
   b. to the organization of many churches
   c. to confusion about the truth

5. **Righteous people, who try to restore truth, are called reformers.**

6. **The reformers opened the way for the final Restoration.**

7. **Jesus Christ prophesied about this apostasy in a parable.**

8. **The parable in Mark tells about** *a father and his son***.**
   a. a father and his son
   b. a vineyard
   c. the wicked husbandmen

9. **What do you think is represented** *by the husbandmen***?**
   a. by the husbandmen
   b. by the vineyard
   c. by the owner of the vineyard
   d. by the son of the owner of the vineyard

10. **This parable teaches that** *a universal apostasy would take place***.**
    a. a universal apostasy would take place
    b. the prophets would be rejected
    c. the Son of God would be killed

1. **Ina ua mavae le toetu o Iesu Keriso, o `aposetolo sa** *fasiotia***.**
   a. fasiotia
   b. a`oa`o atu le talalelei

2. **Ina ua maliliu le `au `aposetolo,** *na `ave`esea le pule o le perisitua***.**
   a. na `ave`esea le pule o le perisitua
   b. na fa`aseseina `upumoni o le talalelei

3. **E aunoa ma le pule a le Atua, e le mafai e tagata ona** *malamalama i tusitusiga pa`ia***.**
   a. malamalama i tusitusiga pa`ia
   b. ta`ita`i le `Ekalesia

4. **O le Liliu`ese Tele na o`o atu ai** *i le pogisa fa`aleagaga***.**
   a. i le pogisa fa`aleagaga
   b. i le fa`atutuina o le tele o `ekalesia
   c. i le fenumia`i e uiga i le `upumoni

5. **O tagata amiotonu o e na taumafai e toe `aumaia le `upumoni, e ta`ua o Tagata na Toe Fa`atulagaina.**

6. **O tagata toefa`atulaga na tatalaina le ala mo le Toefuata`iga mulimuli.**

7. **Na vavalo Iesu Keriso i lenei liliu`ese i se fa`ata`oto.**

8. **O le fa`ata`oto o lo`o i le Mareko o lo`o fa`amatala ai** *se tama ma lona atali`i***.**
   a. se tama ma lona atali`i
   b. se tovine
   c. o `au`auna amioleaga

9. **O le a sou manatu po`o ai o lo`o fa`atusa** *i ai `au`auna amioleaga***?**
   a. i ai `au`auna amioleaga
   b. i ai le tovine
   c. i ai le pule o le tovine
   d. i ai le atali`i o le pule o le tovine

10. **O lo`o a`oa`o mai le fa`ata`oto** *o le `a o`o mai se liliu`ese i le lalolagi `atoa***.**
    a. o le `a o`o mai se liliu`ese i le lalolagi `atoa
    b. o le `a te`enaina ia perofeta
    c. o le `a fasiotia le Alo o le Atua

apostasy	liliu`ese	apostle	`aposetolo
authority	pule	baptism	papatisoga
to become	`avea	century	seneturi
to change	sui	change	suiga
character	uiga	church (as a body or congregation)	`ekalesia
church (religion; church service)	lotu	church members	tagata o le `ekalesia
to claim	ta`utino	to confer	tu`uina atu
corrupted	pi`opi`o	darkness	pogisa
death (common)	oti	death (po.)	maliu
distorted	fa`aseseina	doctrine	a`oa`oga fa`avae
effort	taumafaiga	faith	fa`atuatua
false	sese	Father	Tama
forgotten	fa`agaloina	freedom	sa`olotoga
gift	meaalofa	gospel	talalelei
Holy Ghost	Agaga Pa`ia	idea	manatu
to interpret	fa`aliliuupu	Jesus Christ	Iesu Keriso
to keep	tausi	keys	ki
to kill (a human)	fasioti	to kill (anything other than human)	tape
to lead	ta`ita`i	light	malamalama
to lose	le iloa	to maintain	tausi
nature	natura	need (really want)	mana`omia
need (should, must, have to)	tatau	order	fa`atulagaga
ordinance	sauniga	organization	fa`alapotopotoga
people	tagata	period	vaitaimi
persecuted	sauaina	to point out	fa`asino atu
presiding	pule fa`amalumalu	priesthood	perisitua
principle	mata`upu fa`avae	prophet	perofeta
to protest	tete`e atu	protestant	porotesano
pure	mama	to recognize	iloaina
to reform	toe fa`atuina	religious	fa`alelotu
to rely	fa`alagolago	repentance	salamo
restoration	toefuata`iga	revelation	fa`aaliga
scripture (a scripture; verse)	mau	scripture (holy writings)	tusitusiga pa`ia
to search	sa`ili	to seek	su`e
spiritual	fa`aleagaga	standard	fa`atulagaga
to take (carry; to have; take)	`ave	to take (go along a path; choose or take route)	ui
to teach	a`oa`o	teaching	a`oa`oga
truth	`upumoni	to try (give effort)	taumafai
to try (to taste food)	tofo	to try (to test)	tofotofo
way (synonym to “`auala”)	ala	way (synonym to “ala”)	`auala
wicked	amioleaga	wisdom	poto

The Restoration of the Gospel of Jesus Christ through Joseph Smith

1. **God has called a prophet in our day.**
2. **In 1820,** *Joseph Smith lived at a time of great religious excitement***.**
   a. Joseph Smith lived at a time of great religious excitement
   b. Joseph Smith desired to know which church was right
   c. Joseph Smith was confused about religion
3. **Joseph studied the Bible to** *find answers to his questions***.**
   a. find answers to his questions
   b. understand how to act
4. **After reading a scripture in the Bible, Joseph prayed to God.**
5. **God and Jesus Christ appeared to Joseph Smith.**
6. **In his words, this is what happened.**
7. **They told Joseph that** *none of the churches were true***.**
   a. none of the churches were true
   b. he should not join any church
8. **Through Joseph Smith, God restored** *His gospel***.**
   a. His gospel
   b. His priesthood authority
   c. the true church
9. **This time in which we live is called** *the final dispensation***.**
   a. the final dispensation
   b. the last days
10. **A living prophet directs the church today.**

1. **Ua vala`auina e le Atua se perofeta i o tatou aso.**
2. **O le 1820,** *na ola ai Iosefa Samita i se taimi o le tele o fefinaua`iga tau lotu***.**
   a. na ola ai Iosefa Samita i se taimi o le tele o fefinaua`iga tau lotu
   b. sa fia iloa Iosefa Samita po o le fea le `ekalesia moni
   c. na fenumia`ia Iosefa Samita e uiga i lotu
3. **Sa su`esu`e Iosefa i le Tusi Pa`ia e** *maua ai tali i ana fesili***.**
   a. maua ai tali i ana fesili
   b. malamalama i le mea e tatau ona fai
4. **Ina ua `uma ona faitau i se mau i le Tusi Pa`ia, sa tatalo Iosefa i le Atua.**
5. **Na fa`aali maia le Atua ma Iesu Keriso ia Iosefa Samita.**
6. **I ana lava `upu, o le mea lenei na tupu.**
7. **Sa La ta`u atu ia Iosefa** *e leai se `ekalesia e sa`o***.**
   a. e leai se `ekalesia e sa`o
   b. e le tatau ona `auai `o ia i so`o se `ekalesia
8. **Na toefuata`i mai e le Atua** *Lana talalelei***, e ala mai ia Iosefa Samita.**
   a. Lana talalelei
   b. Lana pule o le perisitua
   c. le `ekalesia moni
9. **O le taimi lenei o lo`o tatou feola ai ua ta`ua** *o le tisipenisione mulimuli***.**
   a. o le tisipenisione mulimuli
   b. o aso `amuli
10. **O lo`o ta`ita`iina e se perofeta soifua le `ekalesia i aso nei.**

Aaronic Priesthood	Perisitua Arona	angel	agelu
apostasy	liliu`ese	apostle	`aposetolo
to appear (suddenly)	fotu	to appear (to show)	fa`aali
appearance	foliga mai	to ask (ask a question)	fesili
to ask (request)	ole	to attend	`auai
authority	pule	authorized	fa`atagaina
to baptize	papatiso	to believe	talitonu
Bible	Tusi Pa`ia	to call (be called or given a calling)	tofi
to call (call out with voice)	vala`au atu	to call (name or label)	ta`ua
to call (on the phone)	vili	change	suiga
children	tamaiti	church (as a body or congregation)	`ekalesia

church (religion; church service)	lotu	to claim	ta`utino
to confer	tu`uina atu	to conflict with	fete`ena`i ma
confused	fenumia`i	dispensation	tisipenisione
doctrine	a`oa`oga fa`avae	earth	lalolagi
excitement	fiafiaga	Father	Tama
freedom	sa`olotoga	fullness	`ato`atoaga
gospel	talalelei	grove of trees	togavao
guidance	ta`ita`iga	James	Iakopo
Jesus Christ	Iesu Keriso	John	Ioane
John the Baptist	Ioane le Papatiso	to join	tu`ufa`atasi
Joseph Smith	Iosefa Samita	to kneel	to`otuli
last days	aso `amuli	to live (common)	ola
to live (po.)	soifua	to live (stay; dwell)	nofo
living (common)	ola	living (po.)	soifua
love	alofa	Melchizedek Priesthood	Perisitua Mekisateko
messenger	`avefe`au	minister	faife`au
to minister	`au`auna	Oliver Cowdery	Oliva Kaotui
ordinance	sauniga	to organize	fa`atulaga
to perform	fa`ataunu`u	Peter	Peteru
to pray (common)	tatalo	to pray (po.)	talosaga
president	peresitene	priesthood	perisitua
prophet	perofeta	to reach (a goal)	`ausia
to reach (for something)	`a`apa	to reach (to arrive)	o`o
to read	faitau	religious	fa`alelotu
to restore	toefuata`i	salvation	fa`aolataga
Savior	Fa`aola	to search	sa`ili
Second Coming	Afio Mai Fa`alua	Son	Alo
spring	tautotogo	to teach	a`oa`o
The Church of Jesus Christ of Latter–day Saints	`O Le `Ekalesia a Iesu Keriso o le `Au Pa`ia o Aso e Gata Ai	to translate	fa`aliliu
true	moni	truth	`upumoni
twelve	sefululua	to understand	malamalama
United States	Iunaite Setete	vision	fa`aaliga
young	talavou		

The Book of Mormon: Another Testament of Jesus Christ

1. **The Book of Mormon is evidence of the love of God for His children.**
2. **The Book of Mormon contains** *the fullness of the Gospel***.**
   a. the fullness of the Gospel
   b. the writings of prophets in ancient America
   c. the witness of prophets
   d. the word of God
3. **The Book of Mormon testifies** *of Jesus Christ***.**
   a. of Jesus Christ
   b. of Joseph Smith's prophetic calling
4. **The Book of Mormon is convincing evidence that** *Joseph Smith was a prophet***.**
   a. Joseph Smith was a prophet
   b. the gospel of Jesus Christ has been restored
5. **Jesus Christ visited the Americas to** *establish His church***.**
   a. establish His church
   b. teach His gospel
   c. call apostles
6. **Joseph Smith translated the Book of Mormon by the power of God.**

1. **O Le Tusi a Mamona o le fa`amaoniga lea o le Alofa o le Atua mo Ana fanau.**
2. **O Le Tusi a Mamona o lo`o i ai** *le `ato`atoaga o le Talalelei***.**
   a. le `ato`atoaga o le Talalelei
   b. tusitusiga a perofeta i Amerika anamua
   c. le molimau a perofeta
   d. le afioga a le Atua
3. **E molimau le Tusi a Mamona** *ia Iesu Keriso***.**
   a. ia Iesu Keriso
   b. i le vala`auga fa`aperofeta o Iosefa Samita
4. **O Le Tusi a Mamona o se fa`amaoniga moni** *o Iosefa Samita o se perofeta***.**
   a. o Iosefa Samita o se perofeta
   b. ua toefuata`i mai le talalelei a Iesu Keriso
5. **Sa asiasi atu Iesu Keriso i Amerika e** *fa`atu ai Lana `ekalesia***.**
   a. fa`atu ai Lana `ekalesia
   b. a`oa`o atu ai Lana talalelei
   c. tofia ai `aposetolo
6. **Sa fa`aliliuina e Iosefa Samita le Tusi a Mamona e ala i le mana o le Atua.**

account (story)	tala	America	Amerika
ancient	anamua	another	se isi
to appear (suddenly)	fotu	to appear (to show)	fa`aali
Book of Mormon	Tusi a Mamona	brass	`apamemea
to bring forth	`aumai mai	conversion	liua
cornerstone	ma`atulimanu	darkness	pogisa
dealings	feutaga`iga	to direct	fa`atonu
disbelief	le talitonu	doubt	masalo
to establish	fa`atu	everlasting	fa`avavau
evidence	fa`amaoniga	to feel	lagona
fullness	`ato`atoaga	God	Atua
gold plates	papatusi `auro	gospel	talalelei
hidden	natia	hill	mauga
to include	aofia	inhabitants	o e sa nofoia
Jesus Christ	Iesu Keriso	Joseph Smith	Iosefa Samita
keystone	ma`a`autu	to know (common)	iloa

to know (po.)	silafia	messenger	`avefe`au
misinformation	fa`amatalaga sese	mission	misiona
person	tagata	to ponder	mafaufau loloto
to pray (common)	tatalo	to pray (po.)	talosaga
prophet	perofeta	to prove	fa`amaonia
to provide (prepare s.th for s.o.)	sauniuni	to read	faitau
resurrection	toetu	Savior	Fa`aola
scripture (holy writings)	tusitusiga pa`ia	to teach	a`oa`o
testament	feagaiga	true	moni
word of God	afioga a le Atua	writings	tusitusiga

Pray to Know the Truth through the Holy Ghost

1. **We can know the Book of Mormon is true if we** *pray***.**
   a. pray
   b. study its teachings
   c. ponder its message

2. **The Holy Ghost teaches us through** *quiet feelings***.**
   a. quiet feelings
   b. peaceful thoughts

3. **When we pray we can ask to know that it is true.**

1. **E mafai ona tatou iloa e moni le Tusi a Mamona pe `a tatou** *tatalo***.**
   a. tatalo
   b. su`esu`e i ona a`oa`oga
   c. mafaufau loloto i lana savali

2. **E a`oa`o mai i tatou e le Agaga Pa`ia e ala i** *lagona to`afilemu***.**
   a. lagona to`afilemu
   b. mafaufauga to`afilemu

3. **`A tatou tatalo e mafai ona tatou ole atu ina ia iloa ai pe moni.**

blessing	fa`amanuiaga	Book of Mormon	Tusi a Mamona
content	malie	desire (common, noun or verb)	mana'o
desire (common, noun)	mana'oga	desire (po.)	finagalo
feeling	lagona	gentle	agamalu
Heavenly Father	Tama Fa`alelagi	Holy Ghost	Agaga Pa`ia
to know (common)	iloa	to know (po.)	silafia
knowledge	poto	knowledge (understanding)	malamalama
to lead	ta`ita`i	message	savali
peaceful	to`afilemu	to ponder	mafaufau loloto
powerful	mamana	to pray (common)	tatalo
to pray (po.)	talosaga	prayer	tatalo
promise	folafolaga	prophet	perofeta
quiet	filemu	to read	faitau
restoration	toefuata`iga	to restore	toefuata`i
spiritual	fa`aleagaga	to teach	a`oa`o
to thank	faafetai	true	moni
truth	`upumoni	voice (common)	leo
voice (po.)	si`ufofoga		

Pre–Earth Life: God's Purpose and Plan for Us

1. **God is the Father of our spirits.**
2. **We lived as spirit children of Heavenly Father before this life.**
3. **Heavenly Father wants us to** *become like Him***.**
   a. become like Him
   b. return to live with Him
   c. progress spiritually
4. **Heavenly Father has prepared a plan for us.**
5. **This plan is called the plan of salvation.**
6. **We understood and accepted this plan before this life.**
7. **Mortal life allows us to** *become like our Heavenly Father***.**
   a. become like our Heavenly Father
   b. grow and progress
   c. have families
   d. learn to make correct decisions
8. **Jesus Christ is central to God's plan.**
9. **Through His Atonement,** *we can receive eternal life***.**
   a. we can receive eternal life
   b. we can be forgiven
   c. live with Heavenly Father again

1. **O le Atua o le Tama o o tatou agaga.**
2. **Sa tatou nonofo o ni fanau agaga a le Tama Fa`alelagi a`o le'i i ai lenei olaga.**
3. **E finagalo le Tama Fa`alelagi ina ia tatou** *`avea e pei `o Ia***.**
   a. `avea e pei `o Ia
   b. fo`i atu e mau fa`atasi ma Ia
   c. alualu i luma fa`aleagaga
4. **Ua saunia e le Tama Fa`alelagi se fuafuaga mo i tatou.**
5. **O lenei fuafuaga ua ta`ua o le ata o le fa`aolataga.**
6. **Sa tatou malamalama ma taliaina lenei fuafuaga a`o le'i i ai lenei olaga.**
7. **O le olaga fa`aletino e mafai ai ona tatou** *`avea e pei o lo tatou Tama Fa`alelagi***.**
   a. `avea e pei o lo tatou Tama Fa`alelagi
   b. tuputupu a`e ma alualu i luma
   c. maua ni `aiga
   d. a`oa`o e fai filifiliga sa`o
8. **O Iesu Keriso o le `autu lea o le fuafuaga a le Atua.**
9. **E ala i Lana Togiola, ua mafai ai ona** *maua e i tatou le ola fa`avavau***.**
   a. maua e i tatou le ola fa`avavau
   b. fa`amagaloina i tatou
   c. toe mau fa`atasi ma le Tama Fa`alelagi

to accept	talia	to accomplish	fa`ataunu`u
adversary	fili	agency	filifiliga sa`oloto
answer	tali	Atonement	Togiola
to become	`avea	before (direction, in front of)	i luma o
before (first)	muamua	before (while yet to)	a`o le`i
blessing	fa`amanuiaga	born	fanau
can (ability)	mafai	central	`ogatotonu
children	tamaiti	to choose	filifili
to control	pulea	to depend	fa`alagolago
to destroy	fa`a`umatia	devil	ti`apolo
earth	lalolagi	enemy	fili
to enjoy	fiafia	eternal	fa`avavau
everyone	tagata `uma	experience (things that have happened)	mea `ua tutupu
Father	Tama	to find	maua
to follow	mulimuli	fullness	`ato`atoaga
gift	meaalofa	to give (or present)	foa'i atu

to give (to share or give as well)	tu`uina	glory	mamalu
happiness	fiafia	immortality	tino ola pea
Jesus Christ	Iesu Keriso	joy	`oli`oli
life (common)	olaga	life (po.)	soifuaga
to live (common)	ola	to live (po.)	soifua
to live (stay; dwell)	nofo	to love	alofa
merciful	alofa mutimutivale	mortality	olaga fa`aletino
peace	filemu	people	tagata
perfect	`ato`atoa	physical body	tino fa`aletino
plan	fuafuaga	possible	mafai
presence (common, in front of, in the presence of)	`i luma o	presence (po. Dwelling place)	afio'aga
progression	alualu i luma	to provide (prepare s.th for s.o.)	sauniuni
purpose	fa`amoemoega	question	fesili
redemption	togiolaina	salvation	fa`aolataga
Satan	Satani	scriptures	tusitusiga pa`ia
separated (as in divorce)	tete`a	separated (divided; no longer together)	vavae`eseina
spirit	agaga	to understand	malamalama
understanding	malamalama	to wonder	manatunatu
to work	galue	work (function 'material things')	ola
work (noun)	galuega		

The Creation

1. **God created the earth for us.**
2. **God sent us to the earth to** *be tested***.**
   a. be tested
   b. walk by faith
   c. gain experience
3. **We participate in God's plan by** *obtaining a body***.**
   a. obtaining a body
   b. making correct choices
   c. having families
   d. gaining experience

1. **Na foafoaina e le Atua le lalolagi mo i tatou.**
2. **Na `auina mai i tatou e le Atua i le lalolagi ina ia** *tofotofoina***.**
   a. tofotofoina
   b. savavali i le fa`atuatua
   c. maua le malamalama
3. **Tatou te `auai i le fuafuaga a le Atua e ala i le** *mauaina o se tino***.**
   a. mauaina o se tino
   b. faia o filifiliga sa`o
   c. faia o ni `aiga
   d. mauaina le malamalama

to become	`avea	body	tino
to create	foafoa	direction	fa`asinoga
earth	lalolagi	experience (things that have happened)	mea `ua tutupu
faith	fa`atuatua	to gain	maua
to give (or present)	foa'i atu	to give (to share or give as well)	tu`uina
life (common)	olaga	life (po.)	soifuaga
to obtain	maua	physical	fa`aletino
place (common, anywhere)	mea	place (of dwelling, common)	nofo`aga
presence (common, in front of, in the presence of)	`i luma o	presence (po. Dwelling place)	afio'aga
pre–earth (life)	mua`i olaga	probation	nofo va`ava`aia
to progress	alualu i luma	to remember	manatua
sight	va`aiga	test (academically)	su`ega
test (to prove; trial to prove)	tofotofoga	time	taimi
understanding	malamalama		

Agency and the Fall of Adam and Eve

1. **God created Adam and Eve in His image.**
2. **God placed Adam and Eve in the Garden of Eden.**
3. **God commanded Adam and Eve** *to multiply and replenish the earth***.**
   a. to multiply and replenish the earth
   b. not to eat of the forbidden fruit
4. **While in the Garden of Eden,** *they could have no children***.**
   a. they could have no children
   b. they didn't know any sorrow
   c. they were innocent
   d. they could obey or disobey
5. **Satan wanted** *them to eat the forbidden fruit***.**
   a. them to eat the forbidden fruit
   b. them to be unhappy
   c. them to be cut off from God's presence
   d. them to disobey God
   e. them to sin
6. **Adam and Eve chose to eat the forbidden fruit.**
7. **As a result,** *Adam and Eve were cast from the garden***.**
   a. Adam and Eve were cast from the garden
   b. they became mortal
   c. they could have children
8. **The Fall was part of Heavenly Father's plan of happiness.**

1. **Na foafoaina e le Atua Atamu ma Eva i Lona fa`atusa.**
2. **Na tu`u e le Atua ia Atamu ma Eva i le Fa`ato`aga o Etena.**
3. **Na poloa`iina e le Atua ia Atamu ma Eva** *ia fanafanau ma uluuluola ma fa`atumuina ai le lalolagi***.**
   a. ia fanafanau ma uluuluola ma fa`atumuina ai le lalolagi
   b. `aua le `aia le fua o le la`au ua fa`asaina
4. **A`o i ai i le Fa`ato`aga o Etena, sa** *le mafai ona maua ni a la fanau***.**
   a. le mafai ona maua ni a la fanau
   b. la le iloa se fa`anoanoa
   c. mama i la'ua
   d. mafai ona la usita`i pe le usita`i
5. **Sa mana`o Satani ia** *`ai e i la`ua le fua o le la`au fa`asaina***.**
   a. `ai e i la`ua le fua o le la`au fa`asaina
   b. le fiafia i la`ua
   c. vavae`ese i la`ua mai le afio`aga o le Atua
   d. la le usita`i i le Atua
   e. la agasala
6. **Sa filifili Atamu ma Eva e `a`ai le fua o le la`au fa`asaina.**
7. **O le taunu`uga, na** *tutuli `esea Atamu ma Eva mai le fa`ato`aga***.**
   a. tutuli `esea Atamu ma Eva mai le fa`ato`aga
   b. mafai ona feoti i la`ua
   c. mafai ona la maua fanau
8. **O le Pa'u o se vaega o le fuafuaga o le fiafia a le Tama Fa`alelagi.**

Adam	Atamu	agency	filifiliga sa`oloto
to become	`avea	body	tino
bone	ivi	cast out	tuli`ese
children	tamaiti	choice	filifiliga
to choose	filifili	to come (common)	sau
to come (po.)	maliu	to command	poloa`i
commandment	poloa`iga	to create	foafoa
death (common)	oti	death (po.)	maliu
disease	fa`ama`i	earth	lalolagi
to eat (common)	`ai	to eat (po.)	tausami
to eat or drink (po.)	taumafa	Eden	`Etena
Eve	Eva	evil (bad)	leaga
experience (things that have happened)	mea `ua tutupu	Fall	Pa`u

first (come first; foremost)	muamua	first (early, primitive, original; used as a prefix)	ulua`i
flesh	`a`ano	forbidden	fa`asaina
forever	fa`avavau	fruit	fuala`au `aina
garden	fa`ato`aga	good	lelei
image	fa`atusa	innocence	le sala
joy	`oli`oli	to know (common)	iloa
to know (po.)	silafia	knowledge	poto
knowledge (understanding)	malamalama	to learn	a`oa`o
to live (common)	ola	to live (po.)	soifua
to live (stay; dwell)	nofo	moral	amiolelei
mortal	fa`aletino	mortality	olaga fa`aletino
need (really want)	mana`omia	need (should, must, have to)	tatau
to obey	usita`i	to obtain	maua
opposition	fa`afeagai	pain	tiga
part	vaega	physical	fa`aletino
to place	tu`u	plan	fuafuaga
presence (common, in front of, in the presence of)	`i luma o	presence (po. Dwelling place)	afio'aga
to progress	alualu i luma	to provide (prepare s.th for s.o.)	sauniuni
to remain	tumau	Satan	Satani
to sin	agasala	sorrow	fa`anoanoa
spirit	agaga	spiritual	fa`aleagaga
suffering	tigaina	to tempt	fa`aosooso
test (academically)	su`ega	test (to prove; trial to prove)	tofotofoga
tree	la`au	understanding	malamalama
wrong	sese		

Our Life on Earth

1. **Our purpose on earth is to** *prepare to meet God***.**
   a. prepare to meet God
   b. obtain a physical body
   c. learn to make good choices

2. **God has a body of flesh and bone that is** *perfected***.**
   a. perfected
   b. glorified
   c. immortal

3. **Our physical bodies are** *imperfect***.**
   a. imperfect
   b. made of flesh and bone
   c. mortal

4. **At the end of this life, everyone will die.**

5. **Physical death is the separation of the body from the spirit.**

6. **Spiritual death is separation from God because of sin.**

7. **Spiritual death keeps us from** *becoming like our Heavenly Father***.**
   a. becoming like our Heavenly Father
   b. being truly happy

8. **Sin always leads** *to unhappiness***.**
   a. to unhappiness
   b. to guilt
   c. to sorrow

9. **We must be forgiven of our sins to enter God's presence.**

10. **This life gives us experience to choose good from evil.**

1. **O lo tatou fa`amoemoega i le lalolagi o le** *sauniuni e fetaia`i ma le Atua***.**
   a. sauniuni e fetaia`i ma le Atua
   b. mauaina o se tino fa`aletino
   c. a`oa`o e fai filifiliga lelei

2. **E i ai i le Atua se tino o `a`ano ma ivi e** *`ato`atoa***.**
   a. `ato`atoa
   b. fa`amamaluina
   c. le o`o i ai le oti

3. **O o tatou tino fa`aletino e** *le `ato`atoa***.**
   a. le `ato`atoa
   b. faia i `a`ano ma ivi
   c. fa`aletino

4. **I le i`uga o lenei olaga, o le `a feoti tagata `uma.**

5. **O le oti fa`aletino o le tu`u`ese`eseina lea o le tino mai le agaga.**

6. **O le oti fa`aleagaga o le tu`u`ese`eseina mai le Atua `ona o le agasala.**

7. **O le oti fa`aleagaga e taofia ai i tatou mai le** *`avea fa`apei o lo tatou Tama Fa`alelagi***.**
   a. `avea fa`apei o lo tatou Tama Fa`alelagi
   b. fiafia moni

8. **O le agasala e tau atu ai lava** *i le le fiafia***.**
   a. i le le fiafia
   b. i le ta`usalaina
   c. i le fa`anoanoa

9. **E tatau ona fa`amagaloina i tatou i a tatou agasala ina ia tatou ulufale atu ai i le afio`aga o le Atua.**

10. **O le olaga lenei tatou te maua ai le malamalama e filifili ai le lelei mai le leaga.**

Adam	Atamu	Atonement	Togiola
to become	`avea	blessing	fa`amanuiaga
body	tino	bone	ivi
to break (a commandment; tread)	soli	to cause (to be caused by)	mafua mai ai
choice	filifiliga	to clean	fa`amama
commandment	poloa`iga	to commit	ta`utino
condition	tulaga	death (common)	oti
death (po.)	maliu	to die (common)	oti
to die (po.)	maliu	to distinguish (to know)	iloa
earth	lalolagi	to end	i`u

Eve	Eva	evil (bad)	leaga
experience (things that have happened)	mea `ua tutupu	Fall	Pa`u
feeling	lagona	flesh	`a`ano
forgiven	fa`amagaloina	glorified	fa`amamaluina
to grow (a person growing up)	tuputupu a`e	to grow (as a plant)	tupu
guilt	fa`anoanoa	happiness	fiafia
hope	fa`amoemoe	immortal	ola pea
imperfect	le `ato`atoa	to influence	`a`afia
Jesus Christ	Iesu Keriso	joy	`oli`oli
to keep from	taofia mai	to lead	ta`ita`i
to learn	a`oa`o	life (common)	olaga
life (po.)	soifuaga	to live (common)	ola
to live (po.)	soifua	to live (stay; dwell)	nofo
mistake	mea sese	mortal	fa`aletino
mortality	olaga fa`aletino	obstacle	puniala
opportunity	avanoa	to overcome	manumalo
pain	tiga	perfect	`ato`atoa
physical	fa`aletino	to prepare	sauni
presence (common, in front of, in the presence of)	`i luma o	presence (po. Dwelling place)	afio'aga
probation	nofo va`ava`aia	to provide (prepare s.th for s.o.)	sauniuni
purpose	fa`amoemoega	to return	fo`i
Satan	Satani	Savior	Fa`aola
shame	masiasi	sin	agasala
sinful	agasala	sorrow	fa`anoanoa
spiritual	fa`aleagaga	subject	gaua'i
to tempt	fa`aosooso	temptation	fa`aosoosoga
trial	tofotofoga	understanding	malamalama
unhappiness	le fiafia		

The Atonement

1. **The Atonement makes it possible for** *us to return to God*.
   a. us to return to God
   b. us to be cleansed from sin
   c. us to be forgiven
2. **When Christ died,** *His body separated from His spirit*.
   a. His body separated from His spirit
   b. His body was laid in the tomb
   c. His body remained in the tomb for three days
3. **Three days later, His spirit and body reunited eternally.**
4. **We are not responsible for the Fall of Adam and Eve.**
5. **Through Jesus Christ, we can overcome** *physical death*.
   a. physical death
   b. spiritual death
   c. sin
6. **The Atonement includes His suffering** *and death on the cross*.
   a. and death on the cross
   b. in the Garden of Gethsemane
7. **We must show that we** *accept Him*.
   a. accept Him
   b. will follow His commandments
8. **We are accountable for our own sins.**

1. **O le Togiola ua mafai ai ona** *tatou fo`i atu i le Atua*.
   a. tatou fo`i atu i le Atua
   b. fa`amamaina i tatou mai agasala
   c. fa`amagaloina i tatou
2. **Ina ua maliu Keriso,** *sa tu`u`ese`eseina Lona tino mai Lona agaga*.
   a. sa tu`u`ese`eseina Lona tino mai Lona agaga
   b. na lagomau Lona tino i le tu`ugamau
   c. sa i ai Lona tino i le tu`ugamau i aso e tolu
3. **I le tolu aso mulimuli ane, na toe fa`atasia ai Lona agaga ma le tino e fa`avavau.**
4. **E le ta`usalaina i tatou i le Pa`u o Atamu ma Eva.**
5. **O Iesu Keriso ua mafai ai ona tatou manumalo ai mai le** *oti fa`aletino*.
   a. oti fa`aletino
   b. oti fa`aleagaga
   c. agasala
6. **O le Togiola e aofia ai Ona puapuaga** *ma le maliu i luga o le satauro*.
   a. ma le maliu i luga o le satauro
   b. i le Fa`ato`aga o Ketesemane
7. **E tatau ona tatou fa`aalia tatou te** *talia `o Ia*.
   a. talia `o Ia
   b. mulimuli i Ana poloa`iga
8. **Tatou te tali atu i a tatou lava agasala.**

to accept	talia	Adam	Atamu
to appear (suddenly)	fotu	to appear (to show)	fa`aali
to ask (ask a question)	fesili	to ask (request)	ole
Atonement	Togiola	baptism	papatisoga
baptized	papatisoina	to become	`avea
to begin	`amata	to bleed	toto
blessing	fa`amanuiaga	body	tino
bone	ivi	burden	`avega
to choose	filifili	clean	mama
commandment	poloa`iga	to continue	fa`aauau
cross	satauro	to crucify	fa`asatauro
death (common)	oti	death (po.)	maliu
to die (common)	oti	to die (po.)	maliu
disease	fa`ama`i	end (synonym w/ gata'aga and fa`ai`uga)	i'uga
end (synonym w/ gata'aga and i`uga)	fa`ai`uga	end (synonym w/ i'uga and fa`ai`uga)	gata`aga

to endure	tumau	eternally	fa`avavau
Eve	Eva	evil (bad)	leaga
faith	fa`atuatua	Fall	Pa`u
Father	Tama	flesh	`a`ano
to follow	mulimuli	to forgive	fa`amagalo
forgiveness	fa`amagaloga	garden	fa`ato`aga
Gethsemane	Ketesemane	gift	meaalofa
to give in	gaua`i	grace	alofa tunoa
to guarantee	mautinoa	to hate	`ino`ino
heavy	mamafa	Holy Ghost	Agaga Pa`ia
humility	lotomaulalo	immersion	fa`atofuina
immortal	ola pea	joy	`oli`oli
to judge	fa`amasino	to keep	tausi
laying on of hands	fa`ae`e atu o lima	life (common)	olaga
life (po.)	soifuaga	to live (common)	ola
to live (po.)	soifua	to live (stay; dwell)	nofo
love	alofa	mercy	alofa mutimutivale
obedient	usita`i	obstacle	puniala
to obtain	maua	to organize	fa`atulaga
to overcome	manumalo	pain	tiga
to pay	totogi	peace	filemu
perfect	`ato`atoa	physical	fa`aletino
pore	pu nini`i	power	mana
price	tau	to promise	folafola
promised	folafolaina	prophet	perofeta
to receive	maua	Redeemer	Togiola
to rely on	fa`alagolago i	to repent	salamo
repentance	salamo	responsibility (synonymous with matafaioi)	tiutetau`ave
responsibility (synonymous with tiutetau`ave)	matafaioi	responsible	nafa
resurrection	toetu	to return	fo`i
to reunite	toefa`atasi	sacrifice	taulaga
Savior	Fa`aola	to send	`auina atu
to separate	vavae	sickness (common)	ma`i
sickness (po.)	gasegase	sin	agasala
sinless	leai se agasala	Son	Alo
spirit	agaga	to submit	gaua`i
to suffer	tigaina	suffering	tigaina
to support	lagolago	temptation	fa`aosoosoga
to testify	molimau atu	trial	tofotofoga
triumph	manumalo	will (common, desire, want; noun or verb)	mana`o
will (future tense marker)	`o le`a	will (po., desire, want; noun or verb)	finagalo
willing	malie	world	lalolagi
worthy	agava`a		

The Spirit World

1. **Death is part of the plan of salvation.**
2. **Physical death is necessary to** *become immortal***.**
   a. become immortal
   b. become perfect
3. **Death does not change our** *personality***.**
   a. personality
   b. desires
   c. character
4. **When we die, we will go to the spirit world.**
5. **The obedient will live in a state of happiness.**
6. **The disobedient will live in a state of unhappiness.**
7. **The gospel is preached to** *the disobedient***.**
   a. the disobedient
   b. those who did not receive it
8. **We will remain in the spirit world until the resurrection.**

1. **O le oti o se vaega o le ata o le fa`aolataga.**
2. **O le oti fa`aletino e tatau ai** *ina ia maua le tino ola pea***.**
   a. ina ia maua le tino ola pea
   b. ina ia `ato`atoa
3. **E le suia e le oti o tatou** *uiga***.**
   a. uiga
   b. mana`oga
   c. itu`aiga tagata
4. **`A tatou feoti, o le `a tatou o atu i le lalolagi o agaga.**
5. **O le `a ola tagata usiusita`i i se tulaga fiafia.**
6. **O le `a ola tagata le usiusita`i i se tulaga o le le fiafia.**
7. **E tala`i atu le talalelei i** *e le usiusita`i***.**
   a. e le usiusita`i
   b. e le'i mauaina
8. **O le `a tatou nonofo i le lalolagi o agaga se`ia o`o i le toetu.**

to change	sui	to choose	filifili
death (common)	oti	death (po.)	maliu
desire (common, noun or verb)	mana'o	desire (common, noun)	mana'oga
desire (po.)	finagalo	to die (common)	oti
to die (po.)	maliu	earth	lalolagi
evil (bad)	leaga	good	lelei
gospel	talalelei	to hear (common)	fa`alogo
to hear (po.)	fa`afofoga	hell	seoli
immortality	tino ola pea	life (common)	olaga
life (po.)	soifuaga	mortality	olaga fa`aletino
to obey	usita`i	opportunity	avanoa
paradise	parataiso	personality	uiga
physical	fa`aletino	to preach	tala`i
prison	fale puipui	to remain	tumau
to repent	salamo	resurrected	toetu
spirit	agaga	spirit world	lalolagi o agaga
state	tulaga	transformed	liua
unhappiness	le fiafia		

The Resurrection, Judgment, and Immortality

1. **After we are resurrected,** *we will be judged***.**
   a. we will be judged
   b. we will be immortal
   c. we will remember our sins
2. **Immortality is a free gift for all people.**
3. **We will be rewarded according to** *our works***.**
   a. our works
   b. our desires
   c. our faith
4. **Eternal life is given to those who** *obey God***.**
   a. obey God
   b. follow Christ
   c. endure to the end
5. **Eternal life is to** *know God and Jesus Christ***.**
   a. know God and Jesus Christ
   b. live with God
   c. receive God's glory

1. **`A mavae ona tatou toe tutu, o le `a** *fa`amasinoina i tatou***.**
   a. fa`amasinoina i tatou
   b. tatou maua se tino ola pea
   c. tatou manatua a tatou agasala
2. **O le tino ola pea o se meaalofa foa`ifua mo tagata `uma.**
3. **O le `a tauia i tatou e tusa ai ma** *a tatou galuega***.**
   a. a tatou galuega
   b. o tatou mana`oga
   c. lo tatou fa`atuatua
4. **O le ola fa`avavau e tu`uina atu ia i latou o e** *usita`i i le Atua***.**
   a. usita`i i le Atua
   b. mulimuli ia Keriso
   c. tumau e o`o i le i`uga
5. **O le ola fa`avavau o le** *iloa lea o le Atua ma Iesu Keriso***.**
   a. iloa lea o le Atua ma Iesu Keriso
   b. mau fa`atasi ma le Atua
   c. maua le mamalu o le Atua

to achieve	fa`ataunu`u	Atonement	Togiola
to become	`avea	body	tino
Christ	Keriso	desire (common, noun or verb)	mana'o
desire (common, noun)	mana'oga	desire (po.)	finagalo
eternal	fa`avavau	exaltation	fa`aeaga
family	`aiga	forever	fa`avavau
free	sa`oloto	freed	tu`usa`olotoina
gift	meaalofa	gospel	talalelei
guilt	fa`anoanoa	immortal	ola pea
immortality	tino ola pea	to judge	fa`amasino
life (common)	olaga	life (po.)	soifuaga
to live (common)	ola	to live (po.)	soifua
to live (stay; dwell)	nofo	mercy	alofa mutimutivale
to obey	usita`i	to overcome	manumalo
people	tagata	perfectly	`ato`atoa
presence (common, in front of, in the presence of)	`i luma o	presence (po. Dwelling place)	afio'aga

to receive	maua	to remember	manatua
to repent	salamo	resurrection	toetu
reunited	toefa`atasia	to reward	taui
righteous	amiotonu	righteousness	amiotonu
to rise	si`i	sin	agasala
spirit	agaga	state	tulaga
suffering	tigaina	wicked	amioleaga
to work	galue	work (function ‘material things’)	ola
work (noun)	galuega		

Kingdoms of Glory

1. **There are different kingdoms of glory.**
2. **We will be assigned to a kingdom according to our** *works***.**
   a. works
   b. faithfulness
   c. deeds done in the body
3. **The repentant and obedient will live in the celestial kingdom.**
4. **Those who receive celestial glory will** *live with their family***.**
   a. live with their family
   b. enjoy God's presence
   c. receive a fullness of joy
5. **This kingdom is compared to the glory** *of the sun***.**
   a. of the sun
   b. of the moon
   c. of the stars
6. **Honorable people who did not accept the gospel will live in the terrestrial kingdom.**
7. **The unrepentant and disobedient will live in the telestial kingdom.**

1. **E i ai malo `ese`ese o le mamalu.**
2. **O le `a tofia i tatou i se malo e tusa ai ma a tatou** *galuega***.**
   a. galuega
   b. fa`amaoni
   c. galuega na faia i le tino
3. **O tagata salamo ma usiusita`i o le `a nonofo i le malo selesitila.**
4. **O i latou e maua le mamalu selesitila o le `a** *nonofo fa`atasi ma o latou `aiga***.**
   a. nonofo fa`atasi ma o latou `aiga
   b. `oli`oli i le afio`aga o le Atua
   c. maua le `ato`atoaga o le `oli`oli
5. **O lenei malo ua fa`atusaina i le mamalu** *o le la***.**
   a. o le la
   b. o le masina
   c. o fetu
6. **O tagata lelei o e le'i taliaina le talalelei o le `a nonofo i le malo terasitila.**
7. **O tagata e le salamo ma le usiusita`i o le `a nonofo i le malo telesitila.**

Atonement	Togiola	celestial	selesitila
choice	filifiliga	Christ	Keriso
to compare	fa`atusatusa	to continue	fa`aauau
covenant	feagaiga	deed	galuega
desire (common, noun or verb)	mana'o	desire (common, noun)	mana'oga
desire (po.)	finagalo	different	`ese
eternity	fa`avavau	everyone	tagata `uma
evil (bad)	leaga	exaltation	fa`aeaga
fullness	`ato`atoaga	glory	mamalu
highest	`aupito maualuga	honorable	fa`amamaluina
joy	`oli`oli	judgment	fa`amasinoga
to keep	tausi	kingdom	malo
life (common)	olaga	life (po.)	soifuaga
lowest	`aupito maualalo	moon	masina
mortal	fa`aletino	ordinance	sauniga
presence (common, in front of, in the presence of)	`i luma o	presence (po. Dwelling place)	afio'aga

to receive	maua	to repent	salamo
reward	taui	to reward	taui
scriptures	tusitusiga pa`ia	sin	agasala
star	fetu	sun	la
telestial	telesitila	terrestrial	teresitila
together	fa`atasi	to work	galue
work (function ‘material things’)	ola	work (noun)	galuega

Through Jesus Christ We Can Be Cleansed from Sin

1. **We cannot independently** *return to God***.**
   a. return to God
   b. overcome sin and death
   c. be cleansed from sin
2. **Without the Atonement of Jesus Christ** *we cannot be forgiven***.**
   a. we cannot be forgiven
   b. we cannot receive exaltation
   c. we cannot return to Heavenly Father
3. **In order to benefit from the Atonement we must** *repent of our sins***.**
   a. repent of our sins
   b. get baptized
   c. receive the gift of the Holy Ghost
4. **We are accountable for our own sins.**
5. **We will be judged according to** *our works***.**
   a. our works
   b. our desires
   c. our faith
6. **Jesus Christ did not eliminate our personal responsibility.**

1. **Tatou te le mafai na`o i tatou ona** *fo`i atu i le Atua***.**
   a. fo`i atu i le Atua
   b. manumalo mai le agasala ma le oti
   c. mama mai agasala
2. **A aunoa ma le Togiola a Iesu Keriso e le mafai ona** *fa`amagaloina i tatou***.**
   a. fa`amagaloina i tatou
   b. tatou maua le fa`aeaga
   c. tatou fo`i atu i le Tama Fa`alelagi
3. **Ina ia mafai ona tatou manuia i le Togiola e tatau ona tatou** *salamo i a tatou agasala***.**
   a. salamo i a tatou agasala
   b. papatisoina
   c. maua le meaalofa o le Agaga Pa`ia
4. **Tatou te tali atu i a tatou lava agasala.**
5. **O le `a fa`amasinoina i tatou e tusa ai ma** *a tatou galuega***.**
   a. a tatou galuega
   b. o tatou mana`oga
   c. lo tatou fa`atuatua
6. **E le`i `ave`esea e Iesu Keriso tiute tau`ave a le tagata lava ia.**

to accept	talia	act (act on, fulfill)	fa`atino
act (work)	galue	action (an action)	fa`atinoga
action (an individual's action)	amioga	all	`uma
to apply	fa`atatau	to apply (to use)	fa`aaoga
Atonement	Togiola	to become	`avea
beloved	fa`apeleina	blessing	fa`amanuiaga
to bring	`aumai	children	tamaiti
clean	mama	commandment	poloa`iga
to commit	ta`utino	consequence	taunu`uga
demands of justice	poloa`iga a le fa`amasinoga tonu	desire (common, noun or verb)	mana'o
desire (common, noun)	mana'oga	desire (po.)	finagalo
to die (common)	oti	to die (po.)	maliu
disobedience	le usita`i	to dwell	nofo
to eliminate	`ave`ese	to endeavor	taumafai
to enter	ulu	faith	fa`atuatua
to forgive	fa`amagalo	gospel	talalelei
grace	alofa tunoa	healed	fa`amaloloina
infinite	e le muta	judged	fa`amasinoina
justice	fa`amasinoga tonu	to keep	tausi
law	tulafono	to live (common)	ola

to live (po.)	soifua	to live (stay; dwell)	nofo
mercy	alofa mutimutivale	obedience	usita`i
to obey	usita`i	ordinance	sauniga
penalty	sala	people	tagata
permanently	tumau	personal	fa`aletagata
personal (more personal; private)	patino	place (common, anywhere)	mea
place (of dwelling, common)	nofo`aga	to plead	`ai`oi
possibility	avanoa	presence (common, in front of, in the presence of)	`i luma o
presence (po. Dwelling place)	afio'aga	principle	mata`upu fa`avae
punishment	fa`asalaga	to repent	salamo
responsibility (synonymous with matafaioi)	tiutetau`ave	responsibility (synonymous with tiutetau`ave)	matafaioi
resurrection	toetu	to return	fo`i
to satisfy	fa`amalie	Savior	Fa`aola
selfless	le manatu fa`apito	to show	fa`aali
sin	agasala	Son	Alo
spiritually	fa`aleagaga	to stand	tu
to suffer	tigaina	unchanging	le liua
unclean	le mama	to welcome	fa`afeiloa`i
to withhold	taofi	work (function 'material things')	ola
work (noun)	galuega	world	lalolagi
worry	popole	worthy	agava`a

Faith in Jesus Christ

1. **Having faith in Christ includes believing that He is** *the Son of God***.**
   a. the Son of God
   b. the Savior of the world
   c. the Redeemer of mankind
2. **Faith in Jesus Christ is the first principle of the Gospel.**
3. **Faith gives us the desire to** *follow Christ***.**
   a. follow Christ
   b. seek forgiveness
   c. keep the commandments
4. **Faith leads us to action and sincere repentance.**
5. **Faith helps us to** *meet life's challenges***.**
   a. meet life's challenges
   b. change the desires of our hearts
   c. heal spiritually and physically
6. **Our faith increases as we hear the word of God.**

1. **O le i ai o le fa`atuatua ia Keriso e aofia ai le talitonu `o Ia** *o le Alo o le Atua***.**
   a. o le Alo o le Atua
   b. o le Fa`aola o le lalolagi
   c. o le Togiola o tagata
2. **O le fa`atuatua ia Iesu Keriso o le ulua`i mata`upu fa`avae lea o le Talalelei.**
3. **O le fa`atuatua tatou te naunau ai e** *mulimuli ia Keriso***.**
   a. mulimuli ia Keriso
   b. sa`ili le fa`amagaloga
   c. tausi poloa`iga
4. **O le fa`atuatua e ta`ita`i atu ai i tatou i le fa`atinoga ma le salamo fa`amaoni.**
5. **O le fa`atuatua e fesoasoani tatou te** *fa`afetauia ai lu`itau o le olaga***.**
   a. fa`afetauia ai lu`itau o le olaga
   b. suia ai naunauta`iga o o tatou loto
   c. fa`amalolo ai fa`aleagaga ma le fa`aletino
6. **E fa`ateleina lo tatou fa`atuatua a`o tatou fa`alogo i le afioga a le Atua.**

to accept	talia	action (an action)	fa`atinoga
action (an individual's action)	amioga	Atonement	Togiola
to avoid	`alo`ese	to become	`avea
belief	talitonuga	to believe	talitonu
to bless	fa`amanuia	challenge	lu`itau
to change	sui	Christ	Keriso
commandment	poloa`iga	to conquer	fa`ato`ilalo
desire (common, noun or verb)	mana'o	desire (common, noun)	mana'oga
desire (po.)	finagalo	to develop	ati a`e
enough	lava	experience (things that have happened)	mea `ua tutupu
faith	fa`atuatua	firm	mautu
first (come first; foremost)	muamua	first (early, primitive, original; used as a prefix)	ulua`i
to give (or present)	foa'i atu	to give (to share or give as well)	tu`uina
gospel	talalelei	grace	alofa tunoa
to grow (a person growing up)	tuputupu a`e	to grow (as a plant)	tupu
to heal	fa`amaloloina	to hear (common)	fa`alogo
to hear (po.)	fa`afofoga	heart (emotional heart)	loto
heart (physical heart)	fatu	to include	aofia
Jesus Christ	Iesu Keriso	to keep	tausi
to know (common)	iloa	to know (po.)	silafia
lasting	tumau	to lead	ta`ita`i

to learn	a`oa`o	to live (common)	ola
to live (po.)	soifua	to live (stay; dwell)	nofo
love	alofa	to meet a challenge	fa`afetaia'ia ma se lu`itau
mercy	alofa mutimutivale	to obey	usita`i
physically	fa`aletino	power	mana
to pray (common)	tatalo	to pray (po.)	talosaga
principle	mata`upu fa`avae	promise	folafolaga
to recognize	iloaina	Redeemer	Togiola
to rely	fa`alagolago	repentance	salamo
to return	fo`i	Savior	Fa`aola
to show	fa`aali	sin	agasala
sincere	fa`amaoni	Son	Alo
specific	fa`apitoa	spiritually	fa`aleagaga
strength	malosi	to strive	tauivi
teaching	a`oa`oga	temptation	fa`aosoosoga
tithing	sefulua`i	to trust	fa`atuatuaina
truthfulness	mea moni	to try (give effort)	taumafai
to try (to taste food)	tofo	to try (to test)	tofotofo
understanding	malamalama	word of God	afioga a le Atua
Word of Wisdom	`Upu o le Poto	world	lalolagi

Repentance

1. **Our faith in Christ leads us to** *repent*.
   a. repent
   b. keep the commandments
   c. serve others

2. **As we repent, our desire to follow God grows stronger.**

3. **Repentance is the second principle of the Gospel.**

4. **To sincerely repent, we** *need to recognize our sins*.
   a. need to recognize our sins
   b. confess our sins to God
   c. ask God to forgive us
   d. correct our mistakes

5. **When we sincerely repent, we** *turn away from sin*.
   a. turn away from sin
   b. have a change of heart

6. **As a result of a sincere repentance we feel** *God's forgiveness*.
   a. God's forgiveness
   b. peace in our lives
   c. the spirit in greater abundance
   d. free from guilt and sorrow

7. **Even after repenting of our sins we may sin again.**

8. **We must continually develop Christlike qualities.**

9. **As we repent daily, our lives will change and improve.**

1. **O lo tatou fa`atuatua ia Keriso e ta`ita`iina atu ai i tatou ia** *salamo*.
   a. salamo
   b. tausi poloa`iga
   c. `au`auna atu i isi

2. **`A tatou salamo, e atili malosi ai lo tatou naunau e mulimuli i le Atua.**

3. **O le salamo o le mata`upu fa`avae lona lua lea o le Talalelei.**

4. **Ina ia salamo fa`amaoni, e mo`omia ona tatou** *iloa a tatou agasala*.
   a. iloa a tatou agasala
   b. ta`uta`u atu a tatou agasala i le Atua
   c. ole i le Atua e fa`amagalo i tatou
   d. fa`asa`o a tatou mea sese

5. **`A tatou salamo fa`amaoni, tatou te** *liliu`ese mai le agasala*.
   a. liliu`ese mai le agasala
   b. maua se suiga i le loto

6. **O se taunu`uga o le salamo fa`amaoni tatou te lagona ai le** *fa`amagaloga a le Atua*.
   a. fa`amagaloga a le Atua
   b. filemu i o tatou olaga
   c. fa`ateleina o a`afiaga fa`aleagaga
   d. sa`olotoga mai le ta`usalaina ma le fa`anoanoa

7. **`A `uma ona tatou salamo, e ono toe agasala.**

8. **E tatau ona fa`aauau pea ona tatou atina`e uiga fa`aKeriso.**

9. **A`o tatou salamo i aso `uma, o le `a suia ma alualu i luma o tatou olaga.**

to accept	talia	accordance	e tusa ma
action (an action)	fa`atinoga	action (an individual's action)	amioga
to apologize	fa`ato`ese	to ask (ask a question)	fesili
to ask (request)	ole	authorized	fa`atagaina
behavior	amioga	belief	talitonuga
to bring	`aumai	to cause (to be caused by)	mafua mai ai
central	`ogatotonu	to change	sui
children	tamaiti	Christ	Keriso
Christ–like	fa`aKeriso	church (as a body or congregation)	`ekalesia
church (religion; church service)	lotu	to commit sin	agasala
to confess	ta`uta`u	to continue	fa`aauau

contrite	salamo	to correct	fa`asa'o
daily	aso ta`itasi	desire (common, noun or verb)	mana'o
desire (common, noun)	mana'oga	desire (po.)	finagalo
to develop	ati a`e	to expect	fa`amoemoe
faith	fa`atuatua	to fall	pa`u
to fall short	`ua le o`o	to feel	lagona
to find	maua	to follow	mulimuli
to forgive	fa`amagalo	forgiveness	fa`amagaloga
fresh	fou	godly sorrow	fa`anoanoa fa`aleatua
gospel	talalelei	to grow (a person growing up)	tuputupu a`e
to grow (as a plant)	tupu	guilt	fa`anoanoa
habit	masani	to improve	fa`alelei
to include	aofia	influence	`a`afiaga
joy	`oli`oli	knowledge	poto
knowledge (understanding)	malamalama	to lead	ta`ita`i
leader	ta`ita`i	to learn	a`oa`o
life (common)	olaga	life (po.)	soifuaga
to live (common)	ola	to live (po.)	soifua
to live (stay; dwell)	nofo	love	alofa
mercy	alofa mutimutivale	mistake	mea sese
ourselves	tatou lava	peace	filemu
prayer	tatalo	to prepare	sauni
principle	mata`upu fa`avae	problem	fa`afitauli
purpose	fa`amoemoega	quality	uiga
to receive	maua	to recognize	iloaina
remorse	fa`anoanoa	to repent	salamo
repentance	salamo	to resist	te`ena
restitution	toe totogi atu	result	taunu`uga
right (correct)	sa`o	right (privilege; liberty)	aia
right (right side; right hand)	taumatau	second	lona lua
serious	matuia	to serve (most common)	`au`auna
to serve (smb. of lower rank s. smb. of higher rank)	tautua	sin	agasala
sincere	fa`amaoni	sincerely	fa`amaoni
Son	Alo	Spirit	Agaga
to stop (command to stop or cease)	soia	to stop (prevent, hold back, stop motion)	taofi
to stop (stop a habit or doing s.th.)	tu`u	stronger	malosi atu
swept away	tafi`esea	thought	manatu
transgression	solitulafono	to try (give effort)	taumafai
to try (to taste food)	tofo	to try (to test)	tofotofo
to turn away	liliu`ese	view	va`aiga
world	lalolagi	wrong	sese

Baptism, Our First Covenant

1. **A covenant is a solemn agreement between God and man.**

2. **When we covenant with God** *we promise to obey Him***.**
   a. we promise to obey Him
   b. He promises us blessings

3. **God has always required His children to make covenants.**

4. **Through baptism we promise to** *keep His commandments***.**
   a. keep His commandments
   b. always remember Him
   c. take upon us the name of Jesus Christ

5. **Through baptism God promises us** *a remission of our sins***.**
   a. a remission of our sins
   b. the companionship of the Holy Ghost

6. **Baptism symbolizes** *the death, burial, and resurrection of Christ***.**
   a. the death, burial, and resurrection of Christ
   b. the beginning of our new life in Christ
   c. the death of our sinful life

7. **Baptism is ordained of God and must be performed by His authority.**

8. **We renew our baptismal covenants by partaking of the sacrament.**

9. **Jesus Christ introduced the ordinance of the sacrament.**

10. **Jesus Christ restored the ordinance of the sacrament through Joseph Smith.**

1. **O se feagaiga o se maliliega fa`amaoni i le va o le Atua ma le tagata.**

2. **`A tatou osi feagaiga ma le Atua,** *tatou te folafola atu e usita`i ia te Ia***.**
   a. tatou te folafola atu e usita`i ia te Ia
   b. Na te folafola mai fa`amanuiaga ia i tatou

3. **Sa mo`omia lava e le Atua ona osia e Lana fanau ia feagaiga.**

4. **Tatou te folafola atu e** *tausi ana poloa`iga* **e ala i le papatisoga.**
   a. tausi ana poloa`iga
   b. manatua pea `o Ia
   c. tau`ave i o tatou luga le suafa o Iesu Keriso

5. **Ua folafola mai e le Atua ia i tatou** *le fa`amagaloina o a tatou agasala* **e ala i le papatisoga.**
   a. le fa`amagaloina o a tatou agasala
   b. le mafutaga a le Agaga Pa`ia

6. **O le papatisoga e fa`atusaina** *i le maliu, tanumia, ma le toetu o Keriso***.**
   a. i le maliu, tanumia, ma le toetu o Keriso
   b. i le `amataga o lo tatou olaga fou ia Keriso
   c. i le maliu o lo tatou olaga agasala

7. **O le papatisoga e fa`au`uina e le Atua ma e tatau ona fa`ataunu`uina i Lana pule.**

8. **Tatou te fa`afouina a tatou feagaiga o le papatisoga e ala i le tagofia o le fa`amanatuga.**

9. **Na fa`ailoa mai e Iesu Keriso le sauniga o le fa`amanatuga.**

10. **Na toefuata`i mai e Iesu Keriso le sauniga o le fa`amanatuga e ala mai ia Iosefa Samita.**

to accept	talia	accountability	tali atu ai
to administer	fesoasoani	age	tausaga
agreement	maliliega	apostle	`aposetolo
baptism	papatisoga	baptized	papatisoina
to become	`avea	to begin	`amata
binding	noataga	bishop	epikopo
to bless	fa`amanuia	blood	toto
body	tino	born again	toe fanaufouina
to bring	`aumai	burial (common)	tanuga
burial (po.)	falelauasiga	ceremony	sauniga
children	tamaiti	Christ	Keriso
church members	tagata o le `ekalesia	to command	poloa`i

commitment	ta`utinoga	companionship (partnership)	soa
companionship (togetherness; more general)	mafutaga	confirmation	fa`amauga
constant	e le liua	covenant	feagaiga
to covenant	osifeagaiga	daughter	afafine
death (common)	oti	death (po.)	maliu
desire (common, noun or verb)	mana'o	desire (common, noun)	mana'oga
desire (po.)	finagalo	disciple	so`o
to enter	ulu	essential	taua
exaltation	fa`aeaga	example	fa`ata`ita`iga
experience (things that have happened)	mea `ua tutupu	faith	fa`atuatua
to give up	tu`u	Holy Ghost	Agaga Pa`ia
honor	ava	immersion	fa`atofuina
interest	mea fiafia	to introduce	fa`ailoa atu
Jesus Christ	Iesu Keriso	to keep	tausi
law	tulafono	to learn	a`oa`o
life (common)	olaga	life (po.)	soifuaga
little	la`itiiti	man (common, more like person)	tagata
man (po.)	Ali`i	mission president	peresitene o le misiona
name (common)	igoa	name (po.)	suafa
new	fou	nobody	leai se tagata
to obey	usita`i	obligation	tiute
to offer (offer s.th.)	ofo atu	to offer a prayer	faia le tatalo
old	matua	ordinance	sauniga
others	isi	to partake (common)	`ai
to partake (po.)	taumafa	to perform	fa`ataunu`u
permission	fa`atagaga	to place under obligation	tu`u i lalo o se tiute
power	mana	to prepare	sauni
presence (common, in front of, in the presence of)	`i luma o	presence (po. Dwelling place)	afio'aga
to prevent	taofi	priesthood authority	pule o le perisitua
priesthood holder	se tasi `ua `umia le perisitua	process	fa`agasologa
to promise	folafola	promise	folafolaga
rebirth	toe fanaufouina	to receive	maua
recreational pursuits	mea fa`afiafia	redeemed	fa`aolaina
regularly	masani	to reject	te`ena
to remain	tumau	to remember	manatua
to remind	fa`amanatu	reminder	fa`amanatu
remission of sins	fa`amagaloga o agasala	to renew	fa`afou
repentance	salamo	to represent (symbolically)	fa`atusa
to represent (take place of in representation)	fai ma sui	to require	mana`omia
to restore	toefuata`i	restored church	`ekalesia toefuata`iina
resurrection	toetu	to retain	fa`atumau
Sabbath	Sapati	sacrament	fa`amanatuga
sacred	pa`ia	sacrifice	taulaga
salvation	fa`aolataga	Savior	Fa`aola

to serve (most common)	`au`auna	to serve (smb. of lower rank s. smb. of higher rank)	tautua
to set	fa`atu	to shed for	fa`amaligi mo
to show	fa`aali	solemn	pau
Son	Alo	spiritual	fa`aleagaga
to strive	tauivi	Sunday	Aso Sa
symbol	fa`atusa	to take upon	tau`ave i luga
to teach	a`oa`o	understanding	malamalama
weekly	vaiaso ta`itasi	willingness	loto malie
worthy	agava`a		

The Gift of the Holy Ghost

1. **By receiving the gift of the Holy Ghost we** *become spiritually reborn***.**
   a. become spiritually reborn
   b. receive a remission of sins
   c. begin a new spiritual life
2. **The Holy Ghost testifies** *of Christ***.**
   a. of Christ
   b. of Joseph Smith
   c. of the Book of Mormon
3. **The Holy Ghost helps us** *recognize the truth***.**
   a. recognize the truth
   b. do what is right
4. **Through the power of the Holy Ghost we can feel God's love for us.**
5. **Through the Holy Ghost,** *we can receive a testimony of Christ***.**
   a. we can receive a testimony of Christ
   b. we can be comforted in our trials
   c. we can be spiritually strengthened
   d. we can be sanctified and cleansed

1. **E ala i le mauaina o le meaalofa o le Agaga Pa`ia tatou te** *toe fanaufouina ai fa`aleagaga***.**
   a. toe fanaufouina ai fa`aleagaga
   b. maua ai le fa`amagaloga o agasala
   c. `amata ai se olaga fou fa`aleagaga
2. **O Le Agaga Pa`ia e molimau** *ia Keriso***.**
   a. ia Keriso
   b. ia Iosefa Samita
   c. i le Tusi a Mamona
3. **E fesoasoani le Agaga Pa`ia ia tatou** *iloa ai le `upumoni***.**
   a. iloa ai le `upumoni
   b. fai ai le mea sa'o
4. **O le mana o le Agaga Pa`ia, tatou te lagona ai le alofa o le Atua mo i tatou.**
5. **O le Agaga Pa`ia, e mafai ai ona** *tatou maua se molimau ia Keriso***.**
   a. tatou maua se molimau ia Keriso
   b. mafanafana i tatou i o tatou puapuaga
   c. tatou malolosi fa`aleagaga
   d. fa`apa`iaina ma fa`amamaina i tatou

apostasy	liliu`ese	authorized	fa`atagaina
baptism	papatisoga	baptized	papatisoina
to become	`avea	to begin	`amata
Christ	Keriso	church members	tagata o le `ekalesia
to comfort	fa`amafanafana	companionship (partnership)	soa
companionship (togetherness; more general)	mafutaga	to confer	tu`uina atu
to confirm	fa`amau	danger	tulaga mata`utia
different	`ese	direction	fa`asinoga
disciple	so`o	to enjoy	fiafia
eternal life	ola fa`avavau	to feel	lagona
to follow	mulimuli	gift	meaalofa
to guide	ta`ita`i	hand (common)	lima
hand (po.)	`a`ao	head (common)	ulu
head (po.)	ao	Holy Ghost	Agaga Pa`ia
joy	`oli`oli	to lay (an object)	ta`atia
to lay (of hands)	fa`ae`e	to lay (of people)	ta`oto
to learn	a`oa`o	life (common)	olaga
life (po.)	soifuaga	to lift	si`i
lost	leiloa	love	alofa
man (po.)	Ali`i	membership (in the church)	`auai i le `ekalesia
new	fou	one	tasi
ordinance	sauniga	physical	fa`aletino

power	mana	precious	fa`apelepele
priesthood holder	se tasi `ua `umia le perisitua	promise	folafolaga
prophet	perofeta	to provide (prepare s.th for s.o.)	sauniuni
reborn	toefanaufouina	to receive	maua
to recognize	iloaina	religion	talitonuga fa`alelotu
to remain	tumau	remission of sins	fa`amagaloga o agasala
restored	toefuata`iina	right (correct)	sa`o
right (privilege; liberty)	aia	right (right side; right hand)	taumatau
to sanctify	fa`apa`ia	sorrow	fa`anoanoa
Spirit	Agaga	spiritual	fa`aleagaga
spiritually	fa`aleagaga	strength	malosi
to teach	a`oa`o	to testify	molimau atu
The Church of Jesus Christ of Latter–day Saints	`O Le `Ekalesia a Iesu Keriso o le `Au Pa`ia o Aso e Gata Ai	trial	tofotofoga
truth	`upumoni	to warn	lapata`i
water	vai	worthy	agava`a

Endure to the End

1. **Enduring to the end includes** *doing good works*.
   a. doing good works
   b. serving others
   c. following the Savior's example

2. **We endure to the end when we** *exercise faith in Christ*.
   a. exercise faith in Christ
   b. repent
   c. follow the Spirit

3. **We qualify for eternal life as we** *draw closer to God*.
   a. draw closer to God
   b. conquer temptation and sin
   c. enjoy the gift of the Holy Ghost more abundantly

4. **We are promised eternal life as we** *endure to the end*.
   a. endure to the end
   b. press forward with steadfastness in Christ

5. **Enduring to the end is a personal responsibility.**

1. **O le tumau e o`o i le i`uga e aofia ai le** *faia o galuega lelei*.
   a. faia o galuega lelei
   b. `au`auna atu i isi
   c. mulimuli i le fa`ata`ita`iga a le Fa`aola

2. **Tatou te tumau e o`o i le i`uga pe `a tatou** *fa`aaoga le fa`atuatua ia Keriso*.
   a. fa`aaoga le fa`atuatua ia Keriso
   b. salamo
   c. mulimuli i le Agaga

3. **Tatou te agava`a mo le ola fa`avavau pe `a tatou** *fa`alatalata atu i le Atua*.
   a. fa`alatalata atu i le Atua
   b. manumalo i fa`aosoosoga ma agasala
   c. fiafia tele i le meaalofa o le Agaga Pa`ia

4. **Ua folafola mai ia i tatou le ola fa`avavau pe `a tatou** *tumau e o`o i le i`uga*.
   a. tumau e o`o i le i`uga
   b. fetaomi pea i luma ma le fa`amaoni ia Keriso

5. **O le tumau e o`o i le i`uga o se matafaioi a le tagata lava ia.**

action (an action)	fa`atinoga	action (an individual's action)	amioga
baptism	papatisoga	blessing	fa`amanuiaga
Christ–like	fa`aKeriso	commandment	poloa`iga
commitment	ta`utinoga	confirmation	fa`amauga
to conquer	fa`ato`ilalo	consistently	faifai pea
covenant	feagaiga	daily	aso ta`itasi
effort	taumafaiga	end (synonym w/ gata'aga and fa`ai`uga)	i'uga
end (synonym w/ gata'aga and i`uga)	fa`ai`uga	end (synonym w/ i'uga and fa`ai`uga)	gata`aga
to endure	tumau	to enjoy	fiafia
to enter	ulu	eternal life	ola fa`avavau
example	fa`ata`ita`iga	to exercise (physical exertion)	fa`amalositino
to exercise (to use)	fa`aaoga	to exert	fa`atino
faith	fa`atuatua	faithfully	fa`amaoni
to fall short	`ua le o`o	to follow	mulimuli
forgiven	fa`amagaloina	free	sa`oloto
gospel	talalelei	to grow (a person growing up)	tuputupu a`e
to grow (as a plant)	tupu	joy	`oli`oli
to keep	tausi	life (common)	olaga
life (po.)	soifuaga	to obey	usita`i
ordinance	sauniga	patiently (long suffering)	fa`apalepale
patiently (patient)	'onosa'i	pattern of living	fa`atulagaga o le olaga

peace	filemu	principle	mata`upu fa`avae
to promise	folafola	to qualify	agava`a
to remain	tumau	to renew	fa`afou
to repent	salamo	repentance	salamo
Savior	Fa`aola	scriptures	tusitusiga pa`ia
to serve (most common)	`au`auna	to serve (smb. of lower rank s. smb. of higher rank)	tautua
sin	agasala	Spirit	Agaga
to stay	nofo	strait and narrow path	ala sa'o ma le vaapiapi
temptation	fa`aosoosoga	to try (give effort)	taumafai
to try (to taste food)	tofo	to try (to test)	tofotofo
to work	galue	work (function 'material things')	ola
work (noun)	galuega		

Obedience

1. **Obedience brings us peace in this life.**
2. **Disobedience brings us sorrow.**
3. **We are blessed as we** *obey God's commandments***.**
   a. obey God's commandments
   b. follow the influence of His Spirit
   c. choose to conform to His will
4. **Heavenly Father knows our weaknesses and He is patient with us.**
5. **God expects us to obey Him.**
6. **God gives us commandments to** *protect us***.**
   a. protect us
   b. guide us
   c. help us be happy

1. **O le usiusita`i e `aumaia ai ia i tatou le filemu i lenei olaga.**
2. **O le le usiusita`i e `aumaia ai ia i tatou le fa`anoanoa.**
3. **E fa`amanuiaina i tatou pe `a tatou** *usita`i i poloa`iga a le Atua***.**
   a. usita`i i poloa`iga a le Atua
   b. mulimuli i ta`ita`iga a Lona Agaga
   c. filifili e usita`i i Lona finagalo
4. **Ua silafia e le Tama Fa`alelagi o tatou vaivaiga ma e onosa`i Ia ia i tatou.**
5. **E finagalo le Atua ia tatou usiusita`i ia te Ia.**
6. **`Ua tu`uina mai e le Atua poloa`iga e** *puipuia ai i tatou***.**
   a. puipuia ai i tatou
   b. ta`ita`i ai i tatou
   c. fesoasoani ia tatou fiafia

agency	filifiliga sa`oloto	benefit	aoga
to bless	fa`amanuia	to bring	`aumai
can (ability)	mafai	to choose	filifili
commandment	poloa`iga	disobedience	le usita`i
eternal life	ola fa`avavau	evil (bad)	leaga
to expect	fa`amoemoe	Father in Heaven	Tama o i le Lagi
to follow	mulimuli	God	Atua
good	lelei	happy	fiafia
Heavenly Father	Tama Fa`alelagi	influence	`a`afiaga
instruction	fa`atonuga	to know (common)	iloa
to know (po.)	silafia	life (common)	olaga
life (po.)	soifuaga	love	alofa
loving	alofa	obedience	usita`i
to obey	usita`i	opportunity	avanoa
patiently (long suffering)	fa`apalepale	patiently (patient)	‘onosa’i
peace	filemu	to show	fa`aali
sorrow	fa`anoanoa	Spirit	Agaga
to strive	tauivi	weakness	vaivaiga
will (common, desire, want; noun or verb)	mana`o	will (future tense marker)	`o le`a
will (po., desire, want; noun or verb)	finagalo		

Pray Often

1. **God commands us to pray to Him.**
2. **We can pray at any time and in any setting.**
3. **As we pray daily,** *God will forgive our sins***.**
   a. God will forgive our sins
   b. God will bless us with comfort and peace
   c. God will help us resist temptation
   d. God will warn us of danger
   e. God will enlighten our minds
4. **We start our prayers by addressing our Heavenly Father.**
5. **We end our prayers in the name of Jesus Christ.**
6. **We should learn to recognize God's influence in our lives.**

1. **Ua poloa`i mai le Atua ia tatou tatalo atu ia te Ia.**
2. **E mafai ona tatou tatalo i so`o se taimi ma so`o se nofo`aga.**
3. **`A tatou tatalo i aso ta`itasi, o le `a** *fa`amagaloina e le Atua a tatou agasala***.**
   a. fa`amagaloina e le Atua a tatou agasala
   b. fa`amanuiaina e le Atua i tatou i le mafanafana ma le to`afilemu
   c. fesoasoani mai le Atua tatou te tete`e atu ai i fa`aosoosoga
   d. lapata`i le Atua ia i tatou i fa`alavelave
   e. fa`amalamalamaina e le Atua o tatou mafaufau
4. **E `amata a tatou tatalo i le ta`uina o le suafa o lo tatou Tama Fa`alelagi.**
5. **E fa`a`uma a tatou tatalo i le suafa o Iesu Keriso.**
6. **E tatau ona tatou a`oa`o ia iloa a`afiaga o le Atua i o tatou olaga.**

to acknowledge	fa`ailoa	to act (the way you behave or live)	ola
to act (to do)	fai	to act (to work)	galue
to answer	tali	any setting	so`o se tulaga
any time	so`o se taimi	to ask (ask a question)	fesili
to ask (request)	ole	to begin	`amata
to bless	fa`amanuia	blessing	fa`amanuiaga
closer	latalata atili	comfort	fa`amafanafana
daily	aso ta`itasi	danger	tulaga mata`utia
decision	fa`ai`uga	to describe	fa`amatala
direction	fa`asinoga	to end	i`u
experience (things that have happened)	mea `ua tutupu	to express	fa`ailoa atu
faith	fa`atuatua	family	`aiga
to feel	lagona	feeling	lagona
to forgive	fa`amagalo	God	Atua
gratitude	agaga fa`afetai	guidance	ta`ita`iga
to guide	ta`ita`i	to hear (common)	fa`alogo
to hear (po.)	fa`afofoga	heart (emotional heart)	loto
heart (physical heart)	fatu	Heavenly Father	Tama Fa`alelagi
help	fesoasoani	helpful	aoga
Holy Ghost	Agaga Pa`ia	honestly	fa`amaoni
in the evening	i le afiafi	in the morning	i le taeao
individual	tagata to`atasi	influence	`a`afiaga
Jesus Christ	Iesu Keriso	joy	`oli`oli
to kneel	to`otuli	knowledge	poto
knowledge (understanding)	malamalama	to learn	a`oa`o

to listen (common)	fa`alogo	to listen (po.)	fa`afofoga
love	alofa	man (po.)	Ali`i
mind	mafaufau	name (common)	igoa
name (po.)	suafa	need (really want)	mana`omia
need (should, must, have to)	tatau	openly	tu`usa`o
others	isi	peace	filemu
to pray (common)	tatalo	to pray (po.)	talosaga
prayer	tatalo	protection	puipuiga
real intent	loto `atoa	to receive	maua
to recognize	iloaina	to see (common)	va`ai
to see (po., syn. with silasila)	taga`i	to see (po., syn. with taga`i)	silasila
sincerely	fa`amaoni	to speak (common)	tautala
to speak (po.)	saunoa	Spirit	Agaga
still, small voice	leo filemu ma le `itiiti	to strengthen	fa`amalosi
to teach	a`oa`o	temptation	fa`aosoosoga
truth	`upumoni	understanding	malamalama
uplifting	fa`agae`etia		

Study the Scriptures

1. **The scriptures are written records of** *God's commandments***.**
   a. God's commandments
   b. God's dealings with His children
   c. the prophets' teachings

2. **Diligently studying the scriptures helps us** *understand truth***.**
   a. understand truth
   b. endure to the end
   c. know God
   d. receive revelation

3. **The Standard Works of the Church include** *the Bible***.**
   a. the Bible
   b. the Book of Mormon
   c. the Doctrine and Covenants
   d. the Pearl of Great Price

4. **Through the scriptures we learn about** *Jesus Christ***.**
   a. Jesus Christ
   b. the gospel
   c. the plan of salvation

1. **O tusitusiga pa`ia o fa`amaumauga tusitusia ia o** *poloa`iga a le Atua***.**
   a. poloa`iga a le Atua
   b. feutaga`iga a le Atua ma Lana fanau
   c. a`oa`oga a perofeta

2. **O le su`esu`e ma le filiga i tusitusiga pa`ia e fesoasoani tatou te** *malamalama ai i le `upumoni***.**
   a. malamalama ai i le `upumoni
   b. tumau ai e o`o i le i`uga
   c. iloa ai le Atua
   d. maua ai fa`aaliga

3. **O Tusitusiga fa`avae a le `ekalesia e aofia ai** *le Tusi Pa`ia***.**
   a. le Tusi Pa`ia
   b. le Tusi a Mamona
   c. le Mata`upu fa`avae ma Feagaiga
   d. le Penina Tau Tele

4. **O tusitusiga pa`ia tatou te a`oa`o ai e uiga** *ia Iesu Keriso***.**
   a. ia Iesu Keriso
   b. i le talalelei
   c. i le ata o le fa`aolataga

to become	`avea	to believe	talitonu
book	tusi	Book of Mormon	Tusi a Mamona
children	tamaiti	church (as a body or congregation)	`ekalesia
church (religion; church service)	lotu	to come (pl.)	o mai
to come (singular)	sau	daily	aso ta`itasi
diligently	filiga	Doctrine and Covenants	Mata`upu Fa`avae ma Feagaiga
faith	fa`atuatua	to feast	fiafia
gift	meaalofa	God	Atua
gospel	talalelei	Holy Bible	Tusi Pa`ia
Holy Ghost	Agaga Pa`ia	influence	`a`afiaga
Jesus Christ	Iesu Keriso	to learn	a`oa`o
life (common)	olaga	life (po.)	soifuaga
to obey	usita`i	to open	tatala
Pearl of Great Price	Penina Tau Tele	prophet	perofeta
to record	fa`amaumau	record	fa`amaumauga
revealed word	afioga fa`aalia	revelation	fa`aaliga
sacred	pa`ia	scriptures	tusitusiga pa`ia
to search	sa`ili	to show	fa`aali
standard works	tusi fa`avae	to study	su`esu`e
truth	`upumoni	to understand	malamalama
word of God	afioga a le Atua	to write	tusi

Keep the Sabbath Day Holy

1. **On the Sabbath day we** *rest from our labors***.**
   a. rest from our labors
   b. attend church services
   c. strengthen each other
2. **By keeping the Sabbath day holy, we show our commitment to God.**
3. **On the Sabbath, we should refrain from** *shopping***.**
   a. shopping
   b. recreational activities
   c. working
4. **Church members should set this day apart for** *worship***.**
   a. worship
   b. family–centered activities
   c. thanksgiving
5. **When we keep the Sabbath day holy, we receive** *joy***.**
   a. joy
   b. peace in our lives
   c. the Spirit

1. **O le aso Sapati tatou te** *malolo ai mai a tatou galuega***.**
   a. malolo ai mai a tatou galuega
   b. `auai atu i sauniga lotu
   c. fefa`amalosia`i ai e le tasi le tasi
2. **O le tausia o le aso Sapati ia pa`ia, tatou te fa`aali atu ai la tatou fa`amaoni i le Atua.**
3. **O le Sapati, e tatau ona tatou `alo`ese mai** *fa`atauga***.**
   a. fa`atauga
   b. gaoioiga fa`afiafia
   c. galuega
4. **E tatau i tagata o le `ekalesia ona fa`atulaga lenei aso mo** *tapua`iga***.**
   a. tapua`iga
   b. gaoioiga e taula`i atu i `aiga
   c. fa`afetai
5. **`A tatou tausia le aso Sapati ia pa`ia, tatou te maua ai le** *`oli`oli***.**
   a. `oli`oli
   b. filemu i o tatou olaga
   c. le Agaga

activity	gaoioiga	to attend	`auai
behavior	amioga	blessing	fa`amanuiaga
careless	fa`atamala	church members	tagata o le `ekalesia
church services	sauniga a le `ekalesia	commercial activities	gaoioiga fa`apisinisi
commitment	ta`utinoga	commonly (familiar with)	masani ai
community	alaalafaga	compatible	fetaui lelei
covenants	feagaiga	day	aso
to endeavor	taumafai	to enjoy	fiafia
to enter	ulu	faith	fa`atuatua
family	`aiga	family–centered activities	gaoioiga e totonugalemu i `aiga
friend	uo	God	Atua
holy	pa`ia	house (common)	fale
house (po.)	maota	intent	loto
joy	`oli`oli	to keep	tausi
labor	galuega	to learn	a`oa`o
life (common)	olaga	life (po.)	soifuaga
to partake (common)	`ai	to partake (po.)	taumafa
to participate	`auai	peace	filemu
reflection	atagia	to refrain	taofi mai
religious	fa`alelotu	to remember	manatua
to renew	fa`afou	renewed	fa`afouina
to repent	salamo	to rest	malolo

Sabbath	Sapati	Sabbath day	aso Sapati
sacrament	fa`amanatuga	sacred	pa`ia
scriptures	tusitusiga pa`ia	to set	fa`atu
shopping	fa`atauga	to show	fa`aali
sin	agasala	spirit of service	agaga o le auauna atu
spirit of thanksgiving	agaga o le faafetai	Spirit of the Lord	Agaga o le Ali`i
spirit of worship	agaga o le tapua`iga	sporting activities	gaoioiga o ta`aloga
to strengthen	fa`amalosi	strengthened	fa`amalosia
to study	su`esu`e	Sunday	Aso Sa
together	fa`atasi	virtuous	mama
willing	malie	willingness	loto malie
world	lalolagi	to worship	tapua`i

Baptism and Confirmation

1. **Through baptism and confirmation we show our commitment to God.**
2. **At baptism, we promise to** *take upon us the name of Jesus Christ***.**
   a. take upon us the name of Jesus Christ
   b. always remember Him
   c. keep His commandments
3. **God promises us** *a remission of our sins***.**
   a. a remission of our sins
   b. the constant companionship of the Holy Ghost

1. **O le papatisoga ma le fa`amauga e fa`aalia ai lo tatou fa`amaoni i le Atua.**
2. **I le papatisoga, tatou te folafola atu o le `a tatou** *tau`ave i o tatou luga le suafa o Iesu Keriso***.**
   a. tau`ave i o tatou luga le suafa o Iesu Keriso
   b. manatua pea `o Ia
   c. tausi ana poloa`iga
3. **Na folafola mai e le Atua ia i tatou** *le fa`amagaloina o a tatou agasala***.**
   a. le fa`amagaloina o a tatou agasala
   b. le mafutaga faifai pea a le Agaga Pa`ia

all	`uma	to assist	fesoasoani
baptism	papatisoga	baptized	papatisoina
born	fanau	commandment	poloa`iga
companionship (partnership)	soa	companionship (togetherness; more general)	mafutaga
confirmation	fa`amauga	confirmed	fa`amauina
confirmed a member of the Church	fa`amauina se tagata o le `ekalesia	constant	e le liua
covenant	feagaiga	desire (common, noun or verb)	mana'o
desire (common, noun)	mana'oga	desire (po.)	finagalo
to enter	ulu	to follow	mulimuli
God	Atua	Holy Ghost	Agaga Pa`ia
Jesus Christ	Iesu Keriso	to keep	tausi
laying on of hands	fa`ae`e atu o lima	name (common)	igoa
name (po.)	suafa	need (really want)	mana`omia
need (should, must, have to)	tatau	to place hands	tu`u lima
to promise	folafola	to remember	manatua
remission of sins	fa`amagaloga o agasala	to show	fa`aali
Son	Alo	to take upon oneself	tau`ave i luga o le tagata
time	taimi	way (synonym to "`auala")	ala
way (synonym to "ala")	`auala	witness	molimau

Follow the Prophet

1. **God is the source of all truth.**
2. **Truth does not change with conditions or time.**
3. **God reveals truth to apostles and prophets.**
4. **God commands the prophets to** *teach truth***.**
   a. teach truth
   b. testify of Christ
   c. lead the Church
5. **Christ's church is built on a foundation** *of prophets and apostles***.**
   a. of prophets and apostles
   b. of revelation
   c. of priesthood authority
6. **The president of the Church today is a living prophet.**
7. **As we follow the prophet we will** *learn the truth***.**
   a. learn the truth
   b. not go astray
   c. be spiritually safe
8. **The Holy Ghost confirms the truths the prophets teach.**

1. **O le Atua o le puna lea o mea tonu `uma.**
2. **O le `upumoni e le suia i tulaga po`o le taimi.**
3. **E fa`aali mai e le Atua le `upumoni i `aposetolo ma perofeta.**
4. **E poloa`iina e le Atua le `au perofeta e** *a`oa`o atu le `upumoni***.**
   a. a`oa`o atu le `upumoni
   b. molimau ia Keriso
   c. ta`ita`i le `ekalesia
5. **O le `ekalesia a Keriso e fausia i se fa`avae** *o perofeta ma `aposetolo***.**
   a. o perofeta ma `aposetolo
   b. o fa`aaliga
   c. o le pule o le perisitua
6. **O le peresitene o le `ekalesia i aso nei o se perofeta soifua.**
7. **A`o tatou mulimuli i le perofeta, o le `a tatou** *iloa ai le `upumoni***.**
   a. iloa ai le `upumoni
   b. le se `ese
   c. saogalemu fa`aleagaga
8. **O le Agaga Pa`ia na te fa`amaonia `upumoni e a`oa`oina mai e perofeta.**

anchor	taula	apostle	`aposetolo
assurance	fa`amautinoaga	astray	se `ese
to avoid	`alo`ese	to believe	talitonu
blessed	fa`amanuiaina	called	vala`auina
to change	sui	changing	suiga
chosen	filifilia	church (as a body or congregation)	`ekalesia
church (religion; church service)	lotu	to command	poloa`i
condition	tulaga	to confirm	fa`amau
confusion	fenumia`i	counsel	fautuaga
desire (common, noun or verb)	mana'o	desire (common, noun)	mana'oga
desire (po.)	finagalo	to determine	iloilo
to direct	fa`atonu	dispensation	tisipenisione
to enjoy	fiafia	eternal	fa`avavau
every	`uma	faith	fa`atuatua
first (come first; foremost)	muamua	first (early, primitive, original; used as a prefix)	ulua`i
to follow	mulimuli	foundation (base of)	fa`avae
to give (or present)	foa'i atu	to give (to share or give as well)	tu`uina
God	Atua	harmony	ogatasi

head (common)	ulu	head (po.)	ao
Holy Ghost	Agaga Pa`ia	Joseph Smith	Iosefa Samita
to know (common)	iloa	to know (po.)	silafia
knowledge	poto	knowledge (understanding)	malamalama
last	mulimuli	to lead	ta`ita`i
to listen (common)	fa`alogo	to listen (po.)	fa`afofoga
living prophet	perofeta soifua	man (common, more like person)	tagata
man (po.)	Ali`i	necessary	mea tatau
to overwhelm	lofituina	people	tagata
personal	fa`aletagata	personal (more personal; private)	patino
personally	fa`aletagata	to prepare	sauni
president	peresitene	prophet	perofeta
to provide (prepare s.th for s.o.)	sauniuni	to reveal	fa`aali
revelation	fa`aaliga	righteous	amiotonu
scriptures	tusitusiga pa`ia	sorrow	fa`anoanoa
source	punavai	to speak (common)	tautala
to speak (po.)	saunoa	successor	le `ua sui
to teach	a`oa`o	teaching	a`oa`oga
time	taimi	today	le aso lenei
truth	`upumoni	values	tulaga fa`atauaina
woman	tama`ita`i	word of God	afioga a le Atua
world	lalolagi		

Keep the Ten Commandments

1. **The Ten Commandments are still valid today.**
2. **God revealed to Moses the Ten Commandments to guide His people.**
3. **The Ten Commandments include....**

1. **O Tulafono e Sefulu o lo`o aoga pea i aso nei.**
2. **Na fa`aali mai e le Atua ia Mose ia Tulafono e Sefulu e ta`ita`i ai Lona nu`u.**
3. **O Tulafono e Sefulu e aofia ai….**

adultery	mulilua	to avoid	`alo`ese
to bear	tau`ave	blessing	fa`amanuiaga
commandment	poloa`iga	to commit	ta`utino
to covet	manumanu	Exodus	Esoto
false	sese	to give (or present)	foa'i atu
to give (to share or give as well)	tu`uina	God	Atua
graven image	tupua `ua ta	to guide	ta`ita`i
Heavenly Father	Tama Fa`alelagi	holy	pa`ia
honor	ava	how	fa`apefea
how (way)	`auala	joy	`oli`oli
to keep	tausi	to kill (a human)	fasioti
to kill (anything other than human)	tape	to know (common)	iloa
to know (po.)	silafia	lasting happiness	fiafia tumau
to lie	pepelo	Moses	Mose
one another	le tasi i le isi	peace of conscience	filemu o le mafaufau
people	tagata	to receive	maua
to reveal	fa`aali	reverence	migao
Sabbath	Sapati	to show	fa`aali
to steal	gaoi	to teach	a`oa`o
Ten commandments	tulafono e Sefulu	today	le aso lenei
valid	aoga	witness	molimau
to worship	tapua`i		

Live the Law of Chastity

1. **God delights in the chastity of His people.**
2. **The Law of Chastity means** *abstaining from sexual relations before marriage***.**
   a. abstaining from sexual relations before marriage
   b. being faithful to one's spouse after marriage
3. **Chastity requires faithfulness in thought and action.**
4. **Living the Law of Chastity includes** *being modest***.**
   a. being modest
   b. keeping our thoughts clean
5. **The Law of Chastity prohibits** *abortions***.**
   a. abortions
   b. homosexual or lesbian relations
   c. pornography in any form

1. **E fiafia le Atua i le legavia o Lona nuu.**
2. **O Le Tulafono o le Legavia o lona uiga o le** *`aua ne'i faia ni feusua`iga a`o le'i fa`aipoipo***.**
   a. `aua ne'i faia ni feusua`iga a`o le'i fa`aipoipo
   b. fa`amaoni i lou to`alua pe `a `uma ona fa`aipoipo
3. **O le legavia e mana`omia ai le fa`amaoni i mafaufauga ma amioga.**
4. **O le ola i le Tulafono o le Legavia e aofia ai le** *amio tauagafau***.**
   a. amio tauagafau
   b. tausia o o tatou mafaufauga ia mama
5. **O le Tulafono o le Legavia e fa`asaina ai le** *fa`apa`u pepe***.**
   a. fa`apa`u pepe
   b. so`otaga fa`atauatane po `o le fa`atauafafine
   c. ata ma tusi mataga o so`o se itu`aiga

abortion	fa`apa`u pepe	abstinence	taofia mai
action (an action)	fa`atinoga	action (an individual's action)	amioga
any	so`o se	to avoid	`alo`ese
baptismal candidates	tagata e mafai ona papatiso	body	tino
to break (a commandment; tread)	soli	to break (snap a connection, string, wire)	motu
to burden	fa`amamafa	chastity	legavia
clean	mama	to commit	ta`utino
complete	`atoa	confidence	mautinoa
to delight	fiafia	dress (common; clothes that completely covers; like a dress)	`ofu solo`atoa
dress (po.; clothes in general)	la`ei	dress shoes	se`evae lotu
to enjoy	fiafia	faithfulness	fa`amaoni
family	`aiga	fidelity	fa`amaoni a`ia`i
forgiven	fa`amagaloina	God	Atua
God–given	tu`uina mai e le Atua	guilt	fa`anoanoa
Holy Ghost	Agaga Pa`ia	homosexual (men)	fa`atauatane
homosexual (women)	fa`atauafafine	husband	tane
to include	aofia	influence	`a`afiaga
to keep	tausi	lasting	tumau
law	tulafono	law of chastity	tulafono o le legavia
legal	fa`ataga	life (common)	olaga
life (po.)	soifuaga	to live (common)	ola
to live (po.)	soifua	loyalty	agaga `ato`atoa i ai
man (common, more like person)	tagata	man (po.)	Ali`i
marriage	fa`aipoipoga	modest	tauagafau
more fully	atili	to participate	`auai

pornography	ata mataga	procreative power	mana o le foafoaga
to prohibit	fa`asa	pure	mama
purity	mama a'ia'i	relations	mafutaga
relationship (between two people)	va	relationship (union, more than two)	so`otaga
to repent	salamo	to require	mana`omia
sacred	pa`ia	self–control	amio pulea
sexual	taufeusua`iga	shame	masiasi
speech (common)	tautalaga	speech (formal)	lauga
speech (po.)	saunoaga	spouse	to`alua
strength	malosi	strict	ma`oti
thought	manatu	to treat	faia
trusted	fa`atuatuaina	wife (common)	ava
wife (po.)	faletua	woman	tama`ita`i

Obey the Word of Wisdom

1. **Our bodies are sacred.**
2. **We should treat our bodies with** *respect***.**
   a. respect
   b. reverence
3. **The Word of Wisdom teaches us to avoid** *harmful substances***.**
   a. harmful substances
   b. tea and coffee
   c. tobacco
   d. alcohol
4. **The Word of Wisdom encourages us to eat** *healthy foods***.**
   a. healthy foods
   b. grains
   c. fruits and vegetables
   d. meat sparingly
5. **As we keep the Word of Wisdom, God gives us** *health***.**
   a. health
   b. strength
   c. spiritual knowledge
6. **To be baptized and confirmed we must live this law.**

1. **O o tatou tino e pa`ia.**
2. **E tatau ona tatou tausia o tatou tino ma le** *fa`aaloalo***.**
   a. fa`aaloalo
   b. migao
3. **O Le `Upu o le Poto ua a`oa`o mai i tatou ia `alo`ese mai** *vaila`au e leaga ai le tino***.**
   a. vaila`au e leaga ai le tino
   b. le lauti ma le kofe
   c. tapa`a
   d. `ava malosi
4. **O Le `Upu o le Poto ua u`una`ia ai i tatou e taumafa** *mea`ai e maloloina***.**
   a. mea`ai e maloloina
   b. saito
   c. fuala`au aina ma fuala`au faisua
   d. fa`atatau `a`ano o manufasi
5. **`A tatou tausia le `Upu o le Poto, e tu`uina mai e le Atua ia i tatou** *le tino maloloina***.**
   a. le tino maloloina
   b. le malosi
   c. malamalama fa`aleagaga
6. **Ina ia papatisoina ma fa`amauina, e tatau ona tatou ola i lenei tulafono.**

Abraham	Apera`amo	abuse	fa`asaua
alcohol	`ava malosi	to avoid	`alo`ese
baptized	papatisoina	beer	pia
blessing	fa`amanuiaga	body	tino
coffee	kofe	confirmed	fa`amauina
drug	fuala`au fa`asaina	to eat (common)	`ai
to eat (po.)	tausami	to eat or drink (po.)	taumafa
evil (bad)	leaga	food	mea`ai
form (type of s.th.)	itu`aiga	free	sa`oloto
to give up something	tu`u se mea	harmful	mea leaga
health (common)	ola maloloina	health (po.)	soifua maloloina
healthy	maloloina	influence	`a`afiaga
Joseph Smith	Iosefa Samita	to keep	tausi
law	tulafono	to maintain	tausi
to obey	usita`i	to promise	folafola
prophet	perofeta	protection	puipuiga
to remember	manatua	respect	fa`aaloalo

to reveal	fa`aali	reverence	migao
sacred	pa`ia	spiritual	fa`aleagaga
strength	malosi	substance	mea ‘a’ano
tea	lauti	to teach	a`oa`o
tobacco	tapa`a	to treat	faia
truth	`upumoni	to use	fa`aaoga
Word of Wisdom	`Upu o le Poto		

Keep the Law of Tithing

1. **Tithing is an ancient, divine law.**
2. **The Law of Tithing gives us the opportunity to** *honor God***.**
   a. honor God
   b. help build God's kingdom
   c. show our faith
3. **Tithing funds are used to** *build and maintain Church buildings***.**
   a. build and maintain Church buildings
   b. carry the Gospel to all the world
   c. conduct temple and family history work
4. **God blesses those who pay an honest tithe.**

1. **O le sefulua`i o se tulafono mai anamua ma e pa`ia.**
2. **O Le Tulafono o le Sefulua`i tatou te maua ai le avanoa e** *fa`amamalu ai le Atua***.**
   a. fa`amamalu ai le Atua
   b. fesoasoani e fausia ai le malo o le Atua
   c. fa`aali ai lo tatou fa`atuatua
3. **O tupe o le sefulua`i e fa`aaoga e** *fausia ma tausia ai fale o le `ekalesia***.**
   a. fausia ma tausia ai fale o le `ekalesia
   b. `auina atu ai le Talalelei i le lalolagi atoa
   c. fai ai galuega fa`alemalumalu ma talafa`asolopito o `aiga
4. **E fa`amanuia e le Atua i latou o e totogi fa`amaoni le sefulua`i.**

Abraham	Apera`amo	abundantly	anoanoa`i
all	`uma	ancient	anamua
any kind	so`o se itu`aiga	to be used	fa`aaogaina
belief	talitonuga	to belong	`auai
to bless	fa`amanuia	blessed	fa`amanuiaina
blessing	fa`amanuiaga	built	fausia
to carry	`ave	church (as a body or congregation)	`ekalesia
church (religion; church service)	lotu	Church headquarters	laumua o le `ekalesia
church leaders	ta`ita`i o le `ekalesia	to command	poloa`i
to conduct	ta`ita`i	to contribute	fa`aopoopo atu
council	`aufono	to determine	iloilo
divine	fa`alelagi	faith	fa`atuatua
first (come first; foremost)	muamua	first (early, primitive, original; used as a prefix)	ulua`i
First Presidency	`Au Peresitene Sili	to give (or present)	foa'i atu
to give (to share or give as well)	tu`uina	gospel	talalelei
great	maoa`e	growth	tuputupu a`e
holy	pa`ia	honest	fa`amaoni
honor	ava	important	taua
income	tupe e maua	increase	fa`ateleina
to keep	tausi	kingdom	malo
Kingdom of God	malo o le Atua	law	tulafono
local	lotoifale	to maintain	tausi
man (po.)	Ali`i	meetinghouse	falelotu
membership (in the church)	`auai i le `ekalesia	to obey	usita`i
Old Testament	Feagaiga Tuai	opportunity	avanoa
outward	i fafo	to pay	totogi
payment	totogi	to possess	`umia
Presiding Bishopric	`Au Epikopo Pulefa`amalumalu	privilege	avanoa

to promise	folafola	prophet	perofeta
Quorum of the Twelve Apostles	Korama a `Aposetolo e To`asefululua	to receive	maua
rightfully (privilege; liberty)	aia	to rob	fao
sacred	pa`ia	to seek	su`e
sign	fa`ailoga	specific	fa`apitoa
spiritual	fa`aleagaga	to support	lagolago
temple	malumalu	temple work	galuega fa`alemalumalu
temporal	fa`aletino	tenth (fraction)	vae sefulu
tenth (ordinal)	lona sefulu	tithe	sefulua`i
tithing	sefulua`i	tithing funds	tupe o sefulua`i
to use	fa`aaoga	to work	galue
work (function ‘material things’)	ola	work (noun)	galuega
worldwide	lalolagi `atoa		

Observe the Law of the Fast

1. **Fasting means going without food and drink for a period of time.**
2. **Fasting and prayer go together.**
3. **When we fast, we should pray for** *specific purposes*.
   a. specific purposes
   b. other people
   c. strength
4. **When we fast, we are more receptive** *to the Spirit*.
   a. to the Spirit
   b. to answers to our prayers
   c. to the Lord's guidance
5. **We also pay fast offerings.**
6. **We donate money to the Church to help** *the needy*.
   a. the needy
   b. the poor
7. **We give at least what we would have spent on food.**
8. **This is called a fast offering.**

1. **O le anapogi o lona uiga o le le `ai ma inu i se taimi.**
2. **O le anapogi ma le tatalo e o fa`atasi.**
3. **`A tatou anapopogi, e tatau ona tatou tatalo mo** *fa`amoemoega fa`apitoa*.
   a. fa`amoemoega fa`apitoa
   b. isi tagata
   c. le malosi
4. **`A tatou anapopogi, e sili atu lo tatou mata`ala** *i le Agaga*.
   a. i le Agaga
   b. i tali i a tatou tatalo
   c. i le ta`ita`iga a le Ali`i
5. **Tatou te totogiina fo`i taulaga anapogi.**
6. **Tatou te foa`i atu tupe i le `ekalesia e fesaosoani ai** *i e le tagolima*.
   a. i e le tagolima
   b. i e matitiva
7. **Tatou te foa`i atu e le itiiti ifo ma le aofa`i na tu`u e fa`aalu ai i mea`ai.**
8. **E ta`ua lenei mea o le taulaga anapogi.**

to allow	fa`ataga	amount	aofa`iga
answer	tali	available (space, time)	avanoa
baptismal covenants	feagaiga o le papatisoga	to bear testimony	tu`uina atu le molimau
blessing	fa`amanuiaga	to call (be called or given a calling)	tofi
to call (call out with voice)	vala`au atu	to call (name or label)	ta`ua
to call (on the phone)	vili	care	tausi
to care for	tausi	church (as a body or congregation)	`ekalesia
church (religion; church service)	lotu	commandment	poloa`iga
consecutive	soso`o ai	contribution	saofaga
cost	tau	day	aso
to donate	foa`i	to draw attention	tosina
drink	mea inu	faith	fa`atuatua
to fast	anapogi	fast offering	taulaga anapogi
fasting	anapogi	first (come first; foremost)	muamua
first (early, primitive, original; used as a prefix)	ulua`i	food	mea`ai
found	maua	to fulfill	fa`ataunu`u
generous	agalelei	to give (or present)	foa'i atu
to give (to share or give as well)	tu`uina	great	maoa`e
to guide	ta`ita`i	to include	aofia

to limit	tapula`a	meal	fafaga
to meet needs	talia ai mana'oga	money	tupe
month	masina	need (really want)	mana`omia
need (should, must, have to)	tatau	needy	le tagolima
to obey	usita`i	physical	fa`aletino
poor	mativa	to pray (common)	tatalo
to pray (po.)	talosaga	prayer	tatalo
private	patino	to promise	folafola
pure	mama	purpose	fa`amoemoega
to receive	maua	remission of sins	fa`amagaloga o agasala
to retain	fa`atumau	to save (rescue)	lavea`i
to set aside	tu`u `ese	special	fa`apitoa
specific	fa`apitoa	spiritual	fa`aleagaga
Sunday	Aso Sa	testimony	molimau

How to Donate Tithes and Offerings

1. **Members make donations by** *completing a donation slip*.
   a. completing a donation slip
   b. placing the donation in an envelope
   c. giving the donation to a member of the bishopric

2. **Tithes and offerings are paid voluntarily and privately.**

3. **At the end of the year,** *members meet with the bishop*.
   a. members meet with the bishop
   b. members attend tithing settlement
   c. members declare tithing faithfulness

4. **All donations are considered sacred and belong to the Lord.**

1. **E faia e tagata o le `ekalesia ia foa`i e ala i le** *fa`atumuina o se pepa o foa`i*.
   a. fa`atumuina o se pepa o foa`i
   b. tu`u o le foa`i i totonu o se teutusi
   c. tu`uina atu o le foa`i i se tasi o le `au epikopo

2. **O sefulua`i ma taulaga e totogi i le lotomalie ma e le fa`alauteleina.**

3. **I le fa`ai`uga o le tausaga,** *e feiloa`i ai tagata o le `ekalesia ma le epikopo*.
   a. e feiloa`i ai tagata o le `ekalesia ma le epikopo
   b. e `auai atu tagata o le `ekalesia i le fa`atalanoaga o le sefulua`i
   c. o tagata o le `ekalesia e fa`aali atu ai lo latou fa`amaoni i le totogiina o le sefulua`i

4. **O foa`i `uma e ta`ua e pa`ia ma o tupe a le Ali`i.**

any time	so`o se taimi	to attend tithing settlement	`auai i le fa`atalanoaga o le sefulua`i
to belong	`auai	bishop	epikopo
bishopric	`au epikopo	careful	fa`aeteete
church members	tagata o le `ekalesia	clerk	failautusi
to complete	fa`a`atoa	confidential	e le fa`alaua`iteleina
day	aso	to declare	ta`utino
donation	foa`i	donation slip	pepa o foa`i
to earn	maua	end (synonym w/ gata'aga and fa`ai`uga)	i'uga
end (synonym w/ gata'aga and i`uga)	fa`ai`uga	end (synonym w/ i'uga and fa`ai`uga)	gata`aga
envelope	teutusi	faithfulness	fa`amaoni
fast	anapogi	fast offering	taulaga anapogi
financial	tau tupe	income	tupe e maua
to keep	tausi	man (po.)	Ali`i
meeting (church service; ceremony)	sauniga	meeting (general)	fono
offering	taulaga	to pay	totogi
private	patino	privately	patino
sacred	pa`ia	strictly	matua`i ma'oti
tithe	sefulua`i	tithing	sefulua`i
tithing settlement	fa`atalanoaga o le sefulua`i	voluntarily	ofo atu
year–end report	lipoti i le fa`ai`uga o le tausaga		

Obey and Honor the Law

1. **We believe in being good citizens.**
2. **We should obey secular laws.**
3. **Members of the Church are counseled to** *be good citizens***.**
   a. be good citizens
   b. obey the law
   c. render community service
4. **We should participate** *in civil government***.**
   a. in civil government
   b. in political processes

1. **Matou te talitonu i le `avea ma ni tagatanu`u lelei.**
2. **E tatau ona tatou usita`i i tulafono fa`alemalo.**
3. **Ua fautuaina tagata o le `ekalesia ia** *`avea ma tagatanu`u lelei***.**
   a. `avea ma tagatanu`u lelei
   b. usita`i i tulafono
   c. tu`uina atu ni `au`aunaga i alalafaga
4. **E tatau ona tatou `auai** *i faigamalo fa`alemalo***.**
   a. i faigamalo fa`alemalo
   b. i faiga fa`a`upufai

to be counseled	fautuaina	to believe	talitonu
church (as a body or congregation)	`ekalesia	church (religion; church service)	lotu
church members	tagata o le `ekalesia	citizen	tagatanu`u
civil	fa`alemalo	community	alaalafaga
country (continent)	atunu`u	country (rural area)	tua
everywhere	so`o se mea	good	lelei
government	malo	Latter–day Saint	`Au pa`ia o Aso e Gata Ai
law	tulafono	to live (common)	ola
to live (po.)	soifua	to obey	usita`i
to participate	`auai	political process	faiga fa`a`upufai
to render service	tu`uina atu le `au`aunaga	representative	sui
service (church service)	sauniga	service (service work)	galuega fesoasoani

Priesthood and Auxiliaries

1. **Priesthood is the power and the authority to act in God's name.**
2. **The Church is led by Jesus Christ through apostles and prophets.**
3. **John the Baptist restored the Aaronic Priesthood to Joseph Smith and Oliver Cowdery.**
4. **Peter, James and John restored the Melchizedek Priesthood to Joseph Smith and Oliver Cowdery.**
5. **A worthy man receives the Priesthood** *by the laying on of hands***.**
   a. by the laying on of hands
   b. by ordination by the proper persons
   c. from an authorized priesthood holder
6. **Worthy priesthood holders desire to** *obey God's commandments***.**
   a. obey God's commandments
   b. serve God
   c. strengthen others
   d. strengthen their testimonies
7. **Holders of the Aaronic Priesthood have the authority to** *baptize***.**
   a. baptize
   b. bless and pass the sacrament
   c. watch over the church
8. **The Melchizedek Priesthood is the authority to** *give blessings***.**
   a. give blessings
   b. confer the gift of the Holy Ghost
   c. administer to the sick
9. **The auxiliary organizations assist the Priesthood in** *strengthening church members***.**
   a. strengthening church members
   b. fellowshipping new members
   c. serving the community
10. **The church auxiliaries include** *the Relief Society for women***.**
    a. the Relief Society for women
    b. the Primary organization for children
    c. the Young Men and Women organizations
11. **Auxiliary organizations operate under the direction of priesthood leaders.**

1. **O le perisitua o le mana ma le pule e galue ai i le suafa o le Atua.**
2. **O Le `ekalesia o lo`o ta`ita`ia e Iesu Keriso e ala i `aposetolo ma perofeta.**
3. **O Ioane le Papatiso na toefuata`iina mai le Perisitua Arona ia Iosefa Samita ma Oliva Kaotui.**
4. **O Peteru, Iakopo, ma Ioane na toefuata`iina mai le Perisitua Mekisateko ia Iosefa Samita ma Oliva Kaotui.**
5. **E mafai e se ali`i agava`a ona ia maua le Perisitua** *e ala i le fa`ae`e atu o lima***.**
   a. e ala i le fa`ae`e atu o lima
   b. e ala i le fa`au`uina e tagata tatau
   c. mai se tasi o lo`o `umia le perisitua ua fa`atagaina
6. **O tagata agava`a e `umia le perisitua e naunau e** *usita`i i poloa`iga a le Atua***.**
   a. usita`i i poloa`iga a le Atua
   b. `au`auna atu i le Atua
   c. fa`amalolosi isi
   d. fa`amalolosi a latou molimau
7. **O i latou e `umia le Perisitua Arona ua i ai le pule e** *papatiso ai***.**
   a. papatiso ai
   b. fa`amanuia ai ma tufa ai le fa`amanatuga
   c. va`ai ai le `ekalesia
8. **O Le Perisitua Mekisateko o le pule e** *tu`uina atu ai fa`amanuiaga***.**
   a. tu`uina atu ai fa`amanuiaga
   b. tu`uina atu ai le meaalofa o le Agaga Pa`ia
   c. fa`amalolo ai e mama`i
9. **O fa`alapotopotoga o ausilali e fesoasoani i le Perisitua i le** *fa`amalolosia o tagata o le `ekalesia***.**
   a. fa`amalolosia o tagata o le `ekalesia
   b. fa`aaumeaina tagata fou o le `ekalesia
   c. `au`auna atu i le alalafaga
10. **O ausilali a le `ekalesia e aofia ai** *le `Aualofa mo Tama`ita`i***.**
    a. le `Aualofa mo Tama`ita`i
    b. le fa`alapotopotoga o le Peraimeri mo Tamaiti
    c. fa`alapotopotoga o Ali`i ma Tama`ita`i Talavou
11. **O fa`alapotopotoga o ausilali e fa`agaoioia i lalo o le ta`ita`iga a tai`ta`i perisitua.**

Aaronic Priesthood	Perisitua Arona	to act (the way you behave or live)	ola
to act (to do)	fai	to act (to work)	galue
to administer	fesoasoani	age	tausaga
to anoint	fa`au`u	apostle	`aposetolo
to appear (suddenly)	fotu	to appear (to show)	fa`aali
to assist	fesoasoani	authority	pule
auxiliary	ausilali	bishop	epikopo
blessing	fa`amanuiaga	boy	tama
built	fausia	called	vala`auina
to care	tausi	church members	tagata o le `ekalesia
class	vasega	comfort	fa`amafanafana
community	alaalafaga	to confer	tu`uina atu
confirmation	fa`amauga	consecrated	fa`apa`iaina
convert	tagata liliu mai	counsel	fautuaga
covenant	feagaiga	desire (common, noun or verb)	mana'o
desire (common, noun)	mana'oga	desire (po.)	finagalo
duty	tiute	to ensure	fa`amautinoa
family	`aiga	father	tama
to fulfill	fa`ataunu`u	to give (or present)	foa'i atu
to give (to share or give as well)	tu`uina	God	Atua
hand (common)	lima	hand (po.)	`a`ao
head (common)	ulu	head (po.)	ao
healing	fa`amalologa	higher	maualuga atu
to hold (not physical things)	`umia	to hold (physical things)	u`u
holder	le e `umiaina	Holy Ghost	Agaga Pa`ia
home teacher	faia`oga o `aiga	husband	tane
to interview	fa`atalanoa	investigator	tagata sa`ili`ili
James	Iakopo	Jesus Christ	Iesu Keriso
John	Ioane	John the Baptist	Ioane le Papatiso
Joseph Smith	Iosefa Samita	judge	fa`amasino
laying on of hands	fa`ae`e atu o lima	love	alofa
male	tane	man (common, more like person)	tagata
man (po.)	Ali`i	Melchizedek Priesthood	Perisitua Mekisateko
membership (in the church)	`auai i le `ekalesia	missionary	faife`autala`i
name (common)	igoa	name (po.)	suafa
oil (anointing oil; oil for hair)	suau`u	oil (lard)	ga`o
Oliver Cowdery	Oliva Kaotui	opportunity	avanoa
to ordain	fa`au`u	ordinance	sauniga
ordination	fa`au`uga	organization	fa`alapotopotoga
other	isi	to participate	`auai
to perform	fa`ataunu`u	Peter	Peteru
power	mana	priesthood	perisitua
Primary	Peraimeri	program	polokalama
proper	tatau	prophet	perofeta
quorum	korama	to reach out	`a`apa atu
to receive	maua	Relief Society	`Aualofa

restored	toefuata`iina	righteous	amiotonu
righteousness	amiotonu	sacrament	fa`amanatuga
saint	se pa`ia	salvation	fa`aolataga
to serve (most common)	`au`auna	to serve (smb. of lower rank s. smb. of higher rank)	tautua
service (church service)	sauniga	service (service work)	galuega fesoasoani
sick (common)	ma`i	sick (po.)	gasegase
special	fa`apitoa	spiritual	fa`aleagaga
spouse	to`alua	stake president	peresitene o le siteki
to strengthen	fa`amalosi	Sunday School	a`oga aso Sa
to teach	a`oa`o	temple	malumalu
temporal	fa`aletino	twelve	sefululua
to visit	asiasi	woman	tama`ita`i
to work	galue	work (function ‘material things’)	ola
work (noun)	galuega	worthiness	agava`a
worthy	agava`a	Young Men	Ali`i Talavou
Young Women	tama`ita`i Talavou		

Missionary Work

1. **As we share the Gospel, we are blessed with** *joy*.
   a. joy
   b. the Spirit
   c. greater love

2. **We are commanded to share the gospel with others.**

3. **After baptism, we covenant to** *share the Gospel*.
   a. share the Gospel
   b. stand as witnesses
   c. be an example

4. **As members, we can** *pray for missionary opportunities*.
   a. pray for missionary opportunities
   b. serve those not of our faith
   c. share what we believe

1. **A`o tatou fa`asoa atu le Talalelei, e fa`amanuiaina i tatou i le** *`oli`oli*.
   a. `oli`oli
   b. le Agaga
   c. alofa sili atu

2. **Ua poloa`iina i tatou e fa`asoa atu le talalelei i isi.**

3. **`A `uma le papatisoga, ua tatou osifeagaiga e** *fa`asoa atu le Talalelei*.
   a. fa`asoa atu le Talalelei
   b. tutu o ni molimau
   c. `avea ma se fa`ata`ita`iga

4. **I le `avea ai ma tagata o le `ekalesia, e mafai ona tatou** *tatalo mo ni avanoa fa`afaife`autala`i*.
   a. tatalo mo ni avanoa fa`afaife`autala`i
   b. `au`auna atu ia i latou e le`i `auai i le tatou tapua`iga
   c. fa`asoa atu o tatou talitonuga

to accept	talia	to answer	tali
to appreciate	talisapaia	baptized	papatisoina
to believe	talitonu	blessing	fa`amanuiaga
church members	tagata o le `ekalesia	to command	poloa`i
covenant	feagaiga	example	fa`ata`ita`iga
experience (things that have happened)	mea `ua tutupu	faithfully	fa`amaoni
family	`aiga	to feel	lagona
friend	uo	to give (or present)	foa'i atu
to give (to share or give as well)	tu`uina	God	Atua
gospel	talalelei	to invite	vala`aulia
joy	`oli`oli	to learn	a`oa`o
life (common)	olaga	life (po.)	soifuaga
list	lisi	love	alofa
man (po.)	Ali`i	meaningful	aoga
message	savali	missionary	faife`autala`i
opportunity	avanoa	people	tagata
to pray (common)	tatalo	to pray (po.)	talosaga
to preach	tala`i	precious	fa`apelepele
to promise	folafola	question	fesili
to receive	maua	to reject	te`ena
restored	toefuata`iina	scriptures	tusitusiga pa`ia
to serve (most common)	`au`auna	to serve (smb. of lower rank s. smb. of higher rank)	tautua
to share	fa`asoa	to show	fa`aali
Spirit of the Lord	Agaga o le Ali`i	understanding	malamalama
witness	molimau	world	lalolagi

Eternal Marriage

1. **Eternal marriage between a man and a woman** *is ordained of God***.**
   a. is ordained of God
   b. enables family to endure beyond death
   c. is central to God's plan
2. **Happy families are founded upon the teachings of Christ.**
3. **Mothers are responsible** *for nurturing their children***.**
   a. for nurturing their children
   b. for caring for their children
   c. for teaching their children
4. **Fathers are responsible to** *preside over the family***.**
   a. preside over the family
   b. provide for the family
   c. protect the family
5. **Families are spiritually strengthened** *by daily family prayer***.**
   a. by daily family prayer
   b. by family Home Evening
   c. by scripture study
   d. by wholesome recreational activities

1. **O le fa`aipoipoga e fa`avavau i le va o se ali`i ma se tama`ita`i** *ua fa`au`uina e le Atua***.**
   a. ua fa`au`uina e le Atua
   b. e mafai ai e `aiga ona tumau e tala atu ai le oti
   c. e totonugalemu i le fuafuaga a le Atua
2. **O `aiga fiafia e fa`avaeina i a`oa`oga a Keriso.**
3. **O tina e nafa** *ma le fa`afaileleina o a latou fanau***.**
   a. ma le fa`afaileleina o a latou fanau
   b. ma le tausiga o a latou fanau
   c. ma le a`oa`oina o a latou fanau
4. **O tama e nafa ma le** *pulefa`amalumalu i le `aiga***.**
   a. pulefa`amalumalu i le `aiga
   b. mauaina o mea e mana`omia mo le `aiga
   c. puipuia o le `aiga
5. **E fa`amanuiaina fa`aleagaga `aiga** *e ala i tatalo fa`ale`aiga i aso ta`itasi***.**
   a. e ala i tatalo fa`ale`aiga i aso ta`itasi
   b. e ala i afiafi fa`ale`aiga
   c. e ala i le su`esu`eina o tusitusiga pa`ia
   d. e ala i gaoioiga fa`afiafia lelei

to attack	osofa`i	authorized	fa`atagaina
central	`ogatotonu	children	tamaiti
church (as a body or congregation)	`ekalesia	church (religion; church service)	lotu
commandment	poloa`iga	complete	`atoa
continuation	fa`aauauina	covenant	feagaiga
to create	foafoa	to enable	mafai
to endure	tumau	equal	tutusa
eternal	fa`avavau	eternally	fa`avavau
experience (things that have happened)	mea `ua tutupu	family	`aiga
family home evening	afiafi fa`ale`aiga	father	tama
fidelity	fa`amaoni a`ia`i	gospel	talalelei
grave	tu`ugamau	happiness	fiafia
to have fun	fiafia	heaven	lagi
honor	ava	husband	tane
ideal	lelei	Jesus Christ	Iesu Keriso
joy	`oli`oli	to keep	tausi
life (common)	olaga	life (po.)	soifuaga
living (common)	ola	living (po.)	soifua
to love	alofa	man (common, more like person)	tagata
man (po.)	Ali`i	marital	tulaga fa`afa`aipoipo

marriage	fa`aipoipoga	mother	tina
necessities	mea e mana'omia o le olaga	nurture	fa`afaileleina
ordained	fa`au`uina	ordinance	sauniga
parent	matua	partner	paaga
people	tagata	plan	fuafuaga
plan of happiness	fuafuaga o le fiafia	prayer	tatalo
to preside	pule fa`amalumalu	priesthood	perisitua
priority	fa`amuamua	protection	puipuiga
relationship (between two people)	va	relationship (union, more than two)	so`otaga
responsibility (synonymous with matafaioi)	tiutetau`ave	responsibility (synonymous with tiutetau`ave)	matafaioi
responsible	nafa	righteous	amiotonu
sacred	pa`ia	salvation	fa`aolataga
sealed	fa`amauina	sealing	fa`amauga
to strengthen	fa`amalosi	to teach	a`oa`o
temple	malumalu	time	taimi
understanding	malamalama	to unite	tu`ufa`atasi
to use	fa`aaoga	vow	tautoga
wife (common)	ava	wife (po.)	faletua
woman	tama`ita`i	worship	tapua`i

Temples and Family History

1. **We make sacred covenants in the temple.**
2. **In the temple we can be married for time and eternity.**
3. **To enter the temple, one must** *be a worthy member of the Church***.**
   a. be a worthy member of the Church
   b. be a member for at least one year
   c. receive a recommend from the bishop and stake president
4. **In the temple, members perform ordinances for those who have died.**
5. **Members do family history work to find out about their family.**

1. **Tatou te osia feagaiga pa`ia i totonu o le malumalu.**
2. **I totonu o le malumalu e mafai ai ona tatou fa`aipoipo ai mo le olaga nei ma le fa`avavau.**
3. **Ina ia ulu atu i le malumalu, e tatau i se tasi ona** *`avea ma se tagata agava`a o le `ekalesia***.**
   a. `avea ma se tagata agava`a o le `ekalesia
   b. `avea ma se tagata o le `ekalesia ia le itiiti ifo ma se tausaga
   c. maua se fa`atagaga mai le epikopo ma le peresitene o le siteki
4. **I totonu o malumalu, e fa`ataunu`u ai e tagata o le `ekalesia sauniga mo i latou ua maliliu.**
5. **E faia e tagata galuega o talafa`asolopito o `aiga e sa`ili ai e uiga i o latou `aiga.**

ancestor	augatama	aware (know, common)	iloa
aware (know, po.)	silafiia	baptism	papatisoga
bishop	epikopo	blessing	fa`amanuiaga
calling	vala`auga	can (ability)	mafai
chart	siata	church (as a body or congregation)	`ekalesia
church (religion; church service)	lotu	church members	tagata o le `ekalesia
couple	ulugali`i	covenant	feagaiga
dead (common)	oti	dead (po.)	maliu
deceased (common)	oti	deceased (po.)	maliu
endowed	fa`ae`eina	endowment	fa`ae`ega pa`ia
eternity	fa`avavau	everyone	tagata `uma
example	fa`ata`ita`iga	faith	fa`atuatua
family history	talafa`asolopito o `aiga	forever	fa`avavau
genealogy	gafa	gospel	talalelei
group	vaega	Jesus Christ	Iesu Keriso
kingdom	malo	knowledge	poto
knowledge (understanding)	malamalama	leader	ta`ita`i
life (common)	olaga	life (po.)	soifuaga
married	fa`aipoipoina	meeting (church service; ceremony)	sauniga
meeting (general)	fono	membership (in the church)	`auai i le `ekalesia
mercy	alofa mutimutivale	message	savali
mortal	fa`aletino	name (common)	igoa
name (po.)	suafa	need (really want)	mana`omia
need (should, must, have to)	tatau	opportunity	avanoa
ordinance	sauniga	pedigree	fa`asologa o gafa
people	tagata	to perform	fa`ataunu`u
physical	fa`aletino	possible	mafai

power	mana	priesthood	perisitua
publicly	fa`alaua`itele	recommend	pepa fa`ataga
record	fa`amaumauga	relative	tagata e `aiga
responsibility (synonymous with matafaioi)	tiutetau`ave	responsibility (synonymous with tiutetau`ave)	matafaioi
restored	toefuata`iina	sacred	pa`ia
salvation	fa`aolataga	saving	lavea`i
Savior	Fa`aola	sealed	fa`amauina

Service

1. **When we give service to others, we are serving God.**

2. **We help others by giving of our** *time***.**
   a. time
   b. talents
   c. means

3. **A service position in the Church is often called a calling.**

4. **In the Church there is no professional clergy.**

5. **As we serve, we** *grow in faith***.**
   a. grow in faith
   b. develop new talents
   c. receive blessings

1. **`A tatou tu`uina atu le `au`aunaga i isi, ua tatou `au`auna atu i le Atua.**

2. **tatou te fesoasoani i isi e ala i le tu`uina atu o o tatou** *taimi***.**
   a. taimi
   b. taleni
   c. mea e maua

3. **O se tofiga e `au`auna atu ai i totonu o le `ekalesia e masani ona ta`uina o se vala`auga.**

4. **I totonu o le `ekalesia, e leai se faife`au fa`au`uina mai se a`oga fa`afaife`au.**

5. **A`o tatou `au`auna atu, tatou te** *tuputupu a`e i le fa`atuatua***.**
   a. tuputupu a`e i le fa`atuatua
   b. atina`e ni taleni fou
   c. maua fa`amanuiaga

to accept	talia	to acknowledge	fa`ailoa
built	fausia	to covenant	osifeagaiga
desire (common, noun or verb)	mana'o	desire (common, noun)	mana'oga
desire (po.)	finagalo	to develop	ati a`e
to die (common)	oti	to die (po.)	maliu
to enable	mafai	to follow	mulimuli
to fulfill	fa`ataunu`u	to give (or present)	foa'i atu
to give (to share or give as well)	tu`uina	to grow (a person growing up)	tuputupu a`e
to grow (as a plant)	tupu	to learn	a`oa`o
to love	alofa	to meet	feiloa`i
to obey	usita`i	to perform	fa`ataunu`u
to provide (prepare s.th for s.o.)	sauniuni	to receive	maua
to search	sa`ili	to serve (most common)	`au`auna
to serve (smb. of lower rank s. smb. of higher rank)	tautua	service (church service)	sauniga
service (service work)	galuega fesoasoani	set apart	vaetofia
spirit world	lalolagi o agaga	spiritual	fa`aleagaga
to submit	gaua`i	support	lagolago
sustained	lagolagoina	talent	taleni
temple	malumalu	time	taimi
together	fa`atasi	to understand	malamalama
voluntary	ofo atu	to work	galue
work (function 'material things')	ola	work (noun)	galuega
world	lalolagi	worthy	agava`a

Teaching and Learning in the Church

1. **The Church is organized to** *perfect its members***.**
   a. perfect its members
   b. bless the lives of the members
   c. strengthen us spiritually
2. **The Church helps members to** *teach one another the Gospel***.**
   a. teach one another the Gospel
   b. fellowship and serve one another
   c. support one another

1. **Ua fa`atuina le `ekalesia ina ia** *fa`a`ato`atoa ai ona tagata***.**
   a. fa`a`ato`atoa ai ona tagata
   b. fa`amanuiaina ai olaga o ona tagata
   c. fa`amalolosia i tatou fa`aleagaga
2. **E fesoasoani le `ekalesia i tagata ia** *a`oa`o atu e le tasi le tasi i le Talalelei***.**
   a. a`oa`o atu e le tasi le tasi i le Talalelei
   b. fa`aaumea ma `au`auna atu le tasi i le tasi
   c. felagolagoma'i

assignment	tofiga	to bless	fa`amanuia
called	vala`auina	church (as a body or congregation)	`ekalesia
church (religion; church service)	lotu	church members	tagata o le `ekalesia
doctrine	a`oa`oga fa`avae	family	`aiga
to fellowship	fa`a`aumea	to give (or present)	foa'i atu
to give (to share or give as well)	tu`uina	gospel	talalelei
life (common)	olaga	life (po.)	soifuaga
material things	mea o le lalolagi	opportunity	avanoa
to organize	fa`atulaga	to perfect	fa`a`ato`atoa
to provide (prepare s.th for s.o.)	sauniuni	quest	sa`iliga
salvation	fa`aolataga	to serve (most common)	`au`auna
to serve (smb. of lower rank s. smb. of higher rank)	tautua	to succeed/ be successful	fa`amanuiaina
to support	lagolago	to teach	a`oa`o
teaching	a`oa`oga		

Enduring to the End

1. **As we live the Gospel, we become more** *like Christ***.**
   a. like Christ
   b. appreciative of the Atonement
   c. grateful for our blessings

2. **If we righteously endure to the end, we will receive eternal life.**

3. **Enduring to the end is a personal responsibility.**

1. **A`o tatou ola i le Talalelei,** *e `avea atili i tatou e pei o Keriso***.**
   a. e `avea atili i tatou e pei o Keriso
   b. tatou te fa`afetai atili mo le Togiola
   c. e fa`afetai atili i tatou mo o tatou fa`amanuiaga

2. **`Afai tatou te tumau ma le amiotonu e o`o i le i`uga, o le `a tatou maua le ola fa`avavau.**

3. **O le tumau e o`o i le i`uga o se matafaioi a le tagata lava ia.**

active	to`aga	to appreciate	talisapaia
Atonement	Togiola	to continue	fa`aauau
covenant	feagaiga	to endure	tumau
to enjoy	fiafia	eternal	fa`avavau
to exercise (physical exertion)	fa`amalositino	to exercise (to use)	fa`aaoga
experience (things that have happened)	mea `ua tutupu	faith	fa`atuatua
family	`aiga	to find	maua
gospel	talalelei	to grow closer	fa`alatalata atu
guidance	ta`ita`iga	heart (emotional heart)	loto
heart (physical heart)	fatu	Holy Ghost	Agaga Pa`ia
joy	`oli`oli	life (common)	olaga
life (po.)	soifuaga	to live (stay, reside, common)	nofo
to live (stay, reside, po.)	alaala	love	alofa
to love	alofa	peace	filemu
personal	fa`aletagata	personal (more personal; private)	patino
to receive	maua	to remain	tumau
to renew	fa`afou	to repent	salamo
responsibility (synonymous with matafaioi)	tiutetau`ave	responsibility (synonymous with tiutetau`ave)	matafaioi
salvation	fa`aolataga	security	saogalemu
to serve (most common)	`au`auna	to serve (smb. of lower rank s. smb. of higher rank)	tautua
understanding	malamalama		

Ask Questions and Listen

Ask Appropriate Questions

1. **What are your thoughts about** *God*?
   a. God
   b. prophets
   c. families
2. **How do you feel about ...?**
3. **Do you believe in God and Jesus Christ?**
4. **From this passage, what can we learn about** *faith*?
   a. faith
   b. love
   c. forgiveness
5. **How did repentance affect** *Alma's ability to serve*?
   a. Alma's ability to serve
   b. Enos' love for the people
   c. Paul's missionary service
6. **What was the difference between the responses** *of Nephi and Laman*?
   a. of Nephi and Laman
   b. of Mary and Martha
   c. of the Levite and the Samaritan

1. **O a ou manatu e uiga i** *le Atua*?
   a. le Atua
   b. perofeta
   c. `aiga
2. **O le `a sou lagona e uiga i le …?**
3. **E te talitonu i le Atua ma Iesu Keriso?**
4. **Mai lenei fuaitau, o le a se mea e mafai ona tatou a`oa`o mai e uiga i le** *fa`atuatua*?
   a. fa`atuatua
   b. alofa
   c. fa`amagaloga
5. **Na fa`apefea ona a`afia** *le mafai a Alema e `au`auna atu* **`ona o lona salamo?**
   a. le mafai a Alema e `au`auna atu
   b. le alofa o Enosa i tagata
   c. le `au`aunaga fa`amisona a Paulo
6. **O le a se `ese`esega i le va o le tali** *a Nifae ma Lamana*?
   a. a Nifae ma Lamana
   b. a Maria ma Mareta
   c. a le Sa Levi ma le Samaria

about	uiga	to ask (ask a question)	fesili
to ask (request)	ole	belief	talitonuga
to believe	talitonu	to feel	lagona
feeling	lagona	to find out	sa`ili
how	fa`apefea	how (way)	`auala
how long	o le a le `umi	how much (big)	o le a le tele
how much (many)	e fia	how often	e fa`afia
important	taua	principle	mata`upu fa`avae
question	fesili	to think	mafaufau
thought	manatu	to understand	malamalama
what	o le a	when (question form past)	anafea
when (question form, future)	afea	when (statement form future)	`a
when (statement form past)	ina `ua	where	fea
why	`aisea		

Ensure Understanding

1. **If I understand correctly, you feel that ....**
2. **So, you feel that ... Is that right?**
3. **Did I understand you correctly?**

1. **`Afai na ou malamalama lelei, `ua e lagona ….**
2. **O lona uiga `ua e manatu … E sa'o lena?**
3. **Pe na ou malamalama lelei ia te oe?**

to ask (ask a question)	fesili	to ask (request)	ole
to believe	talitonu	comment	tala
confused	fenumia`i	to feel	lagona
to find out	sa`ili	question	fesili
to think	mafaufau	to understand	malamalama

Show Support, Interest, and Appreciation

1. **I have felt that way before myself.**
2. **I've had the same kinds of questions.**
3. **Many people have felt the way you do.**
4. **We understand how that could be difficult.**

1. **Sa o`o fo`i ia te a`u se lagona fa`apena.**
2. **E fa`apena fo`i a`u fesili na i ai.**
3. **E to`atele tagata e i ai fo`i o latou manatu pei o `oe.**
4. **Matou te iloa le tulaga faigata o lena mea.**

to appreciate	talisapaia	to ask (ask a question)	fesili
to ask (request)	ole	to believe	talitonu
congratulations	fa`amalo	to feel	lagona
feeling	lagona	to find out	sa`ili
happy	fiafia	interested	fiafia
to know (common)	iloa	to know (po.)	silafia
question	fesili		

Ask Additional Questions as Needed

1. **What has led you to believe that?**
2. **Why do you feel that way?**
3. **How can you find out for yourself?**
4. **Are you confused about what we discussed?**

1. **O le a se mea `ua e talitonu ai i lena mea?**
2. **`Aisea `ua e manatu ai fa`apena?**
3. **E fa`apefea ona e iloa mo `oe lava ia?**
4. **Po o e nunumi lava i mea na tatou talanoaina?**

about	uiga	afraid	fefe
alone	to`atasi	anger (common)	ita
anger (po.)	to`atama`i	to ask (ask a question)	fesili
to ask (request)	ole	awful	le lelei
bad	leaga	to believe	talitonu

blessing	fa`amanuiaga	calm	to`afilemu
clear	manino	complex	faigata
confused	fenumia`i	fear	fefe
to feel	lagona	to find out	sa`ili
happy	fiafia	important	taua
question	fesili	simple (easy to do)	faigofie
simple (little importance)	fa`atauva`a	to think	mafaufau
to understand	malamalama		

Conduct a Meeting

Welcome

1. **We welcome any visitors to our meeting.**
2. **Welcome.**
3. **We welcome you** *to Sunday School***.**
   a. to Sunday School
   b. to Sacrament meeting
   c. to priesthood meeting

1. **Matou te fa`afeiloa`i atu i so`o se tagata asiasi i la tatou sauniga.**
2. **Malo le soifua.**
3. **Matou te fa`afefiloa`i atu ia te outou** *i le A`oga Sa***.**
   a. i le A`oga Sa
   b. i le sauniga fa`amanatuga
   c. i le sauniga perisitua

meeting (church service; ceremony)	sauniga	meeting (general)	fono
prelude	musika e mua'i tataina	pulpit	pulela`a
visitors	tagata asiasi	to welcome	fa`afeiloa`i

Make Announcements

1. **We have the following announcements.**
2. **Our next meeting will be on ....**
3. **Next week, we will discuss** *the Atonement***.**
   a. the Atonement
   b. fasting
   c. eternal families
4. **We will be having a ward activity on ....**

1. **O a tatou fa`aaliga nei.**
2. **O le isi a tatou fonotaga o le `a faia i le ….**
3. **O le vaiaso `a sau, o le `a tatou talanoa** *i le Togiola***.**
   a. i le Togiola
   b. i le anapogi
   c. i `aiga e fa`avavau
4. **O le `a faia la tatou gaoioiga a le uarota i le ….**

activity	gaoioiga	to announce	fa`asilasila atu
announcements	fa`asilasilaga	choir	`aufaipese
congregation	fa`apotopotoga	meeting (church service; ceremony)	sauniga
meeting (general)	fono	week	vaiaso

Announce the Opening Hymn

1. **The opening hymn will be number ....**
2. **To begin our meeting, we'll sing hymn number ....**

1. **O le vi`iga `amata o le numera ….**
2. **O le `a `amata le tatou sauniga, i lo tatou lagiina o le vi`iga numera ….**

to begin	`amata	chorister	ta`ita`i pese
hymn	vi`iga	to lead	ta`ita`i
meeting (church service; ceremony)	sauniga	meeting (general)	fono
music	musika	organist	ta `okeni
pianist	ta piano	to sing (syn. with lagi)	usu
to sing (syn. with usu)	lagi		

Announce the Opening Prayer

1. **Sister ... will offer the opening prayer.**
2. **The opening prayer will be offered by Brother ....**

1. **O Tuafafine … o le `a fofogaina le tatalo `amata.**
2. **O le tatalo `amata o le `a fofogaina e Uso ….**

Brother	Uso/Tuagane	Elder	Toea`ina
to offer (offer s.th.)	ofo atu	to offer a prayer	faia le tatalo
opening	`amata	prayer	tatalo
Sister	Uso/Tuafafine		

Announce the Speakers

1. **Our concluding speaker will be Sister ....**
2. **Brother ... will be our first speaker.**
3. **Our next speaker will be Sister ....**

1. **O le tatou failauga fa`ai`u o Tuafafine ….**
2. **O Uso … o le `a `avea ma o tatou failauga muamua.**
3. **O le failauga o le `a soso`o ai o Tuafafine ….**

bishop	epikopo	Brother	Uso/Tuagane
Elder	Toea`ina	following	mulimuli
last	mulimuli	next	soso`o ai
president	peresitene	Sister	Uso/Tuafafine
to speak (common)	tautala	to speak (po.)	saunoa
speaker	failauga		

Thank Participants

1. **We would like to thank the speakers.**
2. **We would like to thank all those who participated today.**

1. **Matou te fa`afetai atu i failauga.**
2. **Matou te fa`afetai atu ia i latou `uma na `auai i le polokalama i le aso.**

Brother	Uso/Tuagane	Elder	Toea`ina
to participate	`auai	president	peresitene
Sister	Uso/Tuafafine	to speak (common)	tautala
to speak (po.)	saunoa	speaker	failauga
to thank	faafetai		

Announce the Closing Hymn

1. **The closing hymn will be number ....**
2. **To close our meeting, we'll sing hymn number ....**

1. **O le vi`iga fa`ai`u o le numera ….**
2. **O le `a fa`ai`u le tatou sauniga, i le lagiina o le vi`iga numera ….**

chorister	ta`ita`i pese	to close	fa`ai`u
hymn	vi`iga	to lead	ta`ita`i
meeting (church service; ceremony)	sauniga	meeting (general)	fono
music	musika	organist	ta `okeni
pianist	ta piano	to sing (syn. with lagi)	usu
to sing (syn. with usu)	lagi		

Announce the Closing Prayer

1. **Brother ... will offer the closing prayer.**
2. **The closing prayer will be offered by Sister ....**

1. **O Uso … o le `a fofogaina le tatalo fa`ai`u.**
2. **O le tatalo fa`ai`u o le `a fofogaina e Tuafafine ….**

Brother	Uso/Tuagane	Elder	Toea`ina
to offer (offer s.th.)	ofo atu	to offer a prayer	faia le tatalo
Sister	Uso/Tuafafine		

Explain Priesthood Ordinances

Tell What the Ordinance Is and State Its Purpose

1. **An ordinance is a holy act.**
2. **Ordinances must be performed under proper authority.**
3. **Baptism by water is a symbol of the** *Savior's resurrection***.**
   a. Savior's resurrection
   b. Savior's death, burial and resurrection
   c. end of our old life
   d. beginning of our new life
4. **By participating in this ordinance, we promise to** *keep the commandments***.**
   a. keep the commandments
   b. always remember Christ
   c. take upon us Christ's name
5. **God in turn promises to** *bless us***.**
   a. bless us
   b. send His Spirit
   c. protect us
6. **This ordinance allows us to** *be spiritually reborn***.**
   a. be spiritually reborn
   b. become a member of God's church
   c. be cleansed of our sins
7. **Through the gift of the Holy Ghost we can receive** *comfort***.**
   a. comfort
   b. guidance
   c. strength
   d. a testimony
   e. knowledge
8. **Baptism and confirmation are necessary for our salvation.**

1. **O se sauniga o se fa`atinoga pa`ia.**
2. **O sauniga e tatau lava ona fa`ataunu`uina i lalo o le pule tatau.**
3. **O le papatisoga i le vai o se fa`atusa lea o le** *toetu o le Fa`aola***.**
   a. toetu o le Fa`aola
   b. maliu o le Fa`aola, tanumia ma le toetu
   c. i`uga o lo tatou olaga tuai
   d. `amataga o lo tatou olaga fou
4. **O le `auai i lenei sauniga, `ua tatou folafola atu e** *tausi poloa`iga***.**
   a. tausi poloa`iga
   b. manatua pea Keriso
   c. tau`ave i o tatou luga le suafa o Keriso
5. **`Ae `ua folafola mai e le Atua e** *fa`amanuia i tatou***.**
   a. fa`amanuia i tatou
   b. `auina mai Lona Agaga
   c. puipuia i tatou
6. **O lenei sauniga `ua mafai ai ona tatou** *toe fanaufouina fa`aleagaga***.**
   a. toe fanaufouina fa`aleagaga
   b. `avea ma se tagata o le `ekalesia a le Atua
   c. fa`amamaina mai a tatou agasala
7. **E ala i le meaalofa o le Agaga Pa`ia, e mafai ai ona tatou maua** *le fa`amafanafanaga***.**
   a. le fa`amafanafanaga
   b. ta`ita`iga
   c. le malosi
   d. se molimau
   e. le malamalama
8. **O le papatisoga ma le fa`amauga e mo`omia mo lo tatou fa`aolataga.**

anointing	fa`au`uina	baptism	papatisoga
blessing	fa`amanuiaga	comfort	fa`amafanafana
confirmation	fa`amauga	counsel	fautuaga
gift of the Holy Ghost	meaalofa o le agaga pa`ia	guidance	ta`ita`iga

Explain What Happens During Baptism

1. **In the water, the priesthood holder will** *pronounce your full name***.**
   a. pronounce your full name
   b. hold your right wrist with his left hand
   c. immerse you in the water

2. **In the water, you will** *plug your nose with your right hand***.**
   a. plug your nose with your right hand
   b. hold his left wrist with your left hand
   c. put your right wrist in his left hand

3. **During the ordinance, you will** *bend your knees***.**
   a. bend your knees
   b. plug your nose with your right hand
   c. lay back into the water

4. **When you are baptized, you will** *wear white clothing***.**
   a. wear white clothing
   b. go completely under the water
   c. be with a priesthood holder

1. **I totonu o le vai, o le na te `umia le perisitua na te** *ta`uina lou suafa `atoa***.**
   a. ta`uina lou suafa `atoa
   b. u`u lou tapulima taumatau i lona lima tauagavale
   c. fa`atofu `oe i lalo o le vai

2. **I totonu o le vai, e te** *u`u lou isu i lou lima taumatau***.**
   a. u`u lou isu i lou lima taumatau
   b. u`uina lona tapulima tauagavale i lou lima tauagavale
   c. tu`u lou tapulima taumatau i lona lima tauagavale

3. **I le taimi o le sauniga, e** *fa`apipi`o ou tulivae***.**
   a. fa`apipi`o ou tulivae
   b. u`u lou isu i lou lima taumatau
   c. ta`oto aga`i i tua i le vai

4. **`A papatiso `oe, o le `a e** *la`eiina ni `ofu papa`e***.**
   a. la`eiina ni `ofu papa`e
   b. lilofia `atoa i lalo o le vai
   c. i ai fa`atasi ma se tasi o lo`o `umia le perisitua

arm (common)	lima	arm (po.)	`a`ao
to bend	fa`apipi`o	full name (common)	igoa `atoa
full name (po.)	suafa `atoa	to hold (not physical things)	`umia
to hold (physical things)	u`u	to immerse	fa`atofu
knees	tulivae	nose	isu
to plug	pupuni	prayer	tatalo
priesthood holder	se tasi `ua `umia le perisitua	to stand	tu
water	vai	wrist	tapulima

Explain What Happens During Confirmation

1. **Worthy priesthood holders will** *lay their hands on your head***.**
   a. lay their hands on your head
   b. confirm you a member of the Church
   c. confer the gift of the Holy Ghost
   d. give you a blessing

1. **O ali`i agava`a o lo`o `umia le perisitua o le `a** *fa`ae`e o latou lima i luga o lou ulu***.**
   a. fa`ae`e o latou lima i luga o lou ulu
   b. fa`amauina `oe o se tagata o le `ekalesia
   c. tu`u atu le meaalofa o le Agaga Pa`ia
   d. tu`uina atu ia te `oe se fa`amanuiaga

blessing	fa`amanuiaga	to confirm	fa`amau
full name (common)	igoa `atoa	full name (po.)	suafa `atoa
gift of the Holy Ghost	meaalofa o le agaga pa`ia	to give (or present)	foa'i atu
to give (to share or give as well)	tu`uina	hand (common)	lima
hand (po.)	`a`ao	head (common)	ulu
head (po.)	ao	to place	tu`u
priesthood holder	se tasi `ua `umia le perisitua	to receive	maua

Explain What Happens During the Blessing of the Sick

1. **The blessing of the sick has two parts.**
2. **During the anointing, a priesthood holder will** *put consecrated oil on your head***.**
   a. put consecrated oil on your head
   b. lay his hands on your head
   c. offer a brief prayer
3. **After the anointing, one or more priesthood holders will** *lay their hands on your head***.**
   a. lay their hands on your head
   b. state your name
   c. state their authority
   d. seal and confirm the anointing
   e. pronounce a blessing

1. **E lua vaega o le fa`amanuiaina o e mama`i.**
2. **I le fa`au`uga, o le tagata o lo`o `umia le perisitua o le `a ia** *liligiina le suau`u pa`ia i luga o lou ulu***.**
   a. liligiina le suau`u pa`ia i luga o lou ulu
   b. tu`u ona lima i luga o lou ulu
   c. fai se tatalo pu`upu`u
3. **`A `uma le fa`au`uga, e mafai e se to`atasi pe sili atu o e o lo`o `umia le perisitua ona** *tu`u o latou lima i luga o lou ulu***.**
   a. tu`u o latou lima i luga o lou ulu
   b. ta`u lou igoa
   c. ta`u le latou pule
   d. fa`amaufa`ailogaina ma fa`amauina le fa`au`uga
   e. tu`u atu se fa`amanuiaga

to anoint	fa`au`u	anointing	fa`au`uina
blessing	fa`amanuiaga	comfort	fa`amafanafana
to confirm	fa`amau	counsel	fautuaga
full name (common)	igoa `atoa	full name (po.)	suafa `atoa
to give (or present)	foa'i atu	to give (to share or give as well)	tu`uina
hand (common)	lima	hand (po.)	`a`ao
head (common)	ulu	head (po.)	ao
health (common)	ola maloloina	health (po.)	soifua maloloina
oil (anointing oil; oil for hair)	suau`u	oil (lard)	ga`o
to place	tu`u	prayer	tatalo
priesthood holder	se tasi `ua `umia le perisitua	to seal	fa`amau

Ask How Someone Feels about the Ordinance or if They Have Any Questions

1. **Do you have questions about this ordinance?**
2. **How do you feel about the procedure of baptism and confirmation?**

1. **E i ai ni au fesili i lenei sauniga?**
2. **O le a sou lagona e uiga i le faiga o le papatisoga ma le fa`amauga?**

about	uiga	blessing	fa`amanuiaga
to feel	lagona	importance	taua
question	fesili	to receive	maua
to think	mafaufau		

Extend Commitment Invitations

Explain the Importance of Keeping Commitments

1. **God gives us commandments to** *protect us*.
   a. protect us
   b. guide us
   c. help us be happy
2. **God blesses us when we keep His commandments.**
3. **By obeying God's commandments, we** *show our love for Him*.
   a. show our love for Him
   b. become worthy of the Spirit
   c. come closer to Him

1. **`Ua tu`uina mai e le Atua poloa`iga e** *puipuia ai i tatou*.
   a. puipuia ai i tatou
   b. ta`ita`i ai i tatou
   c. fesoasoani ia tatou fiafia
2. **E fa`amanuiaina i tatou e le Atua pe `a tatou tausi Ana poloa`iga.**
3. **O le usita`i i poloa`iga a le Atua, tatou te** *fa`aali atu ai lo tatou alolofa ia te Ia*.
   a. fa`aali atu ai lo tatou alolofa ia te Ia
   b. agava`a ai mo le Agaga
   c. fa`alatalata atu ai ia te Ia

to bless	fa`amanuia	blessing	fa`amanuiaga
commandment	poloa`iga	commitment	ta`utinoga
covenant	feagaiga	important	taua
to keep	tausi	love	alofa
principle	mata`upu fa`avae	to promise	folafola
to receive	maua	to sacrifice	fai taulaga
willing	malie		

Extend an Invitation

1. **Will you** *be baptized*?
   a. be baptized
   b. keep the Word of Wisdom
   c. live the law of tithing
2. **Will you be baptized and confirmed on ...?**
3. **Will you prepare yourself for baptism and confirmation?**
4. **Will you pray to God about the truthfulness** *of the Book of Mormon*?
   a. of the Book of Mormon
   b. of Joseph Smith
   c. of our message

1. **Pe o le `a e** *papatiso*?
   a. papatiso
   b. tausia le `Upu o le Poto
   c. ola i le tulafono o le sefulua`i
2. **Pe o le `a e papatisoina ma fa`amauina i le …?**
3. **Pe o le `a e saunia `oe lava mo le papatisoga ma le fa`amauga?**
4. **Pe o le `a e tatalo i le Atua e uiga i le moni** *o le Tusi a Mamona*?
   a. o le Tusi a Mamona
   b. o Iosefa Samita
   c. o le ma savali

to ask (ask a question)	fesili	to ask (request)	ole
to attend	`auai	to baptize	papatiso
to commit	ta`utino	daily	aso ta`itasi
evening	afiafi	to extend	tu`uina atu
to invite	vala`aulia	to keep	tausi
now	taimi nei	to pray (common)	tatalo
to pray (po.)	talosaga	to read	faitau
to start	`amata	to stop (prevent, hold back, stop motion)	taofi
to stop (stop a habit or doing s.th.)	tu`u	today	le aso lenei

If Necessary, Summarize What Someone Is to Do and When

1. **Before our next visit will you** *read the assigned passages***?**
   a. read the assigned passages
   b. pray about the Book of Mormon
   c. have family prayer
2. **In order to be baptized you need to** *stop smoking***.**
   a. stop smoking
   b. attend church regularly
   c. continue living the law of chastity

1. **A`o lumana`i le isi a tatou feiloa`iga, e mafai ona e** *faitauina ia fuaitau filifilia nei***?**
   a. faitauina ia fuaitau filifilia nei
   b. tatalo e uiga i le Tusi a Mamona
   c. faia se tatalo fa`ale`aiga
2. **Ina ia mafai ona e papatiso, e tatau ona e** *tu`u lau ulaula***.**
   a. tu`u lau ulaula
   b. `auai e le aunoa i le lotu
   c. fa`aauau pea ona ola i le tulafono o le legavia

to ask (ask a question)	fesili	to ask (request)	ole
to attend	`auai	to commit	ta`utino
to continue	fa`aauau	to make sure	fa`amautinoa
to pray (common)	tatalo	to pray (po.)	talosaga
question	fesili	to read	faitau
to stop (prevent, hold back, stop motion)	taofi	to stop (stop a habit or doing s.th.)	tu`u
to understand	malamalama		

Promise Blessings for Keeping Commitments

1. **Your family will be strengthened as you** *accept the gospel***.**
   a. accept the gospel
   b. study the scriptures together
   c. have family home evening
2. **By living this law your faith will increase.**
3. **I know that God will bless you for** *your efforts***.**
   a. your efforts
   b. your faith to repent
   c. your courage

1. **O le `a fa`amalosia lou `aiga pe `a outou** *taliaina le talalelei***.**
   a. taliaina le talalelei
   b. su`esu`e fa`atasi i tusitusiga pa`ia
   c. faia afiafi fa`ale`aiga
2. **O le ola ai i lenei tulafono o le `a fa`ateleina ai lou fa`atuatua.**
3. **Ou te iloa o le `a fa`amanuia `oe e le Atua `ona o** *au taumafaiga***.**
   a. au taumafaiga
   b. lou fa`atuatua e salamo
   c. lou lototele

4. **Keeping these commitments will bring you** *confidence***.**
   a. confidence
   b. blessings
   c. strength

4. **O le tausiga o nei ta`utinoga o le `a e maua ai** *lagona mautinoa***.**
   a. lagona mautinoa
   b. fa`amanuiaga
   c. le malosi

to bless	fa`amanuia	blessing	fa`amanuiaga
confidence	mautinoa	faith	fa`atuatua
family	`aiga	guidance	ta`ita`iga
health (common)	ola maloloina	health (po.)	soifua maloloina
inspiration	musumusuga	to overcome	manumalo
peace	filemu	to promise	folafola
to receive	maua	strength	malosi
to strengthen	fa`amalosi	testimony	molimau

Provide Encouragement and Support, if Appropriate

1. **How can we help you to** *prepare for baptism***?**
   a. prepare for baptism
   b. read the Book of Mormon
   c. come to church

1. **E mafai fa`apefea ona ma fesoasoani atu ia e** *saunia mo le papatisoga***?**
   a. saunia mo le papatisoga
   b. faitau le Tusi a Mamona
   c. sau i le lotu

2. **What can we do to help you?**

2. **O le a se mea e mafai ona ma faia e fesoasoani atu ai ia te oe?**

to call (be called or given a calling)	tofi	to call (call out with voice)	vala`au atu
to call (name or label)	ta`ua	to call (on the phone)	vili
to come by	afe mai	to feel	lagona
help	fesoasoani	to know (common)	iloa
to know (po.)	silafia	to obey	usita`i
to pray (common)	tatalo	to see (common)	va`ai
to see (po., syn. with silasila)	taga`i	to see (po., syn. with taga`i)	silasila
to trust	fa`atuatuaina		

Make Plans to Follow up

1. **We would like to come by to** *see how you are doing***.**
   a. see how you are doing
   b. answer any questions
   c. follow up with you

1. **Ma te fia asiasi mai e** *va`ai po o a mai `oe***.**
   a. va`ai po o a mai `oe
   b. tali so`o se fesili
   c. tulitatao ma `oe

2. **When would be a good time to come by?**

2. **O le a se taimi lelei ma te o mai ai?**

3. **We will come by tomorrow to see how you did.**

3. **O le `a ma o mai taeao e va`ai pe na fa`apefea mai `oe.**

to ask (ask a question)	fesili	to ask (request)	ole
to call (be called or given a calling)	tofi	to call (call out with voice)	vala`au atu
to call (name or label)	ta`ua	to call (on the phone)	vili
to come by	afe mai	commitment	ta`utinoga
to discuss	talanoa	to find out	sa`ili
time	taimi	what	o le a
when (question form past)	anafea	when (question form, future)	afea
when (statement form future)	`a	when (statement form past)	ina `ua

Follow up on Commitments

Find out to What Extent Someone Fulfilled the Commitment

1. **Did you pray about** *the prophet Joseph Smith*?
   a. the prophet Joseph Smith
   b. the Book of Mormon
   c. our message
2. **Did you begin reading the Book of Mormon?**
3. **What did you read in the Book of Mormon?**

1. **Sa e tatalo e uiga** *i le perofeta o Iosefa Samita*?
   a. i le perofeta o Iosefa Samita
   b. i le Tusi a Mamona
   c. i la ma savali
2. **Ua `amata ona e faitau i le Tusi a Mamona?**
3. **O le a le mea na e faitauina i le Tusi a Mamona?**

to ask (ask a question)	fesili	to ask (request)	ole
to begin	`amata	commitment	ta`utinoga
to keep	tausi	to live (common)	ola
to live (po.)	soifua	to live (stay; dwell)	nofo
to pray (common)	tatalo	to pray (po.)	talosaga
to read	faitau		

Compliment Someone's Effort or Success

1. **Congratulations!**
2. **It's great that you were able to do that much.**
3. **That's wonderful!**

1. **Malo lava!**
2. **Matua`i manaia tele le mea `ua e mafaia.**
3. **Matua`i manaia!**

congratulations	fa`amalo	excellent	lelei tele
great	maoa`e	wonderful	manaia

Ask How the Experience Went

1. **How did you feel as you** *prayed*?
   a. prayed
   b. studied the Book of Mormon
   c. attended church
2. **Tell me about your experience with** *prayer*.
   a. prayer
   b. fasting
   c. paying tithing
   d. the Word of Wisdom

1. **O le a sou lagona a`o e** *tatalo*?
   a. tatalo
   b. su`esu`e i le Tusi a Mamona
   c. `auai i le lotu
2. **Fa`amatala mai lou a`afiaga i le** *tatalo*.
   a. tatalo
   b. anapogi
   c. totogiina o le sefulua`i
   d. i le `Upu o le Poto

commandment	poloa`iga	commitment	ta`utinoga
disappointed	le fiafia	experience (things that have happened)	mea `ua tutupu
to feel	lagona	to hope	fa`amoemoe
to keep	tausi	to miss	misi se avanoa
opportunity	avanoa	sad	fa`anoanoa
to understand	malamalama	understanding	malamalama

If Commitment Was Not Kept, Express Concern and Disappointment

1. **We're sorry to hear that you had a difficult time.**

2. **It's too bad that you couldn't** *read the Book of Mormon***.**
   a. read the Book of Mormon
   b. pray to Heavenly Father
   c. attend church

3. **We want you to do this, so you can** *receive the blessings of the Gospel***.**
   a. receive the blessings of the Gospel
   b. find out how much the Lord loves you
   c. receive answers to your questions

1. **`Ua ma fa`anoanoa e fa`alogo atu sa e feagai ma se taimi faigata.**

2. **O se fa`anoanoaga e te le`i** *faitau le Tusi a Mamona***.**
   a. faitau le Tusi a Mamona
   b. tatalo i le Tama Fa`alelagi
   c. alu i le lotu

3. **Ma te manana`o e te faia le mea lenei, ina ia mafai ona e** *maua fa`amanuiaga o le Talalelei***.**
   a. maua fa`amanuiaga o le Talalelei
   b. iloa le tele o le alofa o le Ali`i ia te `oe
   c. maua tali i au fesili

If Commitment Was Not Kept, Find out Why

1. **What kept you from** *praying***?**
   a. praying
   b. going to church
   c. reading the Book of Mormon

2. **What was difficult about it for you?**

3. **Why weren't you able to** *pray***?**
   a. pray
   b. read those passages
   c. come to church

1. **O le a se mea na taofia ai `oe mai le** *tatalo***?**
   a. tatalo
   b. alu i le lotu
   c. faitauina o le Tusi a Mamona

2. **O le a le mea sa faigata ai ia te `oe?**

3. **`Aisea na le mafai ai ona e** *tatalo***?**
   a. tatalo
   b. faitauina na fuaitau
   c. sau i le lotu

to begin	`amata	commitment	ta`utinoga
difficult	faigata	doubt	masalo
to feel	lagona	to keep	tausi
problem	fa`afitauli	question	fesili
to stop (prevent, hold back, stop motion)	taofi	to stop (stop a habit or doing s.th.)	tu`u

If Necessary, Adjust the Commitment or Give the Original Invitation Again

1. **Maybe it would be best if you** *pray before you read***.**
   a. pray before you read
   b. read a chapter every day
   c. pray for strength to quit smoking
2. **Will you commit to** *pray for an answer***?**
   a. pray for an answer
   b. read the Book of Mormon
   c. live the Word of Wisdom
3. **Will you try again to** *pray and ask God***?**
   a. pray and ask God
   b. get an answer
   c. stop smoking

1. **Masalo e sili ai lou** *tatalo muamua ona faitau ai lea***.**
   a. tatalo muamua ona faitau ai lea
   b. faitauina o se mata`upu i aso `uma
   c. tatalo mo le malosi e tu`u ai le ulaula
2. **Pe o le `a e ta`utino la e** *tatalo mo se tali***?**
   a. tatalo mo se tali
   b. faitau le Tusi a Mamona
   c. ola i le `Upu o le Poto
3. **Pe o le `a e toe taumafai ia e** *tatalo ma ole atu i le Atua***?**
   a. tatalo ma ole atu i le Atua
   b. maua se tali
   c. tu`u le ulaula

to change	sui	commitment	ta`utinoga
faith	fa`atuatua	to recommit	toe ta`utino
strength	malosi	suggestion	manatu

Provide Encouragement and Support

1. **How can we help you?**
2. **The Lord promises to help us if we** *ask Him***.**
   a. ask Him
   b. do our part
   c. work hard
3. **We know that the Lord will** *strengthen you***.**
   a. strengthen you
   b. give you peace
   c. help you
4. **We know you can do it.**

1. **E mafai fa`apefea ona ma fesoasoani atu ia te `oe?**
2. **`Ua folafola mai e le Ali`i e fesoasoani mai pe `a tatou** *ole atu ia te Ia***.**
   a. ole atu ia te Ia
   b. faia la tatou vaega
   c. galulue malosi
3. **Ma te iloa o le Ali`i o le `a** *fa`amalosia `oe***.**
   a. fa`amalosia `oe
   b. tu`u atu ia te `oe le filemu
   c. fesoasoani ia te `oe
4. **Ma te iloa e mafai ona e faia.**

to bless	fa`amanuia	to call (be called or given a calling)	tofi
to call (call out with voice)	vala`au atu	to call (name or label)	ta`ua
to call (on the phone)	vili	to come by	afe mai
faith	fa`atuatua	to feel	lagona
help	fesoasoani	to know (common)	iloa
to know (po.)	silafia	to obey	usita`i
peace	filemu	to pray (common)	tatalo
to pray (po.)	talosaga	to promise	folafola
to receive	maua	Spirit	Agaga
strength	malosi	to strengthen	fa`amalosi
testimony	molimau	to trust	fa`atuatuaina

Get to Know Someone

Ask about Someone's Hometown

1. **How long have you lived here?**
2. **Where are you from?**
3. **Where are you from originally?**
4. **Where did you grow up?**

1. **O le a le `umi talu ona e nofo ai `i`inei?**
2. **O fea e te susu mai ai?**
3. **O fea tonu e te malaga mai ai?**
4. **O fea na e soifua a`e ai?**

big (large)	tele	big (large; fat)	lapo`a
city (downtown; near harbor; busy area in city)	taulaga	city (general term)	`a`ai
countryside	tua	from	mai
here	`i`inei	hometown	nu`u
to live (common)	ola	to live (po.)	soifua
to live (stay; dwell)	nofo	small	la`itiiti
there	`i`ina		

Tell about Your Hometown

1. **I am from ....**
2. **I grew up in ....**
3. **I was born in ....**
4. **My family lives in ....**

1. **Ou te sau mai ….**
2. **Na ou ola a`e i ….**
3. **Sa ou fanau i ….**
4. **O lo`u `aiga e nonofo i ….**

big (large)	tele	big (large; fat)	lapo`a
born	fanau	city (downtown; near harbor; busy area in city)	taulaga
city (general term)	`a`ai	countryside	tua
from	mai	to grow up	ola a`e
hometown	nu`u	to live (common)	ola
to live (po.)	soifua	to live (stay; dwell)	nofo
raised	ola a`e	small	la`itiiti

Ask about Someone's Family

1. **How many** *brothers* **do you have?**
   a. brothers
   b. children
   c. grandchildren
2. **How many people are there in your family?**

1. **E to`afia ou** *uso*?
   a. uso
   b. fanau
   c. fanau a au fanau
2. **E to`afia tagata o lou `aiga?**

brother	Uso/Tuagane	daughter	afafine
family	`aiga	father	tama
husband	tane	married	fa`aipoipoina
mother	tina	sister	Uso/Tuafafine
son	atali`i	spouse	to`alua
wife (common)	ava	wife (po.)	faletua

Tell about Your Family

1. **I come from a big family.**
2. **I come from a family of ....**
3. **I have ... brothers and ... sisters.**

1. **Ou te sau mai se `aiga e to`atele.**
2. **Ou te sau mai se `aiga e to`a ….**
3. **E to`a … o`u uso `ae to`a … o`u tuafafine.**

brother	Uso/Tuagane	brother–in–law (of a girl)	tuagane fa`aletulafono
child	tama`itiiti	children	tamaiti
daughter	afafine	family	`aiga
father	tama	mother	tina
nephew (feminine, child of the sister)	tama o le uso	nephew (masculine, son of the brother)	atali`i o le uso
niece (feminine)	tama o le uso	niece (masculine, daughter of the brother)	afafine o le uso
old	matua	older	matua atu
one person (“to`a”-prefix for numbering people)	to`a tasi	sister	Uso/Tuafafine
sister–in–law	tuafafine fa`aletulafono	small	la`itiiti
son	atali`i	there are	o lo`o i ai ni
younger	la`itiiti ifo		

Ask about Someone’s Work and School

1. **How long have you worked there?**
2. **What are you studying?**
3. **Where are you going to school?**
4. **Where do you work?**

1. **O le a le `umi talu ona e faigaluega `i`inei?**
2. **O le a lau mata`upu o lo`o `ave?**
3. **O fea e te a`oga ai?**
4. **O fea e te faigaluega ai?**

company	kamupani	full–time	taimi `atoa
to like	fiafia	major	mata`upu `autu o su`esu`ega
part–time	fa`avaitaimi	school	a`oga
student	tagata a`oga	to study	su`esu`e
university	iunivesite	to work (for pay)	faigaluega
to work (generally put forth effort)	galue		

Tell about Your Work and School

1. **After my mission I would like to** *get a job*.
   a. get a job
   b. go back to school
   c. serve in the military
2. **Before coming on my mission, I** *lived with my parents*.
   a. lived with my parents
   b. went to school
   c. worked full time
3. **Before my mission, I studied ....**

1. **`A `uma la'u misiona, ou te fia** *maua se galuega*.
   a. maua se galuega
   b. toe fo`i i le a`oga
   c. tautua i le militeli
2. **`Ae ou te le'i sau i la'u misiona, sa ou** *nofo i o'u matua*.
   a. nofo i o'u matua
   b. alu i le a`oga
   c. faigaluega tumau
3. **`Ae ou te le'i sau i la'u misiona, sa ou su'esu'e i …**

to attend	`auai	to become	`avea
before (direction, in front of)	i luma o	before (first)	muamua
before (while yet to)	a`o le`i	to come (common)	sau
to come (po.)	maliu	company	kamupani
full–time	taimi `atoa	mission	misiona
missionary	faife`autala`i	part–time	fa`avaitaimi
student	tagata a`oga	to study	su`esu`e
university	iunivesite	to work (for pay)	faigaluega
to work (generally put forth effort)	galue		

Ask about Someone's Interests

1. **What are your hobbies?**
2. **What do you do in your free time?**
3. **What do you like to do?**

1. **O a au mea e te fiafia e fai?**
2. **O a au mea e fai i ou taimi avanoa?**
3. **O a ni mea e te fiafia e fai?**

to enjoy	fiafia	favorite	mea e sili ona fiafia e fai
free time	taimi avanoa	hobby	mea e fiafia e fai
interested	fiafia	to like	fiafia
to play (a sport or activity)	ta`alo	to play (an instrument)	tata

Tell about Your Interests

1. **I also like** *camping*.
   a. camping
   b. running
   c. traveling
2. **I like to play** *basketball*.
   a. basketball
   b. computer games
   c. football

1. **Ou te fiafia fo`i e** *tolauapi.*
   a. tolauapi.
   b. tamo`e
   c. femalagaa`i
2. **Ou te fiafia e ta`alo** *pasiketipolo*.
   a. pasiketipolo
   b. i ta`aloga komepiuta
   c. lakapi

3. **In my free time I like to** *listen to music***.**
   a. listen to music
   b. play sports
   c. read books

3. **Ou te fiafia e** *fa`alogologo i musika* **i o'u taimi avanoa.**
   a. fa`alogologo i musika
   b. ta`alo ta`aloga
   c. faitau tusi

ballet	palei	baseball	peisipolo
basketball	pasiketipolo	camping	tolauapiga
computer games	ta`aloga komepiuta	to enjoy	fiafia
football	lakapi Amerika	free time	taimi avanoa
to like	fiafia	to play (a sport or activity)	ta`alo
to play (an instrument)	tata	to travel	malaga

Give Directions

Explain Where a Place Is Located

1. **It's right next to the ....**
2. **It's across the street from the ....**

1. **E soso`o lava ma le ….**
2. **E i le isi itu `auala mai le ….**

across	le isi itu	address	tuatusi
at	i le	avenue	magaala
to be located	tu	before (direction, in front of)	i luma o
before (first)	muamua	before (while yet to)	a`o le`i
behind	tua	between	va
block	pitonu`u	bottom	pito i le lalo
building	fale	close	latalata
downstairs	fogafale i lalo	east	sasa`e
far	mamao	from	mai
in front of	i luma o le	inside	totonu
kilometer	kilomita	left	tauagavale
mile	maila	next to	soso`o ma le
north	matu	right (correct)	sa`o
right (right side; right hand)	taumatau	side	itu
south	saute	stoplight	moli taofi
store	fale`oloa	street	`auala
top	luga	west	sisifo

Explain How to Get Somewhere

1. **Go straight.**
2. **After the next stoplight,** *turn left***.**
   a. turn left
   b. turn right
   c. go straight
3. **Keep going until you reach** *the intersection***.**
   a. the intersection
   b. the station
   c. the corner
4. **Follow the road to the** *square***.**
   a. square
   b. freeway
5. **Get off** *at the station***.**
   a. at the station
   b. at the last stop
   c. at the next stop

1. **Alu sa`o.**
2. **`A `uma le moli taofi soso`o ai,** *afe i le tauagavale***.**
   a. afe i le tauagavale
   b. afe i le taumatau
   c. alu sa`o
3. **Alu pea se`ia e o`o atu** *i le magafa***.**
   a. i le magafa
   b. i le nofo`aga e fa`atali ai nofoaafi
   c. i le tulimanu
4. **Mulimuli i le `auala e tau atu i le** *lotoa***.**
   a. lotoa
   b. `aualatele
5. **Afe** *i le fale fa`atali pasi***.**
   a. i le fale fa`atali pasi
   b. i le malologa mulimuli
   c. i le malologa e soso`o ai

6. **Get on** *the bus*.
   a. the bus
   b. the metro
   c. the train

6. **Oso** *i le pasi*.
   a. i le pasi
   b. i le nofoaafi i lalo o le `ele`ele
   c. i le nofoaafi

after (future tense)	`A `uma	after (future tense; po.)	`A mavae
after (past tense)	Ina `ua `uma	after (past tense; po.)	Ina `ua mavae
back	tua	block	pitonu`u
downstairs	fogafale i lalo	to drive	`ave
left	tauagavale	next	soso`o ai
over	luga a`e	to pass	te'a
right (correct)	sa`o	right (privilege; liberty)	aia
right (right side; right hand)	taumatau	stoplight	moli taofi
straight ahead	alu sa`o	street	`auala
to take (carry; to have; take)	`ave	to take (go along a path; choose or take route)	ui
to turn	afe	to turn left	afe i le tauagavale
to turn right	afe i le taumatau	under	lalo
upstairs	fogafale a luga	to walk	savali

Tell How Far Away a Place Is

1. **It's** *not far* **from here.**
   a. not far
   b. about ten minutes
   c. just a few blocks

1. *E le mamao* **mai `i`inei.**
   a. E le mamao
   b. Pe a ma le sefulu minute
   c. E na`o ni nai atufalega lava

block	pitonu`u	close	latalata
distance	mamao	far	mamao
kilometer	kilomita	meter	mita
mile	maila		

Tell How Long It Takes to Get to a Place

1. **To get there, it takes about** *an hour*.
   a. an hour
   b. five minutes
   c. a half–hour

2. **Driving, it will take** *just a few minutes*.
   a. just a few minutes
   b. twenty minutes
   c. an hour

3. **Walking, it will take ....**

1. **O le alu `i`ina, pe na`o** *se itula*.
   a. se itula
   b. lima minute
   c. se `afa itula

2. **`A alu i le ta`avale,** *na`o ni nai minute lava*.
   a. na`o ni nai minute lava
   b. o le luasefulu minute
   c. o se itula

3. **`A savali, e alu ai le ….**

to drive	`ave	to get	maua
hour	itula	minute	minute
to take (carry; to have; take)	`ave	to take (go along a path; choose or take route)	ui
to walk	savali		

Help People Resolve Their Concerns

Ask Appropriate Questions (to Discover Source of Concern)

1. **Would you like to share your concern with us?**
2. **What specifically bothers you?**
3. **What is the source of your concern?**

1. **E te finagalo e fa`asoa mai lou popole ia i ma`ua?**
2. **O le a tonu le mea o lo`o fa`alavelave ai ia te oe?**
3. **O le a le fa`apogai o lou atugaluga?**

to ask (ask a question)	fesili	to ask (request)	ole
concern	popolega	confusion	fenumia`i
experience (things that have happened)	mea `ua tutupu	to feel	lagona
to find out	sa`ili	question	fesili
reason	mafua`aga	to resolve	foia
to share	fa`asoa	to understand	malamalama
understanding	malamalama		

Ensure Your Understanding

1. **Did I understand you correctly?**
2. **If I understand correctly, you feel that ....**
3. **So, you feel that ... Is that right?**

1. **Pe na ou malamalama lelei ia te oe?**
2. **`Afai na ou malamalama lelei, `ua e lagona ….**
3. **O lona uiga `ua e manatu … E sa'o lena?**

feeling	lagona	joy	`oli`oli
to know (common)	iloa	to know (po.)	silafia
to listen (common)	fa`alogo	to listen (po.)	fa`afofoga
peace	filemu	to pray (common)	tatalo
to pray (po.)	talosaga	to understand	malamalama

Demonstrate Your Interest, Appreciation, and Support

1. **Thank you for sharing your thoughts.**
2. **We appreciate your sincerity.**
3. **We believe much the same way.**
4. **We completely understand.**
5. **I have felt that way before myself.**

1. **Fa`afetai mo le fa`asoaina mai o ou manatu.**
2. **`Ua ma talisapaia lou fa`amaoni.**
3. **E taitutusa lava o tatou talitonuga.**
4. **Ma te malamalama lelei lava.**
5. **Sa o`o fo`i ia te a`u se lagona fa`apena.**

to appreciate	talisapaia	blessing	fa`amanuiaga
to call (be called or given a calling)	tofi	to call (call out with voice)	vala`au atu
to call (name or label)	ta`ua	to call (on the phone)	vili
to come by	afe mai	to encourage	fa`amalosi`au
encouragement	fa`amalosi`auga	experience (things that have happened)	mea `ua tutupu

happiness	fiafia	help	fesoasoani
to listen (common)	fa`alogo	to listen (po.)	fa`afofoga
to offer (offer s.th.)	ofo atu	to offer a prayer	faia le tatalo
to rely on	fa`alagolago i	strength	malosi
to support	lagolago	understanding	malamalama

Use Scriptures, Examples, Testimony, Experiences, or Explanations

1. **May I share** *a scripture* **that helped me?**
   a. a scripture
   b. an experience
   c. an example
   d. a story

1. **Pe mafai ona ou fa`asoa atu** *se mau* **sa fesoasoani ia te a`u?**
   a. se mau
   b. se mea na tupu ia te a`u
   c. se fa`ata`ita`iga
   d. se tala

aloud	leotele	to apply	fa`atatau
to apply (to use)	fa`aaoga	to baptize	papatiso
to become	`avea	to believe	talitonu
blessing	fa`amanuiaga	book	tusi
to challenge	lu`itau	challenge	lu`itau
to change	sui	chapter	mata`upu
to command	poloa`i	commandment	poloa`iga
commitment	ta`utinoga	confused	fenumia`i
consequence	taunu`uga	to decide	filifili
to describe	fa`amatala	desire (common, noun or verb)	mana'o
desire (common, noun)	mana'oga	desire (po.)	finagalo
dream (common)	miti	dream (po.)	fa`alepo
to encourage	fa`amalosi`au	example	fa`ata`ita`iga
experience (things that have happened)	mea `ua tutupu	to explain	fa`amatala
faith	fa`atuatua	to find	maua
to follow	mulimuli	to forgive	fa`amagalo
to give (or present)	foa'i atu	to give (to share or give as well)	tu`uina
God	Atua	gospel	talalelei
guidance	ta`ita`iga	to guide	ta`ita`i
happiness	fiafia	happy	fiafia
helpful	aoga	Holy Ghost	Agaga Pa`ia
important	taua	interesting	manaia
invitation	vala`aulia	to invite	vala`aulia
Jesus Christ	Iesu Keriso	to keep	tausi
to know (common)	iloa	to know (po.)	silafia
life (common)	olaga	life (po.)	soifuaga
to look at	tilotilo i ai	to mean	uiga
meaning	uiga	page	itulau
passage	ala	people	tagata
plan	fuafuaga	to pray (common)	tatalo
to pray (po.)	talosaga	principle	mata`upu fa`avae
progress	alualu i luma	promise	folafolaga
to promise	folafola	prophet	perofeta

to quit (such as smoking, drinking, etc.)	tu`u	to recognize	iloaina
to repent	salamo	to return	fo`i
revelation	fa`aaliga	righteous	amiotonu
role	matafaioi	scripture (a scripture; verse)	mau
scripture (holy writings)	tusitusiga pa`ia	section	vaega
to see (common)	va`ai	to see (po., syn. with silasila)	taga`i
to see (po., syn. with taga`i)	silasila	to share	fa`asoa
to show	fa`aali	strength	malosi
success	fa`amanuiaina	to support	lagolago
to teach	a`oa`o	to think	mafaufau
thought	manatu	to try (give effort)	taumafai
to try (to taste food)	tofo	to try (to test)	tofotofo
to understand	malamalama	understanding	malamalama
unhappy	le fiafia	verse	fuai`upu
visit	asiasi	willing	malie
word	`upu		

Invite or Re–invite Someone to Make a Commitment

1. **Will you pray to God about the truthfulness** *of the Book of Mormon*?
   a. of the Book of Mormon
   b. of Joseph Smith
   c. of our message
2. **Will you recommit to** *pray for an answer*?
   a. pray for an answer
   b. read the Book of Mormon
   c. live the Word of Wisdom

1. **Pe o le `a e tatalo i le Atua e uiga i le moni** *o le Tusi a Mamona*?
   a. o le Tusi a Mamona
   b. o Iosefa Samita
   c. o le ma savali
2. **Pe o le `a e toe ta`utino la e** *tatalo mo se tali*?
   a. tatalo mo se tali
   b. faitau le Tusi a Mamona
   c. ola i le `Upu o le Poto

to challenge	lu`itau	to commit	ta`utino
commitment	ta`utinoga	to encourage	fa`amalosi`au
invitation	vala`aulia	to invite	vala`aulia
to keep	tausi	to quit (such as smoking, drinking, etc.)	tu`u
to start	`amata	to support	lagolago
visit	asiasi	willing	malie

Express Confidence in the Person

1. **I know you can make the right decision.**
2. **We are sure you will make the right decision.**
3. **We know you can** *find answers to your prayers*.
   a. find answers to your prayers
   b. receive strength to do this
   c. make correct decisions

1. **Ou te iloa e mafai ona e faia le filifiliga sa`o.**
2. **Ma te mautinoa o le `a e faia le filifiliga sa`o.**
3. **Ma te iloa e mafai ona e** *maua tali i au tatalo*.
   a. maua tali i au tatalo
   b. maua le malosi e fai ai lenei mea
   c. faia o filifiliga sa`o

Make a Telephone Call

Greet Someone on the Other End

1. **Good afternoon.**
2. **Good evening.**
3. **Good morning.**
4. **Hello.**

1. **Malo le soifua i lenei aoauli.**
2. **Malo le soifua i lenei afiafi.**
3. **Malo le soifua i lenei taeao.**
4. **Talofa.**

Identify Yourself

1. **This is Elder ....**
2. **This is Sister ....**

1. **O Elder …. nei.**
2. **O Sister …. nei.**

Elder	Toea`ina	Sister	Uso/Tuafafine

Ask to Speak with Someone

1. **Could I please speak with Sister Smith?**
2. **Is Sister Brown available?**
3. **May I please speak with Brother Jones?**

1. **Fa`amolemole pe mafai ona ou talanoa ia Sister Smith?**
2. **O avanoa ia Sister Brown?**
3. **Fa`amolemole e mafai ona ou talanoa ia Brother Jones?**

available (space, time)	avanoa	bishop	epikopo
Brother	Uso/Tuagane	Elder	Toea`ina
found	maua	Mr.	Susuga
Mrs.	Faletua	Ms.	tama`ita`i
president	peresitene	Sister	Uso/Tuafafine
to speak (common)	tautala	to speak (po.)	saunoa

Ask When Someone Will Be Available

1. **When does he usually come home?**
2. **When can I reach her?**
3. **When's the best time to call back?**

1. **O le `a le taimi e masani ona sau ai `o ia i le fale?**
2. **O afea e mafai ona ou maua ai `o ia?**
3. **O le `a se taimi sili ona lelei e toe vili atu ai?**

available (space, time)	avanoa	best	lelei silisili
to call (on the phone)	vili	found	maua
time	taimi	what	o le a
when (question form past)	anafea	when (question form, future)	afea
when (statement form future)	`a	when (statement form past)	ina `ua

Ask to Leave a Message

1. **May I leave a message for him?**
2. **Would you please take a message for me?**

1. **Pe mafai ona tu`u atu se feau mo ia?**
2. **Pe mafai ona e logoina atu se savali mo a'u?**

to leave a message	tu`u se fe`au	message	savali

Leave a Message

1. **Would you ask him to call the missionaries?**
2. **Could you tell him that** *the meeting was canceled***?**
   a. the meeting was canceled
   b. we are meeting tomorrow
   c. we called

1. **Pe mafai ona e fai i ai e vili mai i faife`autala`i?**
2. **Pe mafai ona e logo atu i ai** *`ua le o`o le fonotaga***?**
   a. `ua le o`o le fonotaga
   b. matou te feiloa`i taeao
   c. na ma vili atu

afternoon	aoauli	appointment	fuafuaga fa`atulagaina
to call (be called or given a calling)	tofi	to call (call out with voice)	vala`au atu
to call (name or label)	ta`ua	to call (on the phone)	vili
to cancel	tolo	church (as a body or congregation)	`ekalesia
church (religion; church service)	lotu	late	tuai
to meet	feiloa`i	meeting (church service; ceremony)	sauniga
meeting (general)	fono	message	savali
missionary	faife`autala`i	morning	taeao
next week	vaiaso a sau	today	le aso lenei
tomorrow	taeao	tonight	afiafi nei

End a Phone Call

1. **Good–bye.**
2. **Thank you.**
3. **Have a good day.**

1. **Tofa soifua.**
2. **Fa`afetai lava.**
3. **Ia manuia le aso.**

Say You Dialed the Wrong Number

1. **I am sorry, I dialed the wrong number.**

1. **E fa`amalie atu, `ua sese le numera na ou viliina.**

Ask for Repetition

1. **Could you repeat that please?**

1. **Toe saunoa mai lava fa`amolemole?**

Make Appointments

Ask to Meet with Someone

1. **May we share a message with your family?**
2. **Would it be alright for us to** *come by again*?
   a. come by again
   b. call you
   c. come to your home

1. **Pe mafai ona ma fa`asoa atu se savali i lou `aiga?**
2. **Pe i ai se afaina pe `a ma** *toe afe mai*?
   a. toe afe mai
   b. vala`au mai ia te `oe
   c. o mai i lou maota

family	`aiga	to invite	vala`aulia
opportunity	avanoa	truth	`upumoni
to visit	asiasi		

Explain Preferences and Expectations

1. **We would like to meet with you** *twice a week*.
   a. twice a week
   b. every other day
   c. on a regular basis

1. **Ma te manana`o ina ia tatou feiloa`i** *fa`alua i le vaiaso*.
   a. fa`alua i le vaiaso
   b. ta`iluaaso
   c. i se tulaga faifai so`o

to accept	talia	afternoon	aoauli
day	aso	evening	afiafi
to expect	fa`amoemoe	family	`aiga
to meet	feiloa`i	morning	taeao
not every day	e le`o aso `uma	once a week	fa`atasi i le vaiaso
someday	i se aso	time	taimi
twice a week	fa`alua i le vaiaso	week	vaiaso

Work out a Day, Time, and Place

1. *Evenings* **work best for us.**
   a. Evenings
   b. Weekends
   c. Afternoons
2. *Tomorrow* **would be better.**
   a. Tomorrow
   b. Wednesday
   c. Saturday
3. **Could we come** *an hour later*?
   a. an hour later
   b. earlier
4. **We already have an appointment at that time.**

1. **E sili atu le** *afiafi* **ia i ma`ua.**
   a. afiafi
   b. fa`ai`uga o vaiaso
   c. aoauli
2. **E sili atu** *taeao*.
   a. taeao
   b. le Aso Lulu
   c. le Aso To`ona`i
3. **Pe mafai ona ma** *tuai mai i se itula*?
   a. tuai mai i se itula
   b. vave mai
4. **`Ua i ai le ma fuafuaga i le taimi lena.**

afternoon	aoauli	best	lelei silisili
busy (syn. with pisi)	tuatuania	busy (syn. with tuatuania)	pisi
church (as a body or congregation)	`ekalesia	church (religion; church service)	lotu
to conflict with	fete`ena`i ma	date	aso
day	aso	evening	afiafi
hour	itula	morning	taeao
noon	aoauli	office	`ofisa
time	taimi	what	o le a
when (question form past)	anafea	when (question form, future)	afea
when (statement form future)	`a	when (statement form past)	ina `ua

If Necessary, Ask for Address and/or Telephone Number

1. **Could you give us your address and phone number?**
2. **What's your address?**
3. **Would you write down your address for us?**

1. **E mafai ona ta'u mai lou tuatusi ma le numera o lau telefoni?**
2. **O le a lou tuatusi?**
3. **Pe mafai ona e tusi mai lou tuatusi mo i ma`ua?**

address	tuatusi	to ask (ask a question)	fesili
to ask (request)	ole	directions	fa`asinoga
to give (or present)	foa'i atu	to give (to share or give as well)	tu`uina
telephone number	numera o le telefoni	to write	tusi

Confirm the Appointment

1. **We'll call you the day before to confirm the appointment.**
2. **So, we'll see you on ... at ....**

1. **O le `a ma vala`au mai i le aso a`o lumana`i le feiloa`iga e toe fa`amautu ai.**
2. **Ia, tatou toe feiloa`i i le aso … i le ….**

to adjust	fetu`una`i	appointment	fuafuaga fa`atulagaina
to ask (ask a question)	fesili	to ask (request)	ole
to call (be called or given a calling)	tofi	to call (call out with voice)	vala`au atu
to call (name or label)	ta`ua	to call (on the phone)	vili
to come by	afe mai	to confirm	fa`amau
day	aso	hour	itula
lesson	lesona	to postpone	tolopo
to teach	a`oa`o	time	taimi
what	o le a	when (question form past)	anafea
when (question form, future)	afea	when (statement form future)	`a
when (statement form past)	ina `ua		

Make Purchases

Say What You Are Looking for

1. **I'm looking for** *shoes*.
   a. shoes
   b. pants
   c. socks

1. **Ou te su`e ni** *se`evae*.
   a. se`evae
   b. `ofuvae u`umi
   c. totini

to exchange	fesuia`i	to look for	su`e
on sale	pa`u le tau	to purchase	fa`atau mai

Ask Where to Find Something

1. **Excuse me, where can I find** *shoes*?
   a. shoes
   b. socks
   c. shirts

2. **Where can I get** *a tie*?
   a. a tie
   b. a belt
   c. a wallet

1. **Fa`amolemole lava, o fea ou te maua ai ni** *se`evae*?
   a. se`evae
   b. totini
   c. `ofutino

2. **O fea ou te maua ai** *se fusiua*?
   a. se fusiua
   b. se fusipa`u
   c. se `atotupe

aisle	va o nofoa	department	matagaluega
to find	maua	store	fale`oloa
what	o le a	where	fea

Describe an Item

1. **Do you have that** *in blue*?
   a. in blue
   b. in grey
   c. in a larger size

2. **Could I have a half–kilogram of** *ham*, **please?**
   a. ham
   b. ground beef
   c. cheese

3. **I'd like** *a leather belt*, **please.**
   a. a leather belt
   b. a winter coat
   c. a medium–size skirt

1. **E maua le itu`aiga lena** *i le lanumoana*?
   a. i le lanumoana
   b. i le `efu`efu
   c. i se fua e lapo`a atu

2. **E mafai ona `aumai sa`u `afa kilokalama o le** *fasipua`a fa`aasu*, **fa`amolemole?**
   a. fasipua`a fa`aasu
   b. fasipovi vili
   c. sisi

3. **Ou te mana`o i** *se fusipa'u mao'i*.
   a. se fusipa'u mao'i
   b. se `ofu tele o le malulu
   c. o se lausakete e feololo le lapo`a

4. **I'd like these socks in** *black*, **please.**
   a. black
   b. white
   c. blue

4. **Ou te mana`o i totini nei i le** *lanuuliuli*, **fa`amolemole.**
   a. lanuuliuli
   b. lanupa`epa`e
   c. lanumoana

big (large)	tele	big (large; fat)	lapo`a
cheap	taugofie	expensive	taugata
extra large	lapo`a atu	large	lapo`a
long	`umi	medium (of size; shape)	fa`aleogolua
medium (so–so; mediocre of size/feeling)	feoloolo	short	pu`upu`u
small	la`itiiti	thick	mafiafia
thin	manifinifi	tight	fufusi

Ask the Price

1. **How much does that come to?**
2. **How much does that cost?**
3. **How much does a liter of** *milk* **cost?**
   a. milk
   b. water
   c. juice
4. **What's the price of** *milk*?
   a. milk
   b. bread
   c. eggs

1. **E fia `atoa la?**
2. **E fia le tau o le mea lena?**
3. **E fia le tau o le lita o le** *susu*?
   a. susu
   b. vai
   c. sua o fuala`au `aina
4. **O le a le tau o le** *susu*?
   a. susu
   b. falaoa
   c. fuamoa

to cost	fai le tau	gallon	kalone
gram	kalama	kilo	kilo
liter	lita	pound	pauna
price	tau	total	aofa`i

Pay for Something

1. **Can I pay for that with a** *check*?
   a. check
   b. credit card

1. **E mafai ona totogi i se** *siaki*?
   a. siaki
   b. kata fai fa`atau

ATM	Masini talatupe	cash	tupe
to charge	pili atu	check	siaki
credit card	kata fai`aitalafu	dollar	tala
to spend (time, energy, money, etc)	fa`aalu		

Meet Someone

Greet Someone

1. **Hello.**
2. **How are you doing?**
3. **How are you?**
4. **Good evening.**
5. **Good afternoon.**
6. **Good morning.**

1. **Talofa lava.**
2. **O fa`apefea mai `oe?**
3. **O a mai `oe?**
4. **Malo le soifua i lenei afiafi.**
5. **Malo le soifua i lenei aoauli.**
6. **Malo le soifua i lenei taeao.**

Brother	Uso/Tuagane	Elder	Toea`ina
good afternoon	malo le soifua	good evening	malo le soifua
good morning	malo le soifua	hello	talofa
Miss	tama`ita`i	Mr.	Susuga
Mrs.	Faletua	Sister	Uso/Tuafafine

Introduce Yourself and Someone Else

1. **I'm Elder ..., and this is my companion, Elder ....**
2. **I'm Sister ..., and this is my companion, Sister ....**
3. **Let me introduce you to ....**
4. **My name is ....**
5. **This is my companion, Elder ....**
6. **This is my companion, Sister ....**

1. **O a`u o Elder …, `ae o la'u soa lea o Elder ….**
2. **O a`u o Sister …, `ae o la'u soa lea o Sister ….**
3. **Se`i ou fa`ailoa atu `oe ia ….**
4. **O lo'u igoa o ….**
5. **O la'u soa lea o Elder ….**
6. **O la'u soa lea o Sister ….**

Brother	Uso/Tuagane	companion	soa
Elder	Toea`ina	Miss	tama`ita`i
Mr.	Susuga	Mrs.	Faletua
Sister	Uso/Tuafafine		

If Appropriate, Tell Whom You Represent

1. **We are** *missionaries* **of the Church of Jesus Christ of Latter–day Saints.**
   a. missionaries
   b. members
   c. representatives
2. **We are** *representatives* **of the Lord Jesus Christ.**
   a. representatives
   b. missionaries
   c. servants

1. **O i ma`ua o** *faife`autala`i* **o le `ekalesia a Iesu Keriso o le `Au Pa`ia o Aso e Gata Ai.**
   a. faife`autala`i
   b. tagata
   c. sui
2. **O i ma`ua o** *sui* **o le Ali`i o Iesu Keriso.**
   a. sui
   b. faife`autala`i
   c. `au`auna

Elder	Toea`ina	Jesus Christ	Iesu Keriso
man (po.)	Ali`i	to represent (symbolically)	fa`atusa
to represent (take place of in representation)	fai ma sui	representative	sui
servant	`au`auna	Sister	Uso/Tuafafine
The Church of Jesus Christ of Latter–day Saints	`O Le `Ekalesia a Iesu Keriso o le `Au Pa`ia o Aso e Gata Ai		

Ask Someone's Name

1. **May I ask what your name is?**
2. **What is your name?**

1. **Ou te fia fesili atu po o ai lou suafa?**
2. **O ai lou suafa?**

Brother	Uso/Tuagane	Elder	Toea`ina
her	lana	his	lana
to know someone	iloa se tasi	Miss	tama`ita`i
Mr.	Susuga	Mrs.	Faletua
name (common)	igoa	name (po.)	suafa
Sister	Uso/Tuafafine	what	o le a
your (dual)	la/lo `oulua	your (plural)	la/lo `outou
your (singular)	lau/lou		

Express Pleasure in Meeting Someone

1. **It's nice to meet you.**
2. **Pleased to meet you.**

1. **E fiafia lava e feiloa`i ia te `oe.**
2. **E fiafia lava e feiloa`i ma `oe.**

to get to know	fa`amasani	honor	ava
how	fa`apefea	how (way)	`auala
to know someone	iloa se tasi	to meet	feiloa`i
nice	manaia	pleasure	fiafiaga

Obtain Referrals

Ask about People Who Might Be Interested

1. **Do you have** *friends* **who would be interested in our message?**
   a. friends
   b. acquaintances
   c. neighbors
   d. family members

2. **Do you know anyone who would like to** *listen to our message***?**
   a. listen to our message
   b. receive a copy of the Book of Mormon
   c. receive a church video

3. **May we talk to** *your friends* **about our message?**
   a. your friends
   b. your family
   c. your husband

4. **Who else can we invite to** *come to church***?**
   a. come to church
   b. hear our message
   c. participate in our discussion

1. **Pe i ai ni au** *uo* **`atonu e fiafia i le ma savali?**
   a. uo
   b. tagata masani
   c. tua`oi
   d. tagata o `aiga

2. **Pe e te silafia se tagata `atonu e fia** *fa`alogo i le ma savali***?**
   a. fa`alogo i le ma savali
   b. maua se kopi o le Tusi a Mamona
   c. maua se vitio o le `ekalesia

3. **Pe mafai ona ma talanoa i** *au uo* **e uiga i le ma savali?**
   a. au uo
   b. lou `aiga
   c. i lau tane

4. **O ai se isi e mafai ona ma vala`aulia e** *sau i le lotu***?**
   a. sau i le lotu
   b. fa`alogo i le ma savali
   c. `auai i le tatou talanoaga

to ask (ask a question)	fesili	to ask (request)	ole
church members	tagata o le `ekalesia	circle of friends	li`o o uo
family	`aiga	friend	uo
interested	fiafia	to know someone	iloa se tasi
to learn	a`oa`o	to meet	feiloa`i
message	savali	neighbor	tua`oi
relative	tagata e `aiga		

Ask How Interested Someone Might Be in Learning More about the Church

1. **How interested is your family in** *learning about the Gospel***?**
   a. learning about the Gospel
   b. reading the Book of Mormon
   c. meeting with the missionaries

2. **How would Bob react to an invitation to** *come to church***?**
   a. come to church
   b. receive the gospel lessons
   c. learn about the Book of Mormon

1. **O le a se tele o le fiafia o lou `aiga e** *a`oa`o e uiga i le Talalelei***?**
   a. a`oa`o e uiga i le Talalelei
   b. faitau le Tusi a Mamona
   c. feiloa`i ma faife`autala`i

2. **O a ni uiga fa`aalia o Papu i se vala`aulia e** *sau i le lotu***?**
   a. sau i le lotu
   b. maua lesona o le talalelei
   c. a`oa`o e uiga i le Tusi a Mamona

to ask (ask a question)	fesili	to ask (request)	ole
family	`aiga	to find out	sa`ili
friend	uo	to learn	a`oa`o
neighbor	tua`oi	relative	tagata e `aiga
The Church of Jesus Christ of Latter–day Saints	`O Le `Ekalesia a Iesu Keriso o le `Au Pa`ia o Aso e Gata Ai		

Ask Someone to Provide a Referral

1. **Will you invite** *your neighbors* **to hear our message?**
   a. your neighbors
   b. members of your family
   c. your friends
2. **Will you invite your friends to** *hear our message***?**
   a. hear our message
   b. meet with the missionaries
   c. learn about the gospel

1. **Pe o le `a e vala`aulia** *ou tua`oi* **e fa`alogo i le ma savali?**
   a. ou tua`oi
   b. tagata o lou `aiga
   c. au uo
2. **Pe o le `a e vala`aulia au uo e** *fa`alogo i le ma savali***?**
   a. fa`alogo i le ma savali
   b. feiloa`i ma faife`autala`i
   c. a`oa`o e uiga i le Talalelei

anyone	so`o se tasi	to ask (ask a question)	fesili
to ask (request)	ole	to know (common)	iloa
to know (po.)	silafia	to know someone	iloa se tasi
to learn	a`oa`o	message	savali
referral	tagata e fa`ailoa mai		

Invite Someone to Pray for Specific Individuals to Be Prepared to Hear the Gospel

1. **Will you pray to know how to help ... accept the gospel?**

1. **Pe o le `a e tatalo ina ia iloa ai se `auala e te fesoasoani ai …e talia le talalelei?**

to ask (ask a question)	fesili	to ask (request)	ole
family	`aiga	friend	uo
interested	fiafia	to listen (common)	fa`alogo
to listen (po.)	fa`afofoga	neighbor	tua`oi
to offer (offer s.th.)	ofo atu	to offer a prayer	faia le tatalo
to pray (common)	tatalo	to pray (po.)	talosaga
to prepare	sauni	referral	tagata e fa`ailoa mai
sincere	fa`amaoni	willing	malie

Discuss Ways Someone Can Help Their Friends Feel the Spirit

1. **How can you help them feel the Spirit?**

2. **To help them feel the Spirit you can** *share your testimony***.**
   a. share your testimony
   b. share a spiritual experience
   c. invite them into your home
   d. have them over for Family Home Evening
   e. do something kind for them
   f. invite them to church

3. **They can feel the Spirit when** *they hear your testimony***.**
   a. they hear your testimony
   b. you share a spiritual experience
   c. they read the scriptures
   d. they watch a church video

1. **E mafai fa`apefea ona e fesoasoani ia i latou ia lagona le Agaga?**

2. **Ina ia fesoasoani ia latou lagona le Agaga, e mafai ona** *fa`asoa atu lau molimau***.**
   a. fa`asoa atu lau molimau
   b. fa`asoa atu se a`afiaga fa`aleagaga
   c. vala`aulia i latou i totonu o lou fale
   d. vala`aulia i latou i Afiafi fa`ale`aiga
   e. fai se galuega agalelei mo i latou
   f. vala`aulia i latou i le lotu

3. **E mafai ona latou lagona le agaga pe `a** *latou fa`alogo i lau molimau***.**
   a. latou fa`alogo i lau molimau
   b. `e fa`asoa atu se a`afiaga fa`aleagaga
   c. latou faitau i tusitusiga pa`ia
   d. latou matamata i se vitio a le `ekalesia

blessing	fa`amanuiaga	example	fa`ata`ita`iga
to feel	lagona	feeling	lagona
gospel	talalelei	Holy Ghost	Agaga Pa`ia
to live (common)	ola	to live (po.)	soifua
to live (stay; dwell)	nofo	media	ala o fa`asalalauga
music	musika	to pray (common)	tatalo
to pray (po.)	talosaga	to serve (most common)	`au`auna
to serve (smb. of lower rank s. smb. of higher rank)	tautua	service (church service)	sauniga
service (service work)	galuega fesoasoani	testimony	molimau
through	ala		

Give Encouragement and Support

1. **How can we help you to** *talk with your family***?**
   a. talk with your family
   b. prepare your friends
   c. share the gospel
   d. invite your friends

2. **How can we help?**

3. **We have confidence that you will know** *what to say***.**
   a. what to say
   b. how to approach them
   c. how to invite them

4. **We know it must be difficult for you.**

1. **E mafai fa`apefea ona ma fesoasoani atu ina ia e** *talanoa ai i lou `aiga***?**
   a. talanoa ai i lou `aiga
   b. saunia au uo
   c. fa`asoa atu le talalelei
   d. vala`aulia au uo

2. **E mafai fa`apefea ona ma fesoasoani atu?**

3. **Ma te lototetele lava o le `a e iloa l** *au tala e fai atu***.**
   a. au tala e fai atu
   b. le `auala e talanoa ai ia i latou
   c. le `auala e vala`aulia ai i latou

4. **Ma te iloa `ai lava se faigata ia te `oe.**

5. **We know that the Lord will** *guide you***.**
   a. guide you
   b. bless your efforts
   c. inspire you

5. **Ma te iloa o le `a** *ta`ita`iina `oe* **e le Ali`i.**
   a. ta`ita`iina `oe
   b. fa`amanuia au taumafaiga
   c. musuia `oe

to bless	fa`amanuia	to call (be called or given a calling)	tofi
to call (call out with voice)	vala`au atu	to call (name or label)	ta`ua
to call (on the phone)	vili	confidence	mautinoa
help	fesoasoani	strength	malosi
support	lagolago	to support	lagolago

Make Follow Up Plans

1. **May we stop by** *tomorrow* **to see how it went?**
   a. tomorrow
   b. this week
   c. on Thursday

1. **E mafai ona ma afe mai** *taeao* **e va`ai pe na a mai?**
   a. taeao
   b. i lenei vaiaso
   c. i le Aso Tofi

2. **We'll call you to see how it went.**

2. **Ma te vala`au mai pe na a mai.**

3. **We'll stop by tomorrow to see** *how you did***.**
   a. how you did
   b. how it went
   c. what happened

3. **Ma te afe mai taeao e va`ai** *pe na a mai***.**
   a. pe na a mai
   b. pe na fa`apefea mai
   c. po`o le a le mea na tupu

4. **When do you have time** *this week***?**
   a. this week
   b. next week
   c. tomorrow

4. **O le a sou aso avanoa** *i lenei vaiaso***?**
   a. i lenei vaiaso
   b. i lea vaiaso
   c. taeao

afternoon	aoauli	to ask (ask a question)	fesili
to ask (request)	ole	to call (be called or given a calling)	tofi
to call (call out with voice)	vala`au atu	to call (name or label)	ta`ua
to call (on the phone)	vili	to come (common)	sau
to come (po.)	maliu	day	aso
to discuss	talanoa	evening	afiafi
to find out	sa`ili	morning	taeao
night	po	progress	alualu i luma
to return	fo`i	to see (common)	va`ai
to see (po., syn. with silasila)	taga`i	to see (po., syn. with taga`i)	silasila
time	taimi	today	le aso lenei
tomorrow	taeao		

Offer a Prayer

Address Heavenly Father

1. **Dear Heavenly Father,**
2. **Heavenly Father,**
3. **Our Father in Heaven,**

1. **Le Tama Pele o i le Lagi,**
2. **Le Tama o i le Lagi,**
3. **Lo matou Tama o i le Lagi,**

Express Gratitude

1. **I am grateful for** *my family*.
   a. my family
   b. my companion
   c. my missionary calling
2. **We thank thee for** *thy Son, Jesus Christ*.
   a. thy Son, Jesus Christ
   b. thy love
   c. thy patience

1. **Ou te fa`afetai mo** *lo'u `aiga*.
   a. lo'u `aiga
   b. la'u soa
   c. lo'u vala`auga fa`amisiona
2. **Matou te fa`afetai atu mo** *lou Alo, o Iesu Keriso*.
   a. lou Alo, o Iesu Keriso
   b. lou alofa
   c. lou `onosa`i

to give (or present)	foa'i atu	to give (to share or give as well)	tu`uina
grateful	loto faafetai	to offer (offer s.th.)	ofo atu
to offer a prayer	faia le tatalo	to thank	faafetai
thanks	faafetai		

Ask for Help and Blessings

1. **I ask thee to bless** *my companion*.
   a. my companion
   b. my teachers
   c. my family
2. **Please help me to** *work diligently*.
   a. work diligently
   b. learn Samoan
   c. be obedient
3. **Please help us to** *be obedient*.
   a. be obedient
   b. learn Samoan
   c. work diligently
4. **We ask thee to bless** *the prophet*.
   a. the prophet
   b. our companions
   c. the people of this area

1. **Ou te ole atu ia e fa`amanuia i** *la`u soa*.
   a. la`u soa
   b. o'u faia`oga
   c. lo'u `aiga
2. **Fa`amolemole fesoasoani mai ina ia ou** *galue ma le filiga*.
   a. galue ma le filiga
   b. a`oa`o i le fa`aSamoa
   c. usiusita`i
3. **Fa`amolemole fesoasoani mai ina ia ma** *usiusita`i*.
   a. usiusita`i
   b. a`oa`o i le fa`aSamoa
   c. galulue filiga
4. **Ma te ole atu ia fa`amanuia** *le perofeta*.
   a. le perofeta
   b. a matou soa
   c. tagata o lenei eria

5. **We ask thee to bless us with** *thy Spirit***.**
   a. thy Spirit
   b. thy patience
   c. thy love

5. **Ma te ole atu ina ia e fa`amanuia i matou** *i lou Agaga***.**
   a. i lou Agaga
   b. i lou fa`apalepale
   c. i lou alofa

to ask (ask a question)	fesili	to ask (request)	ole
to bless	fa`amanuia	guidance	ta`ita`iga
health (common)	ola maloloina	health (po.)	soifua maloloina
help	fesoasoani	Holy Ghost	Agaga Pa`ia
inspiration	musumusuga	patience	`onosa`i
peace	filemu	strength	malosi

Close the Prayer in the Name of Jesus Christ

1. **In the name of Jesus Christ, amen.**
2. **We say these things in the name of Jesus Christ, amen.**

1. **I le suafa o Iesu Keriso, `amene.**
2. **Ma te faia ai nei `upu `uma i le suafa o Iesu Keriso, `amene.**

Perform Priesthood Ordinances

Priesthood Mechanics

to bend	fa`apipi`o	full name (common)	igoa `atoa
full name (po.)	suafa `atoa	hands (common)	lima
hands (po.)	`a`ao	head (common)	ulu
head (po.)	ao	to immerse	fa`atofu
knees	tulivae	nose	isu
oil (anointing oil; oil for hair)	suau`u	to perform	fa`ataunu`u
to place	tu`u	to plug	pupuni
to state	ta`u	wrist	tapulima

Call Someone by Name and State the Authority by which the Ordinance Is Performed

1. **..., by the authority of the Melchizedek Priesthood,**

1. **…, i le pule o le Perisitua Mekisateko,**

authority	pule	commissioned	tofia
hands (common)	lima	hands (po.)	`a`ao
head (common)	ulu	head (po.)	ao
Melchizedek Priesthood	Perisitua Mekisateko	power	mana
priesthood	perisitua		

State What Ordinance You Are Performing

1. **I anoint you with this consecrated oil.**
2. **We confirm you a member of the Church of Jesus Christ of Latter–day Saints.**
3. **We say unto you, receive the Holy Ghost.**
4. **We seal and confirm this anointing.**

1. **Ou te fa`au`uina ai `oe i lenei suau`u pa`ia.**
2. **Ma te fa`amauina `oe o se tasi o le `ekalesia a Iesu Keriso o le `Au Pa`ia o Aso e Gata Ai.**
3. **Matou te fa`apea atu ia te `oe, talia le Agaga Pa`ia.**
4. **Matou te fa`amaufa`ailogaina ma fa`amauina ai lenei fa`au`uga.**

to anoint	fa`au`u	anointing	fa`au`uina
to baptize	papatiso	blessing	fa`amanuiaga
comfort	fa`amafanafana	to confirm	fa`amau
to give (or present)	foa'i atu	to give (to share or give as well)	tu`uina
to receive	maua	to seal	fa`amau
to set apart	vaetofia	sick (common)	ma`i
sick (po.)	gasegase		

Add Such Words of Blessing as the Spirit Dictates

1. **As you pray, the Lord will** *strengthen your testimony*.
   a. strengthen your testimony
   b. give you answers
   c. increase your faith
2. **The Lord wants you to know that** *He loves you*.
   a. He loves you
   b. you must be patient
   c. He is aware of your struggles
3. **We bless you with** *wisdom*.
   a. wisdom
   b. health
   c. patience

1. **Pe `a e tatalo, o le Ali`i o le `a** *fa`amalosia lau molimau*.
   a. fa`amalosia lau molimau
   b. tu`uina mai ia te `oe tali
   c. fa`ateleina lou fa`atuatua
2. **E finagalo le Ali`i ia e iloa** *e alofa `o Ia ia te `oe*.
   a. e alofa `o Ia ia te `oe
   b. e tatau ona e `onosa`i
   c. Na te silafia ou tauiviga
3. **Matou te fa`amanuia atu ia te `oe i le** *poto*.
   a. poto
   b. soifua maloloina
   c. `onosa`i

comfort	fa`amafanafana	faith	fa`atuatua
gift of the Holy Ghost	meaalofa o le agaga pa`ia	guidance	ta`ita`iga
happiness	fiafia	health (common)	ola maloloina
health (po.)	soifua maloloina	inspiration	musumusuga
knowledge	poto	knowledge (understanding)	malamalama
love	alofa	patience	`onosa`i
peace	filemu	revelation	fa`aaliga
strength	malosi	testimony	molimau
understanding	malamalamaaga		

Close in the Name of Jesus Christ

1. **In the name of our Savior, Jesus Christ, amen.**
2. **We give you this blessing in the name of Jesus Christ, amen.**
3. **We seal these blessings upon you in the name of Jesus Christ, amen.**

1. **I le suafa o lo tatou Fa`aola, o Iesu Keriso, `amene.**
2. **Matou te tu`uina atu ia te `oe lenei fa`amanuiaga i le suafa o Iesu Keriso, `amene.**
3. **Matou te fa`amauina ai nei fa`amanuiaga i ou luga i le suafa o Iesu Keriso, `amene.**

Plan Daily and Weekly Activities

Discuss Needs of Investigators, Members, and Recent Converts

1. **How can we help Mr. Brown to** *come to church regularly*?
   a. come to church regularly
   b. give up smoking
   c. read the Book of Mormon
2. **What can we do for ...?**
3. **What does Sister ... need?**

1. **E mafai fa`apefea ona tatou fesoasoani i le Susuga ia Brown ina ia** *sau e le aunoa i le lotu?*
   a. sau e le aunoa i le lotu
   b. tu`u le ulaula
   c. faitau le Tusi a Mamona
2. **O le a se mea e mafai ona tatou faia mo …?**
3. **O le a le mea o lo`o mana`omia e Tuafafine …?**

appointment	fuafuaga fa`atulagaina	to ask (ask a question)	fesili
to ask (request)	ole	to attend	`auai
baptism	papatisoga	to befriend	fa`auo
blessing	fa`amanuiaga	church (as a body or congregation)	`ekalesia
church (religion; church service)	lotu	church members	tagata o le `ekalesia
to come (common)	sau	to come (po.)	maliu
to commit	ta`utino	commitment	ta`utinoga
concern	popolega	confirmation	fa`amauga
convert	tagata liliu mai	daily	aso ta`itasi
to discuss	talanoa	to explain	fa`amatala
fast offering	taulaga anapogi	to find	maua
to follow–up	tulitatao	goal	sini
guidance	ta`ita`iga	interview	fa`atalanoaga
investigator	tagata sa`ili`ili	to invite	vala`aulia
law of chastity	tulafono o le legavia	lesson	lesona
missionary	faife`autala`i	month	masina
need (really want)	mana`omia	need (should, must, have to)	tatau
to participate	`auai	plan	fuafuaga
to pray (common)	tatalo	to pray (po.)	talosaga
problem	fa`afitauli	to progress	alualu i luma
question	fesili	to read	faitau
referral	tagata e fa`ailoa mai	scriptures	tusitusiga pa`ia
to serve (most common)	`au`auna	to serve (smb. of lower rank s. smb. of higher rank)	tautua
service (church service)	sauniga	service (service work)	galuega fesoasoani
to talk (common)	tautala	to talk (converse)	talanoa
to talk (po.)	saunoa	to teach	a`oa`o
tithing	sefulua`i	to understand	malamalama
to visit	asiasi	week	vaiaso
Word of Wisdom	`Upu o le Poto		

Identify Regularly Scheduled Activities

1. *The appointment* **begins at seven o'clock.**
   a. The appointment
   b. The meeting
   c. The conference

2. *The conference* **is from four to five o'clock.**
   a. The conference
   b. The meeting
   c. The appointment

3. **On Friday, we have** *ward council***.**
   a. ward council
   b. zone conference
   c. a service project

4. **When does** *zone conference* **begin?**
   a. zone conference
   b. ward council meeting
   c. the ward activity

5. **When is our appointment with ...?**

1. *O le fuafuaga fa`atulagaina* **e `amata i le ta o le fitu.**
   a. O le fuafuaga fa`atulagaina
   b. O le sauniga
   c. O le konafesi

2. *O le konafesi* **e mai le ta o le fa i le ta o le lima.**
   a. O le konafesi
   b. O le sauniga
   c. O le fuafuaga fa`atulagaina

3. **O le Aso Faraile, e fai ai le** *fonotaga a le `aufono a le uarota***.**
   a. fonotaga a le `aufono a le uarota
   b. konafesi fa`alesone
   c. se galuega fesoasoani

4. **O afea e `amata ai le** *konafesi fa`alesone***?**
   a. konafesi fa`alesone
   b. fonotaga a le `aufono a le uarota
   c. gaoioiga a le uarota

5. **O afea le ta fuafuaga fa`atulagaina ma …?**

baptismal service	sauniga o le papatisoga	to change	sui
date	aso	district meeting	fonotaga fa`aleitu
mission conference	konafesi a le misiona	to prepare	sauni
priesthood	perisitua	to read	faitau
Relief Society	`Aualofa	sacrament meeting	sauniga fa`amanatuga
to serve (most common)	`au`auna	to serve (smb. of lower rank s. smb. of higher rank)	tautua
social	fa`apotopotoga	to study	su`esu`e
Sunday School	a`oga aso Sa	to talk (common)	tautala
to talk (converse)	talanoa	to talk (po.)	saunoa
to teach	a`oa`o	ward mission leader	ta`ita`i misiona a le uarota
zone conference	konafesi fa`alesone		

Schedule the Rest of Your Time

1. **We still need to** *fill out the area book***.**
   a. fill out the area book
   b. do laundry
   c. visit the Jones family

2. **What else do we need to do this week?**

3. **When should we** *visit the bishop* **this week?**
   a. visit the bishop
   b. do service
   c. stop by to see our investigators

1. **E mana`omia lava ona ta** *fa`atumuina le tusi a le eria***.**
   a. fa`atumuina le tusi a le eria
   b. faia le tagamea
   c. asiasi i le `aiga o Jones

2. **O le a se isi mea e tatau ona ta fai i lenei vaiaso?**

3. **O le a se aso o lenei vaiaso e tatau ona ta** *asiasi ai i le epikopo***?**
   a. asiasi ai i le epikopo
   b. faia ai galuega `au`auna atu
   c. afe e va`ai a ta tagata sa`ili`ili

to adapt	fetu`una`i	afternoon	aoauli
breakfast (common)	fafaga o le taeao	breakfast (po.)	malu o le taeao
to buy	fa`atau mai	to clean	fa`amama
clothes (common)	`ofu	clothes (nice word not po.)	lavalava
clothes (po.)	la`ei	companion	soa
to contact	fa`afeso`ota`i	dinner (common)	fafaga o le afiafi
dinner (po.)	taumafataga o le afiafi	to eat (common)	`ai
to eat (po.)	tausami	to eat or drink (po.)	taumafa
evening	afiafi	exercise	fa`amalositino
to exercise (physical exertion)	fa`amalositino	to exercise (to use)	fa`aaoga
to find	maua	to get a haircut (common)	`oti le ulu
to get a haircut (po.)	fa`afuga le ao	grocery shopping	fa`atauga o mea e fa`aaoga
laundry	tagamea	letter	tusi
lunch (common)	mea`ai o le aoauli	lunch (po.)	malu o le aoauli
mail	meli	morning	taeao
night	po	to proselyte	tala`i
schedule	fuafuaga faatulagaina	to share	fa`asoa
to shop	fa`atau	shopping	fa`atauga
to sleep (common)	moe	to sleep (po.)	tofa
to study	su`esu`e	to talk (common)	tautala
to talk (converse)	talanoa	to talk (po.)	saunoa
to teach	a`oa`o	to tract	tala`i tu'itu'i
to visit	asiasi	to walk	savali
to wash	fufulu	to work (for pay)	faigaluega
to work (generally put forth effort)	galue	to write	tusi

Discuss Transportation Time and Mode to Each Appointment

1. **The Miller family lives** *close by***.**
   a. close by
   b. downtown
   c. far from here
2. **We could go** *by foot***.**
   a. by foot
   b. by bike
   c. by bus
3. **We need to take** *the train***.**
   a. the train
   b. the subway
   c. the bus
4. **What's the best way to get there?**
5. **When does** *the bus* **leave?**
   a. the bus
   b. the subway
   c. the train

1. **O Le `aiga o Miller e nonofo** *latalata mai***.**
   a. latalata mai
   b. i le taulaga
   c. mamao mai `i`inei
2. **E mafai ona ta** *savavali***.**
   a. savavali
   b. ti`eti`e i uila
   c. o i le pasi
3. **E tatau ona ta o** *i le nofoaafi***.**
   a. i le nofoaafi
   b. i le nofoaafi e alu i le `eletise
   c. i le pasi
4. **O le a le `auala lelei e o ai?**
5. **O le a le taimi e alu ai** *le pasi***?**
   a. le pasi
   b. le nofoaafi e alu i le `eletise
   c. le nofoaafi

address	tuatusi	bicycle	uila vilivae
bus	pasi	car	ta`avale
to drive	`ave	early	vave
hour	itula	late	tuai
long	`umi	on time	taimi tonu
to ride	ti`eti`e	short	pu`upu`u
subway	`auala i lalo o le `ele`ele	to take (carry; to have; take)	`ave
to take (go along a path; choose or take route)	ui	taxi	ta`avale la`itiiti la`upasese
time	taimi	train	nofoaafi
to travel	malaga	to wait	fa`atali
to walk	savali		

Share an Experience

Give Background for an Experience

1. **May I share an experience?**
2. **A similar experience happened** *to my family*.
   a. to my family
   b. to me
   c. to my parents
3. **When I lived** *with my parents*, ...
   a. with my parents
   b. at home
   c. at the university
4. **When I** *was twelve years old*, ...
   a. was twelve years old
   b. was in high school
   c. was a teenager

1. **E mafai ona ou fa`asoa atu se mea na tupu?**
2. **Na tupu fo`i se mea fa`apena** *i lo'u `aiga*.
   a. i lo'u `aiga
   b. ia te a'u
   c. i o'u matua
3. **A`o o`u nofo** *ma o'u matua*, ….
   a. ma o'u matua
   b. i le fale
   c. i le iunivesite
4. **A`o** *sefululua o o`u tausaga*, ….
   a. sefululua o o`u tausaga
   b. o`u i le a`oga maualuga
   c. o`u talavou

baptism	papatisoga	to baptize	papatiso
to believe	talitonu	Book of Mormon	Tusi a Mamona
church (as a body or congregation)	`ekalesia	church (religion; church service)	lotu
death (common)	oti	death (po.)	maliu
to die (common)	oti	to die (po.)	maliu
family	`aiga	funeral (common)	oti
funeral (po.)	maliu	to know (common)	iloa
to know (po.)	silafia	to know someone	iloa se tasi
to ordain	fa`au`u	priesthood	perisitua
school	a`oga	story	tala
to study	su`esu`e	temple	malumalu
testimony	molimau	to think	mafaufau
when (question form past)	anafea	when (question form, future)	afea
when (statement form future)	`a	when (statement form past)	ina `ua

Share the Experience

1. **I decided to** *try and pray*.
   a. try and pray
   b. read the Book of Mormon every day
   c. leave the party
2. **I had to make a choice to** *find out for myself*.
   a. find out for myself
   b. obey that commandment
   c. do what I knew was right

1. **Na ou filifili e** *taumafai e tatalo*.
   a. taumafai e tatalo
   b. faitau le Tusi a Mamona i aso `uma
   c. alu`ese mai le pati
2. **Sa ou faia se filifiliga ina ia ou** *saili mo a`u lava ia*.
   a. saili mo a`u lava ia
   b. usita`i i lena poloa`iga
   c. fai le mea na ou iloa e sa`o

3. **I wanted to find out if** *God was really there***.**
   a. God was really there
   b. the Book of Mormon was true
   c. my life had a purpose

3. **Na ou fia iloa pe** *o i ai moni se Atua***.**
   a. o i ai moni se Atua
   b. moni le Tusi a Mamona
   c. na i ai se fa`amoemoega o lou olaga

after (future tense)	`A `uma	after (future tense; po.)	`A mavae
after (past tense)	Ina `ua `uma	after (past tense; po.)	Ina `ua mavae
to ask (ask a question)	fesili	to ask (request)	ole
baptism	papatisoga	before (direction, in front of)	i luma o
before (first)	muamua	before (while yet to)	a`o le`i
blessing	fa`amanuiaga	challenge	lu`itau
desire (common, noun or verb)	mana'o	desire (common, noun)	mana'oga
desire (po.)	finagalo	faith	fa`atuatua
to feel	lagona	feeling	lagona
to find out	sa`ili	friend	uo
gospel	talalelei	guidance	ta`ita`iga
to happen	tupu	health (common)	ola maloloina
health (po.)	soifua maloloina	heart (emotional heart)	loto
heart (physical heart)	fatu	Heavenly Father	Tama Fa`alelagi
help	fesoasoani	Holy Ghost	Agaga Pa`ia
inspiration	musumusuga	Jesus Christ	Iesu Keriso
later (after smth.; following s.th. in relation to time)	mulimuli ane	later (later today)	nanei
love	alofa	missionary work	galuega fa`afaife`autala`i
next	soso`o ai	obedience	usita`i
opportunity	avanoa	to overcome	manumalo
patience	`onosa`i	peace	filemu
priesthood	perisitua	sacred	pa`ia
sacrifice	taulaga	to share	fa`asoa
Spirit	Agaga	spiritual	fa`aleagaga
strength	malosi	to study	su`esu`e
to think	mafaufau	tithing	sefulua`i
true	moni	truth	`upumoni
Word of Wisdom	`Upu o le Poto		

Explain What Can Be Learned; Relate Experience to the Situation at Hand

1. **Because of this experience I understood that** *God lives***.**
   a. God lives
   b. the church is true
   c. Heavenly Father listens to prayers

2. **I came to realize that** *obedience brings blessings***.**
   a. obedience brings blessings
   b. God answers prayers
   c. Joseph Smith really was a prophet

1. **`Ona o lenei a`afiaga, ua ou malamalama ai** *o lo`o soifua le Atua***.**
   a. o lo`o soifua le Atua
   b. e moni le `ekalesia
   c. e fa`afofoga mai le Tama Fa`alelagi i tatalo

2. **Na ou iloa ai** *o le usiusita`i e `aumaia ai fa`amanuiaga***.**
   a. o le usiusita`i e `aumaia ai fa`amanuiaga
   b. e tali mai le Atua i tatalo
   c. o Iosefa Samita o se perofeta moni

3. **I learned that our Heavenly Father** *guides us during trials***.**
   a. guides us during trials
   b. tests us because He loves us
   c. sends us His Spirit

4. **I learned that the Lord blesses us when we** *are obedient***.**
   a. are obedient
   b. seek Him in prayer
   c. have faith

3. **Na ou iloa ai o lo tatou Tama Fa`alelagi e** *ta`ita`iina i tatou i taimi o puapuaga***.**
   a. ta`ita`iina i tatou i taimi o puapuaga
   b. tofotofoina i tatou aua e alofa `o Ia ia te i tatou
   c. `auina mai Lona Agaga

4. **Ua ou iloa e fa`amanuiaina i tatou e le Ali`i pe`a tatou** *usiusita`i***.**
   a. usiusita`i
   b. sa`ili ia te Ia i le tatalo
   c. fa`atuatua

blessing	fa`amanuiaga	confused	fenumia`i
frustrated	le mautonu	grateful	loto faafetai
happy	fiafia	peaceful	to`afilemu
to realize	iloaina	sad	fa`anoanoa
trouble	fa`alavelave	to understand	malamalama

Talk with Everyone

Talk about the Message

1. **Families are very important to God.**
2. **God has a plan for us.**
3. **God has restored the gospel of Jesus Christ.**
4. **We have a message about** *Jesus Christ***.**
   a. Jesus Christ
   b. eternal families
   c. living prophets
5. **We have a prophet today who** *leads and guides us***.**
   a. leads and guides us
   b. speaks to us
   c. receives revelation from God
6. **We would like to talk to you about** *the plan of salvation***.**
   a. the plan of salvation
   b. Jesus Christ
   c. living prophets

1. **E taua tele `aiga i le Atua.**
2. **`Ua i ai se fuafuaga a le Atua mo i tatou.**
3. **`Ua toefuata`iina mai e le Atua le talalelei a Iesu Keriso.**
4. **O lo`o ia i maua se savali e uiga** *ia Iesu Keriso***.**
   a. ia Iesu Keriso
   b. i `aiga e fa`avavau
   c. i perofeta soifua
5. **O lo`o i ai so tatou perofeta i aso nei e** *ta`ita`i ma fa`atonutonu ia i tatou***.**
   a. ta`ita`i ma fa`atonutonu ia i tatou
   b. saunoa mai ia i tatou
   c. maua fa`aaliga mai le Atua
6. **Ma te fia talanoa ia te `oe e uiga** *i le ata o le fa`aolataga***.**
   a. i le ata o le fa`aolataga
   b. ia Iesu Keriso
   c. i perofeta soifua

Book of Mormon	Tusi a Mamona	to enjoy	fiafia
faith	fa`atuatua	family	`aiga
to find	maua	gospel	talalelei
happiness	fiafia	Holy Ghost	Agaga Pa`ia
Jesus Christ	Iesu Keriso	joy	`oli`oli
love	alofa	to love	alofa
message	savali	peace	filemu
priesthood	perisitua	prophet	perofeta
to read	faitau	restored	toefuata`iina
salvation	fa`aolataga	to share	fa`asoa
Spirit	Agaga	to talk (common)	tautala
to talk (converse)	talanoa	to talk (po.)	saunoa
truth	`upumoni		

Invite to Learn More

1. **We would like to teach you more about** *God's plan*.
   a. God's plan
   b. the Atonement
   c. the Holy Ghost

2. **Would you like to learn more about** *the Book of Mormon*?
   a. the Book of Mormon
   b. eternal families
   c. the restoration of the gospel

3. **May we come back another day?**

1. **Ma te fia a`oa`o atu ia te `oe nisi mea se tele e uiga** *i le fuafuaga a le Atua*.
   a. i le fuafuaga a le Atua
   b. i le Togiola
   c. i le Agaga Pa`ia

2. **E te fia a`oa`o atili e uiga** *i le Tusi a Mamona*?
   a. i le Tusi a Mamona
   b. i `aiga e fa`avavau
   c. i le toefuata`iga o le talalelei

3. **E mafai ona ma toe o mai i se isi aso?**

to ask (ask a question)	fesili	to ask (request)	ole
to come back	toe o`o mai	to find out	sa`ili
gospel	talalelei	happiness	fiafia
to invite	vala`aulia	Jesus Christ	Iesu Keriso
to learn	a`oa`o	to listen (common)	fa`alogo
to listen (po.)	fa`afofoga	message	savali
plan	fuafuaga	to prepare	sauni
to return	fo`i	to talk (common)	tautala
to talk (converse)	talanoa	to talk (po.)	saunoa
time	taimi		

Ask about Others Who Might Be Interested

1. **May we talk to** *your family* **about our message?**
   a. your family
   b. your husband
   c. your friends

2. **Who else can we invite to** *hear our message*?
   a. hear our message
   b. participate in our discussion
   c. come to church

3. **Do you have** *friends* **who would be interested in our message?**
   a. friends
   b. acquaintances
   c. neighbors
   d. family members

4. **Do you know anyone who would like to** *listen to our message*?
   a. listen to our message
   b. receive a copy of the Book of Mormon
   c. receive a church video

1. **Pe mafai ona ma talanoa i** *lou `aiga* **e uiga i le ma savali?**
   a. lou `aiga
   b. lau tane
   c. au uo

2. **O ai se isi e mafai ona ma vala`aulia e** *fa`alogo i le ma savali*?
   a. fa`alogo i le ma savali
   b. `auai i le tatou talanoaga
   c. sau i le lotu

3. **Pe i ai ni au** *uo* **`atonu e fiafia i le ma savali?**
   a. uo
   b. tagata masani
   c. tua`oi
   d. tagata o `aiga

4. **Pe e te silafia se tagata `atonu e fia** *fa`alogo i le ma savali*?
   a. fa`alogo i le ma savali
   b. maua se kopi o le Tusi a Mamona
   c. maua se vitio o le `ekalesia

to ask (ask a question)	fesili	to ask (request)	ole
circle of friends	li`o o uo	co–worker	tagata e faigaluega fa`atasi
family	`aiga	friend	uo
interested	fiafia	to invite	vala`aulia
to know someone	iloa se tasi	to learn	a`oa`o
to listen (common)	fa`alogo	to listen (po.)	fa`afofoga
message	savali	name (common)	igoa
name (po.)	suafa		

Teach Others How to Pray

Explain What Prayer Is

1. **Prayer allows us to** *speak with our Heavenly Father*.
   a. speak with our Heavenly Father
   b. gain a testimony of the gospel
   c. repent of our sins

2. **Prayer is a way to communicate with our Heavenly Father.**

3. **Through prayer, we can** *receive answers to our questions*.
   a. receive answers to our questions
   b. receive direction in our lives
   c. be forgiven of our sins

1. **O le tatalo e mafai ai ona tatou** *talanoa ma lo tatou Tama Fa`alelagi*.
   a. talanoa ma lo tatou Tama Fa`alelagi
   b. maua se molimau e uiga i le talalelei
   c. salamo i a tatou agasala

2. **O le tatalo o se `auala e feso`ota`i ai ma lo tatou Tama Fa`alelagi.**

3. **O le tatalo e mafai ai ona tatou** *maua tali i a tatou fesili*.
   a. maua tali i a tatou fesili
   b. maua le ta`ita`iga i o tatou olaga
   c. maua le fa`amagaloga i a tatou agasala

answer	tali	to ask (ask a question)	fesili
to ask (request)	ole	to bless	fa`amanuia
blessing	fa`amanuiaga	to communicate	feso`ota`i
to confirm	fa`amau	to express	fa`ailoa atu
to feel	lagona	to forgive	fa`amagalo
gratitude	agaga fa`afetai	Heavenly Father	Tama Fa`alelagi
to know someone	iloa se tasi	opportunity	avanoa
personal	fa`aletagata	personal (more personal; private)	patino
power	mana	private	patino
to receive	maua	to thank	faafetai
truth	`upumoni		

Explain the Steps of Prayer

1. **First, we address our Father in Heaven.**

2. **Next, we thank Him for** *our blessings*.
   a. our blessings
   b. His help
   c. His guidance

3. **Then, we ask Him** *for blessings*.
   a. for blessings
   b. for help
   c. for things we need

4. **Finally, we close in the name of Jesus Christ, amen.**

1. **Muamua, tatou te ta`u le suafa o lo tatou Tama o i le Lagi.**

2. **O le isi vaega e soso`o ai, tatou te fa`afetai ia te Ia mo** *o tatou fa`amanuiaga*.
   a. o tatou fa`amanuiaga
   b. Lana fesoasoani
   c. Lana ta`ita`iga

3. **Ona tatou ole lea ia te Ia** *mo fa`amanuiaga*.
   a. mo fa`amanuiaga
   b. mo le fesoasoani
   c. mo mea tatou te mana`omia

4. **Mulimuli, tatou te fa`ai`u i le suafa o Iesu Keriso, `amene.**

to address	fa`ailoa atu	amen	`amene
to ask (ask a question)	fesili	to ask (request)	ole
to begin	`amata	blessing	fa`amanuiaga
to close	fa`ai`u	to express	fa`ailoa atu
gratitude	agaga fa`afetai	Heavenly Father	Tama Fa`alelagi
Jesus Christ	Iesu Keriso	to kneel	to`otuli
name (common)	igoa	name (po.)	suafa
step	la`asaga		

Ask about Someone's Feelings Regarding Prayer

1. **How do you think prayer can** *help you***?**
   a. help you
   b. strengthen you
   c. bless you

2. **How has prayer** *strengthened you***?**
   a. strengthened you
   b. helped you
   c. blessed you

3. **What do you think you should pray for?**

4. **Why do you think you should pray?**

5. **Why is prayer important?**

1. **O le a sou manatu, e mafai fa`apefea e le tatalo ona** *fesoasoani ia te `oe***?**
   a. fesoasoani ia te `oe
   b. fa`amalosia `oe
   c. fa`amanuiaina `oe

2. **Na fa`apefea e le tatalo ona** *fa`amalosia `oe***?**
   a. fa`amalosia `oe
   b. fesoasoani ia te `oe
   c. fa`amanuiaina `oe

3. **O le a sou manatu po`o a ni mea e tatau ona e tatalo atu ai?**

4. **`Aisea e te manatu ai e tatau ona e tatalo?**

5. **`Aisea e taua ai le tatalo?**

to feel	lagona	feeling	lagona
to pray (common)	tatalo	to pray (po.)	talosaga
question	fesili		

Share Your Feelings Regarding Prayer

1. **I am very thankful for prayer.**

2. **Prayer helps me to** *find answers***.**
   a. find answers
   b. receive comfort
   c. feel peace

1. **Ou te matua`i fa`afetai tele mo le tatalo.**

2. **O le tatalo e fesoasoani ou te** *maua ai tali***.**
   a. maua ai tali
   b. maua ai le fa`amafanafanaga
   c. lagona ai le to`afilemu

answer	tali	blessing	fa`amanuiaga
faith	fa`atuatua	to feel	lagona
Heavenly Father	Tama Fa`alelagi	hope	fa`amoemoe
Jesus Christ	Iesu Keriso	to know (common)	iloa
to know (po.)	silafia	to love	alofa
to pray (common)	tatalo	to pray (po.)	talosaga
to receive	maua	thankful	faafetai

Invite Someone to Pray

1. **Will you pray to Heavenly Father** *daily*?
   a. daily
   b. every night
   c. regularly
2. **Will you say the prayer?**

1. **Pe o le `a e tatalo atu i le Tama Fa`alelagi** *i aso `uma*?
   a. i aso `uma
   b. i po `uma
   c. i aso faiso`o
2. **Pe o le `a e faia le tatalo?**

to ask (ask a question)	fesili	to ask (request)	ole
Book of Mormon	Tusi a Mamona	to find out	sa`ili
Heavenly Father	Tama Fa`alelagi	to invite	vala`aulia
Jesus Christ	Iesu Keriso	Joseph Smith	Iosefa Samita
message	savali	to pray (common)	tatalo
to pray (po.)	talosaga	to thank	faafetai
today	le aso lenei	true	moni
willing	malie		

Testify

State That You Know Something Is True

1. **I know that....**
2. **We can know through the Holy Ghost that** *the Book of Mormon is true***.**
   a. the Book of Mormon is true
   b. the gospel is true
   c. Thomas S. Monson is a prophet

1. **Ou te iloa….**
2. **E mafai ona tatou iloa e ala mai i le Agaga Pa`ia** *e moni le Tusi a Mamona***.**
   a. e moni le Tusi a Mamona
   b. e moni le talalelei
   c. o Thomas S. Monson o se perofeta

to believe	talitonu	to feel	lagona
grateful	loto faafetai	to know (common)	iloa
to know (po.)	silafia	to testify	molimau atu
true	moni	truth	`upumoni

State a Truth

1. **God restored** *His gospel* **through Joseph Smith.**
   a. His gospel
   b. the Priesthood
   c. the ordinances of the Gospel
2. **Jesus Christ is** *our Redeemer***.**
   a. our Redeemer
   b. our Savior
   c. the Son of God
3. **The Book of Mormon contains** *the fullness of the Gospel***.**
   a. the fullness of the Gospel
   b. the writings of prophets in ancient America
   c. the witness of prophets
   d. the word of God
4. *The Gospel of Jesus Christ* **is true.**
   a. The Gospel of Jesus Christ
   b. The Book of Mormon

1. **Na toefuata`iina mai e le Atua** *Lana Talalelei* **e ala mai ia Iosefa Samita.**
   a. Lana Talalelei
   b. le Perisitua
   c. sauniga o le Talalelei
2. **O Iesu Keriso** *o lo tatou Togiola***.**
   a. o lo tatou Togiola
   b. o lo tatou Fa`aola
   c. o le Alo o le Atua
3. **O Le Tusi a Mamona o lo`o i ai** *le `ato`atoaga o le Talalelei***.**
   a. le `ato`atoaga o le Talalelei
   b. tusitusiga a perofeta i Amerika anamua
   c. le molimau a perofeta
   d. le afioga a le Atua
4. **E moni** *le Talalelei a Iesu Keriso***.**
   a. le Talalelei a Iesu Keriso
   b. le Tusi a Mamona

State How You Know Something Is True

1. **I know this is true through** *the Holy Ghost***.**
   a. the Holy Ghost
   b. blessings I have received
   c. obedience to this law
2. **I prayed, and God answered my prayer.**

1. **Ou te iloa e moni lenei mea e ala** *i le Agaga Pa`ia***.**
   a. i le Agaga Pa`ia
   b. i fa`amanuiaga `ua ou maua
   c. i le usiusita`i i lenei tulafono
2. **Sa ou tatalo, ma na tali mai le Atua i la'u tatalo.**

to confirm	fa`amau	to feel	lagona
feeling	lagona	good	lelei
heart (emotional heart)	loto	heart (physical heart)	fatu
Holy Ghost	Agaga Pa`ia	joy	`oli`oli
love	alofa	mind	mafaufau
peace	filemu	to ponder	mafaufau loloto
to receive	maua	Spirit	Agaga
to testify	molimau atu	to witness	molimau

State Implications of Your Testimony

1. **Because of this testimony, I know that** *God answers our prayers*.
   a. God answers our prayers
   b. the Book of Mormon is the word of God
   c. we have a prophet in our day
2. **Thanks to this testimony, I can** *live happily*.
   a. live happily
   b. trust God
   c. overcome challenges
3. **This knowledge helps me when** *I need comfort*.
   a. I need comfort
   b. I have an important decision to make
   c. I am sad

1. **`Ona o lenei molimau, `ua ou iloa** *e tali mai le Atua i a tatou tatalo*.
   a. e tali mai le Atua i a tatou tatalo
   b. o le Tusi a Mamona o le afioga a le Atua
   c. o lo`o i ai so tatou perofeta i o tatou aso nei
2. **Fa`afetai i lenei molimau, `ua mafai ai ona ou** *ola fiafia*.
   a. ola fiafia
   b. fa`alagolago i le Atua
   c. foia lu`itau
3. **O lenei malamalama e fesoasoani ia te a`u pe `a** *ou mana`omia le fa`amafanafanaga*.
   a. ou mana`omia le fa`amafanafanaga
   b. i ai sa'u filifiliga taua e fai
   c. ou fa`anoanoa

to change	sui	closer	latalata atili
desire (common, noun or verb)	mana'o	desire (common, noun)	mana'oga
desire (po.)	finagalo	to feel	lagona
forgiveness	fa`amagaloga	God	Atua
heart (emotional heart)	loto	heart (physical heart)	fatu
joy	`oli`oli	love	alofa
to receive	maua	to serve (most common)	`au`auna
to serve (smb. of lower rank s. smb. of higher rank)	tautua	strength	malosi
truth	`upumoni		

Express Gratitude or Love

1. **I am thankful** *for the gospel*.
   a. for the gospel
   b. for the love of our Heavenly Father
   c. for the scriptures

1. **Ou te fa`afetai** *mo le talalelei*.
   a. mo le talalelei
   b. mo le alofa o lo tatou Tama Fa`alelagi
   c. mo tusitusiga pa`ia

2. **I am thankful to my Heavenly Father** *for this knowledge***.**
   a. for this knowledge
   b. for His blessings
   c. for the plan of salvation

3. **I love** *Jesus Christ***.**
   a. Jesus Christ
   b. the members of this ward
   c. my Heavenly Father

2. **Ou te fa`afetai i lo'u Tama Fa`alelagi** *mo lenei malamalama***.**
   a. mo lenei malamalama
   b. mo Ana fa`amanuiaga
   c. mo le ata o le fa`aolataga

3. **Ou te alofa** *ia Iesu Keriso***.**
   a. ia Iesu Keriso
   b. i tagata o lenei uarota
   c. i lo'u Tama Fa`alelagi

blessed	fa`amanuiaina	grateful	loto faafetai
opportunity	avanoa		

Use the Scriptures

Indicate that You Would Like to Share a Scripture

1. **Let's read a scripture about** *repentance*.
   a. repentance
   b. baptism
   c. faith
2. **May we read a scripture** *in the Book of Mormon* **together?**
   a. in the Book of Mormon
   b. in the Doctrine and Covenants
   c. in the New Testament

1. **Se`i tatou faitau i se mau e uiga i le** *salamo*.
   a. salamo
   b. papatisoga
   c. fa`atuatua
2. **E mafai ona tatou faitau fa`atasi i se mau** *i le Tusi a Mamona*?
   a. i le Tusi a Mamona
   b. i le Mata`upu Fa`avae ma Feagaiga
   c. i le Feagaiga Fou

about	uiga	to explain	fa`amatala
to like	fiafia	one person ("to`a"-prefix for numbering people)	to`a tasi
principle	mata`upu fa`avae	to read	faitau
to share	fa`asoa	thought	manatu

Say Where the Scripture Is Found

1. **It's on page....**
2. **This passage is found** *in the Book of Mormon*.
   a. in the Book of Mormon
   b. in John, fourteen, six (John 14:6)
   c. on page ....

1. **O lo`o i le itulau….**
2. **O lenei fuaitau o lo`o maua** *i le Tusi a Mamona*.
   a. i le Tusi a Mamona
   b. i le Ioane, sefulufa, ono (Ioane 14:6)
   c. i le itulau ….

Bible	Tusi Pa`ia	Book of Mormon	Tusi a Mamona
chapter	mata`upu	Doctrine and Covenants	Mata`upu Fa`avae ma Feagaiga
to find	maua	New Testament	Feagaiga Fou
Old Testament	Feagaiga Tuai	on	luga
page	itulau	Pearl of Great Price	Penina Tau Tele
to read	faitau	scripture (a scripture; verse)	mau
scripture (holy writings)	tusitusiga pa`ia	section	vaega
verse	fuai`upu		

Provide Background and Context for the Scripture

1. **From these verses, we learn the importance of** *agency*.
   a. agency
   b. baptism
   c. repentance
2. **Here the prophet ... is teaching the people.**

1. **Mai nei fuai`upu, `ua tatou iloa ai le taua o le** *sa`olotoga*.
   a. sa`olotoga
   b. papatisoga
   c. salamo
2. **O lo`o a`oa`o i nei le perofeta o … i tagata.**

3. **In these verses we learn about** *repentance*.
   a. repentance
   b. the Atonement
   c. tithing

4. **This scripture explains** *what will happen in the resurrection*.
   a. what will happen in the resurrection
   b. where we were before this life
   c. why Christ had to suffer so much

5. **This event in the scriptures takes place** *after Christ's resurrection*.
   a. after Christ's resurrection
   b. six hundred years before the Savior's birth
   c. in the wilderness

3. **O nei fuai`upu `ua tatou a`oa`o ai e uiga i le** *salamo*.
   a. salamo
   b. Togiola
   c. sefulua`i

4. **O lo`o fa`amatala mai e lenei mau** *le mea o le `a tupu i le toetu*.
   a. le mea o le `a tupu i le toetu
   b. le mea na tatou i ai muamua a`o le`i i ai lenei olaga
   c. le mafua`aga na puapuagatia tele ai Keriso

5. **O lenei mea na tupu i tusitusiga pa`ia na tupu** *ina `ua mavae le toetu o Keriso*.
   a. ina `ua mavae le toetu o Keriso
   b. i le ono selau tausaga a`o le'i fanau mai le Fa`aola
   c. i le togavao

about	uiga	charity	alofa mama
to explain	fa`amatala	people	tagata
righteous	amiotonu	section	vaega
to talk (common)	tautala	to talk (converse)	talanoa
to talk (po.)	saunoa	to teach	a`oa`o
verse	fuai`upu	war	taua
wicked	amioleaga		

Invite Someone to Look for Important Points While Reading

1. **As we read, please pay attention to** *the Lord's response*.
   a. the Lord's response
   b. your feelings
   c. the word "repentance"

2. **In these verses, see if you can find** *the meaning of faith*.
   a. the meaning of faith
   b. the purpose of the commandments
   c. what Nephi did to receive an answer

1. **A`o tatou faitau, fa`amolemole ia mafaufau lelei** *i le tali a le Ali`i*.
   a. i le tali a le Ali`i
   b. i ou lagona
   c. i le `upu "salamo"

2. **I nei fuai`upu, taga`i pe mafai ona e maua ai** *le uiga o le fa`atuatua*.
   a. le uiga o le fa`atuatua
   b. le fa`amoemoega o poloa`iga
   c. le mea na fai e Nifae ina ia maua ai se tali

to apply	fa`atatau	to apply (to use)	fa`aaoga
during	vaitaimi	important	taua
to look for	su`e	to notice	matau
principle	mata`upu fa`avae	promise	folafolaga
to read	faitau	to think	mafaufau
while	a`o		

Ask Someone to Read the Scripture

1. **In this passage, it says....**
2. **Would you please read** *this passage* **aloud?**
   a. this passage
   b. this scripture
   c. this verse

1. **O lenei fuaitau, o lo`o fa`apea mai….**
2. **Pe mafai fa`amolemole ona e faitau leotele mai** *le fuaitau lenei***?**
   a. le fuaitau lenei
   b. le mau lenei
   c. le fuai`upu lenei

aloud	leotele	please	fa`amolemole
to read	faitau	scripture (a scripture; verse)	mau
scripture (holy writings)	tusitusiga pa`ia	verse	fuai`upu

Apply the Scripture

1. **According to this verse, why is** *baptism* **so important?**
   a. baptism
   b. faith
   c. repentance
2. **What do you think** *enduring to the end* **means?**
   a. enduring to the end
   b. planting the seed
   c. upbraiding
3. **How can we** *feast upon the word***?**
   a. feast upon the word
   b. endure to the end
   c. be perfected in Christ
4. **Why is it so important to** *love our enemies***?**
   a. love our enemies
   b. submit to God's will
   c. have charity

1. **E tusa ai ma lenei fuai`upu, `aisea `ua taua tele ai le** *papatisoga***?**
   a. papatisoga
   b. fa`atuatua
   c. salamo
2. **O le a sou manatu po`o le a le uiga o le** *tumau e o`o i le i`uga***?**
   a. tumau e o`o i le i`uga
   b. totoina o le fatu
   c. le toe ta`uta`u
3. **E fa`apefea ona tatou** *fiafia i le afioga***?**
   a. fiafia i le afioga
   b. tumau e o`o i le i`uga
   c. fa`a`ato`atoaina ia Keriso
4. **`Aisea e taua ai le** *alolofa atu i o tatou fili***?**
   a. alolofa atu i o tatou fili
   b. gaua`i atu i le finagalo o le Atua
   c. i ai o le alofa mama

to apply	fa`atatau	to apply (to use)	fa`aaoga
to become	`avea	to bless	fa`amanuia
blessing	fa`amanuiaga	to change	sui
example	fa`ata`ita`iga	experience (things that have happened)	mea `ua tutupu
faith	fa`atuatua	how	fa`apefea
how (way)	`auala	to mean	uiga
scripture (a scripture; verse)	mau	scripture (holy writings)	tusitusiga pa`ia
testimony	molimau	understanding	malamalama

Entertainment, Free Time, and Holidays

Interests and Hobbies

camping	tolauapiga	collecting	fa`aputuputu
computer	komepiuta	cooking	kuka
dancing (common)	siva	dancing (po.)	sa`asa`a
hiking	savali sopo	reading	faitau
sport	ta`aloga	traveling party	faigamalaga

Arts

actor	tagata e fa`atinoina se ata tifaga	ballet	palei
concert	konaseti	movie	ata
museum	falemata`aga	music	musika
opera	tala e lagi fa`apese	program	polokalama
theater	faletifaga	ticket (paper for entrance)	pepa ulufale
tour	malaga ta`amilo		

Sports

ball	polo	baseball	peisipolo
basketball	pasiketipolo	to bike	ti`eti`e uila
biking	ti`eti`ega uila	climbing	a'e
football	lakapi Amerika	game	ta`aloga
golfing	tapolo	to hit	ta
to kick	a`a	match	tauvaga
to move	minoi	to play (a sport or activity)	ta`alo
race	tu`uga	to run	tamo`e
running	tamo`e	skiing	fa`ase`e i le `aisa
soccer	soka	softball	sofipolo
to swim	`a`au	swimming	`a`au
team	`au	tennis	tenisi
to throw	togi	volleyball	volipolo

Musical Terms

band	`aufa`aili	choir	`aufaipese
drums	talipalau	flute	fagufagu
guitar	kikala	horn	pu pi'o
instrument	mea faifa`aili	lesson	lesona
music	musika	note	nota
orchestra	`aufa`aili fagufagu	organ	`okeni
piano	piano	to play (an instrument)	tata
to practice	fa`ata`ita`i	to sing (syn. with lagi)	usu
to sing (syn. with usu)	lagi	trumpet	pu usu
violin	vaiolini		

Holidays

birthday	aso fanau	to celebrate	fa`amanatu
Christmas	Kerisimasi	Christmas tree	la`au Kerisimasi
decorations	teuga	Easter	`Eseta
Father’s Day	Aso o Tama	gift	meaalofa
Halloween	Halouini	Happy New Year	Manuia le Tausaga Fou
holiday	aso malolo	Independence Day	Aso Tuto`atasi
Memorial Day	Aso fa`amanatu	Merry Christmas	Manuia le Kerisimasi
Mother’s Day	Aso o Tina	New Years	Tausaga Fou
party	pati	Santa Claus	Tama o le Kerisimasi
Thanksgiving	le aso faafetai		

Medical and Health

Illnesses

a cold (sickness)	ma`i	allergies	mea e le taliaina e le tino
burn	mu	chicken pox	tanesusu
cold (temperature; weather)	malulu	flu	fulu
ill	ma'i	measles	misela
parasites	parasaite	pneumonia	niumonia

Illness Treatments

antibiotic	fuala`au e tete`e i fa`ama`i	aspirin	asipulini
bandage	mea fa`apipi`i manu`a	cough drop	fuala`au tale
cream	kulimi	dosage	inumaga
drop	fa`atulutulu	medicine	vaila`au fa`afoma`i
ointment	kulimi fai manu`a	pill	fuala`au
shot (needle shot)	tui	vaccination	tui
vitamins	vaitamini		

Illness Symptoms

a cold (sickness)	ma`i	achy	tiga
to bleed	toto	chills	ma`alili
cold (temperature; weather)	malulu	to cough	tale
cough	tale	to cry	tagi
depressed	le fiafia	dizzy	niniva
energy	malosi	to feel	lagona
fever	fiva	headache	ulu tiga
to hurt	fa`atiga	nauseated	fa`afaufau
pain	tiga	runny nose	tafe le isu
sick (common)	ma`i	sick (po.)	gasegase
to sneeze	mafatua	sore	tiga
sore throat	fa`a`i tiga	stuffy nose	isu mamafa
symptom	auga	temperature	fua o le `ea
tired	lelava	to vomit	pua`i
weak	vaivai	wound	manu`a

The Human Body

ankle	tapuvae	arm (common)	lima
arm (po.)	`a`ao	back	tua
blood	toto	body	tino
brain	fai`ai	cheek	`alafau
chest	fatafata	chin	`auvae
ear	taliga	elbow	tulilima
eye	mata	feet	vae
finger	tama`i lima	forehead	muaulu
gums	tainifo	hair	lauulu
hand (common)	lima	hand (po.)	`a`ao
head (common)	ulu	head (po.)	ao

heart (emotional heart)	loto	heart (physical heart)	fatu
heel	mulivae	joint	so`oga o ivi
knee	tulivae	leg	`ogavae
lips	laugutu	lung	mama
mouth (common)	gutu	mouth (po.)	fofoga
neck	ua	nose	isu
palm (hand)	alofilima	shoulder	tau`au
skin	pa`u	stomach	manava
teeth (common)	nifo	teeth (po.)	`oloa
throat	fa`a`i	thumb	limamatua
toe	tama`i vae	tongue	laulaufaiva
wrist	tapulima		

The Human Body Senses

blind	tauaso	deaf	tutuli
to feel	lagona	to hear (common)	fa`alogo
to hear (po.)	fa`afofoga	hearing (common)	fa`alogo
hearing (po.)	fa`afofoga	noise	pa`o
to see (common)	va`ai	to see (po., syn. with silasila)	taga`i
to see (po., syn. with taga`i)	silasila	sense (make sense)	fetaui
sense (smth.; feel)	lagona	sight	va`aiga
smell	manogi	to smell	sogisogi
sound	pa`o	taste	tofo
to taste	tofo	to touch	pa'i

Medical Terms

accident	fa`alavelave	adult	tagata matua
age	tausaga	ambulance	ta`avale mo ma`i fa`afuase`i
appointment	fuafuaga fa`atulagaina	cavity	nifo pala
to check	siaki	to clean	fa`amama
to crash	feto`ai	dentist	foma`i nifo
doctor	foma`i	drug store	fale`oloa o vaila`au fa`afoma`i
emergency	fa`afuase`i	female	tama`ita`i
to fill	fa`atumu	height	`umi
hospital (common)	falema`i	hospital (po.)	maota gasegase
needle	nila	nurse	tausima`i
pharmacy	faletalavai	prescription	talavai
to pull	toso	surgery	ta`otoga
to test (of food)	tofo	to test (to try)	tofotofo
weight	mamafa	x–ray	fa`ata

Personal Care

Hygiene

after shave	fagu fa`amanogi pe`a `uma ona sele le `ava	to bathe (common)	ta`ele
to bathe (po.)	fa`amalu	to brush (brush ‘off or away’)	tafi
to comb	selu	comb	selu
conditioner	kulimi fa`avaivai lauulu	to cut (common; hair and nails)	`oti
to cut (po.; hair and nails)	fa`afuga	to cut (with knife)	tipi
deodorant	fagu fa`amanogi `ao`ao	floss	filo o nifo
gel (bottle of)	fagu ga’o	to get dressed	fai `ofu
hair brush	pulumu seluulu	hairspray	sipulei lauulu
lotion	kulimi e u`u ai le tino	nail clippers	mea `oti atigilima
to prepare	sauni	razor	matatafi
scissors	seleulu	shampoo	fasimoli suavaia e u`u ai lauulu
to shave	sele	shaving cream	kulimi sele `ava
to shower (common)	ta`ele	to shower (po.)	fa`amalu
soap	fasimoli	toothbrush	pulumu fulunifo
toothpaste	kulimi fulunifo	to trim	fa`apu`upu`u
to wash	fufulu		

Makeup

beauty	lalelei	blush	e palasi ai `alafau fa`apiniki
eye shadow	vali laumata	eyeliner	peni tosi laumata
foundation (type of make up)	vali e muamua	lip liner	peni tosi laugutu
lipstick	vali laugutu	makeup	vali foliga
mascara	fa`amafiti fulufulu mata	to put on makeup	fai teuga

Home, Family, and People Characteristics

Family Relations

aunt	uso o le tina	baby	pepe
brother	Uso/Tuagane	brother–in–law (of a girl)	tuagane fa`aletulafono
child	tama`itiiti	cousin	tausoga
daughter	afafine	extended family	`aiga potopoto
family	`aiga	father	tama
father–in–law	tama fa`aletulafono	girl	teine
grandchild (child of the son)	tama a le atali`i	granddaughter (daughter of the son)	afafine o le atali`i
grandfather (father of the father)	tama o le tama	grandmother (mother of the father)	tina o le tama
grandparents	matua o matua	grandson (son of the son)	atali`i o le atali`i
great–grandchild	atali`i po o le afafine o le tama a le tama	great–grandparents	matua o matua o matua
half–brother (brother with different dad)	tuagane e `ese`ese tama	husband	tane
immediate family	`aiga tuofe	mother	tina
mother–in–law	tina fa`aletulafono	nephew (feminine, child of the sister)	tama o le uso
nephew (masculine, son of the brother)	atali`i o le uso	niece (feminine)	tama o le uso
niece (masculine, daughter of the brother)	afafine o le uso	parents	matua
relative	tagata e `aiga	sibling	tei
sister	Uso/Tuafafine	sister–in–law	tuafafine fa`aletulafono
son	atali`i	son–in–law	atali`i fa`aletulafono
spouse	to`alua	step–daughter (daughter of the spouse)	afafine a le to`alua
step–father (spouse of the mom)	to`alua o le tina	step–mother (spouse of the dad)	to`alua o le tama
step–son (son of the spouse)	atali`i o le to`alua	uncle	uso o le tama
wife (common)	ava	wife (po.)	faletua

Family Terms

adopted	fai	born	fanau
dead (common)	oti	dead (po.)	maliu
to divorce	tatala le fa`aipoipoga	engaged	fa`amau
to kiss	sogi	married	fa`aipoipoina
pregnant	ma`itaga	raised	ola a`e
separated (as in divorce)	tete`a	separated (divided; no longer together)	vavae`eseina
single	nofo to`atasi	widow	tina `ua maliu le tane

Home Terms

attic	potu pito i luga	basement	potu pito i lalo
bathroom	faleta`ele	bedroom	potumoe
dining room	potu `ai	empty room	potu avanoa
fence	pa	garage	faleta`avale
garden	fa`ato`aga	grass	mutia
hall	`auala savali	kitchen	umukuka
laundry room	potu faitagamea	lawn	mutia
living room	potu malolo	roof	taualuga
room	potu	stairs	fa`asitepu
yard	lotoa		

Home Furnishings, Tools, and Things

bed	moega	cabinet	kapineta
carpet	kapeta	ceiling	fa`aalo
chair	nofoa	closet	kapoti lavalava
computer	komepiuta	counter	fata
cupboard	kapoti	curtains	`ie fa`amalama
desk	kesi	dishes	ipu
dishwasher	masini fufulu ipu	drawer	kapoti o kesi
dresser	laulau faiteuga	dryer (clothes)	fa`amago tagamea
engine	afi o ta`avale	floor	foloa
freezer	fulisa	furniture	meaafale
hammer	samala	iron	`auli
lamp	molitu	lock	loka
machine	masini	magazine	mekasini
microwave	`ogaumu fa`avevela mea`ai	mirror	fa`ata
nail	fao	newspaper	nusipepa
oven	`oveni	radio	leitio
refrigerator	pusa`aisa	rope	maea
scale	fua	screw	sikulu
shelf	fata	shower	faleta`ele
sink	tapu	sofa	sofa
stove	`ogaumu	table	laulau
television	televise	toilet	faleleta`ua
tool	meafaigaluega	tub	taputa`ele
wall	puipui	washing machine	masini tamea
window	fa`amalama		

Cleaning Supplies

broom	pulumu	brush	salu
bucket	pakete	to clean	fa`amama
to dust	tafi	to mop	mopu
mop	mopu	to organize	fa`atulaga
rag	fasi `ie`ie	sponge	omomi
to sweep	salu	to vacuum	mimiti le `ota`ota
vacuum	mitipefu	to wash	fufulu

Home Types

apartment	falemautotogi	condominium	fale mautotogi a tagata ta`ito`atasi
first floor	fogafale muamua	ground floor	fogafale i lalo
high–rise	fale maualuluga	house (common)	fale
house (po.)	maota	mobile home	fale fe`avea`i
second floor	fogafale lua	town house	fale i le taulaga

Personality Traits and Characteristics

courage	lototele	enthusiastic	ma`elega
friendly	fa`auo	fun	malie
happy	fiafia	intelligent	atamai
joke	talasua	kind (attribute; trait)	agalelei
kind (type; a kind of s.th.)	itu`aiga	lazy	paie
mean (not loving)	fa`alealofa	native	tagatanu`u
nice	manaia	normal	masani
outgoing	fiafia i so`o se mea	patiently (long suffering)	fa`apalepale
patiently (patient)	‘onosa’i	pride	fa`amaualuga
rich	mau`oa	sad	fa`anoanoa
selfish (mentally; generally)	manatu fa`apito	selfish (with food)	`ai`u
serious	matuia	shy	matamuli
smile (common)	`ata	smile (po.)	soisoi
strange	`ese	tall	`umi
wealth	mau`oa		

Places and Travel

Compass Directions

north	matu	south	saute
east	sasa`e	west	sisifo
northeast	matu i sasa`e	northwest	matu i sisifo
southeast	saute i sasa`e	southwest	saute i sisifo

Continents

Africa	Aferika	Antarctica	Anetatika
Asia	Asia	Australia	Ausetalia
continent	konetineta	Europe	Europa
North America	Amerika i Matu	South America	Amerika i Saute

Places in Town

airport	malae va`alele	bakery	fale falaoa
bank	faletupe	barber shop	fale`otiulu
bus station	nofo`aga fa`atali pasi	chapel	fale sa
church (religion; church service)	lotu	city hall	falefa`afiafia i le taulaga
drug store	fale`oloa o vaila`au fa`afoma`i	dry cleaners	fale e tata ai lavalava `anagata
gas station	pamu kesi	grocery store	fale`oloa o `oloa `ese`ese
hospital (common)	falema`i	hospital (po.)	maota gasegase
hotel	faletalimalo	laundromat	faletamea
library	faletusi	mall	fale`oloa tetele
market	maketi	park	paka
pharmacy	faletalavai	police station	`ofisa o leoleo
post office	falemeli	restaurant	fale`aiga
salon	faleteuulu	school	a`oga
station	pamu kesi	store	fale`oloa
train station	nofo`aga e fa`atali ai nofoaafi		

City Features

alley	`auala taloto	avenue	magaala
bridge	`auala laupapa	building	fale
city (downtown; near harbor; busy area in city)	taulaga	city (general term)	`a`ai
country (continent)	atunu`u	country (rural area)	tua
downtown	totonu o le taulaga	drive	`ave
freeway	alatetele	highway	`aualatelevave
hometown	nu`u	intersection	magafa
office	`ofisa	railroad tracks	`auala nofoaafi
road	`auala	route	magaala
sidewalk	`auala savali	sign	fa`ailoga
store	fale`oloa	street	`auala
traffic light	moli fa`asino ta`avale	village (common)	nu`u
village (po.)	alaalafaga		

Banking

account (bank)	tusitupe	account (story)	tala
ATM	Masini talatupe	bill	pili
to charge	pili atu	check	siaki
credit card	kata fai`aitalafu	debit card	kata
deposit	tupe teu	savings	teugatupe
withdrawal	tala		

Laundry

automatic	otometi	coin (cent)	sene
dryer (clothes)	fa`amago tagamea	dryer sheet	pepa o le masini fa`amago
to fold	gaugau	laundry	tagamea
laundry soap	fasimoli tamea	washer	masini tamea

Post Office

envelope	teutusi	letter	tusi
mail	meli	to mail	lafo atu
mailbox	pusa meli	package	afifi
post card	kata	postal code	numera fa`avaomalo
to send	`auina atu	stamp	fa`ailoga tusi

Transportation Terms

airplane	va`alele	to arrive	taunu`u
bicycle	uila vilivae	boat	va`a
bus	pasi	car	ta`avale
to change trains	fesuia`i nofoaafi	to depart	malaga `ese
to drive	`ave	fuel	penisini
hurry	fa`atopetope	map	fa`afanua
motorcycle	uilaafi	non–smoking	sa le ulaula
one–way	tasi le ala	to ride	ti`eti`e
round trip	malaga fa`ata`amilo	ship	va`atele
smoking	ulaula	street car	ta`avale i le alatele
subway	`auala i lalo o le `ele`ele	to take a bus	alu i le pasi
taxi	ta`avale la`itiiti la`upasese	ticket (paper for traveling)	pepa malaga
train	nofoaafi	to transfer	fesuia`i
trip	malaga	van	veni
vehicle	ta`avale	wheel	pa`u
wreck	malepe		

Citizenship Terms

birth certificate	pepa fanau	certificate	tusi fa`amaonia
citizen	tagatanu`u	citizenship	tagatanu`u
civil	fa`alemalo	community	alaalafaga
court	fa`amasinoga	driver’s license	laisene `aveta`avale
flag	fu`a	government	malo
immigrant	tagata malaga	international	fa`avaomalo
law	tulafono	nationality	tagatanu`u
notarization	fa`amaonia e se loia	passport	tusifolau
permit	pemita	policeman	ali`i leoleo
society	sosaiete	title	tofiga
to vote	palota		

Nature

Weather

air	`ea	blizzard	matagi kiona
to blow	agi	bright	susulu
cloud	ao	cold (temperature; weather)	malulu
cool	malulu	earthquake	mafui`e
flood	lolovai	fog	puaoa
hail	timu `aisa	heat	`a`asa
hot	vevela	humidity	susu o le `ea
hurricane	afa	lightning	uila emo
rain	timu	to rain	timu
to snow	kiona	snow	kiona
storm	matagi	sunshine	susulu le la
temperature	fua o le `ea	thunder	faititili
to thunder	pa le faititili	thunderstorm	matagi faititili
tornado	asi`osi`o	warm	mafanafana
weather	tau	wind	savili

Seasons

spring	tautotogo	summer	taumafanafana
autumn	tau e afu ai mea	winter	taumalulu

Land Animals

animal	manu	bird	manulele
cat	pusi	chicken	moa
cow	povi	dog (biblical term, po.)	uli
dog (common)	maile	dog (po.)	ta`ifau
duck	pato	elephant	`elefane
goat	`oti	horse	solofanua
lion	liona	monkey	manuki
pig	pua`a	rat	isumu
sheep	mamoe	snake	gata
tiger	taika		

Water Animals

crab	pa`a	fish	i`a
shark	malie	shrimp	ulavai
starfish	`aveau	turtle	laumei
whale	tafola		

Insects and Bugs

ant	loi	bee	pi
butterfly	pepe lele	cockroach	mogamoga
flea	utufiti	fly	lago
insect	manu nini`i	ladybug	manusauna
lice	utu	mosquito	namu
spider	`apogaleveleve		

Geographical Features

beach	matafaga	coast	aloalo
deep	loloto	desert	toafa
dirt (common)	palapala	dirt (po.)	`ele`ele
field	laufanua	flat	laugatasi
forest	vaomatua	hill	mauga
island	motu	lake	vaituloto
land	lau`ele`ele	mountain	mauga
ocean	vasa	pond	vaito`a
river	vaitafe	rock	papa
sand	oneone	sea	sami
sky	lagi	stream	`auvai
valley	vanu	wood	togavao

Plants, Flowers, and Trees

coconut (tree)	niu	daisy	teisi
flower	fugala`au	leaf	laula`au
lily	lili	oak	garava
pine	paina	to plant	toto
rose	rosa	seed	fatu
sunflower	mataolela	tulip	tulipe

School and Work

School Terms

bachelor's degree	tikeri o le tagata malaga	college	kolisi
degree	tikeri	elementary school	a`oga maualalo
exam	su`ega	grade	togi
grade level	maualuga o le vasega	high school	a`oga maualuga
major	mata`upu `autu o su`esu`ega	middle school	a`oga tulagalua
pre–school	a`oga `amata	student	tagata a`oga
teacher	faia`oga	technical college	kolisi o matata `ese`ese
topic (subject)	mata`upu	university	iunivesite

School Subjects and Majors

art	fa`atufugaga	business	pisinisi
computer science	saienisi fa`akomepiuta	engineering	fa`a`enisinia
English	`Igilisi	foreign language	gagana `ese
humanities	o tagata	law	tulafono
mathematics	matematika	medicine	vaila`au fa`afoma`i
music	musika	psychology	saikolosi
science	saienisi		

Work Terms

application	tusi talosaga	to apply	fa`atatau
to apply (to use)	fa`aaoga	career	matagaluega
company	kamupani	education	a`oga
employee	tagata faigaluega	employer	pule
to fire (release from position)	tuli	full–time	taimi `atoa
to hire	fa`afaigaluega	internet	initoneti
internship	fa`ata`ita`i	interview	fa`atalanoaga
job	galuega	to lay off	fa`amalolo
part–time	fa`avaitaimi	position	tulaga
to quit (such as smoking, drinking, etc.)	tu`u	resume	tala`aga pu`upu`u o tomai
skill	tomai	unemployment	le faigaluega
wage	totogi		

Work Professions

administrator	ta`ita`i	businessman	ali`i faipisinisi
computer programmer	tagata e fa`apolokalamaina komepiuta	doctor	foma`i
electrician	tagata e fai`eletise	engineer	inisinia
farmer	faifa`ato`aga	lawyer	loia
mechanic	inisinia ta`avale	profession	matagaluega
scientist	saienitisi	teacher	faia`oga

Eating and Food

Eating Terms

to bite	u	bottle	fagu
bowl	ipu fa`aofuofu	breakfast (common)	fafaga o le taeao
breakfast (po.)	malu o le taeao	to chew	lamu
cup	iputi	dinner (common)	fafaga o le afiafi
dinner (po.)	taumafataga o le afiafi	to drink (common)	inu
to drink (po.)	taumafa	to eat (common)	`ai
to eat (po.)	tausami	to eat or drink (po.)	taumafa
fork	tui	glass	ipu inu mata`eta`e
hunger (common)	fia`ai	hunger (po.)	fia tausami
knife (common)	naifi	knife (po.)	aga`ese
lunch (common)	mea`ai o le aoauli	lunch (po.)	malu o le aoauli
plate	ipumafolafola	spoon	sipuni
supper	mea`ai o le po	to swallow	folo
sweet	suamalie	thirst (common)	fia inu
thirst (po.)	fia taumafa		

Beverages

beer	pia	beverage	meainu suamalie
coffee	kofe	juice	vai fuala`au `aina
milk	susu	soda	vaiinu
tea	lauti	water	vai
wine	uaina		

Meats

bacon	fasipua`a manifinifi	chicken	moa
fish	i`a	ground beef	fasipovi vili
ham	pua`a fa`aasu	meat	`a`ano manufasi
pork	fasipua`a	sausage	sosisi
steak	fasipovi fa`amanifi	turkey	pipi

Fruits and Vegetables

apple	apu	banana	fa`i
carrot	kaloti	corn	sana
fruit	fuala`au `aina	grapes	fuala`au uaina mata
lettuce	latisi	onion	aniani
orange (fruit)	moli	pear	pea
peas	pi	pineapple	fala
potato	pateta	tomato	tamato
vegetable	fuala`au faisua		

Dairy

butter	pata	cheese	sisi
cream	kulimi	milk	susu
yogurt	iokati		

Grains

bread	falaoa	corn	sana
grain	saito	oats	polesi
rice	alaisa	wheat	sanavao

Snacks and Desserts

cake	keke	candy bar	lole la`au
chocolate	sukalati	cookie	kuki
ice cream	`aisakulimi	nut	nati
pie	pai	popcorn	popukoni
potato chips	pateta tipi	pudding	puligi

Entrees

cereal	silio	eggs	fuamoa
french fries	pateta falai	fried chicken	moa falai
mashed potatoes	pateta palu	pancake	panikeke
pasta	pasta	pizza	pisa
salad	salati	sandwich	sanuisi
soup	supo	spaghetti	supoketi
toast	pa`anunu		

Seasonings, Ingredients, and Condiments

cinnamon	tinamoni	egg	fuamoa
flour	falaoamata	garlic	aniani saina
honey	meli	ingredient	mea fai mea`ai
jam	siamu	ketchup	sosi tamato
mayonnaise	meioneisi	mustard	mati
oil (lard)	ga`o	oregano	olikano
peanut butter	pata pinati	pepper	pepa
salt	masima	seasoning	fa`amanogi mea`ai
sugar	suka	vanilla	vanila

Cooking Terms

to boil	fa`apuna	bowl	ipu fa`aofuofu
box	atigipusa	can	atigi`apa
can opener	tala `apa	to cook	kuka
crack	ta’e	to cut (common; hair and nails)	`oti

to cut (po.; hair and nails)	fa`afuga	to cut (with knife)	tipi
edge	lau`itiiti	fat	ga’o
measuring cup	ipu fuamea`ai	measuring spoon	sipuni fuamea`ai
to mix	tu`ufa`atasi	pan	pani
pot	`ulo	to pour	liligi
to steam (ex. steamed vegetables)	saka i le `ausa	to stir	sa`eu
strainer	vaimama	wire whisk	ta fuamoa

Clothing

Clothing Fit

big (large)	tele	big (large; fat)	lapo`a
extra large	lapo`a atu	large	lapo`a
long	`umi	loose	o`o
medium (of size; shape)	fa`aleogolua	medium (so–so; mediocre of size/feeling)	feoloolo
size	fuaitino	small	la`itiiti
tight	fufusi		

Clothing Terms

belt	fusipa`u	blouse	`ofutino
boots	se`evae	bra	papa
to change clothes	sui `ofu	coat	`ofu fa`atimu
collar	kola	cotton	vavae
dress (common; clothes that completely covers; like a dress)	`ofu solo`atoa	dress (po.; clothes in general)	la`ei
dress shoes	se`evae lotu	to fit	fetaui
garments	`ofusa	to get dressed	fai `ofu
jeans	`ofuvae malo	laces	nonoa (o seevae)
leather	pa'u	nylons	nailoni
pajamas	`ofumoe	pants	`ofuvae
pocket	taga	to put on	fa`amaulu
sandals	se`evae tosotoso	shirt (dress shirt)	`ofutino
shirt (T–shirt)	mitiafu	shoe	se`evae
shorts	`ofuvae pu`upu`u	silk	silika
skirt	sakete	slacks	`ofuvae `u`umi
sleeve	lima o `ofutino	slip	`ofuloto
slippers	se`evae tosotoso	socks	totini
suit	suti	suit coat	peleue o le suti
sweat pants	`ofuvae koleni	sweater	`ofu koleni pito i luga
to take off	tatala `ese	tennis shoes	se`evae tenisi
tie	fusiua	to try on	fa`ata`ita`i
t–shirt	mitiafu	to wear	`ofu
wool	fulufulu mamoe		

Clothing, Accessories

backpack	`ato fa`afafa	bag	`ato
belt	fusipa`u	bracelet	taulima
earrings	tautaliga	glasses	matatioata
gloves	totinilima	hat	pulou
necklace	`asoa	purse	`atotupe a tama`ita`i
ring	mama	scarf	sikafu
suitcase	`atopa`u	sunglasses	matatioata mo le la
tie	fusiua	umbrella	fa`amalu
wallet	`atotupe a ali`i	watch	uati

Religion

World Religions and Philosophies

Atheist	Tagata le talitonu i le Atua	Baptist	Papatiso
Buddhist	Puta	Catholic	Katoliko
Christian	Kerisiano	Evangelical	Evagelia
Hindu	Initu	Islamic	Isalama
Jehovah's Witness	molimau a Ieova	Jewish	Iutaia
Lutheran	Luteru	Methodist	Metotisi
Mormon	Mamona	Muslim	Mosalemi
Pentecostal	Penetekoso	Presbyterian	Peresipeteriane
Protestant	Porotesano	Seventh Day Adventist	Aso Fitu

Religious Events and Meetings

baptism	papatisoga	bar mitzvah	bar mitzvah
burial (common)	tanuga	burial (po.)	falelauasiga
cemetery	fanuatanu	communion	fa`atasiga fa`aleagaga
conference	konafesi	confession	ta`uta`u atu agasala
confirmation	fa`amauga	family home evening	afiafi fa`ale`aiga
fireside	faeasaite	funeral (common)	oti
funeral (po.)	maliu	marriage	fa`aipoipoga
meeting (church service; ceremony)	sauniga	meeting (general)	fono
ordination	fa`au`uga	priesthood	perisitua
Relief Society	`Aualofa	sacrament	fa`amanatuga
sealing	fa`amauga	Second Coming	Afio Mai Fa`alua
setting apart	vaetofia	social	fa`apotopotoga
Sunday School	a`oga aso Sa	wedding	fa`aipoipoga

Religious Leaders

bishop	epikopo	deacon	ti`akono
to minister	`au`auna	minister (noun)	faife`au
pastor	faife`au	pope	pope
priest	ositaulaga	rabbi	rapi
reformer	tagata vavae		

Religious People

Aaron	Arona	Abraham	Apera`amo
Adam	Atamu	Alma	Alema
Buddha	Puta	Confucius	Konefasio
Elijah	Elia	Enoch	Enoka
Enos	Enosa	Ether	Eteru
Eve	Eva	Helaman	Helamana
Jacob	Iakopo	James	Iakopo
Jarom	Iaroma	Jesus Christ	Iesu Keriso
Job	Iopu	John	Ioane
John Calvin	Ioane Kalavini	John the Baptist	Ioane le Papatiso

John Wycliffe	Ioane Uikilifi	Joseph Smith	Iosefa Samita
Judas Iscariot	Iuta le Sekara	Lamanites	Sa Lamana
Luke	Luka	Malachi	Malaki
Mark	Mareko	Martin Luther	Matini Luteru
Mary	Maria	Matthew	Mataio
Melchizedek	mekisateko	Messiah	Mesia
Mohammed	Moameta	Mormon	Mamona
Moroni	Moronae	Moses	Mose
Mosiah	Mosaea	Nephi	Nifae
Nephites	Sa Nifae	Noah	Noa
Omni	Ominae	Paul	Paulo
Peter	Peteru	Pontius Pilate	Ponotio Pilato
William Tyndale	Viliamu Tinetali		

Church Titles and Callings

active member	tagata malosi o le `ekalesia	assistant	fesoasoani
bishop	epikopo	branch president	peresitene o le paranesi
Brother	Uso/Tuagane	church members	tagata o le `ekalesia
companion	soa	contact	tagata fa`afeso`ota`i
counselor	fesoasoani	district leader	ta`ita`i itu
Elder	Toea`ina	high councilor	fautua maualuga
home teacher	faia`oga o `aiga	investigator	tagata sa`ili`ili
leader	ta`ita`i	less active member	tagata le to`aga o le `ekalesia
mission president	peresitene o le misiona	missionary	faife`autala`i
new convert	tagata fou liliu mai	new member	tagata fou o le `ekalesia
patriarch	peteriaka	pioneer	paionia
president	peresitene	secretary	failautusi
seer	talifa`aaliga	Sister	Uso/Tuafafine
speaker	failauga	stake president	peresitene o le siteki
teacher	faia`oga	visiting teacher	faia`oga asiasi
ward mission leader	ta`ita`i misiona a le uarota	ward missionary	faife`autala`i a le uarota
zone leader	ta`ita`i sone		

Religious Places

Bethlehem	Petele`ema	chapel	fale sa
Garden of Eden	fa`ato`aga o Etena	Gethsemane	Ketesemane
Israel	Isara`elu	Jerusalem	Ierusalema
Sacred Grove	togavao pa`ia	stake center	fale `autu o le siteki
temple	malumalu	visitor's center	nofo`aga `autu mo tagata asiasi atu

Baptismal Interview

abortion	fa`apa`u pepe	activity	gaoioiga
to be baptized	papatisoina	to be ready	saunia
to be willing	malie	to believe	talitonu
chastity	legavia	church (as a body or congregation)	`ekalesia
church (religion; church service)	lotu	commandment	poloa`iga

to commit	ta`utino	to covenant	osifeagaiga
covenant	feagaiga	crime	solitulafono
faithful	fa`amaoni	Father	Tama
gospel	talalelei	gospel standards	tulaga o le talalelei
homosexual (men)	fa`atauatane	homosexual (women)	fa`atauafafine
Jesus Christ	Iesu Keriso	to keep	tausi
legal	fa`ataga	to live (common)	ola
to live (po.)	soifua	to live (stay; dwell)	nofo
marriage	fa`aipoipoga	membership (in the church)	`auai i le `ekalesia
to obey	usita`i	parole	palola
to partake (common)	`ai	to partake (po.)	taumafa
to participate	`auai	past	tuana`i
probation	nofo va`ava`aia	prophet	perofeta
Redeemer	Togiola	relationship (between two people)	va
relationship (union, more than two)	so`otaga	to repent	salamo
Sabbath	Sapati	sacrament	fa`amanatuga
Savior	Fa`aola	serious	matuia
service (church service)	sauniga	service (service work)	galuega fesoasoani
sexual	taufeusua`iga	sin	agasala
Son	Alo	to strive	tauivi
to take upon oneself	tau`ave i luga o le tagata	tithing	sefulua`i
to understand	malamalama	Word of Wisdom	`Upu o le Poto

Linguistic

Adverbs of Time

again	toe	almost	toe`itiiti
already	`ua `uma	always	taimi `uma
finally	mulimuli ane	never	le taitai
often	masani	probably	`atonu
rarely	seasea	sometimes	nisi taimi
suddenly	fa`afuase`i	today	le aso lenei
tomorrow	taeao	usually	mea masani
yesterday	ananafi		

Comparatives

better	lelei atu	bigger	lapo`a atu
greater	tele atu	higher	maualuga atu
larger	lapo`a atu	lower	maualalo ifo
shorter	pu`upu`u atu	smaller	la`itiiti ifo
stronger	malosi atu	weaker	vaivai atu
worse	matua`i leaga		

Directions

about	uiga	across	le isi itu
behind	tua	between	va
facing	fa`asaga	in	totonu
in front of	i luma o le	later (after smth.; following s.th. in relation to time)	mulimuli ane
later (later today)	nanei	left	tauagavale
near	latalata	next to	soso`o ma le
now	taimi nei	on	luga
over	luga a`e	right (correct)	sa`o
right (privilege; liberty)	aia	right (right side; right hand)	taumatau
straight ahead	alu sa`o	to	i le
toward	aga`i	under	lalo
until	se`ia		

Common Verbs

to be	i ai	to be able to	mafai ona
could	sa mafai	to cover	aofia
desire (common, noun or verb)	mana'o	to do	fai
to get	maua	to go (common; plural)	o
to go (common; singular)	alu	to go (po.; both sing. and plural)	susu
to have	i ai	to have to	tatau ona
to help	fesoasoani	to make	fai

to need	mana'omia	to say	fai atu
to shake	lulu	should	tatau
to shout	e`e	to tell	ta`u
to trade	fesuia`i	to wish	mo`omo`o
would	mafai		

Other Common Terms

crowd	motu	easy	faigofie
exact	mea tonu lena	flat	laugatasi
future	lumana`i	grammar	kalama
hard	faigata	if	`afai
intense	malosi	luck	laki
no	leai	not	e le
of (alienable)	a	of (not alienable)	o
one person ("to`a"-prefix for numbering people)	to`a tasi	or (used in front of anything else)	pe
or (used in front of o and sometimes u and a)	po	own	ona
piece	fasi	pressure (encouragement)	`u`una`iga
rather	nai lo	ready	sauni
same	tutusa	so	o lea
soon	toe`itiiti	sorry	fa`amalie atu
space	avanoa	than	nai lo
there are	o lo`o i ai ni	thing	mea
this	lenei	though	e ui
too	fo`i	unless	se`iloga
well	lelei	whole	`atoa
yes	`ioe		

Prepositions

above	i luga	according to	e tusa ma
after (future tense)	`A `uma	after (future tense; po.)	`A mavae
after (past tense)	Ina `ua `uma	after (past tense; po.)	Ina `ua mavae
against	feagai	along	fa`atasi ma
among	fa`atasi ma	around	fa`ata`amilo
as soon as	o le taimi lava	before (direction, in front of)	i luma o
before (first)	muamua	before (while yet to)	a`o le`i
below	i lalo	between	va
by	latalata ane	down	lalo
during	vaitaimi	except	vagana
for (as in ownership)	ma	for (behold, because)	aua
for (duration of time)	i	for (for; general use)	mo
for (instrumentality; use of)	i	forward	i luma
from	mai	front	luma
here	`i`inei	inside	totonu
instead of	nai lo le	into	i totonu o
off	`ese	on	luga
opposite	fa`afeagai	out	e le`o i totonu

outside	i fafo	since	talu
thanks to	fa`afetai ia	there	`i`ina
up	luga	which	o le fea
with (accompaniment)	ma	with (accompaniment; together with)	fa`atasi ma
with (instrumentality)	i	without	aunoa ma

Conjunctions

although	e ui	and	ma
because (because)	`ona	because (for)	aua
because (negative connotation)	leaga	besides	ma le isi
but	`ae		

Subject Pronouns

pronoun	sui nauna	I (emphatic)	a`u
I (descriptive)	`Ou	you (singular; emphatic)	`oe
you (singular; descriptive)	`e	he/she/it (emphatic)	`o ia
he/she/it (descriptive)	na	we (dual exclusive; emphatic)	i ma`ua
we (dual exclusive; descriptive)	ma	we (dual inclusive; emphatic)	i ta`ua
we (dual inclusive; descriptive)	ta	you (dual; emphatic)	`oulua
you (dual; descriptive)	lua	they (dual; emphatic)	i la`ua
they (dual; descriptive)	la	we (plural exclusive; emphatic)	i matou
we (plural exclusive; descriptive)	matou	we (plural inclusive; emphatic)	i tatou
we plural inclusive; descriptive)	tatou	you (plural; emphatic)	`outou
you (plural; descriptive)	tou	they (plural; emphatic)	i latou
they (plural; descriptive)	latou		

Quantifiers

a	se	all	`uma
both	la`ua `uma	couple	ulugali`i
dozen	tasene	each	ta`itasi
every	`uma	few	nai mea
half	`afa	many	tele
most	o le tele lava	much	tele
none	leai se mea	only	na`o
pair	pea	several	e tele
some	nisi		

Question Words

how	fa`apefea	how long	o le a le `umi
how much (big)	o le a le tele	how much (many)	e fia
what	o le a	when (question form past)	anafea
when (question form, future)	afea	when (statement form future)	`a
when (statement form past)	ina `ua	where	fea
who	o ai	why	`aisea

Common Adjectives and Adverbs

loud	leotele	narrow	vaiti
really	matua	rough	talatala
round	lapotopoto	sharp	ma`ai
slow	telegese	smooth	lamolemole
soft	malulu	terrible	mata`utia
very	matua`i	wet	susu

Numbers

Numbers, Cardinal 0–20

number	numera	zero	selo
one	tasi	two	lua
three	tolu	four	fa
five	lima	six	ono
seven	fitu	eight	valu
nine	iva	ten	sefulu
eleven	sefulutasi	twelve	sefululua
thirteen	sefulutolu	fourteen	sefulufa
fifteen	sefululima	sixteen	sefuluono
seventeen	sefulufitu	eighteen	sefuluvalu
nineteen	sefuluiva	twenty	luasefulu

Numbers, Cardinal 20–Trillion

twenty	luasefulu	thirty	tolusefulu
forty	fasefulu	fifty	limasefulu
sixty	onosefulu	seventy	fitusefulu
eighty	valusefulu	ninety	ivasefulu
hundred	selau	thousand	afe
million	miliona	billion	piliona
trillion	tiliona		

Numbers, Ordinal

first (early, primitive, original; used as a prefix)	ulua`i	first (come first; foremost)	muamua
second	lona lua	third	lona tolu
fourth	lona fa	fifth	lona lima
sixth	lona ono	seventh	lona fitu
eighth	lona valu	ninth	lona iva
tenth (ordinal)	lona sefulu	eleventh	lona sefulutasi

Weeks and Months

Days of the Week

Sunday	Aso Sa	Monday	Aso Gafua
Tuesday	Aso Lua	Wednesday	Aso Lulu
Thursday	Aso Tofi	Friday	Aso Faraile
Saturday	Aso To`onai		

Months of the Year

January	Ianuari	February	Fepuari
March	Mati	April	Aperila
May	Me	June	Iuni
July	Iulai	August	Aokuso
September	Setema	October	Oketopa
November	Novema	December	Tesema

Colors

Colors

black	uliuli	blue	lanumoana
brown	`ena`ena	color	lanu
gray	efuefu	green	lanumeamata
orange (color)	lanumoli	purple	viole
red	mumu	white	pa`epa`e
yellow	samasama		

MTC Vocabulary

Missionary Terms

area	eria	companionship (partnership)	soa
companionship (togetherness; more general)	mafutaga	conference	konafesi
culture	aganu`u	district	itu
lesson	lesona	message	savali
mission	misiona	mission field	tovine o le misiona
representative	sui	rule	tulafono
volunteer	volenitia	zone	sone

Missionary Objects

battery	ma`a	camera	meapu`eata
camera film	ta`aiga mo le meapu`eata	cassette tape	lipine
chap stick	ga'o mo laugutu mamago	journal	`api tala`aga a le tagata lava ia

MTC Activities

to attend the temple	alu i le malumalu	choir practice	a`oga pese
church (as a body or congregation)	`ekalesia	church (religion; church service)	lotu
companionship study	su`esu`ega fa`alesoa	devotional	faigalotu
district meeting	fonotaga fa`aleitu	to do laundry	fai le tagamea
to exercise (physical exertion)	fa`amalositino	to exercise (to use)	fa`aaoga
fireside	faeasaite	to laugh (common)	ata
to laugh (po.)	soisoi	to learn	a`oa`o
lesson	lesona	to open	tatala
personal study	su`esu`ega a le tagata lava ia	personal time	taimi mo le tagata lava ia
preparation day	aso sauniuni	to prepare	sauni
to repeat	toe fai	role play	fa`ata`ita`i
service (church service)	sauniga	service (service work)	galuega fesoasoani
to shut	tapuni	to sing (syn. with lagi)	usu
to sing (syn. with usu)	lagi	to teach	a`oa`o
teaching	a`oa`oga	testimony meeting	sauniga molimau
to write	tusi		

MTC Classroom Objects

bell	logo	book	tusi
chair	nofoa	chalk	sioka
chalkboard	laupapa sioka	clock	uati
desk	kesi	dictionary	tusi upu
door	faitoto`a	eraser	titina
notebook	tama`i`api	paper	pepa
pen	peni	pencil	penitala
picture	ata	scriptures	tusitusiga pa`ia
seat	nofoa	table	laulau
window	fa`amalama		

MTC People

assistant to the president	fesoasoani i le peresitene	branch president	peresitene o le paranesi
companion	soa	district leader	ta`ita`i itu
district president	peresitene o le itu	mission president	peresitene o le misiona
missionary	faife`autala`i	MTC president	peresitene o le MTC
teacher	faia`oga		

Places in the MTC

bathroom	faleta`ele	building	fale
cafeteria	fale`aiga	classroom	potua`oga
gym	faleta`alo	permanent residence	falenofotumau

TALL Lab

button (computer keys)	ki	chair	nofoa
to choose	filifili	to click the computer mouse	kiliki le mausi o le komepiuta
computer	komepiuta	desk	kesi
to finish	fa`a`uma	headset	seti e u`u
keyboard	laulau o ki	to learn	a`oa`o
lesson	lesona	to listen (common)	fa`alogo
to listen (po.)	fa`afofoga	microphone	maikolofoni
mouse	mausi	phrase	fasifuaitau
to read	faitau	to review	iloilo
to sit	nofo i lalo	to speak (common)	tautala
to speak (po.)	saunoa	to test (of food)	tofo
to test (to try)	tofotofo	to type	ta
to work	galue	work (function ‘material things’)	ola
work (noun)	galuega		

a	se
a cold (sickness)	ma`i
Aaron	Arona
Aaronic Priesthood	Perisitua Arona
abortion	fa`apa`u pepe
about	uiga
above	i luga
Abraham	Apera`amo
abstinence	taofia mai
abundantly	anoanoa`i
abuse	fa`asaua
to accept	talia
accident	fa`alavelave
to accomplish	fa`ataunu`u
accordance	e tusa ma
according to	e tusa ma
account (bank)	tusitupe
account (story)	tala
accountability	tali atu ai
to achieve	fa`ataunu`u
achy	tiga
to acknowledge	fa`ailoa
across	le isi itu
act (act on, fulfill)	fa`atino
to act (the way you behave or live)	ola
to act (to do)	fai
to act (to work)	galue
act (work)	galue
action (an action)	fa`atinoga
action (an individual's action)	amioga
active	to`aga
active member	tagata malosi o le `ekalesia
activity	gaoioiga
actor	tagata e fa`atinoina se ata tifaga
Adam	Atamu
to adapt	fetu`una`i
address	tuatusi
to address	fa`ailoa atu
to adjust	fetu`una`i
to administer	fesoasoani
administrator	ta`ita`i
adopted	fai
adult	tagata matua
adultery	mulilua
adversary	fili
afraid	fefe
Africa	Aferika
after (future tense)	`A `uma
after (future tense; po.)	`A mavae
after (past tense)	Ina `ua `uma
after (past tense; po.)	Ina `ua mavae
after shave	fagu fa`amanogi pe`a `uma ona sele le `ava
afternoon	aoauli
again	toe

against	feagai
age	tausaga
agency	filifiliga sa`oloto
agreement	maliliega
air	`ea
airplane	va`alele
airport	malae va`alele
aisle	va o nofoa
alcohol	`ava malosi
all	`uma
allergies	mea e le taliaina e le tino
alley	`auala taloto
to allow	fa`ataga
Alma	Alema
almost	toe`itiiti
alone	to`atasi
along	fa`atasi ma
aloud	leotele
already	`ua `uma
although	e ui
always	taimi `uma
ambulance	ta`avale mo ma`i fa`afuase`i
amen	`amene
America	Amerika
among	fa`atasi ma
amount	aofa`iga
ancestor	augatama
anchor	taula
ancient	anamua
and	ma
angel	agelu
anger (common)	ita
anger (po.)	to`atama`i
animal	manu
ankle	tapuvae
to announce	fa`asilasila atu
announcements	fa`asilasilaga
to anoint	fa`au`u
anointing	fa`au`uina
another	se isi
answer	tali
to answer	tali
ant	loi
Antarctica	Anetatika
antibiotic	fuala`au e tete`e i fa`ama`i
any	so`o se
any kind	so`o se itu`aiga
any setting	so`o se tulaga
any time	so`o se taimi
anyone	so`o se tasi
apartment	falemautotogi
to apologize	fa`ato`ese
apostasy	liliu`ese
apostle	`aposetolo
to appear (suddenly)	fotu
to appear (to show)	fa`aali
appearance	foliga mai

apple	apu
application	tusi talosaga
to apply	fa`atatau
to apply (to use)	fa`aaoga
appointment	fuafuaga fa`atulagaina
to appreciate	talisapaia
April	Aperila
area	eria
arm (common)	lima
arm (po.)	`a`ao
around	fa`ata`amilo
to arrive	taunu`u
art	fa`atufugaga
as soon as	o le taimi lava
Asia	Asia
to ask (ask a question)	fesili
to ask (request)	ole
aspirin	asipulini
assignment	tofiga
to assist	fesoasoani
assistant	fesoasoani
assistant to the president	fesoasoani i le peresitene
assurance	fa`amautinoaga
astray	se `ese
at	i le
Atheist	Tagata le talitonu i le Atua
ATM	Masini talatupe
to atone	togiola
Atonement	Togiola
to attack	osofa`i
to attend	`auai
to attend the temple	alu i le malumalu
to attend tithing settlement	`auai i le fa`atalanoaga o le sefulua`i
attic	potu pito i luga
August	Aokuso
aunt	uso o le tina
Australia	Ausetalia
authority	pule
authorized	fa`atagaina
automatic	otometi
autumn	tau e afu ai mea
auxiliary	ausilali
available (space, time)	avanoa
avenue	magaala
to avoid	`alo`ese
aware (know, common)	iloa
aware (know, po.)	silafiia
awful	le lelei
baby	pepe
bachelor's degree	tikeri o le tagata malaga
back	tua
backpack	`ato fa`afafa
bacon	fasipua`a manifinifi
bad	leaga
bag	`ato
bakery	fale falaoa
ball	polo
ballet	palei
banana	fa`i
band	`aufa`aili
bandage	mea fa`apipi`i manu`a
bank	faletupe
baptism	papatisoga
baptismal candidates	tagata e mafai ona papatiso
baptismal covenants	feagaiga o le papatisoga
baptismal service	sauniga o le papatisoga
Baptist	Papatiso
to baptize	papatiso
baptized	papatisoina
bar mitzvah	bar mitzvah
barber shop	fale`otiulu
baseball	peisipolo
basement	potu pito i lalo
basketball	pasiketipolo
to bathe (common)	ta`ele
to bathe (po.)	fa`amalu
bathroom	faleta`ele
battery	ma`a
to be	i ai
to be able to	mafai ona
to be baptized	papatisoina
to be counseled	fautuaina
to be located	tu
to be ready	saunia
to be used	fa`aaogaina
to be willing	malie
beach	matafaga
to bear	tau`ave
to bear testimony	tu`uina atu le molimau
beauty	lalelei
because (because)	`ona
because (for)	aua
because (negative connotation)	leaga
to become	`avea
bed	moega
bedroom	potumoe
bee	pi
beer	pia
before (direction, in front of)	i luma o
before (first)	muamua
before (while yet to)	a`o le`i
to befriend	fa`auo
to begin	`amata
behavior	amioga
behind	tua
belief	talitonuga
to believe	talitonu
bell	logo
to belong	`auai
beloved	fa`apeleina
below	i lalo
belt	fusipa`u
to bend	fa`apipi`o

benefit	aoga
besides	ma le isi
best	lelei silisili
Bethlehem	Petele`ema
better	lelei atu
between	va
beverage	meainu suamalie
Bible	Tusi Pa`ia
bicycle	uila vilivae
big (large)	tele
big (large; fat)	lapo`a
bigger	lapo`a atu
to bike	ti`eti`e uila
biking	ti`eti`ega uila
bill	pili
billion	piliona
binding	noataga
bird	manulele
birth	fanau mai
birth certificate	pepa fanau
birthday	aso fanau
bishop	epikopo
bishopric	`au epikopo
to bite	u
black	uliuli
to bleed	toto
to bless	fa`amanuia
blessed	fa`amanuiaina
blessing	fa`amanuiaga
blind	tauaso
blizzard	matagi kiona
block	pitonu`u
blood	toto
blouse	`ofutino
to blow	agi
blue	lanumoana
blush	e palasi ai `alafau fa`apiniki
boat	va`a
body	tino
to boil	fa`apuna
bone	ivi
book	tusi
Book of Mormon	Tusi a Mamona
boots	se`evae
born	fanau
born again	toe fanaufouina
both	la`ua `uma
bottle	fagu
bottom	pito i le lalo
bowl	ipu fa`aofuofu
box	atigipusa
boy	tama
bra	papa
bracelet	taulima
brain	fai`ai
branch president	peresitene o le paranesi
brass	`apamemea

bread	falaoa
to break (a commandment; tread)	soli
to break (snap a connection, string, wire)	motu
breakfast (common)	fafaga o le taeao
breakfast (po.)	malu o le taeao
bridge	`auala laupapa
bright	susulu
to bring	`aumai
to bring forth	`aumai mai
broom	pulumu
brother	Uso/Tuagane
Brother	Uso/Tuagane
brother–in–law (of a girl)	tuagane fa`aletulafono
brown	`ena`ena
brush	salu
to brush (brush ‘off or away’)	tafi
bucket	pakete
Buddha	Puta
Buddhist	Puta
building	fale
built	fausia
burden	`avega
to burden	fa`amamafa
burial (common)	tanuga
burial (po.)	falelauasiga
burn	mu
bus	pasi
bus station	nofo`aga fa`atali pasi
business	pisinisi
businessman	ali`i faipisinisi
busy (syn. with pisi)	tuatuania
busy (syn. with tuatuania)	pisi
but	`ae
butter	pata
butterfly	pepe lele
button (computer keys)	ki
to buy	fa`atau mai
by	latalata ane
cabinet	kapineta
cafeteria	fale`aiga
cake	keke
to call (be called or given a calling)	tofi
to call (call out with voice)	vala`au atu
to call (name or label)	ta`ua
to call (on the phone)	vili
called	vala`auina
calling	vala`auga
calm	to`afilemu
camera	meapu`eata
camera film	ta`aiga mo le meapu`eata
camping	tolauapiga
can	atigi`apa
can (ability)	mafai
can opener	tala `apa

to cancel	tolo
candy bar	lole la`au
car	ta`avale
to care	tausi
care	tausi
to care for	tausi
career	matagaluega
careful	fa`aeteete
careless	fa`atamala
carpet	kapeta
carrot	kaloti
to carry	`ave
cash	tupe
cassette tape	lipine
cast out	tuli`ese
cat	pusi
Catholic	Katoliko
to cause (to be caused by)	mafua mai ai
cavity	nifo pala
ceiling	fa`aalo
to celebrate	fa`amanatu
celestial	selesitila
cemetery	fanuatanu
center (core, main theme)	`autu
center (focus attention on)	taula`i
center (physical center of place or object)	`ogatotonu
central	`ogatotonu
century	seneturi
cereal	silio
ceremony	sauniga
certificate	tusi fa`amaonia
chair	nofoa
chalk	sioka
chalkboard	laupapa sioka
challenge	lu`itau
to challenge	lu`itau
change	suiga
to change	sui
to change clothes	sui `ofu
to change trains	fesuia`i nofoaafi
changing	suiga
chap stick	ga'o mo laugutu mamago
chapel	fale sa
chapter	mata`upu
character	uiga
to charge	pili atu
charity	alofa mama
chart	siata
chastity	legavia
cheap	taugofie
to check	siaki
check	siaki
cheek	`alafau
cheese	sisi
chest	fatafata
to chew	lamu

chicken	moa
chicken pox	tanesusu
child	tama`itiiti
children	tamaiti
chills	ma`alili
chin	`auvae
chocolate	sukalati
choice	filifiliga
choir	`aufaipese
choir practice	a`oga pese
to choose	filifili
chorister	ta`ita`i pese
chosen	filifilia
Christ	Keriso
Christian	Kerisiano
Christmas	Kerisimasi
Christmas tree	la`au Kerisimasi
Christ–like	fa`aKeriso
church	`ekalesia
church (as a body or congregation)	`ekalesia
church (religion; church service)	lotu
Church headquarters	laumua o le `ekalesia
church leaders	ta`ita`i o le `ekalesia
church members	tagata o le `ekalesia
church services	sauniga a le `ekalesia
cinnamon	tinamoni
circle of friends	li`o o uo
citizen	tagatanu`u
citizenship	tagatanu`u
city (downtown; near harbor; busy area in city)	taulaga
city (general term)	`a`ai
city hall	falefa`afiafia i le taulaga
civil	fa`alemalo
to claim	ta`utino
class	vasega
classroom	potua`oga
clean	mama
to clean	fa`amama
clear	manino
clerk	failautusi
to click the computer mouse	kiliki le mausi o le komepiuta
climbing	a'e
clock	uati
to close	fa`ai`u
close	latalata
closer	latalata atili
closet	kapoti lavalava
clothes (common)	`ofu
clothes (nice word not po.)	lavalava
clothes (po.)	la`ei
cloud	ao
coast	aloalo
coat	`ofu fa`atimu
cockroach	mogamoga

coconut (tree)	niu
coffee	kofe
coin (cent)	sene
cold (temperature; weather)	malulu
collar	kola
collecting	fa`aputuputu
college	kolisi
color	lanu
comb	selu
to comb	selu
to come (common)	sau
to come (pl.)	o mai
to come (po.)	maliu
to come (singular)	sau
to come back	toe o`o mai
to come by	afe mai
to comfort	fa`amafanafana
comfort	fa`amafanafana
to command	poloa`i
commandment	poloa`iga
comment	tala
commercial activities	gaoioiga fa`apisinisi
commissioned	tofia
to commit	ta`utino
to commit sin	agasala
commitment	ta`utinoga
commonly (familiar with)	masani ai
to communicate	feso`ota`i
communion	fa`atasiga fa`aleagaga
community	alaalafaga
companion	soa
companionship (partnership)	soa
companionship (togetherness; more general)	mafutaga
companionship study	su`esu`ega fa`alesoa
company	kamupani
to compare	fa`atusatusa
compatible	fetaui lelei
to complete	fa`a`atoa
complete	`atoa
complex	faigata
computer	komepiuta
computer games	ta`aloga komepiuta
computer programmer	tagata e fa`apolokalamaina komepiuta
computer science	saienisi fa`akomepiuta
concern	popolega
concert	konaseti
condition	tulaga
conditioner	kulimi fa`avaivai lauulu
condominium	fale mautotogi a tagata ta`ito`atasi
to conduct	ta`ita`i
to confer	tu`uina atu
conference	konafesi
to confess	ta`uta`u
confession	ta`uta`u atu agasala

confidence	mautinoa
confidential	e le fa`alaua`iteleina
to confirm	fa`amau
confirmation	fa`amauga
confirmed	fa`amauina
confirmed a member of the Church	fa`amauina se tagata o le `ekalesia
to conflict with	fete`ena`i ma
Confucius	Konefasio
confused	fenumia`i
confusion	fenumia`i
congratulations	fa`amalo
congregation	fa`apotopotoga
to conquer	fa`ato`ilalo
consecrated	fa`apa`iaina
consecutive	soso`o ai
consequence	taunu`uga
consistently	faifai pea
constant	e le liua
to contact	fa`afeso`ota`i
contact	tagata fa`afeso`ota`i
content	malie
continent	konetineta
continuation	fa`aauauina
to continue	fa`aauau
to contribute	fa`aopoopo atu
contribution	saofaga
contrite	salamo
to control	pulea
conversion	liua
convert	tagata liliu mai
to cook	kuka
cookie	kuki
cooking	kuka
cool	malulu
corn	sana
cornerstone	ma`atulimanu
to correct	fa`asa'o
correct (right)	sa`o
to correct (to make correct)	fa`asa`o
corrupted	pi`opi`o
cost	tau
to cost	fai le tau
cotton	vavae
cough	tale
to cough	tale
cough drop	fuala`au tale
could	sa mafai
council	`aufono
counsel	fautuaga
counselor	fesoasoani
counter	fata
country (continent)	atunu`u
country (rural area)	tua
countryside	tua
couple	ulugali`i
courage	lototele

court	fa`amasinoga
cousin	tausoga
covenant	feagaiga
to covenant	osifeagaiga
covenants	feagaiga
to cover	aofia
to covet	manumanu
cow	povi
co–worker	tagata e faigaluega fa`atasi
crab	pa`a
crack	ta'e
to crash	feto`ai
cream	kulimi
to create	foafoa
credit card	kata fai`aitalafu
crime	solitulafono
cross	satauro
crowd	motu
to crucify	fa`asatauro
to cry	tagi
culture	aganu`u
cup	iputi
cupboard	kapoti
curtains	`ie fa`amalama
to cut (common; hair and nails)	`oti
to cut (po.; hair and nails)	fa`afuga
to cut (with knife)	tipi
daily	aso ta`itasi
daisy	teisi
dancing (common)	siva
dancing (po.)	sa`asa`a
danger	tulaga mata`utia
darkness	pogisa
date	aso
daughter	afafine
day	aso
deacon	ti`akono
dead (common)	oti
dead (po.)	maliu
deaf	tutuli
dealings	feutaga`iga
death (common)	oti
death (po.)	maliu
debit card	kata
deceased (common)	oti
deceased (po.)	maliu
December	Tesema
to decide	filifili
decision	fa`ai`uga
to declare	ta`utino
decorations	teuga
deed	galuega
deep	loloto
degree	tikeri
to delight	fiafia
demands of justice	poloa`iga a le fa`amasinoga tonu

dentist	foma`i nifo
to deny	fa`afiti
deodorant	fagu fa`amanogi `ao`ao
to depart	malaga `ese
department	matagaluega
to depend	fa`alagolago
deposit	tupe teu
depressed	le fiafia
to describe	fa`amatala
desert	toafa
desire (common, noun or verb)	mana'o
desire (common, noun)	mana'oga
desire (po.)	finagalo
desk	kesi
to destroy	fa`a`umatia
to determine	iloilo
to develop	ati a`e
devil	ti`apolo
devotional	faigalotu
dictionary	tusi upu
to die (common)	oti
to die (po.)	maliu
different	`ese
difficult	faigata
diligently	filiga
dining room	potu `ai
dinner (common)	fafaga o le afiafi
dinner (po.)	taumafataga o le afiafi
to direct	fa`atonu
direction	fa`asinoga
directions	fa`asinoga
dirt (common)	palapala
dirt (po.)	`ele`ele
disappointed	le fiafia
disbelief	le talitonu
disciple	so`o
to discuss	talanoa
disease	fa`ama`i
dishes	ipu
dishwasher	masini fufulu ipu
disobedience	le usita`i
to disobey	le usita`i
dispensation	tisipenisione
distance	mamao
to distinguish (to know)	iloa
to distort	fa`asese
distorted	fa`aseseina
district	itu
district leader	ta`ita`i itu
district meeting	fonotaga fa`aleitu
district president	peresitene o le itu
divine	fa`alelagi
to divorce	tatala le fa`aipoipoga
dizzy	niniva
to do	fai
to do laundry	fai le tagamea
doctor	foma`i

doctrine	a`oa`oga fa`avae
Doctrine and Covenants	Mata`upu Fa`avae ma Fea-gaiga
dog (biblical term, po.)	uli
dog (common)	maile
dog (po.)	ta`ifau
dollar	tala
to donate	foa`i
donation	foa`i
donation slip	pepa o foa`i
door	faitoto`a
dosage	inumaga
doubt	masalo
down	lalo
downstairs	fogafale i lalo
downtown	totonu o le taulaga
dozen	tasene
to draw attention	tosina
drawer	kapoti o kesi
dream (common)	miti
dream (po.)	fa`alepo
dress (common; clothes that completely covers; like a dress)	`ofu solo`atoa
dress (po.; clothes in general)	la`ei
dress shoes	se`evae lotu
dresser	laulau faiteuga
drink	mea inu
to drink (common)	inu
to drink (po.)	taumafa
to drive	`ave
drive	`ave
driver's license	laisene `aveta`avale
drop	fa`atulutulu
drug	fuala`au fa`asaina
drug store	fale`oloa o vaila`au fa`afoma`i
drums	talipalau
dry cleaners	fale e tata ai lavalava `anagata
dryer (clothes)	fa`amago tagamea
dryer sheet	pepa o le masini fa`amago
duck	pato
during	vaitaimi
to dust	tafi
duty	tiute
to dwell	nofo
each	ta`itasi
ear	taliga
early	vave
to earn	maua
earrings	tautaliga
earth	lalolagi
earthquake	mafui`e
east	sasa`e
Easter	`Eseta
easy	faigofie
to eat (common)	`ai
to eat (po.)	tausami
to eat or drink (po.)	taumafa

Eden	`Etena
edge	lau`itiiti
education	a`oga
effort	taumafaiga
egg	fuamoa
eggs	fuamoa
eight	valu
eighteen	sefuluvalu
eighth	lona valu
eighty	valusefulu
elbow	tulilima
Elder	Toea`ina
electrician	tagata e fai`eletise
elementary school	a`oga maualalo
elephant	`elefane
eleven	sefulutasi
eleventh	lona sefulutasi
Elijah	Elia
to eliminate	`ave`ese
emergency	fa`afuase`i
employee	tagata faigaluega
employer	pule
empty room	potu avanoa
to enable	mafai
to encourage	fa`amalosi`au
encouragement	fa`amalosi`auga
to end	i`u
end (synonym w/ gata'aga and fa`ai`uga)	i'uga
end (synonym w/ gata'aga and i`uga)	fa`ai`uga
end (synonym w/ i'uga and fa`ai`uga)	gata`aga
to endeavor	taumafai
endowed	fa`ae`eina
endowment	fa`ae`ega pa`ia
to endure	tumau
enemy	fili
energy	malosi
engaged	fa`amau
engine	afi o ta`avale
engineer	inisinia
engineering	fa`a`enisinia
English	`Igilisi
to enjoy	fiafia
Enoch	Enoka
Enos	Enosa
enough	lava
to ensure	fa`amautinoa
to enter	ulu
enthusiastic	ma`elega
envelope	teutusi
equal	tutusa
eraser	titina
essential	taua
to establish	fa`atu
eternal	fa`avavau

eternal life	ola fa`avavau
eternally	fa`avavau
eternity	fa`avavau
Ether	Eteru
Europe	Europa
Evangelical	Evagelia
Eve	Eva
evening	afiafi
everlasting	fa`avavau
every	`uma
everyone	tagata `uma
everywhere	so`o se mea
evidence	fa`amaoniga
evil (bad)	leaga
exact	mea tonu lena
exaltation	fa`aeaga
exam	su`ega
example	fa`ata`ita`iga
excellent	lelei tele
except	vagana
to exchange	fesuia`i
excitement	fiafiaga
exercise	fa`amalositino
to exercise (physical exertion)	fa`amalositino
to exercise (to use)	fa`aaoga
to exercise faith	fa`aaoga le fa`atuatua
to exert	fa`atino
Exodus	Esoto
to expect	fa`amoemoe
expensive	taugata
experience (things that have happened)	mea `ua tutupu
to explain	fa`amatala
to express	fa`ailoa atu
to extend	tu`uina atu
extended family	`aiga potopoto
extra large	lapo`a atu
eye	mata
eye shadow	vali laumata
eyeliner	peni tosi laumata
to face	fa`asaga
facing	fa`asaga
to fail (doesn't happen)	le taunu`u
faith	fa`atuatua
faithful	fa`amaoni
faithfully	fa`amaoni
faithfulness	fa`amaoni
to fall	pa`u
Fall	Pa`u
to fall short	`ua le o`o
false	sese
family	`aiga
family history	talafa`asolopito o `aiga
family home evening	afiafi fa`ale`aiga
family–centered activities	gaoioiga e totonugalemu i `aiga
far	mamao
farmer	faifa`ato`aga

to fast	anapogi
fast	anapogi
fast offering	taulaga anapogi
fasting	anapogi
fat	ga'o
Father	Tama
father	tama
Father in Heaven	Tama o i le Lagi
Father's Day	Aso o Tama
father–in–law	tama fa`aletulafono
favorite	mea e sili ona fiafia e fai
fear	fefe
to feast	fiafia
February	Fepuari
to feel	lagona
feeling	lagona
feet	vae
to fellowship	fa`a`aumea
female	tama`ita`i
fence	pa
fever	fiva
few	nai mea
fidelity	fa`amaoni a`ia`i
field	laufanua
fifteen	sefululima
fifth	lona lima
fifty	limasefulu
to fill	fa`atumu
finally	mulimuli ane
financial	tau tupe
to find	maua
to find out	sa`ili
finger	tama`i lima
to finish	fa`a`uma
to fire (release from position)	tuli
fireside	faeasaite
firm	mautu
first (come first; foremost)	muamua
first (early, primitive, original; used as a prefix)	ulua`i
first floor	fogafale muamua
First Presidency	`Au Peresitene Sili
fish	i`a
to fit	fetaui
five	lima
flag	fu`a
flat	laugatasi
flea	utufiti
flesh	`a`ano
flood	lolovai
floor	foloa
floss	filo o nifo
flour	falaoamata
flower	fugala`au
flu	fulu
flute	fagufagu
fly	lago

fog	puaoa
to fold	gaugau
to follow	mulimuli
following	mulimuli
to follow–up	tulitatao
food	mea`ai
football	lakapi Amerika
for (as in ownership)	ma
for (behold, because)	aua
for (duration of time)	i
for (for; general use)	mo
for (instrumentality; use of)	i
forbidden	fa`asaina
forehead	muaulu
foreign language	gagana `ese
forest	vaomatua
forever	fa`avavau
to forgive	fa`amagalo
forgiven	fa`amagaloina
forgiveness	fa`amagaloga
forgotten	fa`agaloina
fork	tui
form (type of s.th.)	itu`aiga
forty	fasefulu
forward	i luma
found	maua
foundation (base of)	fa`avae
foundation (type of make up)	vali e muamua
four	fa
fourteen	sefulufa
fourth	lona fa
free	sa`oloto
free time	taimi avanoa
freed	tu`usa`olotoina
freedom	sa`olotoga
freeway	alatetele
freezer	fulisa
french fries	pateta falai
fresh	fou
Friday	Aso Faraile
fried chicken	moa falai
friend	uo
friendly	fa`auo
from	mai
front	luma
fruit	fuala`au `aina
frustrated	le mautonu
fuel	penisini
to fulfill	fa`ataunu`u
full name (common)	igoa `atoa
full name (po.)	suafa `atoa
fullness	`ato`atoaga
full–time	taimi `atoa
fun	malie
funeral (common)	oti
funeral (po.)	maliu
furniture	meaafale

future	lumana`i
to gain	maua
gallon	kalone
game	ta`aloga
garage	faleta`avale
garden	fa`ato`aga
Garden of Eden	fa`ato`aga o Etena
garlic	aniani saina
garments	`ofusa
gas station	pamu kesi
gel (bottle of)	fagu ga'o
genealogy	gafa
generous	agalelei
gentle	agamalu
to get	maua
to get a haircut (common)	`oti le ulu
to get a haircut (po.)	fa`afuga le ao
to get dressed	fai `ofu
to get to know	fa`amasani
Gethsemane	Ketesemane
gift	meaalofa
gift of the Holy Ghost	meaalofa o le agaga pa`ia
girl	teine
to give (or present)	foa'i atu
to give (to share or give as well)	tu`uina
to give in	gaua`i
to give up	tu`u
to give up something	tu`u se mea
glass	ipu inu mata`eta`e
glasses	matatioata
glorified	fa`amamaluina
glory	mamalu
gloves	totinilima
to go (common; plural)	o
to go (common; singular)	alu
to go (po.; both sing. and plural)	susu
goal	sini
goat	`oti
God	Atua
godly sorrow	fa`anoanoa fa`aleatua
God–given	tu`uina mai e le Atua
gold plates	papatusi `auro
golfing	tapolo
good	lelei
good afternoon	malo le soifua
good evening	malo le soifua
good morning	malo le soifua
gospel	talalelei
gospel standards	tulaga o le talalelei
government	malo
grace	alofa tunoa
grade	togi
grade level	maualuga o le vasega
grain	saito
gram	kalama
grammar	kalama
grandchild (child of the son)	tama a le atali`i

granddaughter (daughter of the son)	afafine o le atali`i
grandfather (father of the father)	tama o le tama
grandmother (mother of the father)	tina o le tama
grandparents	matua o matua
grandson (son of the son)	atali`i o le atali`i
grapes	fuala`au uaina mata
grass	mutia
grateful	loto faafetai
gratitude	agaga fa`afetai
grave	tu`ugamau
graven image	tupua `ua ta
gray	efuefu
great	maoa`e
greater	tele atu
great–grandchild	atali`i po o le afafine o le tama a le tama
great–grandparents	matua o matua o matua
green	lanumeamata
grocery shopping	fa`atauga o mea e fa`aaoga
grocery store	fale`oloa o `oloa `ese`ese
ground beef	fasipovi vili
ground floor	fogafale i lalo
group	vaega
grove of trees	togavao
to grow (a person growing up)	tuputupu a`e
to grow (as a plant)	tupu
to grow closer	fa`alatalata atu
to grow up	ola a`e
growth	tuputupu a`e
to guarantee	mautinoa
guidance	ta`ita`iga
to guide	ta`ita`i
guilt	fa`anoanoa
guitar	kikala
gums	tainifo
gym	faleta`alo
habit	masani
hail	timu `aisa
hair	lauulu
hair brush	pulumu seluulu
hairspray	sipulei lauulu
half	`afa
half–brother (brother with different dad)	tuagane e `ese`ese tama
hall	`auala savali
Halloween	Halouini
ham	pua`a fa`aasu
hammer	samala
hand (common)	lima
hand (po.)	`a`ao
hands (common)	lima
hands (po.)	`a`ao
to happen	tupu
happiness	fiafia
happy	fiafia
Happy New Year	Manuia le Tausaga Fou
hard	faigata
harmful	mea leaga
harmony	ogatasi
hat	pulou
to hate	`ino`ino
to have	i ai
to have fun	fiafia
to have to	tatau ona
he/she/it (descriptive)	na
he/she/it (emphatic)	`o ia
head (common)	ulu
head (po.)	ao
headache	ulu tiga
headset	seti e u`u
to heal	fa`amaloloina
healed	fa`amaloloina
healing	fa`amalologa
health (common)	ola maloloina
health (po.)	soifua maloloina
healthy	maloloina
to hear (common)	fa`alogo
to hear (po.)	fa`afofoga
hearing (common)	fa`alogo
hearing (po.)	fa`afofoga
heart (emotional heart)	loto
heart (physical heart)	fatu
heat	`a`asa
heaven	lagi
Heavenly Father	Tama Fa`alelagi
heavy	mamafa
heel	mulivae
height	`umi
Helaman	Helamana
hell	seoli
hello	talofa
to help	fesoasoani
help	fesoasoani
helpful	aoga
her	lana
here	`i`inei
hidden	natia
high councilor	fautua maualuga
high school	a`oga maualuga
higher	maualuga atu
highest	`aupito maualuga
highway	`aualatelevave
high–rise	fale maualuluga
hiking	savali sopo
hill	mauga
Hindu	Initu
to hire	fa`afaigaluega
his	lana
history	talafa`asolopito
to hit	ta
hobby	mea e fiafia e fai

to hold (not physical things)	`umia
to hold (physical things)	u`u
holder	le e `umiaina
holiday	aso malolo
holy	pa`ia
Holy Bible	Tusi Pa`ia
Holy Ghost	Agaga Pa`ia
home teacher	faia`oga o `aiga
hometown	nu`u
homosexual (men)	fa`atauatane
homosexual (women)	fa`atauafafine
honest	fa`amaoni
honestly	fa`amaoni
honey	meli
honor	ava
honorable	fa`amamaluina
to hope	fa`amoemoe
hope	fa`amoemoe
horn	pu pi'o
horse	solofanua
hospital (common)	falema`i
hospital (po.)	maota gasegase
hot	vevela
hotel	faletalimalo
hour	itula
house (common)	fale
house (po.)	maota
how	fa`apefea
how (way)	`auala
how long	o le a le `umi
how much (big)	o le a le tele
how much (many)	e fia
how often	e fa`afia
humanities	o tagata
humidity	susu o le `ea
humility	lotomaulalo
hundred	selau
hunger (common)	fia`ai
hunger (po.)	fia tausami
hurricane	afa
hurry	fa`atopetope
to hurt	fa`atiga
husband	tane
hymn	vi`iga
I (descriptive)	`Ou
I (emphatic)	a`u
ice cream	`aisakulimi
idea	manatu
ideal	lelei
if	`afai
to ignore	le `amana`ia
ill	ma'i
image	fa`atusa
immediate family	`aiga tuofe
to immerse	fa`atofu
immersion	fa`atofuina
immigrant	tagata malaga

immortal	ola pea
immortality	tino ola pea
imperfect	le `ato`atoa
importance	taua
important	taua
to improve	fa`alelei
in	totonu
in front of	i luma o le
in the evening	i le afiafi
in the morning	i le taeao
to include	aofia
income	tupe e maua
increase	fa`ateleina
Independence Day	Aso Tuto`atasi
individual	tagata to`atasi
infinite	e le muta
influence	`a`afiaga
to influence	`a`afia
ingredient	mea fai mea`ai
inhabitants	o e sa nofoia
innocence	le sala
insect	manu nini`i
inside	totonu
inspiration	musumusuga
instead of	nai lo le
instruction	fa`atonuga
instrument	mea faifa`aili
intelligent	atamai
intense	malosi
intent	loto
interest	mea fiafia
interested	fiafia
interesting	manaia
international	fa`avaomalo
internet	initoneti
internship	fa`ata`ita`i
to interpret	fa`aliliuupu
intersection	magafa
to interview	fa`atalanoa
interview	fa`atalanoaga
into	i totonu o
to introduce	fa`ailoa atu
investigator	tagata sa`ili`ili
invitation	vala`aulia
to invite	vala`aulia
iron	`auli
Islamic	Isalama
island	motu
Israel	Isara`elu
Jacob	Iakopo
jam	siamu
James	Iakopo
January	Ianuari
Jarom	Iaroma
jeans	`ofuvae malo
Jehovah's Witness	molimau a Ieova
Jerusalem	Ierusalema

Jesus Christ	Iesu Keriso
Jewish	Iutaia
job	galuega
Job	Iopu
John	Ioane
John Calvin	Ioane Kalavini
John the Baptist	Ioane le Papatiso
John Wycliffe	Ioane Uikilifi
to join	tu`ufa`atasi
joint	so`oga o ivi
joke	talasua
Joseph Smith	Iosefa Samita
journal	`api tala`aga a le tagata lava ia
joy	`oli`oli
Judas Iscariot	Iuta le Sekara
to judge	fa`amasino
judge	fa`amasino
judged	fa`amasinoina
judgment	fa`amasinoga
juice	vai fuala`au `aina
July	Iulai
June	Iuni
justice	fa`amasinoga tonu
to keep	tausi
to keep from	taofia mai
ketchup	sosi tamato
keyboard	laulau o ki
keys	ki
keystone	ma`a`autu
to kick	a`a
to kill (a human)	fasioti
to kill (anything other than human)	tape
kilo	kilo
kilometer	kilomita
kind (attribute; trait)	agalelei
kind (type; a kind of s.th.)	itu`aiga
kingdom	malo
Kingdom of God	malo o le Atua
to kiss	sogi
kitchen	umukuka
knee	tulivae
to kneel	to`otuli
knees	tulivae
knife (common)	naifi
knife (po.)	aga`ese
to know (common)	iloa
to know (po.)	silafia
to know someone	iloa se tasi
knowledge	poto
knowledge (understanding)	malamalama
labor	galuega
laces	nonoa (o seevae)
ladybug	manusauna
lake	vaituloto
Lamanites	Sa Lamana
lamp	molitu

land	lau`ele`ele
large	lapo`a
larger	lapo`a atu
last	mulimuli
last days	aso `amuli
lasting	tumau
lasting happiness	fiafia tumau
late	tuai
later (after smth.; following s.th. in relation to time)	mulimuli ane
later (later today)	nanei
Latter–day Saint	`Au pa`ia o Aso e Gata Ai
to laugh (common)	ata
to laugh (po.)	soisoi
laundromat	faletamea
laundry	tagamea
laundry room	potu faitagamea
laundry soap	fasimoli tamea
law	tulafono
law of chastity	tulafono o le legavia
lawn	mutia
lawyer	loia
to lay (an object)	ta`atia
to lay (of hands)	fa`ae`e
to lay (of people)	ta`oto
to lay off	fa`amalolo
laying on of hands	fa`ae`e atu o lima
lazy	paie
to lead	ta`ita`i
leader	ta`ita`i
leaf	laula`au
to learn	a`oa`o
leather	pa'u
to leave a message	tu`u se fe`au
left	tauagavale
leg	`ogavae
legal	fa`ataga
less active member	tagata le to`aga o le `ekalesia
lesson	lesona
letter	tusi
lettuce	latisi
library	faletusi
lice	utu
to lie	pepelo
life (common)	olaga
life (po.)	soifuaga
to lift	si`i
light	malamalama
lightning	uila emo
to like	fiafia
lily	lili
to limit	tapula`a
lion	liona
lip liner	peni tosi laugutu
lips	laugutu
lipstick	vali laugutu
list	lisi

to listen (common)	fa`alogo
to listen (po.)	fa`afofoga
liter	lita
little	la`itiiti
to live (common)	ola
to live (po.)	soifua
to live (stay, reside, common)	nofo
to live (stay, reside, po.)	alaala
to live (stay; dwell)	nofo
living (common)	ola
living (po.)	soifua
living prophet	perofeta soifua
living room	potu malolo
local	lotoifale
lock	loka
long	`umi
to look at	tilotilo i ai
to look for	su`e
loose	o`o
to lose	le iloa
lost	leiloa
lotion	kulimi e u`u ai le tino
loud	leotele
love	alofa
to love	alofa
loving	alofa
lower	maualalo ifo
lowest	`aupito maualalo
loyalty	agaga `ato`atoa i ai
luck	laki
Luke	Luka
lunch (common)	mea`ai o le aoauli
lunch (po.)	malu o le aoauli
lung	mama
Lutheran	Luteru
machine	masini
magazine	mekasini
to mail	lafo atu
mail	meli
mailbox	pusa meli
main	`autu
to maintain	tausi
major	mata`upu `autu o su`esu`ega
to make	fai
to make sure	fa`amautinoa
makeup	vali foliga
Malachi	Malaki
male	tane
mall	fale`oloa tetele
man (common, more like person)	tagata
man (po.)	Ali`i
mankind	tagata
many	tele
map	fa`afanua
March	Mati
marital	tulaga fa`afa`aipoipo

Mark	Mareko
market	maketi
marriage	fa`aipoipoga
married	fa`aipoipoina
Martin Luther	Matini Luteru
Mary	Maria
mascara	fa`amafiti fulufulu mata
mashed potatoes	pateta palu
match	tauvaga
material things	mea o le lalolagi
mathematics	matematika
Matthew	Mataio
May	Me
mayonnaise	meioneisi
meal	fafaga
to mean	uiga
mean (not loving)	fa`alealofa
meaning	uiga
meaningful	aoga
measles	misela
measuring cup	ipu fuamea`ai
measuring spoon	sipuni fuamea`ai
meat	`a`ano manufasi
mechanic	inisinia ta`avale
media	ala o fa`asalalauga
medicine	vaila`au fa`afoma`i
medium (of size; shape)	fa`aleogolua
medium (so–so; mediocre of size/feeling)	feoloolo
to meet	feiloa`i
to meet a challenge	fa`afetaia'ia ma se lu`itau
to meet needs	talia ai mana'oga
meeting (church service; ceremony)	sauniga
meeting (general)	fono
meetinghouse	falelotu
Melchizedek	mekisateko
Melchizedek Priesthood	Perisitua Mekisateko
membership (in the church)	`auai i le `ekalesia
Memorial Day	Aso fa`amanatu
merciful	alofa mutimutivale
mercy	alofa mutimutivale
Merry Christmas	Manuia le Kerisimasi
message	savali
messenger	`avefe`au
Messiah	Mesia
meter	mita
Methodist	Metotisi
microphone	maikolofoni
microwave	`ogaumu fa`avevela mea`ai
middle school	a`oga tulagalua
mile	maila
milk	susu
million	miliona
mind	mafaufau
to minister	`au`auna
minister	faife`au

minister (noun)	faife`au
ministry	galuega
minute	minute
miracle	vavega
mirror	fa`ata
misinformation	fa`amatalaga sese
Miss	tama`ita`i
to miss	misi se avanoa
mission	misiona
mission conference	konafesi a le misiona
mission field	tovine o le misiona
mission president	peresitene o le misiona
missionary	faife`autala`i
missionary work	galuega fa`afaife`autala`i
mistake	mea sese
to mix	tu`ufa`atasi
mobile home	fale fe`avea`i
modest	tauagafau
Mohammed	Moameta
Monday	Aso Gafua
money	tupe
monkey	manuki
month	masina
moon	masina
to mop	mopu
mop	mopu
moral	amiolelei
more fully	atili
Mormon	Mamona
morning	taeao
Moroni	Moronae
mortal	fa`aletino
mortality	olaga fa`aletino
Moses	Mose
Mosiah	Mosaea
mosquito	namu
most	o le tele lava
mother	tina
Mother's Day	Aso o Tina
mother–in–law	tina fa`aletulafono
motorcycle	uilaafi
mountain	mauga
mouse	mausi
mouth (common)	gutu
mouth (po.)	fofoga
to move	minoi
movie	ata
Mr.	Susuga
Mrs.	Faletua
Ms.	tama`ita`i
MTC president	peresitene o le MTC
much	tele
museum	falemata`aga
music	musika
Muslim	Mosalemi
mustard	mati
nail	fao
nail clippers	mea `oti atigilima
name (common)	igoa
name (po.)	suafa
narrow	vaiti
nationality	tagatanu`u
native	tagatanu`u
nature	natura
nauseated	fa`afaufau
near	latalata
necessary	mea tatau
necessities	mea e mana'omia o le olaga
neck	ua
necklace	`asoa
to need	mana'omia
need (really want)	mana`omia
need (should, must, have to)	tatau
needle	nila
needy	le tagolima
neighbor	tua`oi
nephew (feminine, child of the sister)	tama o le uso
nephew (masculine, son of the brother)	atali`i o le uso
Nephi	Nifae
Nephites	Sa Nifae
never	le taitai
new	fou
new convert	tagata fou liliu mai
new member	tagata fou o le `ekalesia
New Testament	Feagaiga Fou
New Years	Tausaga Fou
newspaper	nusipepa
next	soso`o ai
next to	soso`o ma le
next week	vaiaso a sau
nice	manaia
niece (feminine)	tama o le uso
niece (masculine, daughter of the brother)	afafine o le uso
night	po
nine	iva
nineteen	sefuluiva
ninety	ivasefulu
ninth	lona iva
no	leai
Noah	Noa
nobody	leai se tagata
noise	pa`o
none	leai se mea
non–smoking	sa le ulaula
noon	aoauli
normal	masani
north	matu
North America	Amerika i Matu
northeast	matu i sasa`e
northwest	matu i sisifo
nose	isu

not	e le
not every day	e le`o aso `uma
notarization	fa`amaonia e se loia
note	nota
notebook	tama`i`api
to notice	matau
November	Novema
now	taimi nei
number	numera
nurse	tausima`i
nurture	fa`afaileleina
nut	nati
nylons	nailoni
oak	garava
oats	polesi
obedience	usita`i
obedient	usita`i
to obey	usita`i
obligation	tiute
obstacle	puniala
to obtain	maua
ocean	vasa
October	Oketopa
of (alienable)	a
of (not alienable)	o
off	`ese
to offer (offer s.th.)	ofo atu
to offer a prayer	faia le tatalo
offering	taulaga
office	`ofisa
often	masani
oil (anointing oil; oil for hair)	suau`u
oil (lard)	ga`o
ointment	kulimi fai manu`a
old	matua
Old Testament	Feagaiga Tuai
older	matua atu
Oliver Cowdery	Oliva Kaotui
Omni	Ominae
on	luga
on sale	pa`u le tau
on time	taimi tonu
once a week	fa`atasi i le vaiaso
one	tasi
one another	le tasi i le isi
one person (“to`a”-prefix for numbering people)	to`a tasi
one–way	tasi le ala
onion	aniani
only	na`o
to open	tatala
opening	`amata
openly	tu`usa`o
opera	tala e lagi fa`apese
opportunity	avanoa
opposite	fa`afeagai
opposition	fa`afeagai

or (used in front of anything else)	pe
or (used in front of o and sometimes u and a)	po
orange (color)	lanumoli
orange (fruit)	moli
orchestra	`aufa`aili fagufagu
to ordain	fa`au`u
ordained	fa`au`uina
order	fa`atulagaga
ordinance	sauniga
ordination	fa`au`uga
oregano	olikano
organ	`okeni
organist	ta `okeni
organization	fa`alapotopotoga
to organize	fa`atulaga
other	isi
others	isi
ourselves	tatou lava
out	e le`o i totonu
outgoing	fiafia i so`o se mea
outside	i fafo
outward	i fafo
oven	`oveni
over	luga a`e
to overcome	manumalo
to overwhelm	lofituina
own	ona
package	afifi
page	itulau
pain	tiga
pair	pea
pajamas	`ofumoe
palm (hand)	alofilima
pan	pani
pancake	panikeke
pants	`ofuvae
paper	pepa
paradise	parataiso
parasites	parasaite
parent	matua
parents	matua
park	paka
parole	palola
part	vaega
to partake (common)	`ai
to partake (po.)	taumafa
to participate	`auai
partner	paaga
party	pati
part–time	fa`avaitaimi
to pass	te’a
passage	ala
passport	tusifolau
past	tuana`i
pasta	pasta

pastor	faife`au
path	ala
patience	`onosa`i
patiently (long suffering)	fa`apalepale
patiently (patient)	‘onosa’i
patriarch	peteriaka
pattern	fa`asologa
pattern of living	fa`atulagaga o le olaga
Paul	Paulo
to pay	totogi
payment	totogi
peace	filemu
peace of conscience	filemu o le mafaufau
peaceful	to`afilemu
peanut butter	pata pinati
pear	pea
Pearl of Great Price	Penina Tau Tele
peas	pi
pedigree	fa`asologa o gafa
pen	peni
penalty	sala
pencil	penitala
Pentecostal	Penetekoso
people	tagata
pepper	pepa
to perfect	fa`a`ato`atoa
perfect	`ato`atoa
perfectly	`ato`atoa
to perform	fa`ataunu`u
period	vaitaimi
permanent residence	falenofotumau
permanently	tumau
permission	fa`atagaga
permit	pemita
persecuted	sauaina
person	tagata
personal	fa`aletagata
personal (more personal; private)	patino
personal study	su`esu`ega a le tagata lava ia
personal time	taimi mo le tagata lava ia
personality	uiga
personally	fa`aletagata
Peter	Peteru
pharmacy	faletalavai
phrase	fasifuaitau
physical	fa`aletino
physical body	tino fa`aletino
physically	fa`aletino
pianist	ta piano
piano	piano
picture	ata
pie	pai
piece	fasi
pig	pua`a
pill	fuala`au
pine	paina
pineapple	fala
pioneer	paionia
pizza	pisa
to place	tu`u
place (common, anywhere)	mea
place (of dwelling, common)	nofo`aga
to place hands	tu`u lima
to place under obligation	tu`u i lalo o se tiute
plan	fuafuaga
plan of happiness	fuafuaga o le fiafia
to plant	toto
plate	ipumafolafola
to play (a sport or activity)	ta`alo
to play (an instrument)	tata
to plead	`ai`oi
please	fa`amolemole
pleasure	fiafiaga
to plug	pupuni
pneumonia	niumonia
pocket	taga
to point out	fa`asino atu
police station	`ofisa o leoleo
policeman	ali`i leoleo
political process	faiga fa`a`upufai
pond	vaito`a
to ponder	mafaufau loloto
Pontius Pilate	Ponotio Pilato
poor	mativa
popcorn	popukoni
pope	pope
pore	pu nini`i
pork	fasipua`a
pornography	ata mataga
position	tulaga
to possess	`umia
possibility	avanoa
possible	mafai
post card	kata
post office	falemeli
postal code	numera fa`avaomalo
posterity	fanau
to postpone	tolopo
pot	`ulo
potato	pateta
potato chips	pateta tipi
pound	pauna
to pour	liligi
power	mana
powerful	mamana
to practice	fa`ata`ita`i
to pray (common)	tatalo
to pray (po.)	talosaga
prayer	tatalo
to preach	tala`i
precious	fa`apelepele
pregnant	ma`itaga
prelude	musika e mua’i tataina

preparation day	aso sauniuni
to prepare	sauni
Presbyterian	Peresipeteriane
prescription	talavai
presence (common, in front of, in the presence of)	`i luma o
presence (po. Dwelling place)	afio'aga
to preside	pule fa`amalumalu
president	peresitene
presiding	pule fa`amalumalu
Presiding Bishopric	`Au Epikopo Pulefa`amalumalu
pressure (encouragement)	`u`una`iga
to prevent	taofi
pre–earth (life)	mua`i olaga
pre–school	a`oga `amata
price	tau
pride	fa`amaualuga
priest	ositaulaga
priesthood	perisitua
priesthood authority	pule o le perisitua
priesthood holder	se tasi `ua `umia le perisitua
Primary	Peraimeri
principle	mata`upu fa`avae
priority	fa`amuamua
prison	fale puipui
private	patino
privately	patino
privilege	avanoa
probably	`atonu
probation	nofo va`ava`aia
problem	fa`afitauli
process	fa`agasologa
procreative power	mana o le foafoaga
profession	matagaluega
program	polokalama
progress	alualu i luma
to progress	alualu i luma
progression	alualu i luma
to prohibit	fa`asa
to promise	folafola
promise	folafolaga
promised	folafolaina
pronoun	sui nauna
proper	tatau
prophecy	valo`aga
prophet	perofeta
to proselyte	tala`i
protection	puipuiga
to protest	tete`e atu
Protestant	Porotesano
protestant	porotesano
to prove	fa`amaonia
to provide (prepare s.th for s.o.)	sauniuni
psychology	saikolosi
publicly	fa`alaua`itele
pudding	puligi
to pull	toso
pulpit	pulela`a
punishment	fa`asalaga
to purchase	fa`atau mai
pure	mama
purity	mama a'ia'i
purple	viole
purpose	fa`amoemoega
purse	`atotupe a tama`ita`i
to put on	fa`amaulu
to put on makeup	fai teuga
to qualify	agava`a
quality	uiga
quest	sa`iliga
question	fesili
quiet	filemu
to quit (such as smoking, drinking, etc.)	tu`u
quorum	korama
Quorum of the Twelve Apostles	Korama a `Aposetolo e To`asefululua
rabbi	rapi
race	tu`uga
radio	leitio
rag	fasi `ie`ie
railroad tracks	`auala nofoaafi
to rain	timu
rain	timu
raised	ola a`e
rarely	seasea
rat	isumu
rather	nai lo
razor	matatafi
to reach (a goal)	`ausia
to reach (for something)	`a`apa
to reach (to arrive)	o`o
to reach out	`a`apa atu
to read	faitau
reading	faitau
ready	sauni
real intent	loto `atoa
to realize	iloaina
really	matua
reason	mafua`aga
rebirth	toe fanaufouina
reborn	toefanaufouina
to receive	maua
to recognize	iloaina
recommend	pepa fa`ataga
to recommit	toe ta`utino
to record	fa`amaumau
record	fa`amaumauga
recreational pursuits	mea fa`afiafia
red	mumu
redeemed	fa`aolaina
Redeemer	Togiola
redemption	togiolaina

referral	tagata e fa`ailoa mai
reflection	atagia
to reform	toe fa`atuina
reformer	tagata vavae
to refrain	taofi mai
refrigerator	pusa`aisa
regularly	masani
to reject	te`ena
relations	mafutaga
relationship (between two people)	va
relationship (union, more than two)	so`otaga
relative	tagata e `aiga
Relief Society	`Aualofa
religion	talitonuga fa`alelotu
religious	fa`alelotu
to rely	fa`alagolago
to rely on	fa`alagolago i
to remain	tumau
to remember	manatua
to remind	fa`amanatu
reminder	fa`amanatu
remission of sins	fa`amagaloga o agasala
remorse	fa`anoanoa
to render service	tu`uina atu le `au`aunaga
to renew	fa`afou
renewed	fa`afouina
to repeat	toe fai
to repent	salamo
repentance	salamo
to represent (symbolically)	fa`atusa
to represent (take place of in representation)	fai ma sui
representative	sui
to require	mana`omia
to resist	te`ena
to resolve	foia
respect	fa`aaloalo
responsibility (synonymous with matafaioi)	tiutetau`ave
responsibility (synonymous with tiutetau`ave)	matafaioi
responsible	nafa
to rest	malolo
restaurant	fale`aiga
restitution	toe totogi atu
restoration	toefuata`iga
to restore	toefuata`i
restored	toefuata`iina
restored church	`ekalesia toefuata`iina
result	taunu`uga
resume	tala`aga pu`upu`u o tomai
resurrected	toetu
resurrection	toetu
to retain	fa`atumau
to return	fo`i

to reunite	toefa`atasi
reunited	toefa`atasia
to reveal	fa`aali
revealed word	afioga fa`aalia
revelation	fa`aaliga
reverence	migao
to review	iloilo
reward	taui
to reward	taui
rice	alaisa
rich	mau`oa
to ride	ti`eti`e
right (correct)	sa`o
right (privilege; liberty)	aia
right (privilege; liberty)	aia
right (right side; right hand)	taumatau
righteous	amiotonu
righteousness	amiotonu
rightfully (privilege; liberty)	aia
ring	mama
to rise	si`i
river	vaitafe
road	`auala
to rob	fao
rock	papa
role	matafaioi
role play	fa`ata`ita`i
roof	taualuga
room	potu
rope	maea
rose	rosa
rough	talatala
round	lapotopoto
round trip	malaga fa`ata`amilo
route	magaala
rule	tulafono
to run	tamo`e
running	tamo`e
runny nose	tafe le isu
Sabbath	Sapati
Sabbath day	aso Sapati
sacrament	fa`amanatuga
sacrament meeting	sauniga fa`amanatuga
sacred	pa`ia
Sacred Grove	togavao pa`ia
to sacrifice	fai taulaga
sacrifice	taulaga
sad	fa`anoanoa
safety	saogalemu
saint	se pa`ia
salad	salati
salon	faleteuulu
salt	masima
salvation	fa`aolataga
same	tutusa
to sanctify	fa`apa`ia
sand	oneone

sandals	se`evae tosotoso
sandwich	sanuisi
Santa Claus	Tama o le Kerisimasi
Satan	Satani
to satisfy	fa`amalie
Saturday	Aso To`onai
sausage	sosisi
to save (rescue)	lavea`i
saving	lavea`i
savings	teugatupe
Savior	Fa`aola
to say	fai atu
scale	fua
scarf	sikafu
schedule	fuafuaga faatulagaina
school	a`oga
science	saienisi
scientist	saienitisi
scissors	seleulu
screw	sikulu
scripture (a scripture; verse)	mau
scripture (holy writings)	tusitusiga pa`ia
scriptures	tusitusiga pa`ia
sea	sami
to seal	fa`amau
sealed	fa`amauina
sealing	fa`amauga
to search	sa`ili
seasoning	fa`amanogi mea`ai
seat	nofoa
second	lona lua
Second Coming	Afio Mai Fa`alua
second floor	fogafale lua
secretary	failautusi
section	vaega
security	saogalemu
to see (common)	va`ai
to see (po., syn. with silasila)	taga`i
to see (po., syn. with taga`i)	silasila
seed	fatu
to seek	su`e
seer	talifa`aaliga
selfish (mentally; generally)	manatu fa`apito
selfish (with food)	`ai`u
selfless	le manatu fa`apito
self–control	amio pulea
to send	`auina atu
sense (make sense)	fetaui
sense (smth..; feel)	lagona
to separate	vavae
separated (as in divorce)	tete`a
separated (divided; no longer together)	vavae`eseina
September	Setema
serious	matuia
servant	`au`auna
to serve (most common)	`au`auna
to serve (smb. of lower rank s. smb. of higher rank)	tautua
service (church service)	sauniga
service (service work)	galuega fesoasoani
to set	fa`atu
set apart	vaetofia
to set apart	vaetofia
to set aside	tu`u `ese
setting apart	vaetofia
seven	fitu
seventeen	sefulufitu
seventh	lona fitu
Seventh Day Adventist	Aso Fitu
seventy	fitusefulu
several	e tele
sexual	taufeusua`iga
to shake	lulu
shame	masiasi
shampoo	fasimoli suavaia e u`u ai lauulu
to share	fa`asoa
shark	malie
sharp	ma`ai
to shave	sele
shaving cream	kulimi sele `ava
to shed for	fa`amaligi mo
sheep	mamoe
shelf	fata
ship	va`atele
shirt (dress shirt)	`ofutino
shirt (T–shirt)	mitiafu
shoe	se`evae
to shop	fa`atau
shopping	fa`atauga
short	pu`upu`u
shorter	pu`upu`u atu
shorts	`ofuvae pu`upu`u
shot (needle shot)	tui
should	tatau
shoulder	tau`au
to shout	e`e
to show	fa`aali
shower	faleta`ele
to shower (common)	ta`ele
to shower (po.)	fa`amalu
shrimp	ulavai
to shut	tapuni
shy	matamuli
sibling	tei
sick (common)	ma`i
sick (po.)	gasegase
sickness (common)	ma`i
sickness (po.)	gasegase
side	itu
sidewalk	`auala savali
sight	va`aiga
sign	fa`ailoga
silk	silika

simple (easy to do)	faigofie
simple (little importance)	fa`atauva`a
to sin	agasala
sin	agasala
since	talu
sincere	fa`amaoni
sincerely	fa`amaoni
sinful	agasala
to sing (syn. with lagi)	usu
to sing (syn. with usu)	lagi
single	nofo to`atasi
sink	tapu
sinless	leai se agasala
sister	Uso/Tuafafine
Sister	Uso/Tuafafine
sister–in–law	tuafafine fa`aletulafono
to sit	nofo i lalo
six	ono
sixteen	sefuluono
sixth	lona ono
sixty	onosefulu
size	fuaitino
skiing	fa`ase`e i le `aisa
skill	tomai
skin	pa`u
skirt	sakete
sky	lagi
slacks	`ofuvae `u`umi
to sleep (common)	moe
to sleep (po.)	tofa
sleeve	lima o `ofutino
slip	`ofuloto
slippers	se`evae tosotoso
slow	telegese
small	la`itiiti
smaller	la`itiiti ifo
smell	manogi
to smell	sogisogi
smile (common)	`ata
smile (po.)	soisoi
smoking	ulaula
smooth	lamolemole
snake	gata
to sneeze	mafatua
snow	kiona
to snow	kiona
so	o lea
soap	fasimoli
soccer	soka
social	fa`apotopotoga
society	sosaiete
socks	totini
soda	vaiinu
sofa	sofa
soft	malulu
softball	sofipolo
solemn	pau
some	nisi
someday	i se aso
sometimes	nisi taimi
Son	Alo
son	atali`i
son–in–law	atali`i fa`aletulafono
soon	toe`itiiti
sore	tiga
sore throat	fa`a`i tiga
sorrow	fa`anoanoa
sorry	fa`amalie atu
sound	pa`o
soup	supo
source	punavai
south	saute
South America	Amerika i Saute
southeast	saute i sasa`e
southwest	saute i sisifo
space	avanoa
spaghetti	supoketi
to speak (common)	tautala
to speak (po.)	saunoa
speaker	failauga
special	fa`apitoa
specific	fa`apitoa
speech (common)	tautalaga
speech (formal)	lauga
speech (po.)	saunoaga
to spend (time, energy, money, etc)	fa`aalu
spider	`apogaleveleve
Spirit	Agaga
spirit	agaga
spirit of service	agaga o le auauna atu
spirit of thanksgiving	agaga o le faafetai
Spirit of the Lord	Agaga o le Ali`i
spirit of worship	agaga o le tapua`iga
spirit world	lalolagi o agaga
spiritual	fa`aleagaga
spiritually	fa`aleagaga
sponge	omomi
spoon	sipuni
sport	ta`aloga
sporting activities	gaoioiga o ta`aloga
spouse	to`alua
spring	tautotogo
stairs	fa`asitepu
stake center	fale `autu o le siteki
stake president	peresitene o le siteki
stamp	fa`ailoga tusi
to stand	tu
standard	fa`atulagaga
standard works	tusi fa`avae
star	fetu
starfish	`aveau
to start	`amata
state	tulaga

to state	ta`u
station	pamu kesi
to stay	nofo
steak	fasipovi fa`amanifi
to steal	gaoi
to steam (ex. steamed vegetables)	saka i le `ausa
step	la`asaga
step–daughter (daughter of the spouse)	afafine a le to`alua
step–father (spouse of the mom)	to`alua o le tina
step–mother (spouse of the dad)	to`alua o le tama
step–son (son of the spouse)	atali`i o le to`alua
still, small voice	leo filemu ma le `itiiti
to stir	sa`eu
stomach	manava
to stop (command to stop or cease)	soia
to stop (prevent, hold back, stop motion)	taofi
to stop (stop a habit or doing s.th.)	tu`u
stoplight	moli taofi
store	fale`oloa
storm	matagi
story	tala
stove	`ogaumu
straight ahead	alu sa`o
strainer	vaimama
strait and narrow path	ala sa'o ma le vaapiapi
strange	`ese
stream	`auvai
street	`auala
street car	ta`avale i le alatele
strength	malosi
to strengthen	fa`amalosi
strengthened	fa`amalosia
strict	ma`oti
strictly	matua`i ma'oti
to strive	tauivi
strong	malosi
stronger	malosi atu
student	tagata a`oga
to study	su`esu`e
stuffy nose	isu mamafa
subject	gaua'i
to submit	gaua`i
substance	mea ‘a'ano
subway	`auala i lalo o le `ele`ele
to succeed/ be successful	fa`amanuiaina
success	fa`amanuiaina
successful	fa`amanuiaina
successor	le `ua sui
suddenly	fa`afuase`i
to suffer	tigaina
suffering	tigaina

sugar	suka
suggestion	manatu
suit	suti
suit coat	peleue o le suti
suitcase	`atopa`u
summer	taumafanafana
sun	la
Sunday	Aso Sa
Sunday School	a`oga aso Sa
sunflower	mataolela
sunglasses	matatioata mo le la
sunshine	susulu le la
supper	mea`ai o le po
to support	lagolago
support	lagolago
surgery	ta`otoga
sustained	lagolagoina
to swallow	folo
sweat pants	`ofuvae koleni
sweater	`ofu koleni pito i luga
to sweep	salu
sweet	suamalie
swept away	tafi`esea
to swim	`a`au
swimming	`a`au
symbol	fa`atusa
symptom	auga
table	laulau
to take (carry; to have; take)	`ave
to take (go along a path; choose or take route)	ui
to take a bus	alu i le pasi
to take off	tatala `ese
to take upon	tau`ave i luga
to take upon oneself	tau`ave i luga o le tagata
talent	taleni
to talk (common)	tautala
to talk (converse)	talanoa
to talk (po.)	saunoa
tall	`umi
to taste	tofo
taste	tofo
taxi	ta`avale la`itiiti la`upasese
tea	lauti
to teach	a`oa`o
teacher	faia`oga
teaching	a`oa`oga
team	`au
technical college	kolisi o matata `ese`ese
teeth (common)	nifo
teeth (po.)	`oloa
telephone number	numera o le telefoni
telestial	telesitila
television	televise
to tell	ta`u
temperature	fua o le `ea
temple	malumalu

temple work	galuega fa`alemalumalu
temporal	fa`aletino
to tempt	fa`aosooso
temptation	fa`aosoosoga
ten	sefulu
Ten commandments	tulafono e Sefulu
tennis	tenisi
tennis shoes	se`evae tenisi
tenth (fraction)	vae sefulu
tenth (ordinal)	lona sefulu
terrestrial	teresitila
terrible	mata`utia
test (academically)	su`ega
to test (of food)	tofo
test (to prove; trial to prove)	tofotofoga
to test (to try)	tofotofo
testament	feagaiga
to testify	molimau atu
testimony	molimau
testimony meeting	sauniga molimau
than	nai lo
to thank	faafetai
thankful	faafetai
thanks	faafetai
thanks to	fa`afetai ia
Thanksgiving	le aso faafetai
The Church of Jesus Christ of Latter–day Saints	`O Le `Ekalesia a Iesu Keriso o le `Au Pa`ia o Aso e Gata Ai
theater	faletifaga
there	`i`ina
there are	o lo`o i ai ni
they (dual; descriptive)	la
they (dual; emphatic)	i la`ua
they (plural; descriptive)	latou
they (plural; emphatic)	i latou
thick	mafiafia
thin	manifinifi
thing	mea
to think	mafaufau
third	lona tolu
thirst (common)	fia inu
thirst (po.)	fia taumafa
thirteen	sefulutolu
thirty	tolusefulu
this	lenei
though	e ui
thought	manatu
thousand	afe
three	tolu
throat	fa`a`i
through	ala
to throw	togi
thumb	limamatua
thunder	faititili
to thunder	pa le faititili
thunderstorm	matagi faititili
Thursday	Aso Tofi

ticket (paper for entrance)	pepa ulufale
ticket (paper for traveling)	pepa malaga
tie	fusiua
tiger	taika
tight	fufusi
time	taimi
tired	lelava
tithe	sefulua`i
tithing	sefulua`i
tithing funds	tupe o sefulua`i
tithing settlement	fa`atalanoaga o le sefulua`i
title	tofiga
to	i le
toast	pa`anunu
tobacco	tapa`a
today	le aso lenei
toe	tama`i vae
together	fa`atasi
toilet	faleleta`ua
tomato	tamato
tomorrow	taeao
tongue	laulaufaiva
tonight	afiafi nei
too	fo`i
tool	meafaigaluega
toothbrush	pulumu fulunifo
toothpaste	kulimi fulunifo
top	luga
topic (subject)	mata`upu
tornado	asi`osi`o
total	aofa`i
to touch	pa'i
tour	malaga ta`amilo
toward	aga`i
town house	fale i le taulaga
to tract	tala`i tu'itu'i
to trade	fesuia`i
traffic light	moli fa`asino ta`avale
train	nofoaafi
train station	nofo`aga e fa`atali ai nofoaafi
to transfer	fesuia`i
transformed	liua
transgression	solitulafono
to translate	fa`aliliu
to travel	malaga
traveling party	faigamalaga
to treat	faia
tree	la`au
trial	tofotofoga
trillion	tiliona
to trim	fa`apu`upu`u
trip	malaga
triumph	manumalo
trouble	fa`alavelave
true	moni
trumpet	pu usu
to trust	fa`atuatuaina

trusted	fa`atuatuaina
truth	`upumoni
truthfulness	mea moni
to try (give effort)	taumafai
to try (to taste food)	tofo
to try (to test)	tofotofo
to try on	fa`ata`ita`i
tub	taputa`ele
Tuesday	Aso Lua
tulip	tulipe
turkey	pipi
to turn	afe
to turn away	liliu`ese
to turn left	afe i le tauagavale
to turn right	afe i le taumatau
turtle	laumei
twelve	sefululua
twenty	luasefulu
twice a week	fa`alua i le vaiaso
two	lua
to type	ta
t–shirt	mitiafu
umbrella	fa`amalu
unchanging	le liua
uncle	uso o le tama
unclean	le mama
under	lalo
to understand	malamalama
understanding	malamalama
understanding	malamalamaaga
unemployment	le faigaluega
unhappiness	le fiafia
unhappy	le fiafia
to unite	tu`ufa`atasi
United States	Iunaite Setete
university	iunivesite
unless	se`iloga
until	se`ia
up	luga
uplifting	fa`agae`etia
upstairs	fogafale a luga
to use	fa`aaoga
usually	mea masani
vaccination	tui
vacuum	mitipefu
to vacuum	mimiti le `ota`ota
valid	aoga
valley	vanu
values	tulaga fa`atauaina
van	veni
vanilla	vanila
vegetable	fuala`au faisua
vehicle	ta`avale
verse	fuai`upu
very	matua`i
view	va`aiga
village (common)	nu`u
village (po.)	alaalafaga
violin	vaiolini
virtuous	mama
vision	fa`aaliga
to visit	asiasi
visit	asiasi
visiting teacher	faia`oga asiasi
visitor's center	nofo`aga `autu mo tagata asiasi atu
visitors	tagata asiasi
vitamins	vaitamini
voice (common)	leo
voice (po.)	si`ufofoga
volleyball	volipolo
voluntarily	ofo atu
voluntary	ofo atu
volunteer	volenitia
to vomit	pua`i
to vote	palota
vow	tautoga
wage	totogi
to wait	fa`atali
to walk	savali
wall	puipui
wallet	`atotupe a ali`i
war	taua
ward mission leader	ta`ita`i misiona a le uarota
ward missionary	faife`autala`i a le uarota
warm	mafanafana
to warn	lapata`i
to wash	fufulu
washer	masini tamea
washing machine	masini tamea
watch	uati
water	vai
way (synonym to "`auala")	ala
way (synonym to "ala")	`auala
we (dual exclusive; descriptive)	ma
we (dual exclusive; emphatic)	i ma`ua
we (dual inclusive; descriptive)	ta
we (dual inclusive; emphatic)	i ta`ua
we (plural exclusive; descriptive)	matou
we (plural exclusive; emphatic)	i matou
we (plural inclusive; emphatic)	i tatou
we plural inclusive; descriptive)	tatou
weak	vaivai
weaker	vaivai atu
weakness	vaivaiga
wealth	mau`oa
to wear	`ofu
weather	tau
wedding	fa`aipoipoga
Wednesday	Aso Lulu
week	vaiaso
weekly	vaiaso ta`itasi
to weep	tagi

weight	mamafa
to welcome	fa`afeiloa`i
well	lelei
west	sisifo
wet	susu
whale	tafola
what	o le a
wheat	sanavao
wheel	pa`u
when (question form past)	anafea
when (question form, future)	afea
when (statement form future)	`a
when (statement form past)	ina `ua
where	fea
which	o le fea
while	a`o
white	pa`epa`e
who	o ai
whole	`atoa
why	`aisea
wicked	amioleaga
widow	tina `ua maliu le tane
wife (common)	ava
wife (po.)	faletua
will (common, desire, want; noun or verb)	mana`o
will (future tense marker)	`o le`a
will (po., desire, want; noun or verb)	finagalo
William Tyndale	Viliamu Tinetali
willing	malie
willingness	loto malie
wind	savili
window	fa`amalama
wine	uaina
winter	taumalulu
wire whisk	ta fuamoa
wisdom	poto
to wish	mo`omo`o
with (accompaniment)	ma
with (accompaniment; together with)	fa`atasi ma
with (instrumentality)	i
to withdraw	`ave`ese
withdrawal	tala
to withhold	taofi
without	aunoa ma
to witness	molimau
witness	molimau
woman	tama`ita`i
to wonder	manatunatu
wonderful	manaia
wood	togavao
wool	fulufulu mamoe
word	`upu
word of God	afioga a le Atua
Word of Wisdom	`Upu o le Poto
to work	galue
to work (for pay)	faigaluega
work (function ‘material things’)	ola
to work (generally put forth effort)	galue
work (noun)	galuega
world	lalolagi
worldwide	lalolagi `atoa
worry	popole
worse	matua`i leaga
worship	tapua`i
to worship	tapua`i
worthiness	agava`a
worthy	agava`a
would	mafai
wound	manu`a
wreck	malepe
wrist	tapulima
to write	tusi
writings	tusitusiga
wrong	sese
x–ray	fa`ata
yard	lotoa
year–end report	lipoti i le fa`ai`uga o le tausaga
yellow	samasama
yes	`ioe
yesterday	ananafi
yogurt	iokati
you (dual; descriptive)	lua
you (dual; emphatic)	`oulua
you (plural; descriptive)	tou
you (plural; emphatic)	`outou
you (singular; descriptive)	`e
you (singular; emphatic)	`oe
young	talavou
Young Men	Ali`i Talavou
Young Women	tama`ita`i Talavou
younger	la`itiiti ifo
your (dual)	la/lo `oulua
your (plural)	la/lo `outou
your (singular)	lau/lou
zero	selo
zone	sone
zone conference	konafesi fa`alesone
zone leader	ta`ita`i sone

‘onosa’i	patiently (patient)
`a	when (statement form future)
`A `uma	after (future tense)
`A mavae	after (future tense; po.)
`a`afia	to influence
`a`afiaga	influence
`a`ai	city (general term)
`a`ano	flesh
`a`ano manufasi	meat
`a`ao	hand (po.)
`a`ao	hands (po.)
`a`ao	arm (po.)
`a`apa	to reach (for something)
`a`apa atu	to reach out
`a`asa	heat
`a`au	swimming
`a`au	to swim
`ae	but
`afa	half
`afai	if
`ai	to eat (common)
`ai	to partake (common)
`ai`oi	to plead
`ai`u	selfish (with food)
`aiga	family
`aiga potopoto	extended family
`aiga tuofe	immediate family
`aisakulimi	ice cream
`aisea	why
`alafau	cheek
`alo`ese	to avoid
`amata	opening
`amata	to begin
`amata	to start
`amene	amen
`apamemea	brass
`api tala`aga a le tagata lava ia	journal
`apogaleveleve	spider
`aposetolo	apostle
`asoa	necklace
`ata	smile (common)
`ato	bag
`ato fa`afafa	backpack
`ato`atoa	perfect
`ato`atoa	perfectly
`ato`atoaga	fullness
`atoa	complete
`atoa	whole
`atonu	probably
`atopa`u	suitcase
`atotupe a ali`i	wallet
`atotupe a tama`ita`i	purse
`au	team
`au epikopo	bishopric
`Au Epikopo Pulefa`amalumalu	Presiding Bishopric
`Au pa`ia o Aso e Gata Ai	Latter–day Saint
`Au Peresitene Sili	First Presidency

`au`auna	to serve (most common)
`au`auna	to minister
`au`auna	servant
`auai	to attend
`auai	to participate
`auai	to belong
`auai i le `ekalesia	membership (in the church)
`auai i le fa`atalanoaga o le sefulua`i	to attend tithing settlement
`auala	how (way)
`auala	street
`auala	road
`auala	way (synonym to “ala”)
`auala i lalo o le `ele`ele	subway
`auala laupapa	bridge
`auala nofoaafi	railroad tracks
`auala savali	sidewalk
`auala savali	hall
`auala taloto	alley
`aualatelevave	highway
`Aualofa	Relief Society
`aufa`aili	band
`aufa`aili fagufagu	orchestra
`aufaipese	choir
`aufono	council
`auina atu	to send
`auli	iron
`aumai	to bring
`aumai mai	to bring forth
`aupito maualalo	lowest
`aupito maualuga	highest
`ausia	to reach (a goal)
`autu	main
`autu	center (core, main theme)
`auvae	chin
`auvai	stream
`ava malosi	alcohol
`ave	to take (carry; to have; take)
`ave	to carry
`ave	drive
`ave	to drive
`ave`ese	to eliminate
`ave`ese	to withdraw
`avea	to become
`aveau	starfish
`avefe`au	messenger
`avega	burden
`e	you (singular; descriptive)
`ea	air
`ekalesia	church
`ekalesia	church (as a body or congregation)
`ekalesia toefuata`iina	restored church
`ele`ele	dirt (po.)
`elefane	elephant
`ena`ena	brown
`ese	different

`ese	off
`ese	strange
`Eseta	Easter
`Etena	Eden
`i luma o	presence (common, in front of, in the presence of)
`i`ina	there
`i`inei	here
`ie fa`amalama	curtains
`Igilisi	English
`ino`ino	to hate
`ioe	yes
`o ia	he/she/it (emphatic)
`O Le `Ekalesia a Iesu Keriso o le `Au Pa`ia o Aso e Gata Ai	The Church of Jesus Christ of Latter–day Saints
`o le`a	will (future tense marker)
`oe	you (singular; emphatic)
`ofisa	office
`ofisa o leoleo	police station
`ofu	to wear
`ofu	clothes (common)
`ofu fa`atimu	coat
`ofu koleni pito i luga	sweater
`ofu solo`atoa	dress (common; clothes that completely covers; like a dress)
`ofuloto	slip
`ofumoe	pajamas
`ofusa	garments
`ofutino	shirt (dress shirt)
`ofutino	blouse
`ofuvae	pants
`ofuvae `u`umi	slacks
`ofuvae koleni	sweat pants
`ofuvae malo	jeans
`ofuvae pu`upu`u	shorts
`ogatotonu	central
`ogatotonu	center (physical center of place or object)
`ogaumu	stove
`ogaumu fa`avevela mea`ai	microwave
`ogavae	leg
`okeni	organ
`oli`oli	joy
`oloa	teeth (po.)
`ona	because (because)
`onosa`i	patience
`oti	goat
`oti	to cut (common; hair and nails)
`oti le ulu	to get a haircut (common)
`Ou	I (descriptive)
`oulua	you (dual; emphatic)
`outou	you (plural; emphatic)
`oveni	oven
`u`una`iga	pressure (encouragement)
`ua `uma	already
`ua le o`o	to fall short
`ulo	pot
`uma	all
`uma	every
`umi	height
`umi	tall
`umi	long
`umia	to hold (not physical things)
`umia	to possess
`upu	word
`Upu o le Poto	Word of Wisdom
`upumoni	truth
a	of (alienable)
a'e	climbing
a`a	to kick
a`o	while
a`o le`i	before (while yet to)
a`oa`o	to learn
a`oa`o	to teach
a`oa`oga	teaching
a`oa`oga fa`avae	doctrine
a`oga	education
a`oga	school
a`oga `amata	pre–school
a`oga aso Sa	Sunday School
a`oga maualalo	elementary school
a`oga maualuga	high school
a`oga pese	choir practice
a`oga tulagalua	middle school
a`u	I (emphatic)
afa	hurricane
afafine	daughter
afafine a le to`alua	step–daughter (daughter of the spouse)
afafine o le atali`i	granddaughter (daughter of the son)
afafine o le uso	niece (masculine, daughter of the brother)
afe	thousand
afe	to turn
afe i le tauagavale	to turn left
afe i le taumatau	to turn right
afe mai	to come by
afea	when (question form, future)
Aferika	Africa
afi o ta`avale	engine
afiafi	evening
afiafi fa`ale`aiga	family home evening
afiafi nei	tonight
afifi	package
Afio Mai Fa`alua	Second Coming
afio'aga	presence (po. Dwelling place)
afioga a le Atua	word of God
afioga fa`aalia	revealed word
aga`ese	knife (po.)
aga`i	toward
Agaga	Spirit
agaga	spirit
agaga `ato`atoa i ai	loyalty

agaga fa`afetai	gratitude
Agaga o le Ali`i	Spirit of the Lord
agaga o le auauna atu	spirit of service
agaga o le faafetai	spirit of thanksgiving
agaga o le tapua`iga	spirit of worship
Agaga Pa`ia	Holy Ghost
agalelei	generous
agalelei	kind (attribute; trait)
agamalu	gentle
aganu`u	culture
agasala	to commit sin
agasala	sinful
agasala	to sin
agasala	sin
agava`a	worthy
agava`a	to qualify
agava`a	worthiness
agelu	angel
agi	to blow
aia	right (privilege; liberty)
aia	rightfully (privilege; liberty)
aia	right (privilege; liberty)
ala	passage
ala	path
ala	way (synonym to "`auala")
ala	through
ala o fa`asalalauga	media
ala sa'o ma le vaapiapi	strait and narrow path
alaala	to live (stay, reside, po.)
alaalafaga	community
alaalafaga	village (po.)
alaisa	rice
alatetele	freeway
Alema	Alma
Ali`i	man (po.)
Ali`i Talavou	Young Men
ali`i faipisinisi	businessman
ali`i leoleo	policeman
Alo	Son
aloalo	coast
alofa	loving
alofa	love
alofa	to love
alofa mama	charity
alofa mutimutivale	mercy
alofa mutimutivale	merciful
alofa tunoa	grace
alofilima	palm (hand)
alu	to go (common; singular)
alu i le malumalu	to attend the temple
alu i le pasi	to take a bus
alu sa`o	straight ahead
alualu i luma	progression
alualu i luma	to progress
alualu i luma	progress
Amerika	America
Amerika i Matu	North America
Amerika i Saute	South America
amio pulea	self–control
amioga	behavior
amioga	action (an individual's action)
amioleaga	wicked
amiolelei	moral
amiotonu	righteous
amiotonu	righteousness
anafea	when (question form past)
anamua	ancient
ananafi	yesterday
anapogi	fast
anapogi	fasting
anapogi	to fast
Anetatika	Antarctica
aniani	onion
aniani saina	garlic
anoanoa`i	abundantly
ao	cloud
ao	head (po.)
aoauli	afternoon
aoauli	noon
aofa`i	total
aofa`iga	amount
aofia	to cover
aofia	to include
aoga	meaningful
aoga	helpful
aoga	valid
aoga	benefit
Aokuso	August
Apera`amo	Abraham
Aperila	April
apu	apple
Arona	Aaron
asi`osi`o	tornado
Asia	Asia
asiasi	visit
asiasi	to visit
asipulini	aspirin
aso	day
aso	date
aso `amuli	last days
Aso fa`amanatu	Memorial Day
aso fanau	birthday
Aso Faraile	Friday
Aso Fitu	Seventh Day Adventist
Aso Gafua	Monday
Aso Lua	Tuesday
Aso Lulu	Wednesday
aso malolo	holiday
Aso o Tama	Father's Day
Aso o Tina	Mother's Day
Aso Sa	Sunday
aso Sapati	Sabbath day
aso sauniuni	preparation day
aso ta`itasi	daily

Aso To`onai	Saturday
Aso Tofi	Thursday
Aso Tuto`atasi	Independence Day
ata	to laugh (common)
ata	picture
ata	movie
ata mataga	pornography
atagia	reflection
atali`i	son
atali`i fa`aletulafono	son–in–law
atali`i o le atali`i	grandson (son of the son)
atali`i o le to`alua	step–son (son of the spouse)
atali`i o le uso	nephew (masculine, son of the brother)
atali`i po o le afafine o le tama a le tama	great–grandchild
atamai	intelligent
Atamu	Adam
ati a`e	to develop
atigi`apa	can
atigipusa	box
atili	more fully
Atua	God
atunu`u	country (continent)
aua	for (behold, because)
aua	because (for)
auga	symptom
augatama	ancestor
aunoa ma	without
Ausetalia	Australia
ausilali	auxiliary
ava	honor
ava	wife (common)
avanoa	space
avanoa	possibility
avanoa	privilege
avanoa	available (space, time)
avanoa	opportunity
bar mitzvah	bar mitzvah
e fa`afia	how often
e fia	how much (many)
e le	not
e le fa`alaua`iteleina	confidential
e le liua	constant
e le muta	infinite
e le`o aso `uma	not every day
e le`o i totonu	out
e palasi ai `alafau fa`apiniki	blush
e tele	several
e tusa ma	according to
e tusa ma	accordance
e ui	although
e ui	though
e`e	to shout
efuefu	gray
Elia	Elijah
Enoka	Enoch
Enosa	Enos
epikopo	bishop
eria	area
Esoto	Exodus
Eteru	Ether
Europa	Europe
Eva	Eve
Evagelia	Evangelical
fa	four
fa`a`ato`atoa	to perfect
fa`a`atoa	to complete
fa`a`aumea	to fellowship
fa`a`enisinia	engineering
fa`a`i	throat
fa`a`i tiga	sore throat
fa`a`uma	to finish
fa`a`umatia	to destroy
fa`aali	to appear (to show)
fa`aali	to reveal
fa`aali	to show
fa`aaliga	revelation
fa`aaliga	vision
fa`aalo	ceiling
fa`aaloalo	respect
fa`aalu	to spend (time, energy, money, etc)
fa`aaoga	to apply (to use)
fa`aaoga	to use
fa`aaoga	to exercise (to use)
fa`aaoga le fa`atuatua	to exercise faith
fa`aaogaina	to be used
fa`aauau	to continue
fa`aauauina	continuation
fa`ae`e	to lay (of hands)
fa`ae`e atu o lima	laying on of hands
fa`ae`ega pa`ia	endowment
fa`ae`eina	endowed
fa`aeaga	exaltation
fa`aeteete	careful
fa`afaigaluega	to hire
fa`afaileleina	nurture
fa`afanua	map
fa`afaufau	nauseated
fa`afeagai	opposite
fa`afeagai	opposition
fa`afeiloa`i	to welcome
fa`afeso`ota`i	to contact
fa`afetai ia	thanks to
fa`afetaia'ia ma se lu`itau	to meet a challenge
fa`afitauli	problem
fa`afiti	to deny
fa`afofoga	to hear (po.)
fa`afofoga	hearing (po.)
fa`afofoga	to listen (po.)
fa`afou	to renew
fa`afouina	renewed
fa`afuase`i	emergency

fa`afuase`i	suddenly
fa`afuga	to cut (po.; hair and nails)
fa`afuga le ao	to get a haircut (po.)
fa`agae`etia	uplifting
fa`agaloina	forgotten
fa`agasologa	process
fa`ai`u	to close
fa`ai`uga	decision
fa`ai`uga	end (synonym w/ gata'aga and i`uga)
fa`ailoa	to acknowledge
fa`ailoa atu	to express
fa`ailoa atu	to address
fa`ailoa atu	to introduce
fa`ailoga	sign
fa`ailoga tusi	stamp
fa`aipoipoga	marriage
fa`aipoipoga	wedding
fa`aipoipoina	married
fa`aKeriso	Christ–like
fa`alagolago	to rely
fa`alagolago	to depend
fa`alagolago i	to rely on
fa`alapotopotoga	organization
fa`alatalata atu	to grow closer
fa`alaua`itele	publicly
fa`alavelave	trouble
fa`alavelave	accident
fa`aleagaga	spiritually
fa`aleagaga	spiritual
fa`alealofa	mean (not loving)
fa`alelagi	divine
fa`alelei	to improve
fa`alelotu	religious
fa`alemalo	civil
fa`aleogolua	medium (of size; shape)
fa`alepo	dream (po.)
fa`aletagata	personal
fa`aletagata	personally
fa`aletino	temporal
fa`aletino	physical
fa`aletino	physically
fa`aletino	mortal
fa`aliliu	to translate
fa`aliliuupu	to interpret
fa`alogo	to hear (common)
fa`alogo	hearing (common)
fa`alogo	to listen (common)
fa`alua i le vaiaso	twice a week
fa`ama`i	disease
fa`amafanafana	comfort
fa`amafanafana	to comfort
fa`amafiti fulufulu mata	mascara
fa`amagalo	to forgive
fa`amagaloga	forgiveness
fa`amagaloga o agasala	remission of sins
fa`amagaloina	forgiven

fa`amago tagamea	dryer (clothes)
fa`amalama	window
fa`amalie	to satisfy
fa`amalie atu	sorry
fa`amaligi mo	to shed for
fa`amalo	congratulations
fa`amalolo	to lay off
fa`amalologa	healing
fa`amaloloina	healed
fa`amaloloina	to heal
fa`amalosi	to strengthen
fa`amalosi`au	to encourage
fa`amalosi`auga	encouragement
fa`amalosia	strengthened
fa`amalositino	exercise
fa`amalositino	to exercise (physical exertion)
fa`amalu	to bathe (po.)
fa`amalu	umbrella
fa`amalu	to shower (po.)
fa`amama	to clean
fa`amamafa	to burden
fa`amamaluina	glorified
fa`amamaluina	honorable
fa`amanatu	to remind
fa`amanatu	to celebrate
fa`amanatu	reminder
fa`amanatuga	sacrament
fa`amanogi mea`ai	seasoning
fa`amanuia	to bless
fa`amanuiaga	blessing
fa`amanuiaina	success
fa`amanuiaina	successful
fa`amanuiaina	blessed
fa`amanuiaina	to succeed/ be successful
fa`amaoni	honestly
fa`amaoni	faithfully
fa`amaoni	sincerely
fa`amaoni	honest
fa`amaoni	faithful
fa`amaoni	sincere
fa`amaoni	faithfulness
fa`amaoni a`ia`i	fidelity
fa`amaonia	to prove
fa`amaonia e se loia	notarization
fa`amaoniga	evidence
fa`amasani	to get to know
fa`amasino	judge
fa`amasino	to judge
fa`amasinoga	judgment
fa`amasinoga	court
fa`amasinoga tonu	justice
fa`amasinoina	judged
fa`amatala	to describe
fa`amatala	to explain
fa`amatalaga sese	misinformation
fa`amau	to confirm
fa`amau	to seal

fa`amau	engaged
fa`amaualuga	pride
fa`amauga	sealing
fa`amauga	confirmation
fa`amauina	confirmed
fa`amauina	sealed
fa`amauina se tagata o le `ekalesia	confirmed a member of the Church
fa`amaulu	to put on
fa`amaumau	to record
fa`amaumauga	record
fa`amautinoa	to make sure
fa`amautinoa	to ensure
fa`amautinoaga	assurance
fa`amoemoe	to hope
fa`amoemoe	hope
fa`amoemoe	to expect
fa`amoemoega	purpose
fa`amolemole	please
fa`amuamua	priority
fa`anoanoa	guilt
fa`anoanoa	remorse
fa`anoanoa	sorrow
fa`anoanoa	sad
fa`anoanoa fa`aleatua	godly sorrow
Fa`aola	Savior
fa`aolaina	redeemed
fa`aolataga	salvation
fa`aopoopo atu	to contribute
fa`aosooso	to tempt
fa`aosoosoga	temptation
fa`apa`ia	to sanctify
fa`apa`iaina	consecrated
fa`apa`u pepe	abortion
fa`apalepale	patiently (long suffering)
fa`apefea	how
fa`apeleina	beloved
fa`apelepele	precious
fa`apipi`o	to bend
fa`apitoa	special
fa`apitoa	specific
fa`apotopotoga	congregation
fa`apotopotoga	social
fa`apu`upu`u	to trim
fa`apuna	to boil
fa`aputuputu	collecting
fa`asa	to prohibit
fa`asa'o	to correct
fa`asa`o	to correct (to make correct)
fa`asaga	to face
fa`asaga	facing
fa`asaina	forbidden
fa`asalaga	punishment
fa`asatauro	to crucify
fa`asaua	abuse
fa`ase`e i le `aisa	skiing
fa`asese	to distort
fa`aseseina	distorted
fa`asilasila atu	to announce
fa`asilasilaga	announcements
fa`asino atu	to point out
fa`asinoga	directions
fa`asinoga	direction
fa`asitepu	stairs
fa`asoa	to share
fa`asologa	pattern
fa`asologa o gafa	pedigree
fa`ata	x–ray
fa`ata	mirror
fa`ata`amilo	around
fa`ata`ita`i	role play
fa`ata`ita`i	to practice
fa`ata`ita`i	to try on
fa`ata`ita`i	internship
fa`ata`ita`iga	example
fa`ataga	to allow
fa`ataga	legal
fa`atagaga	permission
fa`atagaina	authorized
fa`atalanoa	to interview
fa`atalanoaga	interview
fa`atalanoaga o le sefulua`i	tithing settlement
fa`atali	to wait
fa`atamala	careless
fa`atasi	together
fa`atasi i le vaiaso	once a week
fa`atasi ma	along
fa`atasi ma	among
fa`atasi ma	with (accompaniment; together with)
fa`atasiga fa`aleagaga	communion
fa`atatau	to apply
fa`atau	to shop
fa`atau mai	to buy
fa`atau mai	to purchase
fa`atauafafine	homosexual (women)
fa`atauatane	homosexual (men)
fa`atauga	shopping
fa`atauga o mea e fa`aaoga	grocery shopping
fa`ataunu`u	to achieve
fa`ataunu`u	to perform
fa`ataunu`u	to accomplish
fa`ataunu`u	to fulfill
fa`atauva`a	simple (little importance)
fa`ateleina	increase
fa`atiga	to hurt
fa`atino	act (act on, fulfill)
fa`atino	to exert
fa`atinoga	action (an action)
fa`ato`aga	garden
fa`ato`aga o Etena	Garden of Eden
fa`ato`ese	to apologize
fa`ato`ilalo	to conquer
fa`atofu	to immerse

fa`atofuina	immersion
fa`atonu	to direct
fa`atonuga	instruction
fa`atopetope	hurry
fa`atu	to establish
fa`atu	to set
fa`atuatua	faith
fa`atuatuaina	trusted
fa`atuatuaina	to trust
fa`atufugaga	art
fa`atulaga	to organize
fa`atulagaga	order
fa`atulagaga	standard
fa`atulagaga o le olaga	pattern of living
fa`atulutulu	drop
fa`atumau	to retain
fa`atumu	to fill
fa`atusa	to represent (symbolically)
fa`atusa	image
fa`atusa	symbol
fa`atusatusa	to compare
fa`au`u	to anoint
fa`au`u	to ordain
fa`au`uga	ordination
fa`au`uina	anointing
fa`au`uina	ordained
fa`auo	friendly
fa`auo	to befriend
fa`avae	foundation (base of)
fa`avaitaimi	part–time
fa`avaomalo	international
fa`avavau	eternity
fa`avavau	forever
fa`avavau	eternally
fa`avavau	eternal
fa`avavau	everlasting
fa`i	banana
faafetai	to thank
faafetai	thankful
faafetai	thanks
faeasaite	fireside
fafaga	meal
fafaga o le afiafi	dinner (common)
fafaga o le taeao	breakfast (common)
fagu	bottle
fagu fa`amanogi `ao`ao	deodorant
fagu fa`amanogi pe`a `uma ona sele le `ava	after shave
fagu ga'o	gel (bottle of)
fagufagu	flute
fai	to act (to do)
fai	to make
fai	adopted
fai	to do
fai `ofu	to get dressed
fai atu	to say
fai le tagamea	to do laundry
fai le tau	to cost
fai ma sui	to represent (take place of in representation)
fai taulaga	to sacrifice
fai teuga	to put on makeup
fai`ai	brain
faia	to treat
faia le tatalo	to offer a prayer
faia`oga	teacher
faia`oga asiasi	visiting teacher
faia`oga o `aiga	home teacher
faifa`ato`aga	farmer
faifai pea	consistently
faife`au	minister (noun)
faife`au	minister
faife`au	pastor
faife`autala`i	missionary
faife`autala`i a le uarota	ward missionary
faiga fa`a`upufai	political process
faigalotu	devotional
faigaluega	to work (for pay)
faigamalaga	traveling party
faigata	hard
faigata	difficult
faigata	complex
faigofie	easy
faigofie	simple (easy to do)
failauga	speaker
failautusi	clerk
failautusi	secretary
faitau	reading
faitau	to read
faititili	thunder
faitoto`a	door
fala	pineapple
falaoa	bread
falaoamata	flour
fale	house (common)
fale	building
fale `autu o le siteki	stake center
fale e tata ai lavalava `anagata	dry cleaners
fale falaoa	bakery
fale fe`avea`i	mobile home
fale i le taulaga	town house
fale maualuluga	high–rise
fale mautotogi a tagata ta`ito`atasi	condominium
fale puipui	prison
fale sa	chapel
fale`aiga	restaurant
fale`aiga	cafeteria
fale`oloa	store
fale`oloa o `oloa `ese`ese	grocery store
fale`oloa o vaila`au fa`afoma`i	drug store
fale`oloa tetele	mall
fale`otiulu	barber shop
falefa`afiafia i le taulaga	city hall

falelauasiga	burial (po.)
faleleta`ua	toilet
falelotu	meetinghouse
falema`i	hospital (common)
falemata`aga	museum
falemautotogi	apartment
falemeli	post office
falenofotumau	permanent residence
faleta`alo	gym
faleta`avale	garage
faleta`ele	shower
faleta`ele	bathroom
faletalavai	pharmacy
faletalimalo	hotel
faletamea	laundromat
faleteuulu	salon
faletifaga	theater
faletua	wife (po.)
Faletua	Mrs.
faletupe	bank
faletusi	library
fanau	posterity
fanau	born
fanau mai	birth
fanuatanu	cemetery
fao	nail
fao	to rob
fasefulu	forty
fasi	piece
fasi `ie`ie	rag
fasifuaitau	phrase
fasimoli	soap
fasimoli suavaia e u`u ai lauulu	shampoo
fasimoli tamea	laundry soap
fasioti	to kill (a human)
fasipovi fa`amanifi	steak
fasipovi vili	ground beef
fasipua`a	pork
fasipua`a manifinifi	bacon
fata	shelf
fata	counter
fatafata	chest
fatu	heart (physical heart)
fatu	seed
fausia	built
fautua maualuga	high councilor
fautuaga	counsel
fautuaina	to be counseled
fea	where
feagai	against
feagaiga	covenants
feagaiga	covenant
feagaiga	testament
Feagaiga Fou	New Testament
feagaiga o le papatisoga	baptismal covenants
Feagaiga Tuai	Old Testament
fefe	fear
fefe	afraid
feiloa`i	to meet
fenumia`i	confused
fenumia`i	confusion
feoloolo	medium (so–so; mediocre of size/feeling)
Fepuari	February
fesili	question
fesili	to ask (ask a question)
feso`ota`i	to communicate
fesoasoani	help
fesoasoani	counselor
fesoasoani	to help
fesoasoani	to assist
fesoasoani	to administer
fesoasoani	assistant
fesoasoani i le peresitene	assistant to the president
fesuia`i	to transfer
fesuia`i	to exchange
fesuia`i	to trade
fesuia`i nofoaafi	to change trains
fetaui	to fit
fetaui	sense (make sense)
fetaui lelei	compatible
fete`ena`i ma	to conflict with
feto`ai	to crash
fetu	star
fetu`una`i	to adjust
fetu`una`i	to adapt
feutaga`iga	dealings
fia inu	thirst (common)
fia taumafa	thirst (po.)
fia tausami	hunger (po.)
fia`ai	hunger (common)
fiafia	happiness
fiafia	interested
fiafia	to feast
fiafia	to delight
fiafia	happy
fiafia	to enjoy
fiafia	to like
fiafia	to have fun
fiafia i so`o se mea	outgoing
fiafia tumau	lasting happiness
fiafiaga	excitement
fiafiaga	pleasure
filemu	peace
filemu	quiet
filemu o le mafaufau	peace of conscience
fili	adversary
fili	enemy
filifili	to choose
filifili	to decide
filifilia	chosen
filifiliga	choice
filifiliga sa`oloto	agency
filiga	diligently

filo o nifo	floss
finagalo	desire (po.)
finagalo	will (po., desire, want; noun or verb)
fitu	seven
fitusefulu	seventy
fiva	fever
fo`i	to return
fo`i	too
foa'i atu	to give (or present)
foa`i	donation
foa`i	to donate
foafoa	to create
fofoga	mouth (po.)
fogafale a luga	upstairs
fogafale i lalo	ground floor
fogafale i lalo	downstairs
fogafale lua	second floor
fogafale muamua	first floor
foia	to resolve
folafola	to promise
folafolaga	promise
folafolaina	promised
foliga mai	appearance
folo	to swallow
foloa	floor
foma`i	doctor
foma`i nifo	dentist
fono	meeting (general)
fonotaga fa`aleitu	district meeting
fotu	to appear (suddenly)
fou	fresh
fou	new
fu`a	flag
fua	scale
fua o le `ea	temperature
fuafuaga	plan
fuafuaga fa`atulagaina	appointment
fuafuaga faatulagaina	schedule
fuafuaga o le fiafia	plan of happiness
fuai`upu	verse
fuaitino	size
fuala`au	pill
fuala`au `aina	fruit
fuala`au e tete`e i fa`ama`i	antibiotic
fuala`au fa`asaina	drug
fuala`au faisua	vegetable
fuala`au tale	cough drop
fuala`au uaina mata	grapes
fuamoa	eggs
fuamoa	egg
fufulu	to wash
fufusi	tight
fugala`au	flower
fulisa	freezer
fulu	flu
fulufulu mamoe	wool
fusipa`u	belt
fusiua	tie
ga'o	fat
ga'o mo laugutu mamago	chap stick
ga`o	oil (lard)
gafa	genealogy
gagana `ese	foreign language
galue	to work
galue	to act (to work)
galue	to work (generally put forth effort)
galue	act (work)
galuega	labor
galuega	ministry
galuega	job
galuega	deed
galuega	work (noun)
galuega fa`afaife`autala`i	missionary work
galuega fa`alemalumalu	temple work
galuega fesoasoani	service (service work)
gaoi	to steal
gaoioiga	activity
gaoioiga e totonugalemu i `aiga	family–centered activities
gaoioiga fa`apisinisi	commercial activities
gaoioiga o ta`aloga	sporting activities
garava	oak
gasegase	sickness (po.)
gasegase	sick (po.)
gata	snake
gata`aga	end (synonym w/ i'uga and fa`ai`uga)
gaua'i	subject
gaua`i	to give in
gaua`i	to submit
gaugau	to fold
gutu	mouth (common)
Halouini	Halloween
Helamana	Helaman
i	with (instrumentality)
i	for (instrumentality; use of)
i	for (duration of time)
i ai	to have
i ai	to be
i fafo	outside
i fafo	outward
i la`ua	they (dual; emphatic)
i lalo	below
i latou	they (plural; emphatic)
i le	at
i le	to
i le afiafi	in the evening
i le taeao	in the morning
i luga	above
i luma	forward
i luma o	before (direction, in front of)
i luma o le	in front of
i ma`ua	we (dual exclusive; emphatic)

i matou	we (plural exclusive; emphatic)
i se aso	someday
i ta`ua	we (dual inclusive; emphatic)
i tatou	we (plural inclusive; emphatic)
i totonu o	into
i'uga	end (synonym w/ gata'aga and fa`ai`uga)
i`a	fish
i`u	to end
Iakopo	Jacob
Iakopo	James
Ianuari	January
Iaroma	Jarom
Ierusalema	Jerusalem
Iesu Keriso	Jesus Christ
igoa	name (common)
igoa `atoa	full name (common)
iloa	to know (common)
iloa	to distinguish (to know)
iloa	aware (know, common)
iloa se tasi	to know someone
iloaina	to recognize
iloaina	to realize
iloilo	to determine
iloilo	to review
ina `ua	when (statement form past)
Ina `ua `uma	after (past tense)
Ina `ua mavae	after (past tense; po.)
inisinia	engineer
inisinia ta`avale	mechanic
initoneti	internet
Initu	Hindu
inu	to drink (common)
inumaga	dosage
Ioane	John
Ioane Kalavini	John Calvin
Ioane le Papatiso	John the Baptist
Ioane Uikilifi	John Wycliffe
iokati	yogurt
Iopu	Job
Iosefa Samita	Joseph Smith
ipu	dishes
ipu fa`aofuofu	bowl
ipu fuamea`ai	measuring cup
ipu inu mata`eta`e	glass
ipumafolafola	plate
iputi	cup
Isalama	Islamic
Isara`elu	Israel
isi	other
isi	others
isu	nose
isu mamafa	stuffy nose
isumu	rat
ita	anger (common)
itu	district
itu	side
itu`aiga	kind (type; a kind of s.th.)
itu`aiga	form (type of s.th.)
itula	hour
itulau	page
Iulai	July
Iunaite Setete	United States
Iuni	June
iunivesite	university
Iuta le Sekara	Judas Iscariot
Iutaia	Jewish
iva	nine
ivasefulu	ninety
ivi	bone
kalama	grammar
kalama	gram
kalone	gallon
kaloti	carrot
kamupani	company
kapeta	carpet
kapineta	cabinet
kapoti	cupboard
kapoti lavalava	closet
kapoti o kesi	drawer
kata	debit card
kata	post card
kata fai`aitalafu	credit card
Katoliko	Catholic
keke	cake
Kerisiano	Christian
Kerisimasi	Christmas
Keriso	Christ
kesi	desk
Ketesemane	Gethsemane
ki	keys
ki	button (computer keys)
kikala	guitar
kiliki le mausi o le komepiuta	to click the computer mouse
kilo	kilo
kilomita	kilometer
kiona	snow
kiona	to snow
kofe	coffee
kola	collar
kolisi	college
kolisi o matata `ese`ese	technical college
komepiuta	computer
konafesi	conference
konafesi a le misiona	mission conference
konafesi fa`alesone	zone conference
konaseti	concert
Konefasio	Confucius
konetineta	continent
korama	quorum
Korama a `Aposetolo e To`asefululua	Quorum of the Twelve Apostles
kuka	to cook
kuka	cooking

kuki	cookie
kulimi	cream
kulimi e u`u ai le tino	lotion
kulimi fa`avaivai lauulu	conditioner
kulimi fai manu`a	ointment
kulimi fulunifo	toothpaste
kulimi sele `ava	shaving cream
la	they (dual; descriptive)
la	sun
la/lo `oulua	your (dual)
la/lo `outou	your (plural)
la`asaga	step
la`au	tree
la`au Kerisimasi	Christmas tree
la`ei	clothes (po.)
la`ei	dress (po.; clothes in general)
la`itiiti	little
la`itiiti	small
la`itiiti ifo	younger
la`itiiti ifo	smaller
la`ua `uma	both
lafo atu	to mail
lagi	sky
lagi	to sing (syn. with usu)
lagi	heaven
lago	fly
lagolago	to support
lagolago	support
lagolagoina	sustained
lagona	sense (smth..; feel)
lagona	feeling
lagona	to feel
laisene `aveta`avale	driver's license
lakapi Amerika	football
laki	luck
lalelei	beauty
lalo	under
lalo	down
lalolagi	earth
lalolagi	world
lalolagi `atoa	worldwide
lalolagi o agaga	spirit world
lamolemole	smooth
lamu	to chew
lana	her
lana	his
lanu	color
lanumeamata	green
lanumoana	blue
lanumoli	orange (color)
lapata`i	to warn
lapo`a	big (large; fat)
lapo`a	large
lapo`a atu	larger
lapo`a atu	extra large
lapo`a atu	bigger
lapotopoto	round

latalata	close
latalata	near
latalata ane	by
latalata atili	closer
latisi	lettuce
latou	they (plural; descriptive)
lau/lou	your (singular)
lau`ele`ele	land
lau`itiiti	edge
laufanua	field
lauga	speech (formal)
laugatasi	flat
laugutu	lips
laula`au	leaf
laulau	table
laulau faiteuga	dresser
laulau o ki	keyboard
laulaufaiva	tongue
laumei	turtle
laumua o le `ekalesia	Church headquarters
laupapa sioka	chalkboard
lauti	tea
lauulu	hair
lava	enough
lavalava	clothes (nice word not po.)
lavea`i	to save (rescue)
lavea`i	saving
le `amana`ia	to ignore
le `ato`atoa	imperfect
le `ua sui	successor
le aso faafetai	Thanksgiving
le aso lenei	today
le e `umiaina	holder
le faigaluega	unemployment
le fiafia	unhappy
le fiafia	depressed
le fiafia	unhappiness
le fiafia	disappointed
le iloa	to lose
le isi itu	across
le lelei	awful
le liua	unchanging
le mama	unclean
le manatu fa`apito	selfless
le mautonu	frustrated
le sala	innocence
le tagolima	needy
le taitai	never
le talitonu	disbelief
le tasi i le isi	one another
le taunu`u	to fail (doesn't happen)
le usita`i	disobedience
le usita`i	to disobey
leaga	because (negative connotation)
leaga	evil (bad)
leaga	bad
leai	no

leai se agasala	sinless
leai se mea	none
leai se tagata	nobody
legavia	chastity
leiloa	lost
leitio	radio
lelava	tired
lelei	well
lelei	good
lelei	ideal
lelei atu	better
lelei silisili	best
lelei tele	excellent
lenei	this
leo	voice (common)
leo filemu ma le `itiiti	still, small voice
leotele	aloud
leotele	loud
lesona	lesson
li`o o uo	circle of friends
lili	lily
liligi	to pour
liliu`ese	to turn away
liliu`ese	apostasy
lima	five
lima	arm (common)
lima	hand (common)
lima	hands (common)
lima o `ofutino	sleeve
limamatua	thumb
limasefulu	fifty
liona	lion
lipine	cassette tape
lipoti i le fa`ai`uga o le tausaga	year–end report
lisi	list
lita	liter
liua	transformed
liua	conversion
lofituina	to overwhelm
logo	bell
loi	ant
loia	lawyer
loka	lock
lole la`au	candy bar
loloto	deep
lolovai	flood
lona fa	fourth
lona fitu	seventh
lona iva	ninth
lona lima	fifth
lona lua	second
lona ono	sixth
lona sefulu	tenth (ordinal)
lona sefulutasi	eleventh
lona tolu	third
lona valu	eighth
loto	intent
loto	heart (emotional heart)
loto `atoa	real intent
loto faafetai	grateful
loto malie	willingness
lotoa	yard
lotoifale	local
lotomaulalo	humility
lototele	courage
lotu	church (religion; church service)
lu`itau	challenge
lu`itau	to challenge
lua	you (dual; descriptive)
lua	two
luasefulu	twenty
luga	on
luga	top
luga	up
luga a`e	over
Luka	Luke
lulu	to shake
luma	front
lumana`i	future
Luteru	Lutheran
ma	and
ma	for (as in ownership)
ma	with (accompaniment)
ma	we (dual exclusive; descriptive)
ma le isi	besides
ma'i	ill
ma`a	battery
ma`a`autu	keystone
ma`ai	sharp
ma`alili	chills
ma`atulimanu	cornerstone
ma`elega	enthusiastic
ma`i	sick (common)
ma`i	sickness (common)
ma`i	a cold (sickness)
ma`itaga	pregnant
ma`oti	strict
maea	rope
mafai	to enable
mafai	would
mafai	possible
mafai	can (ability)
mafai ona	to be able to
mafanafana	warm
mafatua	to sneeze
mafaufau	to think
mafaufau	mind
mafaufau loloto	to ponder
mafiafia	thick
mafua mai ai	to cause (to be caused by)
mafua`aga	reason
mafui`e	earthquake

mafutaga	companionship (togetherness; more general)
mafutaga	relations
magaala	route
magaala	avenue
magafa	intersection
mai	from
maikolofoni	microphone
maila	mile
maile	dog (common)
maketi	market
malae va`alele	airport
malaga	to travel
malaga	trip
malaga `ese	to depart
malaga fa`ata`amilo	round trip
malaga ta`amilo	tour
Malaki	Malachi
malamalama	to understand
malamalama	knowledge (understanding)
malamalama	understanding
malamalama	light
malamalamaaga	understanding
malepe	wreck
malie	content
malie	shark
malie	willing
malie	fun
malie	to be willing
maliliega	agreement
maliu	funeral (po.)
maliu	to come (po.)
maliu	to die (po.)
maliu	deceased (po.)
maliu	death (po.)
maliu	dead (po.)
malo	kingdom
malo	government
malo le soifua	good evening
malo le soifua	good morning
malo le soifua	good afternoon
malo o le Atua	Kingdom of God
malolo	to rest
maloloina	healthy
malosi	energy
malosi	intense
malosi	strength
malosi	strong
malosi atu	stronger
malu o le aoauli	lunch (po.)
malu o le taeao	breakfast (po.)
malulu	soft
malulu	cold (temperature; weather)
malulu	cool
malumalu	temple
mama	clean
mama	ring
mama	pure
mama	lung
mama	virtuous
mama a'ia'i	purity
mamafa	weight
mamafa	heavy
mamalu	glory
mamana	powerful
mamao	far
mamao	distance
mamoe	sheep
Mamona	Mormon
mana	power
mana o le foafoaga	procreative power
mana'o	desire (common, noun or verb)
mana'oga	desire (common, noun)
mana'omia	to need
mana`o	will (common, desire, want; noun or verb)
mana`omia	to require
mana`omia	need (really want)
manaia	wonderful
manaia	nice
manaia	interesting
manatu	idea
manatu	suggestion
manatu	thought
manatu fa`apito	selfish (mentally; generally)
manatua	to remember
manatunatu	to wonder
manava	stomach
manifinifi	thin
manino	clear
manogi	smell
manu	animal
manu nini`i	insect
manu`a	wound
Manuia le Kerisimasi	Merry Christmas
Manuia le Tausaga Fou	Happy New Year
manuki	monkey
manulele	bird
manumalo	triumph
manumalo	to overcome
manumanu	to covet
manusauna	ladybug
maoa`e	great
maota	house (po.)
maota gasegase	hospital (po.)
Mareko	Mark
Maria	Mary
masalo	doubt
masani	normal
masani	regularly
masani	habit
masani	often
masani ai	commonly (familiar with)
masiasi	shame

masima	salt
masina	moon
masina	month
masini	machine
masini fufulu ipu	dishwasher
Masini talatupe	ATM
masini tamea	washing machine
masini tamea	washer
mata	eye
mata`upu	topic (subject)
mata`upu	chapter
mata`upu `autu o su`esu`ega	major
mata`upu fa`avae	principle
Mata`upu Fa`avae ma Feagaiga	Doctrine and Covenants
mata`utia	terrible
matafaga	beach
matafaioi	role
matafaioi	responsibility (synonymous with tiutetau`ave)
matagaluega	department
matagaluega	career
matagaluega	profession
matagi	storm
matagi faititili	thunderstorm
matagi kiona	blizzard
Mataio	Matthew
matamuli	shy
mataolela	sunflower
matatafi	razor
matatioata	glasses
matatioata mo le la	sunglasses
matau	to notice
matematika	mathematics
mati	mustard
Mati	March
Matini Luteru	Martin Luther
mativa	poor
matou	we (plural exclusive; descriptive)
matu	north
matu i sasa`e	northeast
matu i sisifo	northwest
matua	parent
matua	really
matua	old
matua	parents
matua atu	older
matua o matua	grandparents
matua o matua o matua	great–grandparents
matua`i	very
matua`i leaga	worse
matua`i ma'oti	strictly
matuia	serious
mau	scripture (a scripture; verse)
mau`oa	wealth
mau`oa	rich

maua	found
maua	to gain
maua	to earn
maua	to get
maua	to obtain
maua	to receive
maua	to find
maualalo ifo	lower
maualuga atu	higher
maualuga o le vasega	grade level
mauga	hill
mauga	mountain
mausi	mouse
mautinoa	confidence
mautinoa	to guarantee
mautu	firm
Me	May
mea	thing
mea	place (common, anywhere)
mea ‘a'ano	substance
mea `oti atigilima	nail clippers
mea `ua tutupu	experience (things that have happened)
mea e fiafia e fai	hobby
mea e le taliaina e le tino	allergies
mea e mana'omia o le olaga	necessities
mea e sili ona fiafia e fai	favorite
mea fa`afiafia	recreational pursuits
mea fa`apipi`i manu`a	bandage
mea fai mea`ai	ingredient
mea faifa`aili	instrument
mea fiafia	interest
mea inu	drink
mea leaga	harmful
mea masani	usually
mea moni	truthfulness
mea o le lalolagi	material things
mea sese	mistake
mea tatau	necessary
mea tonu lena	exact
mea`ai	food
mea`ai o le aoauli	lunch (common)
mea`ai o le po	supper
meaafale	furniture
meaalofa	gift
meaalofa o le agaga pa`ia	gift of the Holy Ghost
meafaigaluega	tool
meainu suamalie	beverage
meapu`eata	camera
meioneisi	mayonnaise
mekasini	magazine
mekisateko	Melchizedek
meli	mail
meli	honey
Mesia	Messiah
Metotisi	Methodist
migao	reverence

miliona	million
mimiti le `ota`ota	to vacuum
minoi	to move
minute	minute
misela	measles
misi se avanoa	to miss
misiona	mission
mita	meter
miti	dream (common)
mitiafu	t–shirt
mitiafu	shirt (T–shirt)
mitipefu	vacuum
mo	for (for; general use)
mo`omo`o	to wish
moa	chicken
moa falai	fried chicken
Moameta	Mohammed
moe	to sleep (common)
moega	bed
mogamoga	cockroach
moli	orange (fruit)
moli fa`asino ta`avale	traffic light
moli taofi	stoplight
molimau	testimony
molimau	witness
molimau	to witness
molimau a Ieova	Jehovah's Witness
molimau atu	to testify
molitu	lamp
moni	true
mopu	mop
mopu	to mop
Moronae	Moroni
Mosaea	Mosiah
Mosalemi	Muslim
Mose	Moses
motu	crowd
motu	island
motu	to break (snap a connection, string, wire)
mu	burn
mua`i olaga	pre–earth (life)
muamua	first (come first; foremost)
muamua	before (first)
muaulu	forehead
mulilua	adultery
mulimuli	to follow
mulimuli	following
mulimuli	last
mulimuli ane	finally
mulimuli ane	later (after smth.; following s.th. in relation to time)
mulivae	heel
mumu	red
musika	music
musika e mua'i tataina	prelude
musumusuga	inspiration

mutia	lawn
mutia	grass
na	he/she/it (descriptive)
na`o	only
nafa	responsible
nai lo	rather
nai lo	than
nai lo le	instead of
nai mea	few
naifi	knife (common)
nailoni	nylons
namu	mosquito
nanei	later (later today)
nati	nut
natia	hidden
natura	nature
Nifae	Nephi
nifo	teeth (common)
nifo pala	cavity
nila	needle
niniva	dizzy
nisi	some
nisi taimi	sometimes
niu	coconut (tree)
niumonia	pneumonia
Noa	Noah
noataga	binding
nofo	to live (stay; dwell)
nofo	to stay
nofo	to dwell
nofo	to live (stay, reside, common)
nofo i lalo	to sit
nofo to`atasi	single
nofo va`ava`aia	probation
nofo`aga	place (of dwelling, common)
nofo`aga `autu mo tagata asiasi atu	visitor's center
nofo`aga e fa`atali ai nofoaafi	train station
nofo`aga fa`atali pasi	bus station
nofoa	chair
nofoa	seat
nofoaafi	train
nonoa (o seevae)	laces
nota	note
Novema	November
nu`u	hometown
nu`u	village (common)
numera	number
numera fa`avaomalo	postal code
numera o le telefoni	telephone number
nusipepa	newspaper
o	of (not alienable)
o	to go (common; plural)
o ai	who
o e sa nofoia	inhabitants
o le a	what
o le a le `umi	how long

o le a le tele	how much (big)
o le fea	which
o le taimi lava	as soon as
o le tele lava	most
o lea	so
o lo`o i ai ni	there are
o mai	to come (pl.)
o tagata	humanities
o`o	to reach (to arrive)
o`o	loose
ofo atu	voluntary
ofo atu	voluntarily
ofo atu	to offer (offer s.th.)
ogatasi	harmony
Oketopa	October
ola	to act (the way you behave or live)
ola	living (common)
ola	to live (common)
ola	work (function 'material things')
ola a`e	to grow up
ola a`e	raised
ola fa`avavau	eternal life
ola maloloina	health (common)
ola pea	immortal
olaga	life (common)
olaga fa`aletino	mortality
ole	to ask (request)
olikano	oregano
Oliva Kaotui	Oliver Cowdery
Ominae	Omni
omomi	sponge
ona	own
oneone	sand
ono	six
onosefulu	sixty
osifeagaiga	to covenant
ositaulaga	priest
osofa`i	to attack
oti	funeral (common)
oti	dead (common)
oti	to die (common)
oti	death (common)
oti	deceased (common)
otometi	automatic
pa	fence
pa le faititili	to thunder
pa'i	to touch
pa'u	leather
pa`a	crab
pa`anunu	toast
pa`epa`e	white
pa`ia	sacred
pa`ia	holy
pa`o	sound
pa`o	noise
pa`u	to fall
pa`u	skin
pa`u	wheel
Pa`u	Fall
pa`u le tau	on sale
paaga	partner
pai	pie
paie	lazy
paina	pine
paionia	pioneer
paka	park
pakete	bucket
palapala	dirt (common)
palei	ballet
palola	parole
palota	to vote
pamu kesi	station
pamu kesi	gas station
pani	pan
panikeke	pancake
papa	bra
papa	rock
Papatiso	Baptist
papatiso	to baptize
papatisoga	baptism
papatisoina	baptized
papatisoina	to be baptized
papatusi `auro	gold plates
parasaite	parasites
parataiso	paradise
pasi	bus
pasiketipolo	basketball
pasta	pasta
pata	butter
pata pinati	peanut butter
pateta	potato
pateta falai	french fries
pateta palu	mashed potatoes
pateta tipi	potato chips
pati	party
patino	private
patino	personal (more personal; private)
patino	privately
pato	duck
pau	solemn
Paulo	Paul
pauna	pound
pe	or (used in front of anything else)
pea	pair
pea	pear
peisipolo	baseball
peleue o le suti	suit coat
pemita	permit
Penetekoso	Pentecostal
peni	pen
peni tosi laugutu	lip liner

peni tosi laumata	eyeliner
Penina Tau Tele	Pearl of Great Price
penisini	fuel
penitala	pencil
pepa	pepper
pepa	paper
pepa fa`ataga	recommend
pepa fanau	birth certificate
pepa malaga	ticket (paper for traveling)
pepa o foa`i	donation slip
pepa o le masini fa`amago	dryer sheet
pepa ulufale	ticket (paper for entrance)
pepe	baby
pepe lele	butterfly
pepelo	to lie
Peraimeri	Primary
Peresipeteriane	Presbyterian
peresitene	president
peresitene o le itu	district president
peresitene o le misiona	mission president
peresitene o le MTC	MTC president
peresitene o le paranesi	branch president
peresitene o le siteki	stake president
perisitua	priesthood
Perisitua Arona	Aaronic Priesthood
Perisitua Mekisateko	Melchizedek Priesthood
perofeta	prophet
perofeta soifua	living prophet
Petele`ema	Bethlehem
peteriaka	patriarch
Peteru	Peter
pi	bee
pi	peas
pi`opi`o	corrupted
pia	beer
piano	piano
pili	bill
pili atu	to charge
piliona	billion
pipi	turkey
pisa	pizza
pisi	busy (syn. with tuatuania)
pisinisi	business
pito i le lalo	bottom
pitonu`u	block
po	night
po	or (used in front of o and sometimes u and a)
pogisa	darkness
polesi	oats
polo	ball
poloa`i	to command
poloa`iga	commandment
poloa`iga a le fa`amasinoga tonu	demands of justice
polokalama	program
Ponotio Pilato	Pontius Pilate
pope	pope
popole	worry
popolega	concern
popukoni	popcorn
Porotesano	Protestant
porotesano	protestant
poto	wisdom
poto	knowledge
potu	room
potu `ai	dining room
potu avanoa	empty room
potu faitagamea	laundry room
potu malolo	living room
potu pito i lalo	basement
potu pito i luga	attic
potua`oga	classroom
potumoe	bedroom
povi	cow
pu nini`i	pore
pu pi'o	horn
pu usu	trumpet
pu`upu`u	short
pu`upu`u atu	shorter
pua`a	pig
pua`a fa`aasu	ham
pua`i	to vomit
puaoa	fog
puipui	wall
puipuiga	protection
pule	authority
pule	employer
pule fa`amalumalu	presiding
pule fa`amalumalu	to preside
pule o le perisitua	priesthood authority
pulea	to control
pulela`a	pulpit
puligi	pudding
pulou	hat
pulumu	broom
pulumu fulunifo	toothbrush
pulumu seluulu	hair brush
punavai	source
puniala	obstacle
pupuni	to plug
pusa meli	mailbox
pusa`aisa	refrigerator
pusi	cat
Puta	Buddhist
Puta	Buddha
rapi	rabbi
rosa	rose
Sa Lamana	Lamanites
sa le ulaula	non–smoking
sa mafai	could
Sa Nifae	Nephites
sa`asa`a	dancing (po.)
sa`eu	to stir

sa`ili	to find out
sa`ili	to search
sa`iliga	quest
sa`o	right (correct)
sa`o	correct (right)
sa`oloto	free
sa`olotoga	freedom
saienisi	science
saienisi fa`akomepiuta	computer science
saienitisi	scientist
saikolosi	psychology
saito	grain
saka i le `ausa	to steam (ex. steamed vegetables)
sakete	skirt
sala	penalty
salamo	contrite
salamo	to repent
salamo	repentance
salati	salad
salu	brush
salu	to sweep
samala	hammer
samasama	yellow
sami	sea
sana	corn
sanavao	wheat
sanuisi	sandwich
saofaga	contribution
saogalemu	security
saogalemu	safety
Sapati	Sabbath
sasa`e	east
Satani	Satan
satauro	cross
sau	to come (singular)
sau	to come (common)
sauaina	persecuted
sauni	to prepare
sauni	ready
saunia	to be ready
sauniga	meeting (church service; ceremony)
sauniga	ordinance
sauniga	service (church service)
sauniga	ceremony
sauniga a le `ekalesia	church services
sauniga fa`amanatuga	sacrament meeting
sauniga molimau	testimony meeting
sauniga o le papatisoga	baptismal service
sauniuni	to provide (prepare s.th for s.o.)
saunoa	to talk (po.)
saunoa	to speak (po.)
saunoaga	speech (po.)
saute	south
saute i sasa`e	southeast
saute i sisifo	southwest
savali	to walk
savali	message
savali sopo	hiking
savili	wind
se	a
se `ese	astray
se isi	another
se pa`ia	saint
se tasi `ua `umia le perisitua	priesthood holder
se`evae	boots
se`evae	shoe
se`evae lotu	dress shoes
se`evae tenisi	tennis shoes
se`evae tosotoso	slippers
se`evae tosotoso	sandals
se`ia	until
se`iloga	unless
seasea	rarely
sefulu	ten
sefulua`i	tithe
sefulua`i	tithing
sefulufa	fourteen
sefulufitu	seventeen
sefuluiva	nineteen
sefululima	fifteen
sefululua	twelve
sefuluono	sixteen
sefulutasi	eleven
sefulutolu	thirteen
sefuluvalu	eighteen
selau	hundred
sele	to shave
selesitila	celestial
seleulu	scissors
selo	zero
selu	to comb
selu	comb
sene	coin (cent)
seneturi	century
seoli	hell
sese	wrong
sese	false
Setema	September
seti e u`u	headset
si`i	to lift
si`i	to rise
si`ufofoga	voice (po.)
siaki	to check
siaki	check
siamu	jam
siata	chart
sikafu	scarf
sikulu	screw
silafia	to know (po.)
silafiia	aware (know, po.)
silasila	to see (po., syn. with taga`i)

silika	silk
silio	cereal
sini	goal
sioka	chalk
sipulei lauulu	hairspray
sipuni	spoon
sipuni fuamea`ai	measuring spoon
sisi	cheese
sisifo	west
siva	dancing (common)
so`o	disciple
so`o se	any
so`o se itu`aiga	any kind
so`o se mea	everywhere
so`o se taimi	any time
so`o se tasi	anyone
so`o se tulaga	any setting
so`oga o ivi	joint
so`otaga	relationship (union, more than two)
soa	companion
soa	companionship (partnership)
sofa	sofa
sofipolo	softball
sogi	to kiss
sogisogi	to smell
soia	to stop (command to stop or cease)
soifua	to live (po.)
soifua	living (po.)
soifua maloloina	health (po.)
soifuaga	life (po.)
soisoi	to laugh (po.)
soisoi	smile (po.)
soka	soccer
soli	to break (a commandment; tread)
solitulafono	transgression
solitulafono	crime
solofanua	horse
sone	zone
sosaiete	society
sosi tamato	ketchup
sosisi	sausage
soso`o ai	consecutive
soso`o ai	next
soso`o ma le	next to
su`e	to look for
su`e	to seek
su`ega	test (academically)
su`ega	exam
su`esu`e	to study
su`esu`ega a le tagata lava ia	personal study
su`esu`ega fa`alesoa	companionship study
suafa	name (po.)
suafa `atoa	full name (po.)
suamalie	sweet
suau`u	oil (anointing oil; oil for hair)
sui	representative
sui	to change
sui `ofu	to change clothes
sui nauna	pronoun
suiga	changing
suiga	change
suka	sugar
sukalati	chocolate
supo	soup
supoketi	spaghetti
susu	milk
susu	to go (po.; both sing. and plural)
susu	wet
susu o le `ea	humidity
Susuga	Mr.
susulu	bright
susulu le la	sunshine
suti	suit
ta	to hit
ta	we (dual inclusive; descriptive)
ta	to type
ta `okeni	organist
ta fuamoa	wire whisk
ta piano	pianist
ta'e	crack
ta`aiga mo le meapu`eata	camera film
ta`alo	to play (a sport or activity)
ta`aloga	sport
ta`aloga	game
ta`aloga komepiuta	computer games
ta`atia	to lay (an object)
ta`avale	car
ta`avale	vehicle
ta`avale i le alatele	street car
ta`avale la`itiiti la`upasese	taxi
ta`avale mo ma`i fa`afuase`i	ambulance
ta`ele	to bathe (common)
ta`ele	to shower (common)
ta`ifau	dog (po.)
ta`ita`i	administrator
ta`ita`i	to guide
ta`ita`i	to lead
ta`ita`i	leader
ta`ita`i	to conduct
ta`ita`i itu	district leader
ta`ita`i misiona a le uarota	ward mission leader
ta`ita`i o le `ekalesia	church leaders
ta`ita`i pese	chorister
ta`ita`i sone	zone leader
ta`ita`iga	guidance
ta`itasi	each
ta`oto	to lay (of people)
ta`otoga	surgery
ta`u	to state
ta`u	to tell
ta`ua	to call (name or label)

ta`uta`u	to confess
ta`uta`u atu agasala	confession
ta`utino	to declare
ta`utino	to claim
ta`utino	to commit
ta`utinoga	commitment
taeao	tomorrow
taeao	morning
tafe le isu	runny nose
tafi	to dust
tafi	to brush (brush 'off or away')
tafi`esea	swept away
tafola	whale
taga	pocket
taga`i	to see (po., syn. with silasila)
tagamea	laundry
tagata	man (common, more like person)
tagata	person
tagata	mankind
tagata	people
tagata `uma	everyone
tagata a`oga	student
tagata asiasi	visitors
tagata e `aiga	relative
tagata e fa`ailoa mai	referral
tagata e fa`apolokalamaina komepiuta	computer programmer
tagata e fa`atinoina se ata tifaga	actor
tagata e fai`eletise	electrician
tagata e faigaluega fa`atasi	co–worker
tagata e mafai ona papatiso	baptismal candidates
tagata fa`afeso`ota`i	contact
tagata faigaluega	employee
tagata fou liliu mai	new convert
tagata fou o le `ekalesia	new member
Tagata le talitonu i le Atua	Atheist
tagata le to`aga o le `ekalesia	less active member
tagata liliu mai	convert
tagata malaga	immigrant
tagata malosi o le `ekalesia	active member
tagata matua	adult
tagata o le `ekalesia	church members
tagata sa`ili`ili	investigator
tagata to`atasi	individual
tagata vavae	reformer
tagatanu`u	nationality
tagatanu`u	citizenship
tagatanu`u	citizen
tagatanu`u	native
tagi	to cry
tagi	to weep
taika	tiger
taimi	time
taimi `atoa	full–time
taimi `uma	always

taimi avanoa	free time
taimi mo le tagata lava ia	personal time
taimi nei	now
taimi tonu	on time
tainifo	gums
tala	dollar
tala	comment
tala	story
tala	account (story)
tala	withdrawal
tala `apa	can opener
tala e lagi fa`apese	opera
tala`aga pu`upu`u o tomai	resume
tala`i	to proselyte
tala`i	to preach
tala`i tu'itu'i	to tract
talafa`asolopito	history
talafa`asolopito o `aiga	family history
talalelei	gospel
talanoa	to talk (converse)
talanoa	to discuss
talasua	joke
talatala	rough
talavai	prescription
talavou	young
tale	cough
tale	to cough
taleni	talent
tali	to answer
tali	answer
tali atu ai	accountability
talia	to accept
talia ai mana'oga	to meet needs
talifa`aaliga	seer
taliga	ear
talipalau	drums
talisapaia	to appreciate
talitonu	to believe
talitonuga	belief
talitonuga fa`alelotu	religion
talofa	hello
talosaga	to pray (po.)
talu	since
Tama	Father
tama	boy
tama	father
tama a le atali`i	grandchild (child of the son)
Tama Fa`alelagi	Heavenly Father
tama fa`aletulafono	father–in–law
Tama o i le Lagi	Father in Heaven
Tama o le Kerisimasi	Santa Claus
tama o le tama	grandfather (father of the father)
tama o le uso	niece (feminine)
tama o le uso	nephew (feminine, child of the sister)
tama`i lima	finger

tama`i vae	toe
tama`i`api	notebook
tama`ita`i	woman
tama`ita`i	Miss
tama`ita`i	Ms.
tama`ita`i	female
tama`ita`i Talavou	Young Women
tama`itiiti	child
tamaiti	children
tamato	tomato
tamo`e	to run
tamo`e	running
tane	male
tane	husband
tanesusu	chicken pox
tanuga	burial (common)
taofi	to stop (prevent, hold back, stop motion)
taofi	to prevent
taofi	to withhold
taofi mai	to refrain
taofia mai	abstinence
taofia mai	to keep from
tapa`a	tobacco
tape	to kill (anything other than human)
tapolo	golfing
tapu	sink
tapua`i	to worship
tapua`i	worship
tapula`a	to limit
tapulima	wrist
tapuni	to shut
taputa`ele	tub
tapuvae	ankle
tasene	dozen
tasi	one
tasi le ala	one–way
tata	to play (an instrument)
tatala	to open
tatala `ese	to take off
tatala le fa`aipoipoga	to divorce
tatalo	prayer
tatalo	to pray (common)
tatau	should
tatau	need (should, must, have to)
tatau	proper
tatau ona	to have to
tatou	we plural inclusive; descriptive)
tatou lava	ourselves
tau	price
tau	cost
tau	weather
tau e afu ai mea	autumn
tau tupe	financial
tau`au	shoulder
tau`ave	to bear
tau`ave i luga	to take upon
tau`ave i luga o le tagata	to take upon oneself
taua	essential
taua	important
taua	importance
taua	war
tauagafau	modest
tauagavale	left
taualuga	roof
tauaso	blind
taufeusua`iga	sexual
taugata	expensive
taugofie	cheap
taui	reward
taui	to reward
tauivi	to strive
taula	anchor
taula`i	center (focus attention on)
taulaga	city (downtown; near harbor; busy area in city)
taulaga	offering
taulaga	sacrifice
taulaga anapogi	fast offering
taulima	bracelet
taumafa	to eat or drink (po.)
taumafa	to drink (po.)
taumafa	to partake (po.)
taumafai	to try (give effort)
taumafai	to endeavor
taumafaiga	effort
taumafanafana	summer
taumafataga o le afiafi	dinner (po.)
taumalulu	winter
taumatau	right (right side; right hand)
taunu`u	to arrive
taunu`uga	consequence
taunu`uga	result
tausaga	age
Tausaga Fou	New Years
tausami	to eat (po.)
tausi	to care for
tausi	to keep
tausi	to care
tausi	care
tausi	to maintain
tausima`i	nurse
tausoga	cousin
tautala	to speak (common)
tautala	to talk (common)
tautalaga	speech (common)
tautaliga	earrings
tautoga	vow
tautotogo	spring
tautua	to serve (smb. of lower rank s. smb. of higher rank)
tauvaga	match
te'a	to pass

te`ena	to resist
te`ena	to reject
tei	sibling
teine	girl
teisi	daisy
tele	much
tele	big (large)
tele	many
tele atu	greater
telegese	slow
telesitila	telestial
televise	television
tenisi	tennis
teresitila	terrestrial
Tesema	December
tete`a	separated (as in divorce)
tete`e atu	to protest
teuga	decorations
teugatupe	savings
teutusi	envelope
ti`akono	deacon
ti`apolo	devil
ti`eti`e	to ride
ti`eti`e uila	to bike
ti`eti`ega uila	biking
tiga	achy
tiga	sore
tiga	pain
tigaina	suffering
tigaina	to suffer
tikeri	degree
tikeri o le tagata malaga	bachelor's degree
tiliona	trillion
tilotilo i ai	to look at
timu	rain
timu	to rain
timu `aisa	hail
tina	mother
tina `ua maliu le tane	widow
tina fa`aletulafono	mother–in–law
tina o le tama	grandmother (mother of the father)
tinamoni	cinnamon
tino	body
tino fa`aletino	physical body
tino ola pea	immortality
tipi	to cut (with knife)
tisipenisione	dispensation
titina	eraser
tiute	duty
tiute	obligation
tiutetau`ave	responsibility (synonymous with matafaioi)
to`a tasi	one person ("to`a"-prefix for numbering people)
to`afilemu	peaceful
to`afilemu	calm
to`aga	active
to`alua	spouse
to`alua o le tama	step–mother (spouse of the dad)
to`alua o le tina	step–father (spouse of the mom)
to`atama`i	anger (po.)
to`atasi	alone
to`otuli	to kneel
toafa	desert
toe	again
toe fa`atuina	to reform
toe fai	to repeat
toe fanaufouina	born again
toe fanaufouina	rebirth
toe o`o mai	to come back
toe ta`utino	to recommit
toe totogi atu	restitution
toe`itiiti	soon
toe`itiiti	almost
Toea`ina	Elder
toefa`atasi	to reunite
toefa`atasia	reunited
toefanaufouina	reborn
toefuata`i	to restore
toefuata`iga	restoration
toefuata`iina	restored
toetu	resurrection
toetu	resurrected
tofa	to sleep (po.)
tofi	to call (be called or given a calling)
tofia	commissioned
tofiga	assignment
tofiga	title
tofo	to taste
tofo	to try (to taste food)
tofo	to test (of food)
tofo	taste
tofotofo	to try (to test)
tofotofo	to test (to try)
tofotofoga	trial
tofotofoga	test (to prove; trial to prove)
togavao	wood
togavao	grove of trees
togavao pa`ia	Sacred Grove
togi	grade
togi	to throw
Togiola	Redeemer
Togiola	Atonement
togiola	to atone
togiolaina	redemption
tolauapiga	camping
tolo	to cancel
tolopo	to postpone
tolu	three
tolusefulu	thirty

tomai	skill
tosina	to draw attention
toso	to pull
totini	socks
totinilima	gloves
toto	blood
toto	to plant
toto	to bleed
totogi	to pay
totogi	payment
totogi	wage
totonu	in
totonu	inside
totonu o le taulaga	downtown
tou	you (plural; descriptive)
tovine o le misiona	mission field
tu	to be located
tu	to stand
tu`u	to place
tu`u	to quit (such as smoking, drinking, etc.)
tu`u	to stop (stop a habit or doing s.th.)
tu`u	to give up
tu`u `ese	to set aside
tu`u i lalo o se tiute	to place under obligation
tu`u lima	to place hands
tu`u se fe`au	to leave a message
tu`u se mea	to give up something
tu`ufa`atasi	to unite
tu`ufa`atasi	to mix
tu`ufa`atasi	to join
tu`uga	race
tu`ugamau	grave
tu`uina	to give (to share or give as well)
tu`uina atu	to extend
tu`uina atu	to confer
tu`uina atu le `au`aunaga	to render service
tu`uina atu le molimau	to bear testimony
tu`uina mai e le Atua	God–given
tu`usa`o	openly
tu`usa`olotoina	freed
tua	back
tua	behind
tua	country (rural area)
tua	countryside
tua`oi	neighbor
tuafafine fa`aletulafono	sister–in–law
tuagane e `ese`ese tama	half–brother (brother with different dad)
tuagane fa`aletulafono	brother–in–law (of a girl)
tuai	late
tuana`i	past
tuatuania	busy (syn. with pisi)
tuatusi	address
tui	fork
tui	vaccination
tui	shot (needle shot)
tulafono	rule
tulafono	law
tulafono e Sefulu	Ten commandments
tulafono o le legavia	law of chastity
tulaga	state
tulaga	position
tulaga	condition
tulaga fa`afa`aipoipo	marital
tulaga fa`atauaina	values
tulaga mata`utia	danger
tulaga o le talalelei	gospel standards
tuli	to fire (release from position)
tuli`ese	cast out
tulilima	elbow
tulipe	tulip
tulitatao	to follow–up
tulivae	knees
tulivae	knee
tumau	lasting
tumau	permanently
tumau	to remain
tumau	to endure
tupe	money
tupe	cash
tupe e maua	income
tupe o sefulua`i	tithing funds
tupe teu	deposit
tupu	to happen
tupu	to grow (as a plant)
tupua `ua ta	graven image
tuputupu a`e	to grow (a person growing up)
tuputupu a`e	growth
tusi	book
tusi	to write
tusi	letter
Tusi a Mamona	Book of Mormon
tusi fa`amaonia	certificate
tusi fa`avae	standard works
Tusi Pa`ia	Holy Bible
Tusi Pa`ia	Bible
tusi talosaga	application
tusi upu	dictionary
tusifolau	passport
tusitupe	account (bank)
tusitusiga	writings
tusitusiga pa`ia	scripture (holy writings)
tusitusiga pa`ia	scriptures
tutuli	deaf
tutusa	equal
tutusa	same
u	to bite
u`u	to hold (physical things)
ua	neck
uaina	wine
uati	watch
uati	clock

ui	to take (go along a path; choose or take route)
uiga	to mean
uiga	about
uiga	personality
uiga	quality
uiga	character
uiga	meaning
uila emo	lightning
uila vilivae	bicycle
uilaafi	motorcycle
ulaula	smoking
ulavai	shrimp
uli	dog (biblical term, po.)
uliuli	black
ulu	to enter
ulu	head (common)
ulu tiga	headache
ulua`i	first (early, primitive, original; used as a prefix)
ulugali`i	couple
umukuka	kitchen
uo	friend
usita`i	to obey
usita`i	obedience
usita`i	obedient
uso o le tama	uncle
uso o le tina	aunt
Uso/Tuafafine	sister
Uso/Tuafafine	Sister
Uso/Tuagane	brother
Uso/Tuagane	Brother
usu	to sing (syn. with lagi)
utu	lice
utufiti	flea
va	between
va	relationship (between two people)
va o nofoa	aisle
va`a	boat
va`ai	to see (common)
va`aiga	view
va`aiga	sight
va`alele	airplane
va`atele	ship
vae	feet
vae sefulu	tenth (fraction)
vaega	section
vaega	group
vaega	part
vaetofia	to set apart
vaetofia	setting apart
vaetofia	set apart
vagana	except
vai	water
vai fuala`au `aina	juice
vaiaso	week
vaiaso a sau	next week
vaiaso ta`itasi	weekly
vaiinu	soda
vaila`au fa`afoma`i	medicine
vaimama	strainer
vaiolini	violin
vaitafe	river
vaitaimi	period
vaitaimi	during
vaitamini	vitamins
vaiti	narrow
vaito`a	pond
vaituloto	lake
vaivai	weak
vaivai atu	weaker
vaivaiga	weakness
vala`au atu	to call (call out with voice)
vala`auga	calling
vala`auina	called
vala`aulia	to invite
vala`aulia	invitation
vali e muamua	foundation (type of make up)
vali foliga	makeup
vali laugutu	lipstick
vali laumata	eye shadow
valo`aga	prophecy
valu	eight
valusefulu	eighty
vanila	vanilla
vanu	valley
vaomatua	forest
vasa	ocean
vasega	class
vavae	cotton
vavae	to separate
vavae`eseina	separated (divided; no longer together)
vave	early
vavega	miracle
veni	van
vevela	hot
vi`iga	hymn
vili	to call (on the phone)
Viliamu Tinetali	William Tyndale
viole	purple
volenitia	volunteer
volipolo	volleyball

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OF LATTER-DAY SAINTS

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